

# Famous NWCC Receptionist Quitting Smoking!

By Cheryl Hardy

Rhoda Burke who has been smoking cigarettes since she was seventeen says she is quitting because she feels it is time. She does not like the way the hideous addiction runs her life. She knows she may have to deal with health effects from smoking down the road. She knows people who have gotten emphysema from smoking and does not want it to happen to her.

How is she going to quit? Currently she is taking Zyeban and on April 22nd when she finally quits she is going to be on the patch, last week she was smoking 12 cigarettes per day, and for the next two weeks she will smoke 9 and then quit altogether. People who quit smoking often gain a bit of weight in the first year after quitting, so Rhoda is going to eat her fruits and vegetables instead of chocolate, walk her dogs and because it's spring she is going to do outdoor activities.



ror stories have been seen in the Surrey Memorial Hospital. I know this not only from reports on the news, but one of my family members had to wait for HOURS while screaming in pain before a doctor

## Possible Benefits of Marijuana

By Sheldon Davidson

Every province is responsible for its own health care system. In BC we have some major problems with many of our hospitals. Surgery waiting

lists are unbelievably long. Several 'Code Purple' alerts have been happening in the Okanagan region. A code purple signifies that there are too many people in the emergency room and the doctors and nurses cannot get to them all. Similar hor-

could see him, and this was when a code purple had not even been called. What does this tell you about our health care system?

The premier of our province has recently visited France and seen that they use private health care there, similar to the United States.

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# Dear Jim & Tim x2

Dear Jim and Tim

This is little weird and definitely not for the squeamish but bear with me because this is a very serious problem. My girlfriend went to compete in the Nationals for dance and she asked me to cat-sit for her. No biggie really because the cat is so old it doesn't even know it's a cat anymore. I basically just had to feed it twice a day, give it two shots of something, and force feed it 2 blue and 3 red pills. After some days of seeing it suffer I decided to do the most humane thing and euthanize it. I took it off its meds and food for like 3 days but it didn't die, my friend threw it out the window to quicken the process but we just ended up losing it for a few days. When it came back we tried drowning it but it kept reviving after 10 minutes underwater. Next, we ran it over with a car but it got right back up again, until we did it a second time; then we buried it. Now I'm feeling a little guilty about the whole thing; I told my girlfriend it went to sleep and it didn't wake up. Should I tell my girlfriend the truth? Should I get her a new one?

Jordan Jackson

Jim:

WHAT!?!? I a firm believer in euthanasia so long as the organism is useless and it doesn't put up a fight. The cat seemed to put up a fight; however, I'll let it slide since cats are a useless. It's not right to keep stuff alive artificially unless it's exploitable for the benefit of humanity. MAN, I CAN'T BELIEVE YOU DID ALL THAT STUFF TO THE CAT. I mean, it's just a cat and I'd probably do the same, they're not really great pets anyway, but still, that's borderline cool, I mean- cruel, I get those words mixed up. You definitely shouldn't tell your girlfriend what you did. I'd get myself a new girlfriend, new car, and probably take a long shower. I suggest you start repressing memories of the girlfriend and her cat; it'll help you lie about it later. Remember kids, if you deny, deny and deny and there's no evidence or witnesses to prove anything, then any lie can become a truth or a truth become a lie.

Tim

YOU CRIMINAL, YOU CRIMINAL SHAME ON YOU!! You should be put in the time out chair indefinitely for such atrocities. You made me cry for three hours straight for your girlfriend's defenceless cat. I called the SPCA on you so now you're on record for animal cruelty, your past will catch up you. The truth will always prevail! Shame on you for starving a cat, you're not god and can't decide when the time for life and death is! Your girlfriend entrusted you with the life of her cat and you broke that sacred trust, of course you should feel guilty. I'm so angry that I don't want to offer you advice but I fear that you're in dire need so here it is: Tell your girlfriend the truth. The truth will set you free, in this case won't set you free physically but emotionally, and that is a million times better than any physical form of freeness. And just as a P.S. I hope she dumps you, puts a restraining order on you, then sues you for animal cruelty, and you go to jail for a long time.

Dear Jim and Tim

Could you suggest some good movies for me to watch?

Your Fan, Sam Funkelton

Jim:

Anything for the fans, so here we go:  
 Chuck Norris in Delta Force, Rambo Series, Rocky Series  
 Die hard with a Vengeance, Enemy at the Gates, Band of Brothers  
 Movies with chain saws in them- like Texas Chain Saw Massacre, and to a lesser extent, Army of Darkness...  
 Equilibrium; That movie is so easy to make fun of,  
 Hannibal: Silence of the Lambs: Red Dragon  
 King Kong, Lord of Wars, Fight Club, Training Day  
 Don't be a menace in South Central while drinking your juice in the hood  
 Moulin Rouge with descriptive video for the blind- funniest movie you'll ever watch- or hear, because the guy tells you what's going on.

Tim:

Sure Sam, here are my personal favourites:

Anne of Green Gables, Veggie Tales Series, Princess Diaries  
 Monsters Inc., Finding Nemo, Gone with the Wind, The Sound of Music  
 Moulin Rouge (without descriptive video, don't watch it with Jim, he'll make fun of it)  
 Sweet Home Alabama, North Country, Flubber, Miss Congeniality, Curious George, Toy Story, Sisterhood of the Travelling Pants, Now and Then,  
 Secret Garden, and of course The Little Rascals

# Editorial

## Generally Useless

By Marlin Smyth

While recently watching the news I noticed a report about the throne speech delivered by the Governor General. I then realized I'm not entirely sure what the Governor General does, I also realized I don't really care. It seems that Canada, as an independent nation for over one hundred years, with its own economy and politics, still has to suck up to the colonial motherland. Luckily there is a Governor General to do this humiliating job, and they proudly do it in return for a six figure salary, plus expenses.

I'm not sure why we still pay homage to England? They don't pay our bills, they don't give us free stuff, and they don't even foot the bill for the Governor General. The way I see it, England still controls our sovereign nation; no wonder the Queen is all over our money. We should scrap the idea of Governor General since the Queen barely ever visits; she has warmer colonies to spend time in, like Australia, or New Zealand. Other than being entirely useless, the Governor General is also way too costly; the last one spent millions just to have a vacation to Scandinavia, she should just buy a tent and wait for winter like the rest of us. Of course if we weren't a colony, we wouldn't be able to participate in the Common-Wealth Games, I don't think anyone would really miss it. If we pay for a Governor General, then the Queen should have to visit at least once per year, regardless of her health. Even if she is on her deathbed we should put her on an Air Canada flight and ship her over here, we have free health care so she has nothing to worry about.

All Canadians must remember that for less than 350 dollars a day, you too can sponsor a Canadian Governor General; this money will be used to buy essential resources like silverware, fine wine, and the extremely important first class plane tickets the Governor General needs to keep herself away from the commoners.

Original Art By Leighanne Brown



### Support from College Students

I sit as the Executive Chair of Local 66, Canadian Federation of Students, and we have discussed the issue of fish farms in the North. We, as a whole, represent approximately 500,000 students nationally and at our national meetings of the last two years it was voted unanimously to oppose the open net fish farming practices.

As a former commercial fisherman, I truly do understand the impact that the fish farm industry has on our wild stocks. We in the North depend on the fish in our rivers and streams not only for sustenance but also as a prominent aspect of our culture.

I am from the Wet'suwet'en Nation and this subject has also been discussed at the Chiefs' table. It was here that I asked the Chiefs to comment on the fish farm issue. Again, it was decided that there would be absolutely no way that the fish farms should be allowed to operate in the North.

What a lot of people fail to realize is that these fish are born, return, and spawn in the territory of the Wet'suwet'en and the Gitksan. These wild stocks NEED TO BE PROTECTED! I hope that the students of Local 66 (NWCC) will continue to support the Executive Board on this issue. KEEP UP THE GOOD WORK!

John W. Ridsdale  
Executive Chair  
Canadian Federation of Students  
Local 66 NWCC

### S.U.P. Submission Guidelines

- Articles, letters, stories or essays should be type written and as a general rule, under or around 400 words.
- Contents should relate to NWCC or its students somehow.
- Simple typed documents are best, provide any accompanying pictures or visuals as separate files.
- We reserve the right to edit inappropriate content.
- Send submissions to

nwccnewspaper@nwcc.bc.ca

# Jess in Transition

By Jessica Zotto

I have decided (spontaneously, as usual) to move on to a new destination. I'll be leaving Blenheim, New Zealand, this Monday at five in the morning to go apple picking near Nelson...about a two hour drive from here. I have also decided that I will honestly miss all the people here. San, my best friend here, will be one of the most missed. It took a while to drag him out of his ghostly shell, but it was worth it in the end. He's been travelling for five years straight (an American guy, as it turns out), and though I know that life is not for me, I have learned a lot from him and his experiences. Pippa, an interesting English girl, will also be greatly missed. She has a beautiful face and a really laid back personality. She's a person you can't help but get along with. Many of my other close friends have also left. I figure it's time for me now. I don't want to be the last one standing here. :)

I know that I'll make more wicked friends wherever I go, but that doesn't mean I'll miss this place any less. I thoroughly enjoyed the company of all my diverse friends here and learned so much about the world's people from them. Things like:

- In Brazil they speak Portuguese, whereas Spanish is the language everyone else speaks in South America.
- In Israel it is mandatory for both young men and women to join the army. One of the guys I spoke with had both killed and saw his friends killed. The loss of innocence at such a young age was clearly evident in his demeanour. It was tragic in so many ways.
- I learned that in Korea they start counting your years the day you were born. For instance, my friend Charlie (whose real name was unpronounceable for me) is in European years 27, but in Korea he is 28.
- Many people from Germany can speak better English than I can.
- People from New York City think they're better than everyone else.
- Some of the Scottish folk really are stereotypical and do go crazy when they're drinking.
- English people agree that those who live in London are stuck up.

I could go on for a while, but I figure you all get the point. :) The world is a HUGE place with endless possibilities to learn from. I love that idea. Cultural differences can be wonderfully crazy and interesting. My advice? Learn from them; honour and appreciate our incredibly wonderful cultural diversity as people - it's the only way to go....

Love and miss you all (y'all, as I have a horrible tendency to say),  
-Jessica

- Continued From Page 1

He said he liked the way they did it. This means only the rich will be able to afford health care. This will widen the gap between the wealthy and the poor because many middle class people will be forced into spending thousands of dollars in hospitals when they are sick or get hurt. Despite all of this, there is a simple solution for the provincial government to make loads of cash and at the same time cut its spending on hospitals significantly. The answer lies in the 'L' word.

Legalization of marijuana could be the answer to countless sicknesses and the answer to relieving the stress on our medical system. The United States Surgeon

General said it best when he said that marijuana is the safest herbal drug known to man. Marijuana's therapeutic uses are count-

less. It has been the miracle drug for crones patients, cancer patients receiving chemo-therapy, AIDS patients, and arthritis sufferers just to name a few. Marijuana lowers blood pressure and also acts as an anaesthetic. It's a better alternative to emergency pain relief in some circumstances than morphine or other opiates. Believe it or not, many asthma patients who smoke marijuana say they can breathe better after feeling the effects of the herb, but because of harsh prohibition of the plant, not a lot of research can be done to find out exactly why marijuana helps sufferers this way.

This is just the tip of the iceberg when it comes to the

medical uses of marijuana. Its medicinal uses are almost endless. If marijuana were made legal, the positive effects on the medical systems would be tenfold. If a patient was suffering from arthritis and their doctor suggested the use of marijuana then they could buy a small amount from the pharmacy. If the effects were beneficial, then the patient could grow the plant

themselves and never have to spend money on medicine again! And don't forget, this is a natural herb, not a pharmaceutical. It's made by nature, not by man.

The provinces also have jurisdiction over the schools. How would legalization benefit schools in BC? First, the money

saved from the large spending on our health care system will be able to go to the schools. The provincial and federal governments will end up taxing sales of marijuana from commercialized

**"This is just the tip of the iceberg when it comes to the medical uses of marijuana."**

marijuana products. So not only will the provincial government be saving money from the legalization effects of the health care system, but there will be income from taxes on marijuana products. Not only this, but if it were legalized, tourism would increase, especially in British Columbia because BC is known world wide for great pot. This would bring money into Canada and BC in an industry never seen before in North America.

These would be the results of legalization on a provincial level. There are more benefits to be seen on a federal level as well. It's up to the people of Canada to change the marijuana laws that do not work.

# Missing Sarah De Vries

By Sara M. Antwis

On Wednesday April 5th at 7pm the Prince Rupert campus had the honour of hosting Maggie De Vries, who spoke about her book "Missing Sarah". She decried violence against women in front of an audience of students, instructors, general public, and the 'Rainforest Book' club. "Missing Sarah" was born out of the theme "Our Missing Women", which gradually became more and more centred around the author's memory of her adoptive sister Sarah. Sarah was one of many sex-workers whose DNA was found on Robert Pickton's Coquitlam pig farm.

De Vries appealed to her NWCC audience to "Leave the gritty image of the sex-worker behind!" and to look at the person her sister Sarah was. She showed the audience a collage of photographs of Sarah and Sarah's children and justified her sister's lifestyle by criticizing the limitations of the Canadian Social Welfare System which, she believes, doesn't meet the needs of people like her sister. Through this emotional memoir she uses excerpts of Sarah's personal diary, her own recollections, letters and family photos to put together the fragments of her sister's short lived life.

"I always went to see Sarah with blinkers on. I wanted to do my duty and get away", explained De Vries when asked about how she felt when visiting Sarah in East Vancouver. "My blinkers opened up a little bit when I began to see that many other girls were missing," she continued. This led Maggie De Vries to get involved with sex-worker advocacy groups such as P.A.C.E. which tries to help survivalist (sex for food & shelter) sex workers and is run by sex workers and ex-sex workers themselves. "Women disappear and nobody notices. People don't see them, don't understand them and don't love them," explained De Vries. "Sarah was a real person!"

De Vries described her feelings driving from Vancouver to Prince Rupert along the notorious "Highway of Tears". She chose to drive the Highway of Tears, she said, as opposed



**"Women disappear and nobody notices...Sarah was a real person!"**

to flying, in order to take the same road taken by the Highway 16 victims, some of whom were young sex-workers. It may just be more easy to perpetrate violence against sex-workers because of their vulnerable position. One cannot help but wonder whether the decriminalization of prostitution and its regulation by the government would perhaps provide a less risky environment.

However when NWCC student, and Scotiabank employee, Gerry Riley asked De Vries her stance on legalizing prostitution; she remained non-committal. Nevertheless, she did mention the many sex workers who have gravitated to her since she began writing the book. People choose different roads in life and De Vries emphasized that sex-workers should not be boxed into stereotypes because women become sex-workers for different reasons. Public interest in the "Highway of Tears" is not waning and The Transition House is heading a project group this Spring/Summer which will work to oppose violence by undertaking a practical project, as yet to be decided upon. The first POW meeting takes place on Tuesday 11th April (noon-2pm) at #8-222 3rd Ave West, 2nd Floor CBC Building, Prince Rupert.

If there are any WOMEN out there who are interested in taking part in The P.O.W (Power of Women) group, then please contact Grainne @ 627-4793 or Nancy @627-4270

## Rain or Shine NWCC Electrical Program Students Turn Up on Time!

By Sara M. Antwis

The latest untimely Spring snowfall didn't stop Kevin Basi's students from turning up in full force at BC Hydro. This awesome tour was facilitated by BC Hydro staff Ron Bullock and Terry Smith, who kindly shared their experience and expertise with the NWCC guests.

The students learned about the two 737 'state of the art' jet engines that power two 25W generators at the Highway 16 plant. Judging by the smiley faces in the photograph, an "Electerrific" time was had by all!

Students- If you have any 'electrical' stories of this trip to share with the NWCC populace then write to us at SUP.

This may motivate prospective students to take a "pylon-leap" into this exciting new faculty.



## So What the Heck is the Education Council?

By Sara M. Antwis

Education Council Student Rep, Prince Rupert

Under the College and Institute Act every college has to have an Education council. Out of at least 20 members 10 must be faculty (Instructors) 4 must be students. Both these groups must be elected by staff and students respectively. However another 4 must be educational administrators appointed by the president who at NWCC is Stephanie Forsyth. The final 2 who are needed are 2 members of college support staff (e.g. the computer people/library/secretaries) who are elected by the support staff. I was elected by the Prince Rupert Campus students after running against Mitch Myers and June Lewis in the campus election. I took over from Judy White who served the students on "Edco" for the 2005-2006 term of on year (October 2004-September 2005) inclusive. My term runs until the end of September 2006, when another elected student takes up the reins.

So what are the powers and duties of The Education Council? Well, after we have elected our president from within Edco we have to help to manage affairs relating to the academic side of the NWCC colleges. The second bylaw of Edco explains the purpose of The Education Council:

2.1 The Council shall constitute the principal general forum within the College community for the recommendation of principles and policies with regard to educational policy.

2.2 Edco will make decisions and report to the Board with respect to principles and policies related to the educational policy of the College and with respect to other matters as the board may refer to the Council.

2.3 Edco will facilitate communication among faculty, students, administration, and the Board with respect to the educational policy of the college.

2.4 Edco may make recommendations or reports to the Board with respect to such other matters as the board considers advisable.

Not only the college community but also the public are very welcome to attend "Edco" meetings which usually take place once a month. There is a minimum requirement for us to meet at least 4 times a year. To change these bylaws we need a 2/3 majority vote of the council members. Edco members split off into committees such as "Task Forces" and "Standing Committees" depending on where their interests lie, and work towards different goals within those committees and report back to the Edco meeting each month on their activities. The next Education council meeting is on April 21st at NWCC in Terrace. Mona Izumi is the Faculty representative here in Prince Rupert and unfortunately owing to the Spring and Winter icy road conditions we've been obliged to teleconference so far. Hopefully we'll get to Terrace in person over the next few months.

Please attend meetings if you like or contact me [smantwis@hotmail.com](mailto:smantwis@hotmail.com) to see if I'm teleconferencing and you can join me on APRIL 21; MAY 19 ; JUNE 16 (And dates in August and September as yet to be decided upon)

The minutes of the March 17th meeting will be posted on the notice board in the Prince Rupert student lounge when they are approved on April 21st

I will also put a copy of the Education Council Bylaws on the notice board too!

Good Luck in the exams and see y'all next semester unless you're moving on to bigger & better things!



## Rising Stars Finale



The Rising Stars program was a success. This program coupled NWCC business students and members of the Prince Rupert Chamber of Commerce in order to teach them about the the inner workings of the business community.



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## UNBC Prince Rupert Spring and Summer courses 2006 Register now!

*By Sheila Dobie*

May 1st – June 16th

### Undergraduate Courses:

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Audio in Prince Rupert. Thursday, Friday and Saturday.

Anthropology 498- Special Topics; Nature, Culture and Natural Resources

Face to face Prince Rupert; June 5th to June 9th from 9:00-6pm

English 460 – Animals in Children's Literature

Audio in Prince Rupert. Monday and Wednesday 1:00-4pm

History 303- British Columbia

Audio in Prince Rupert. Tuesdays and Thursday 1:00-4pm

Natural Resources Management 306- Society, Policy, and Administration

Audio in Prince Rupert. Monday and Wednesday 1:00-4pm

### Graduate Courses:

Anthropology 698- Special Topics; Nature, Culture and Natural Resources

Face to face Prince Rupert; June 5th to June 9th from 9:00-6pm

### July 4th to August 18th

Anthropology 405 – Topics in Landscapes and Place

Face to face Prince Rupert, July 17th – 21st - 9:00- 6pm

First Nations Studies 324- Advanced First Nations Language Immersion (Sm'algyax)

Face to face Prince Rupert, Aug. 14th -18th 9:00-4pm, Aug. 19th from 11-4:30pm

Geography 301 -Cultural Geography

Face to face Prince Rupert, July 4th to July 14th 1:00-5pm.

Social Work 442- Social Work with Victims of Abuse

Face to Face Prince Rupert, July 4th – July 8th 9:00-6pm.

Sheila Dobie

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# SUP : See ya later!



The SUP staff celebrates a successful year and reminds readers that they can submit throughout the summer. The SUP will be back in September.

## Student Loans Getting You Down?

### BC Student Assistance Program - Student Loans

Students can apply online for their student loans starting on June 6, 2006. These tips may help make the application process a little easier.

1. Apply early - online if possible, as your application can be processed faster [www.aved.gov.bc.ca/studentsservices/](http://www.aved.gov.bc.ca/studentsservices/)
2. Document all BCSAP phone calls, including date, time, name of person you spoke to, and a summary of conversation
3. Write the date received on all letters and documents
4. Keep a hard copy file of all documents, letters, and contacts
5. Reply to all correspondence immediately
6. When required, bring forms to the college without delay
7. If in doubt - ASK!

\*\* If you had a student loan in 2005/2006, you will need to complete the Canada Student Loans Program Schedule 2. These forms are available on the bulletin board across from Sherry's office, Room 108. See Sherry during her drop in hours or make an appointment for assistance to complete forms.

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win prizes worth living for at [nofunbeingdead.com](http://nofunbeingdead.com)

Income Tax Help for Students\*  
Sponsored by the Student's Association and the NWCC College.

Time and Place:  
Thurs Evenings 6:30-8 pm  
Fridays 10-2 pm (No taxes on April 14 & 28).  
Room 189

Information Needed to Bring:  
T4s, T4as, T2202a

Personal Information (tel. number, birth dates, dependent & spouse information)

Benefits:  
GST rebate  
voters list  
possible tax return.

Volunteer tax helpers include Business Administration students and recent graduates of the Business Administration program under the supervision of Mr. Samson Wong, Instructor.

\*Sorry, we can only help those with incomes lower than \$25,000

April 22 - Celebrate Earth Day! Come join us for a Spring Garbage Clean-up. We'll be meeting at Mariner's Park at 1pm to hand out sturdy garbage bags. Don't forget gloves. Call Andy at 627 4541 for more information.

## CLASSIFIEDS

Suite for rent in heritage home. Close to college/downtown in quiet neighbourhood. Parking, private entrance, furnished or unfurnished. Spacious deck & yard with BBQ. Contact Jennifer Rice 627-4623 or [diverjen@yahoo.com](mailto:diverjen@yahoo.com)

"Success by 6" is collecting childrens' books for distribution to early childhood education projects in the Prince Rupert area.  
Books can be dropped off Monday to Friday at The Berry Patch-300 2nd Ave. West

Girl Guides of Canada is looking for adults to help with groups and act as advisers. Girls are welcome to join Sparks, Brownies, or Guide groups anytime. For info call 1-800-565-8111

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Weight storage rack \$25 extra.  
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