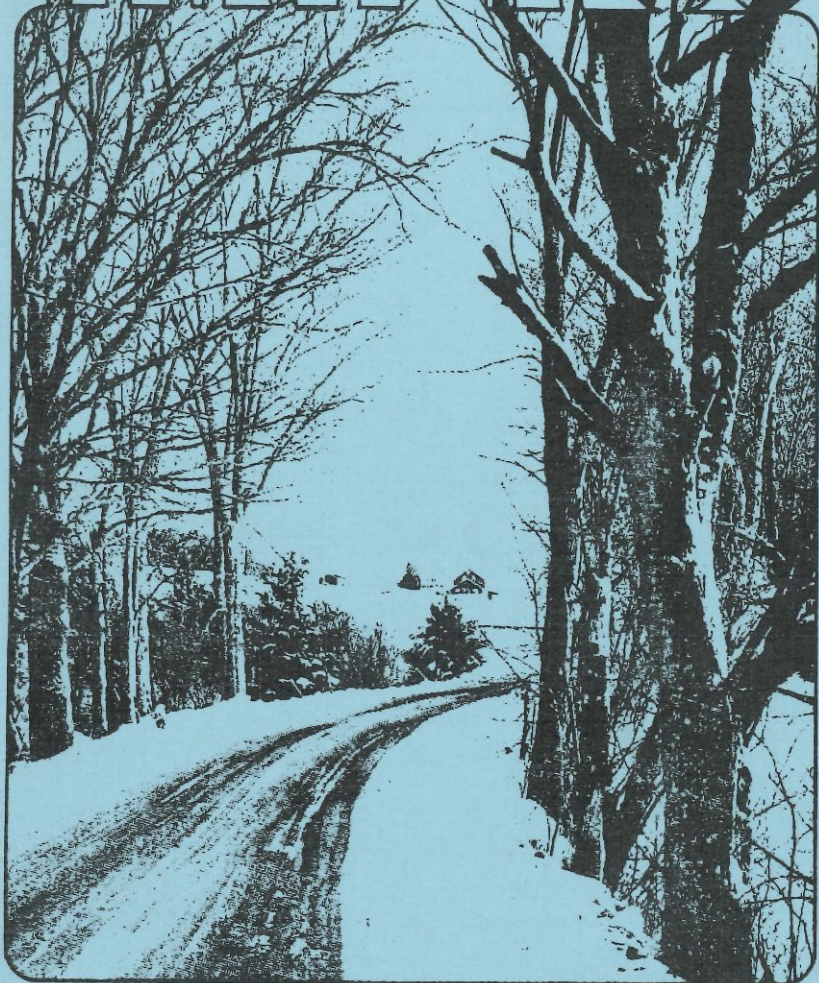


WINTER 80



CONTINUING EDUCATION
NORTHWEST COMMUNITY COLLEGE



SMITHERS

847-4461

SMITHERS

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Drawings by Jo-Anne Rebinsky

Typesetting and Printing by Hunter's Advertising, Houston

Registration

Pre-Registration is important for all courses.

We must know:

1. If there will be enough participants to hold a class before we bring in an out-of-town instructor.
2. What quantity of supplies to order for each course.

THREE WAYS TO REGISTER

1. Come into the Smithers College Centre
1070 Main St. (corner of Main & Alfred)
Office hours 8:30 - 4:30, Mon. - Fri.
2. Phone 847-4461, 8:30 - 4:30, Mon. - Fri.
3. Mail in the Registration Form.

CLASS LIMITS - Some courses can only accomodate a limited number of people. Your place in these courses can only be held by pre-registering and prepaying your fee.

MAIL-IN REGISTRATION

NOTE: Please confirm by phone availability of space in courses **WITH CLASS LIMITS** before mailing registration fees.

NAME: HOME PHONE:

MAILING ADDRESS: WORK PHONE:

I wish to register for the following courses:

- | | |
|---------|------------|
| 1)..... | FEE: |
| 2)..... | FEE: |
| 3)..... | FEE: |

TOTAL = \$

Please make cheque or money order payable to Northwest Community College.

Signature:

Mail to: NORTHWEST COMMUNITY COLLEGE
BOX 3606, SMITHERS, B.C. V0J 2N0

Important Information

FEES for courses that **do not have class limits** must be paid by the 2nd class of the course. People are welcome to sample first classes of non-limited long courses. Fees for courses that **have class limits** must be prepaid to ensure your place. Registration is free of charge to Senior Citizens but material costs, where applicable, still apply. Receipts totalling over \$25.00 are income tax deductible. Please retain fee receipts.

REFUNDS - A complete refund is made only when a course is cancelled. A percentage refund is made when students must withdraw from a course because of special circumstances. A no refund policy is imposed on a few courses that can only accommodate limited numbers and are heavily demanded. The College reserves the right to change fees without notice, to limit registrations in any program or to cancel or revise any of the courses listed.

Need a ride? If you would like to attend a course or workshop but lack transportation call the College Centre and we will arrange for other students from your area to pick you up.

SHIFTY COURSES - The course content is straight but the scheduling is flexible to allow shift workers to participate. Watch for courses that show both day and evening classes. You may attend the day sessions when you are working evenings and then change to the evening sessions when you are working days.

COUNSELLING - The College Counsellor visits Smithers on the first Wednesday of every month. He is available day or evening to both secondary students and adults to discuss any questions they may have regarding further education or career plans. Phone the College Centre at 847-4461 to arrange an appointment.

LEARNING RESOURCE MATERIALS - Northwest Community College Library and Resource Materials are catalogued in the Smithers College Centre and may be ordered by students. Microfiche listings of the Learning Resource Centres of other B.C. post-secondary institutions are also available in the Smithers College Centre. Books and periodical articles may be ordered.

MOTHERS - Please note that babysitting can be arranged through a co-operative exchange with other students attending classes at different times. Inquire through the College Centre.

SMITHERS

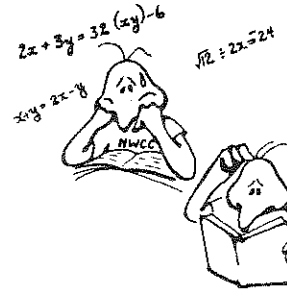
Adult Basic Education

ENGLISH, MATH AND SCIENCE UPGRADING- MORNING, AFTERNOON OR EVENING

For adults who did not complete secondary school these concentrated courses will allow them to acquire the necessary skills to gain grade 10 or grade 12 standing for entrance into vocational or trades training in the shortest possible time. Adults work on individualized programs tailored to their goals. Each student begins at his own level and works at his own speed. College certificates are awarded for successful completion of Level 2 (grade 8), Level 3 (grade 10) and Level 4 (grade 12). You may enroll at any time as space permits and



attend two to four classes per week.



TIME: Mon., Tues., Wed., Thurs.

9 - 11:30 a.m.
OR 1 - 3:30 p.m.
OR 7 - 9:30 p.m.

PLACE: College Centre

DATES: Jan. 7 - May 31

FEE: \$16.00 per month

INSTRUCTORS: Mary Ann Tierney
and Alec Deas

Shift Workers - Please note that you may alternate between Adult Basic Education day and evening classes to suit your work schedule.

GRADE 12 EQUIVALENCY PREPARATION - MORNING, AFTERNOON OR EVENING

For adults who did not complete secondary school and wish to acquire a Ministry of Education Grade 12 Equivalency Certificate under the General Education Development Programme. Adults are required to pass five tests: English Literature, English grammar, science, social studies and mathematics. A GED Testing session will be held in Smithers at the end of April. These classes will help you to prepare for the tests. You may enroll at any time as space permits and attend two or four classes per week.

TIME: Mon., Tues., Wed., or Thurs.

DATES: Jan. 7 - May 31

9 - 11:30 a.m.
OR 1 - 3:30 p.m. .m.
OR 7 - 9:30 p.m. .m.

FEE: \$16.00 per month

PLACE: College Centre

INSTRUCTOR: Alec Deas

G.E.D. Examinations will be held on May 30 & 31 in Smithers. Applications are available at the College Centre. Applications must be made by May 1.

SPOKEN ENGLISH

MORNING, AFTERNOON, OR EVENING

Beginning and advanced classes for foreign-born students who wish to learn to speak English fluently. Reading and writing skills are also taught. If you know someone who could benefit from this course please pass the word along.

TIME: Mon. and Wed.

9 - 11:30 a.m.
OR 1 - 3:30 p.m.
OR 7 - 9:30 p.m.

DATES: Jan. 7 - May 31

FEE: No charge except for texts

PLACE: College Centre

INSTRUCTOR: Mary Ann Tierney



Assistance in completing official or business forms, writing or reading letters is available at the College Centre. If you know of anyone who can benefit from this service, please have them drop in or phone 847-4461.

MATH FOR TRADES

MORNING, AFTERNOON OR EVENING

Applied Mathematics for those taking pre-apprenticeship or apprenticeship training. Courses and texts are designed for each particular trade so that students need to learn only the mathematical skills required for the trade they are entering. **You may enroll at any time as space permits and attend two or four classes per week.**

TIME: Mon., Tues., Wed., Thurs.

DATES: Jan. 7 - May 31

9 - 11:30 a.m.

FEE: \$16.00 per month

OR 1 - 3:30 p.m.

PLACE: College Centre

OR 7 - 9:30 p.m.

INSTRUCTOR: Alec Deas

ENGLISH FOR TRADES

MORNING, AFTERNOON OR EVENING

Applied English for those taking pre-apprenticeship or apprenticeship training. Courses and texts are designed for each particular trade so that students need to learn only the communication skills required for the trade they are entering. **You may enroll at any time as space permits and attend two or four classes per week.**

TIME: Mon., Tues., Wed., Thurs.

DATES: Jan. 7 - May 31

9 - 11:30 a.m.

FEE: \$16.00 per month

OR 1 - 3:30 p.m.

PLACE: College Centre

OR 7 - 9:30 p.m.

INSTRUCTOR: Alec Deas

If you wish counselling or placement testing for Adult Basic Education courses contact the ABE Counsellor at 847-4874 or 847-4461.

Academic-Technical

UNIVERSITY TRANSFER/GENERAL INTEREST**DESIGN FUNDAMENTALS (ART 102)**

EVENING



A practical studio art course. Students will be exposed to basic design theory, composition and design development. Emphasis will be on exploring design through a variety of techniques in drawing, painting, printmaking, sculpture and related crafts. No pre-requisite. Carries university transfer credit. **Class Limit 20. Pre-register!**

TIME: Wed., 7 - 10 p.m.

PLACE: Smithers Senior Secondary

INSTRUCTOR: Forbes Finlayson

1ST CLASS: Jan. 9 NO. OF SESSIONS: 15 FEE: \$26.50 plus texts and materials

CANADIAN POLITICS (POLITICAL SCIENCE 102)

EVENING

An examination of the institutions and processes of Canadian Government. Topics include a study of major political ideologies such as nationalism, conservatism, liberalism, socialism, anarchism, fascism, and democracy. No pre-requisite. Carries university transfer credit.

TIME: Tues., 7 - 10 p.m.

1ST CLASS: Jan. 8

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: 15

INSTRUCTOR: Paul Johnston

FEE: \$26.50 plus text

These courses may be taken for university transfer credit to the three B.C. Universities or may be audited for general interest. Students desiring university transfer credit will be required to do additional reading and written assignments.

COMMUNICATIONS, MEDIA AND TECHNOLOGY IN LEARNING

(EDUCATION 414, U.B.C.)

EVENING & WEEKEND

The theory, utilization and production of learning and resources with emphasis on practical application for the classroom teacher. The course will focus on "hands-on" training. A background for advanced studies in communications media and technology. Carries 3 units of credit at U.B.C. **Class Limit 20. Pre-register!** (Course time and days may be adjusted to suit class).

TIME: Fri., 7 - 10 p.m. and
Sats., 9 a.m. - 4 p.m.

1ST CLASS: Jan. 12, 9 a.m.

PLACE: College Centre

NO. OF SESSIONS: 6

INSTRUCTOR: Bruce White, Faculty of
Education, U.B.C.

FEE: \$114.00 plus text

TECHNICAL**EARLY CHILDHOOD EDUCATION**

EVENING

The College is prepared to offer an ECE credit course in either Houston or Smithers. Location will be determined by which community has the greater demand. Former ECE students should call the College Centre stating their needs to complete their programs. New students wishing to enter the ECE program may obtain course descriptions from the College Centre.

Professional Development

WORKING WITH ADOLESCENTS

DAY

Focusing on the concept of adolescence and adolescent issues in the family this workshop will attempt to clarify issues in working with adolescents, allow the opportunity to develop new skills and help participants to feel more confident of their own personal strengths in working with adolescents. (Outline available at College Centre).

TIME: Fri., 9 a.m. - 4 p.m.

DATE: March 14

PLACE: College Centre

NO. OF SESSIONS: 1

INSTRUCTOR: Dr. Jim Ricks
(Integrated Services - Victoria)

FEE: \$13.00

CONDUCTING ACTIVITIES TO ENHANCE THE SELF-CONCEPT DAY

This workshop will explore activities designed to enhance the damaged self-concept and will allow participants to experience some of those activities in order that they may develop skills in presenting these activities to children. (Outline available at College Centre).

TIME: Fri., 9 a.m. - 4 p.m.

DATE: April 11

PLACE: College Centre

NO. OF SESSIONS: 1

INSTRUCTOR: Carey Denholm
(U. of Vic. School of Child Care)

FEE: \$13.00

PUBLIC SPEAKING DAY

A course will begin in early February. It will consist of a full-day workshop followed by weekly breakfast OR lunch meetings. The workshop will be delivered by a Vancouver consultant on public speaking and will outline and demonstrate skills in speaking for participants to develop. The weekly meetings will be instructed by Norm Weseen and will provide reinforcement and practise of these skills. Full details and course outlines will be confirmed by mid January. Register your interest now, stating preference for breakfast or lunch time sessions, and you will be notified of details.

MANAGING YOUR TIME EFFECTIVELY EVENING

For those in supervisory or administrative positions. This workshop will illustrate practical techniques to help you set priorities, identify time wasters, organize your work load, control communications and meetings, and plan your time to benefit your performance. A short module of the College Management Skill Training programme.

TIME: Thurs., 7 - 10:30 p.m.

PLACE: College Centre

INSTRUCTOR: Auden Birkedahl &
Sherrie Heizer (Vancouver Management Consultant)

DATE Jan. 24

NO. OF SESSIONS: 1

FEE: \$11.00

**USING TOPOGRAPHICAL MAPS AND AIR PHOTOS WEEKEND**

Designed to introduce people to reading maps and air photos and to the facilities available from the federal and provincial map and air photo libraries. Course covers how and where to acquire maps and air photos, using indexes, the National Topographic System, the most common scales, orientation from a map, contours, stereo-scopic viewing, magnetic declination, radial line plotting, etc. Topographical maps of the Smithers area and protractors supplied.

TIME: Sat., 9 a.m. - 4 p.m.

DATE: Feb. 2

PLACE: College Centre

NO. OF SESSIONS: 1

INSTRUCTOR: Richard Morgan

FEE: \$6.00

COACHING DEVELOPMENT - LEVEL 1 EVENING

For coaches of all sports, (team and individual), Level I is the first course of 5 levels in the National Coaching Development Programme. It covers theory skills and drills and shows coaches how to teach these correctly in the sport of their choice. Full programme outlines available at the College Centre. Carries credit towards a National Coaching Development Certificate. Class times and dates will be set at first session to suit the convenience of the majority of participants.

TIME: TBA

1ST SESSION: Jan. 23, 7:30 - 9:30 p.m.

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: TBA

INSTRUCTOR: Jim Tayler

FEE: \$11.00

Vocational

FINANCIAL DECISIONS FOR SMALL BUSINESS EVENING

For owner/managers and people thinking about starting a business. Course will study: Sources and Use of Funds, Short-term cash requirements, Investment of short-term cash surpluses, Lease or buy decisions, Term loans, Investment management and Estate planning. Lectures, case-studies and discussion. **Class Limit 20. Pre-register!**

TIME: 7:30 - 10 p.m.

1ST CLASS: TBA

PLACE: College Centre

NO. OF SESSIONS: 10

INSTRUCTOR: TBA

FEE: \$31.00 plus text

TYPING - BEGINNING EVENING

Provides instruction for students who have not mastered the typewriter keyboard and is a prerequisite to college certificate typing courses. **Class Limit 16. Pre-register!**

TIME: Tues., 7 - 9 p.m.

PLACE: Smithers Senior Secondary

INSTRUCTOR: Bev Davidson

1ST CLASS: Jan. 22

NO. OF SESSIONS: 13

FEE: \$27.00 plus text

**TYPING - INTERMEDIATE AND ADVANCED EVENING**

Students progress through a series of assignments designed to improve speed with accuracy and master typing of letters, forms, reports, tables and other business communication. Prerequisite is basic keyboard skill. The availability of a typewriter for home practice and completion of assignments is helpful. Successful completion carries credit toward a Northwest College Business Certificate. **Class Limit 16. Pre-register!**

TIME: Mon., 7 - 9 p.m.

1ST CLASS: Jan. 21

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: 13

INSTRUCTOR: Doreen Haslett

FEE: \$27.00 plus text

BOOKKEEPING (ACCOUNTING 1)

MORNING

An introductory course into the fundamentals of bookkeeping. Routine profit and loss, balance sheets and payroll calculation are included. Home assignments required. Classes can accommodate a few Accounting II students who have completed Accounting I. Both courses carry credit towards a Northwest College Business Certificate. Pocket calculators required. **Class Limit 16. Pre-register!**

TIME: Mon. & Wed., 9:30 - 11:30 a.m.

1ST CLASS: Jan. 21

PLACE: College Centre

NO. OF SESSIONS: 20

INSTRUCTOR: Terrie McCreary

FEE: \$41.00 plus text

BUSINESS ENGLISH

EVENING

An Effective Communications course stressing correct English usage, spelling, punctuation, composing various types of business letters, memorandums, reports, telegrams, minutes and news releases, as well as receptionist speaking skills. Completion of this course carries credit towards a Northwest College Business Certificate. **Pre-register!**

TIME: Thurs., 7 - 10 p.m.

1ST CLASS: Jan. 24

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: 13

INSTRUCTOR: Terrie McCreary

FEE: \$41.00 plus text

WAITER/WAITRESS TRAINING

MORNING



Basic training will cover hospitality, cashiering, equipment use and care, sanitation, personal appearance, courtesy, table set up and service, food and wine service, responsibilities and house policies. For those with little or no previous food service experience who would like employment in local restaurants. **Class Limit 16. Pre-register!**

TIME: Mon. - Fri., 9 a.m. - noon

PLACE: College Centre

INSTRUCTOR: TBA

DATES: March 3 - 28

NO. OF SESSIONS: 20

FEE: \$16.00

WAITER/WAITRESS UPGRADING

MORNING

For persons with previous food service experience who would like employment in local restaurants and for those presently employed who wish to improve their skills and remuneration. This upgrading course will cover the same subjects as the basic training course in a shorter period of time. **Class Limit 16. Pre-register!**

TIME: Mon. - Fri., 9 a.m. - noon.

DATES: Feb. 4 - 15

PLACE: College Centre

NO. OF SESSIONS: 10

INSTRUCTOR: TBA

FEE: \$16.00

RETAIL SALES TRAINING

MORNING & AFTERNOON

Basic training will cover professional ethics, personal appearance and grooming, personality and attitudes, salesmanship, personnel relations, cashiering, display and housekeeping, stock control and records, complaints and adjustments, safety, handling customers, security and liability and telephone courtesy. For those with little or no sales experience who would like employment in local stores. **Class Limit 16. Pre-register!**

TIME: Mon. - Fri., 9 a.m. - 4 p.m.

DATES: April 21 - May 2

PLACE: College Centre

NO. OF SESSIONS: 20

INSTRUCTOR: TBA

FEE: \$16.00

RETAIL SALES UPGRADING

MORNING

For persons with previous sales experience who would like employment in local stores and for those presently employed who wish to improve their skills. This upgrading course will cover the same skills as the basic training course in a shorter period of time. **Class Limit 16. Pre-register!**

TIME: Mon. - Fri., 9 a.m. - noon

DATES: April 7 - 18

PLACE: College Centre

NO. OF SESSIONS: 10

INSTRUCTOR: TBA

FEE: \$16.00

AIRBRAKES

EVENING

Prepares drivers for a written and practical test on the operation and maintenance of air brake systems for either on-highway or off-highway vehicles. Those taking off-highway exams will be required to pay to the Department of Transport a \$5.00 examination fee. This course can also include young persons who wish to drive air-equipped vehicles. Successful completion will give an air endorsement on the person's licence. **Class Limit 16. Pre-register!**

TIME: Tues. - Fri., 6:30 - 10:30 p.m.
and Sat., 9:30 a.m. - noon

1ST CLASS: Jan. 8 OR April 15

PLACE: College Centre

NO. OF SESSIONS: 5

INSTRUCTOR: Bud Hallock

FEE: \$33.00

WELDING

EVENING

Theory and practical instruction in both arc and oxy-acetylene welding techniques, using the equipment on the College Mobile Welding unit. Basic instruction for both beginners and those with welding experience. Times can be adjusted to meet the needs of the class. **Class Limit 12. Pre-register!**

TIME: Tues. - Fri., 6 - 12 p.m.

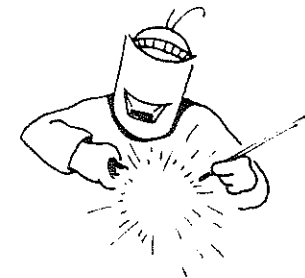
DATES: April 8 - May 2

PLACE: College Centre

NO. OF SESSIONS: 20

INSTRUCTOR: Peter Haigh

FEE: \$52.00



BASIC SURVEYING

EVENING & SATURDAYS

A practical course for those who would like to work on a survey crew and who have no or minimal experience. Familiarization with basic instruments and techniques, safety; care of equipment, an understanding of surveying, its applications and methods will be covered. Classes will contain field work and classroom study. **Class Limit 16.** Days and times to be confirmed. **Pre-register** and you will be notified.

TIME: TBA DATES: early March - end of April
PLACE: College Centre NO. OF HOURS: 40
INSTRUCTOR: TBA FEE: \$41.00 plus text

CLASS LIMITS - Some courses can only accommodate a limited number of people. To ensure your place in these classes register early and prepay your fee.

BASIC PROSPECTING

EVENING

The basic principles of geology and prospecting will be discussed in approximately 8 weekly 3-hour sessions. The course is offered by the B.C. Ministry of Mines and will be held at the Mine Rescue Station (3rd Ave. behind Post Office). Rock and mineral sets will cost approximately \$28.00. **Pre-registration is required** to guarantee sufficient supplies.

TIME: Tues., 7 - 10 p.m. 1ST CLASS: Jan. 8
PLACE: Mine Rescue Station NO. OF SESSIONS: 8
INSTRUCTOR: Tom Schroeter FEE: \$2.00 plus materials

SURVIVAL FIRST AID

WEEKEND

Designed by the Workers' Compensation Board to give the injured a better chance for survival pending the arrival of more qualified help. Requisite for employees in many industries. Basic techniques for coping with emergencies involving breathing, bleeding, unconsciousness and crushed chests are taught. It is also a useful course for the outdoor recreationist. Successful students will receive a WCB Survival First Aid Certificate. **Class Limit 12. Pre-register!**

TIME: Sat., 9 a.m. - 1 p.m. DATES: Feb. 2 and 9 OR March 1 and 8
PLACE: College Centre NO. OF SESSIONS: 2
INSTRUCTOR: Ray Garcia FEE: \$11.00

SAFE USE OF EXPLOSIVES

EVENING

A two-hour workshop that will identify explosives, their hazards and uses. This illustrated lecture will include proper techniques for using explosives, legal requirements and new types of explosives. It will provide background material for those wishing to apply for blasting certificates. **A must for stump farmers.**

TIME: Mon., 7:30 - 9:30 p.m. DATE: Feb. 4
PLACE: College Centre NO. OF SESSIONS: 1
INSTRUCTOR: Brian Brown FEE: \$2.00

SAFETY AT WORK AND HOME

EVENING

How to protect yourself while performing jobs at work and at home. Illustrated lecture with emphasis on eye protection and hearing protection. The parallel between safe work procedures at work and at home will be of interest to both workers and homemakers.

TIME: Tues., 7:30 - 9:30 p.m. DATE: Feb. 12
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 1
INSTRUCTOR: Brian Brown FEE: \$1.00

Do it Yourself

BASIC CABINET MAKING

EVENING

For people who wish to build their own cabinets or shelves as well as for construction workers who wish to upgrade their skills. Class instruction will cover all details of building kitchen or bathroom cabinets and guidance will be provided on individual's projects of their choice. Students must provide their own materials and projects should be portable as storage is not available. **Class Limit 15. Pre-register!**

TIME: Tues., 7:00 - 10:00 p.m. 1ST CLASS: Jan. 22
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 10
INSTRUCTOR: Dennis Farnworth FEE: \$31.00

NORTHERN GARDENING

EVENING

"The Northern Gardener" will offer expert instruction on soil preparation, seed choice, seeding, growing transplants, general garden soil management, pest control, fertilizers, and basic greenhouse culture for home growing. Special attention will also be given to organic gardening techniques.

TIME: Wed., 7:30 - 9:30 p.m. 1ST CLASS: Feb. 6
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 4
INSTRUCTOR: Dave Havard FEE: \$9.00

BEEKEEPING WORKSHOP

WEEKEND

For both beginning and advanced beekeepers, this workshop will use lectures, discussion, film and slides to study the behavior, anatomy and management of bees. Topics will include equipment, the selection of sites, swarm control and the removal of honey.

TIME: Thurs. and Fri., 7:00 - 10:00 p.m.
Sat., 9:00 a.m. - 5:00 p.m.
DATES: Jan. 31, Feb. 1 and 2 PLACE: College Centre
NO. OF SESSIONS: 3
INSTRUCTOR: Ilya Jung, Dept. of Agriculture FEE: \$6.00



FURNITURE MAKING FOR BEGINNERS

EVENING

Learn to use all shop power tools through the construction of a small pedestal table. Upon completion of this project students may construct an additional project of their own choice. Materials and supplies available from instructor (approximate cost \$11.00) Evening classes plus two Saturday sessions to allow extra time to complete projects. **Class Limit 15. Pre-register!**

TIME: Wed., 7:00 - 10:00 p.m.

1ST CLASS: Jan. 23

PLACE: Chandler Park School

NO. OF SESSIONS: 9

INSTRUCTOR: Gary Buchfink

FEE: \$34.00 + materials

BRICKLAYING

A basic course will begin in March or April (dependent on weather) that will instruct techniques of laying bricks and using mortar for the construction of planters and barbeques and will introduce techniques of chimney and fireplace instruction. Register now and you will be notified of time, place, and other details. **Class Limit 15.**

ARTIFICIAL INSEMINATION OF CATTLE

A five-day course from the B.C. Artificial Insemination Centre could be brought to Smithers in April if there is sufficient potential enrollment. Registration fee would be \$150.00. Register your interest now and you will be informed of details.

General Interest

STRESS AND LIFE STYLING

EVENING

To help people understand the biology of stress and the life styles that generate stress. Concrete and practical suggestions will be offered to assist in changing communication and life style patterns to effectively eliminate destructive stress from your life.

TIME: Wed., 7:00 - 10:00 p.m.

1ST CLASS: March 12

PLACE: College Centre

NO. OF SESSIONS: 1

INSTRUCTOR: Bill Dickerson

FEE: \$2.00

DEFENSIVE DRIVING

EVENING

A **must** for all licensed drivers and those about to apply for their first license. Learn to drive defensively, cope with adverse road conditions and avoid accidents caused by other driver's mistakes. Canada Safety Course approved by B.C. Motor Vehicle Branch. DDC certificate awarded for successful completion. Expert instructor trains annually at performance driving school in Germany. Teenagers welcome.

TIME: Tues., 7:30 - 9:30 p.m.

1ST CLASS: Jan. 22

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: 4

INSTRUCTOR: Don Beddows

FEE: \$16.00

SKID CONTROL

EVENING AND SATURDAY

A practical short course on how to control your car on icy roads. A one evening lecture will explain the theory of skid control techniques in preparation for practical experience at Saturday workshop. Students will be individually guided under safe conditions while they learn techniques of cadence braking, close cornering, emergency avoidance, highway-curve under-steer drift and stopping with automatic transmissions. Designed to teach the average driver how to control and correct a skid he has been unable to avoid. Instructor trained under world expert in car control.

TIME: Thurs. 7:30 - 9:30 p.m.

1ST CLASS: Jan. 24

Sat. 10:00 a.m. - 4:00 p.m.

Sat. TBA dependent on weather

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: 2

INSTRUCTOR: Don Beddows

FEE: \$12.00

C.O.R.E. (CONSERVATION AND OUTDOOR RECREATION EDUCATION)

EVENING

Developed by the B.C. Fish and Wildlife Branch, this course successfully completed, qualifies applicants for their first hunting licence and will also be of interest to hikers and other outdoor recreationists. It includes ecology, outdoor ethics, gun handling and hunter safety, regulations, animal and bird identification, freshwater fish, survival, and first aid. **Class Limit 20. Pre-register!**

TIME: Tues. and Thurs., 7 - 9 p.m.

1ST CLASS: Feb. 5

PLACE: College Centre

NO. OF SESSIONS: 9

INSTRUCTOR: Bob McIntyre &
guest speakers

FEE: \$16.00

FRENCH CONVERSATION - INTERMEDIATE - LEVEL 2

EVENING

A continuation of Fall semester course. New students should consult instructor for placement. For adults with basic knowledge of the language or those that have participated in beginning French.

TIME: Thurs., 7:30 - 9:30 p.m.

PLACE: Smithers Senior Secondary

INSTRUCTOR: Paul Candela

1ST CLASS: Jan. 17

NO. OF SESSIONS: 10

FEE: \$21.00



CLASS LIMITS - Some courses can only accommodate a limited number of people. To ensure your place in these classes register early and prepay your fee.

AWARENESS AND MIND DEVELOPMENT

WEEKEND

For adults who are seeking to learn about themselves and relationships while at the same time developing skills to strengthen self confidence, achieve freedom from tension and set personal goals. Learn to tap your inner resources and focus on issues of greatest concern to you. (Habits such as smoking, overeating etc.) Participants will draw upon a synthesis of experiences ranging through awareness techniques, communications, gestalt and mind dynamics. Instructor's background is in human relations training and teaching self-hypnosis as a form of meditation.

TIME: Fri., 7:00 - 10:00 p.m.
Sat. and Sun., 9:00 a.m. - 4:00 p.m.

DATES: Feb. 8, 9, and 10

PLACE: College Centre

NO. OF SESSIONS: 1

INSTRUCTOR: Richard Clarke

FEE: \$51.00

THE PSYCHIC FRONTIER

EVENING

Curious? Skeptical? Intrigued? This will be an open-minded and open-eyed look at a whole range of non-ordinary experiences, including intuition and ESP, psychic energy, out-of-body travel, life after death, spirit communication, reincarnation and whatever else makes you wonder about the universe. Through discussion, reading and its own experiences, this class will see just how much sense can be made of psychic phenomena and then leave each individual free to decide for himself. Introductory session on Jan. 28, free of charge.

TIME: Mon. 7:30 - 9:30 p.m.

1ST CLASS: Jan. 28

PLACE: College Centre

NO. OF SESSIONS: 8

INSTRUCTOR: David Letts
Penny Ludlow

FEE: \$26.00

BOTANY FOR HIKERS AND CAMPERS

EVENING

Learn how to identify native plants encountered on hiking and camping trips. The main characteristics of the common plants of the area, including mosses, lower plants, flowering plants, and trees will be studied. Where relevant the use by Native Indians, edibility, economic value, pollination mechanism, and how plants fit into the ecosystem as a whole will be discussed. Sunday field trip included. No previous biology training required. **Class Limit 20. Pre-register!**

TIME: Thurs., 7:30 - 9:30 p.m.

1ST CLASS: April 24

PLACE: College Centre

NO. OF SESSIONS: 8

INSTRUCTOR: Rosamund Pojar

FEE: \$21.00

DESIGNING HOME INTERIORS

AFTERNOON

Illustrated lectures, discussion and work assignments to introduce the various components that form our home environment. Attention will be given to space planning, use of materials, colour, lighting, accessories and decorating on a budget. This is a general interest course for homemakers. Those who wish a more intensive course for professional development can supplement the classes with guided independent study material.

TIME: Thurs., 1:00 - 3:00 p.m.

1ST CLASS: Feb. 28

PLACE: College Centre

NO. OF SESSIONS: 10

INSTRUCTOR: Lise Karelis

FEE: \$21.00 and study materials

Music

RECORDER LESSONS (BEGINNING)

EVENING

The basic techniques of recorder playing, the history of the recorder and how to read music. On completion of this course, the student will be able to play most of the folksongs of any country as well as easy to intermediate pieces of "classical" music. A Soprano recorder (wood if possible) with baroque fingering is required.

TIME: Wed., 7:30 - 9:30 p.m.

1ST CLASS: Jan. 23

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: 10

INSTRUCTOR: Hans Faeh

FEE: \$21.00

GENERAL GUITAR (BEGINNING)

EVENING

A basic course dealing with sound principles, use of the pick, notes, octaves, make up of a chord, chord patterns, rhythm and beat, playing songs, timing and arranging. Bring your guitar to first lesson for instructor to check. If you do not own one the instructor will offer advise on selection.

TIME: Tues., 7:30 - 9:30 p.m.

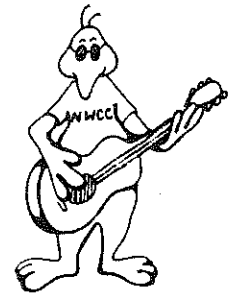
PLACE: Smithers Senior Secondary

INSTRUCTOR: Bob Walker

1ST CLASS: Jan. 22

NO. OF SESSIONS: 11

FEE: \$23.00



CLASSICAL GUITAR - PART 2

EVENING

For classical guitar students familiar with music reading, free stroke, and rest stroke, who have completed the first half of Aaron Shearer's **Classical Guitar Book One** or equivalent. To increase familiarity with classical guitar technique and repertoire and to aid in developing expertise in classical guitar performance.

Time: Thurs., 7:30 - 9:30 p.m.

1ST CLASS: Jan. 24

PLACE: Smithers Senior Secondary

NO. OF SESSIONS: 8

INSTRUCTOR: Charles Van Gorkom

FEE: \$24.00 plus text

Arts-Crafts-Hobbies

BATIK AND TIE DYE

AFTERNOON

Basic techniques of design, wax application and removal, the dyeing process and finishing projects will be covered. Equipment and most materials will be supplied.

TIME: Tues., 1 - 3 p.m.

1ST CLASS: March 4

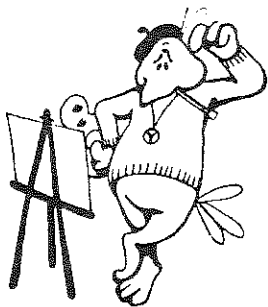
PLACE: College Centre

NO. OF SESSIONS: 6

INSTRUCTOR: Marjorie Fowler

FEE: \$16.00

PAINTING (OIL & ACRYLIC)



For participants with some experience. The opening evening will offer an illustrated lecture and discussion of the artist's own work. On the first and second days participants will work in the studio, on painting assignments in acrylic and oil. They will receive individual instruction and critiques as the workshop progresses. The instructor's style is realistic and he has received international acclaim for his shows. Co-sponsored with Emily Carr College of Art. **Class Limit 15. Pre-register!**

TIME: Fri., 7:30 - 9:30 p.m.
Sat. & Sun., 9 a.m. - 4 p.m.
PLACE: College Centre

INSTRUCTOR: Bill Featherstone (Vancouver) DATES: Feb. 1, 2 & 3 NO. OF SESSIONS: 3
FEE: \$21.00 plus materials

WEEKEND

MACRAME

AFTERNOON

A short course in one of the most popular crafts. Learn the basic techniques; then work on one or more projects of your own, plant hangers, belts, purses, wallhangings, etc., under expert guidance. Material for first class supplied.

TIME: Tues., 1:30 - 3:30 p.m. 1ST CLASS: Jan. 22
PLACE: College Centre NO. OF SESSIONS: 3
INSTRUCTOR: Marjorie Fowler FEE: \$12.00 plus materials

FOUR HARNESS WEAVING

EVENING

A basic course that will show you how to set up a loom and start weaving. It will include a thorough knowledge of the techniques and materials of the craft, terminology and drafting weaver's recipes. Looms, manuals and warp yarn for sample supplied. Students must supply additional yarn. **Class Limit 12. Pre-register!**

TIME: Thurs. 7 - 9 p.m. 1ST SESSION: Jan. 24
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 10
INSTRUCTOR: Helen Mardiste FEE: \$27.00 + materials

POTTERY - BEGINNING

EVENING



This course will concentrate on the use of the potter's wheel for those who have never thrown before. It will also cover related skills such as wedging clay, pulling handles and forming spouts. **Class Limit 8. Pre-register!**

TIME: Mon., 7 - 10 p.m.
PLACE: Smithers Senior Secondary
INSTRUCTOR: Tenley Dahlie
1ST CLASS: Jan. 21

NO. OF SESSIONS: 8 FEE: \$31.00 plus materials

BASICS OF SPINNING

AFTERNOON OR EVENING

Introduction to wheel spinning will include teasing, carding and mixing wool, practice on wheels and troubleshooting student-owned wheels. Four different types of wool and spinning wheels will be supplied. **Class Limit 12. Pre-register!**

TIME: Wed. 1 - 3 p.m. 1ST CLASS: Jan. 23
PLACE: College Centre NO. OF SESSIONS: 4
INSTRUCTOR: Sheila Peters FEE: \$17.00

OR

TIME: Wed. 7:30 - 9:30 p.m. 1ST CLASS: Jan. 23
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 4
INSTRUCTOR: Sheila Peters FEE: \$17.00

ADVANCED SPINNING

EVENING

Will cover spinning novelty yarns, (knobbly, slubs, thin, thick), trying different fibres, plying boucles, cables, etc. and production spinning - how to speed up your method, sell your wool, price it and keep it interesting. Fibres and wheels provided. **Class Limit 12. Pre-register!**

TIME: Wed., 7:30 - 9:30 p.m. 1ST CLASS: Feb. 13
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 4
INSTRUCTOR: Sheila Peters FEE: \$17.00

POTTERY - ADVANCED

EVENING

To improve techniques of those who can throw pots. Shaping, pulling handles, forming spouts, fitting lids and throwing "big" will be included. Making constructions using multiple-thrown parts such as teapots, and making similar sets of things will be explored. **Class Limit 8. Pre-register!**

TIME: Thurs., 7 - 10 p.m. 1ST CLASS: Jan. 24
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 8
INSTRUCTOR: Tenley Dahlie FEE: \$31.00 plus materials

POTTERY - GLAZING

EVENING

Will deal exclusively with the glazing and decoration of pots. Students to provide own bisque ware (can be from throwing courses). Course will start with the formulation of glazes, go through application techniques and explore numerous decorative effects. **Class Limit 16. Pre-register!**

TIME: Thurs., 7 - 10 p.m. 1ST CLASS: April 3
PLACE: Smithers Senior Secondary NO. OF SESSIONS: 4
INSTRUCTOR: Tenley Dahlie FEE: \$12.00 plus materials

CALLIGRAPHY

An opportunity to learn the ancient art of beautiful lettering for preparing invitations, posters, plaques and other projects. Emphasis on the use of special pens and other materials. Course will begin in March or April. Register now and you will be notified of details. **Class Limit 12. Pre-register!**

INSTRUCTOR: Ron Burleigh

CHINESE COOKING

EVENING

A very popular course in this type of oriental cooking! Very little fat is used in the cooking process - most food is steamed. Course costs include ingredients (except meat). **Class Limit 18. Pre-register!**

TIME: Mon. & Wed., 7:30 - 9:30

1ST CLASS: March 31

PLACE: Chandler Park

NO. OF SESSIONS: 6

INSTRUCTOR: Vera Heggie

FEE: \$25.00

BASIC PHOTOGRAPHY

EVENING

How cameras, films and different lenses work, care and maintenance of equipment, explanation of exposure, depth of field, film speed, lighting and composition, will be covered. Techniques of night photography, time exposures, color correction, using filters and macro photography also explained. Basic darkroom procedure and a practical demonstration on developing film and making prints included. **Class Limit 20. Pre-register!**

TIME: Thurs., 8 - 10 p.m.

1ST CLASS: Jan. 24

PLACE: College Centre

NO. OF SESSIONS: 5

INSTRUCTORS: Senior members of
Smithers Photographic Society

FEE: \$12.00
Free to Club Members

Need a ride? If you would like to attend a course or workshop but lack transportation call the College Centre and we will arrange for other students from your area to pick you up.

EXPERIMENTAL WORKSHOP IN BLACK & WHITE PHOTOGRAPHY

WEEKEND

By using a pinhole camera and applying various darkroom techniques the students will capture, alter, and create their images. Each person will make a pinhole camera, expose and develop prints, then alter the images by use of various techniques including hand colouring, collage, kodalith and photograms. Students who have experience in photography will be invited to show their work. All work will be critiqued while it is produced. Throughout the workshop there will be viewing and discussion of slides of historic and contemporary photographic work. Co-sponsored with Emily Carr College of Art. **Class Limit 15. Pre-register!**

TIME: Fri., 7:30 - 9:30 p.m.
Sat. & Sun., 9 a.m. - 4 p.m.

DATES: April 18, 19 & 20

PLACE: College Centre

NO. OF SESSIONS: 3

INSTRUCTOR: Lynn Vardeman (Vancouver) FEE: \$21.00 plus materials

FLY-TYING AND CASTING

EVENING

Will include practical skills in tying various types of flies and use of fly-fishing equipment. Participants will learn how to construct their own flies and present them to fish. Required equipment will be outlined at first class. One session will offer hands-on training in proper casting techniques.

TIME: Mon., 7 - 10 p.m.

PLACE: Smithers Senior Secondary

INSTRUCTOR: Harry Coles

1ST CLASS: Feb. 4

NO. OF SESSIONS: 10

FEE: \$21.00 plus materials

**Recreation and Fitness****THE Y'S WAY TO A HEALTHY BACK**

EVENING

An exercise program for people of all ages designed to relieve back pain. The exercises are easy and composed of movements that begin with relaxation, then flexibility, muscle strengthening and returning to muscle relaxation techniques. Approved by the U.S. medical committee of medical consultants. 88% of past participants in the YMCA program have obtained relief. Cassette tapes and manuals supplied for home use.

TIME: Mon. & Wed., 7:30 - 8:30 p.m.

1ST CLASS: March 17

PLACE: College Centre

NO. OF SESSIONS: 12

INSTRUCTOR: Gary Murdoch

FEE: \$21.00

INTERMEDIATE BRIDGE

EVENING

Review of basic bridge principles. Emphasis will be on arriving at the right contract and playing the cards. For intermediate players.

TIME: Wed., 7:30 - 9:30 p.m.

1ST CLASS: Jan. 23

PLACE: College Centre

NO. OF SESSIONS: 8

INSTRUCTOR: Dorothy Barber

FEE: \$17.00

KEEP FIT WITH DANCE

MORNING

Exercise to music and learn some basic dance techniques while trimming your shape.

TIME: Thurs., 10 - 11 a.m.

1ST CLASS: Jan. 17

PLACE: College Centre

NO. OF SESSIONS: 15

INSTRUCTOR: Marilyn Richey

FEE: \$16.00

If you want to join or form a recreation participation club call the School District Resource Centre at 847-4255 for further information.

ROUND DANCING FOR BEGINNERS

EVENING

Generally associated with square dancing, round dancing differs by using ballroom dance steps and is performed in round groups rather than square groups. This course will teach basic round dance steps with emphasis on various two steps and waltzes. Join in for fun, exercise and to learn basic dance steps. **Class Limit 40. Pre-register!**

TIME: Fri., 7:30 - 9:30 p.m. 1ST CLASS: Jan. 18
 PLACE: Chandler Park School Gym NO. OF SESSIONS: 10
 INSTRUCTOR: Ken Awmack FEE: \$21.00

ADULT FIGURE SKATING

EVENING

A beginner's class that will provide instruction for two groups: non-skaters and skaters who wish to improve their skill. Fee includes arena charge for ice time. **Participants must pre-register at College Centre.**

TIME: Wed., 10 - 11 p.m. 1ST CLASS: Jan. 23
 PLACE: Smithers Civic Centre NO. OF SESSIONS: 8
 INSTRUCTOR: Jackie Halliday FEE: \$19.00

CROSS COUNTRY SKIING

EVENING AND WEEKEND

One indoor evening session for discussion of equipment, techniques, demonstration of waxing methods and film. Three outdoor day snow sessions for instruction of practical skiing techniques. Conducted by Canadian Association Nordic Ski Instructor.

TIME: Thurs., 7:30 - 9 p.m. DATES: Jan. 17, 19, 26
 Sat., 10 a.m. - noon Feb. 2
 OR 1 p.m. - 3 p.m.
 PLACE: Smithers Senior Secondary NO. OF SESSIONS: 4
 INSTRUCTOR: Olav Skjelbred FEE: \$21.00

HATHA YOGA - BEGINNING

MORNING OR AFTERNOON

For beginning students. Exercise and breathing techniques and techniques leading to deep relaxation included.

TIME: Fri., 9:45 - 11:15 a.m. 1ST CLASS: Jan. 18
 OR Tues., 1:15 - 2:45 p.m. Jan. 15
 PLACE: College Centre NO. OF SESSIONS: 10
 INSTRUCTOR: Penny Ludlow FEE: \$16.00

HATHA YOGA - INTERMEDIATE

EVENING

Exercise and breathing techniques and techniques leading to deep relaxation included. A more intensive program for people who have basic understanding of Yoga.

TIME: Tues., 7:30 - 9:30 p.m. 1ST CLASS: Jan. 15
 PLACE: College Centre NO. OF SESSIONS: 10
 INSTRUCTOR: Penny Ludlow FEE: \$21.00

WEIGHT TRAINING (UNIVERSAL GYM)

EVENING

To increase strength and fitness through technique of proper lifting of weights in balanced program to develop strength. Instructor will set program for participants to perform; participants will learn to develop their own system to suit their individual needs. **Class Limit 15. Pre-register!**

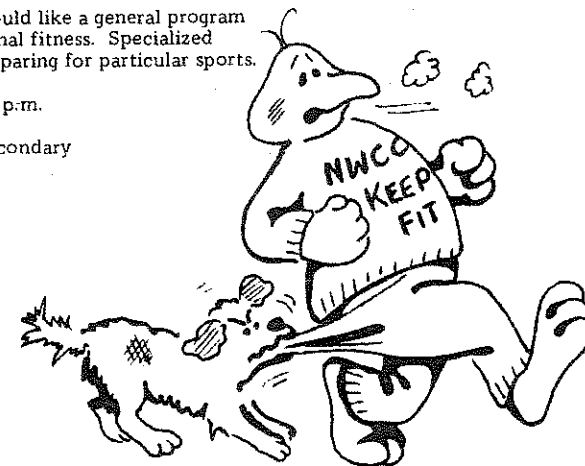
TIME: Tues. & Thurs., 5 - 6 p.m. 1ST CLASS: Jan. 15
 PLACE: Smithers Senior Secondary NO. OF SESSIONS: 20
 INSTRUCTOR: Mike Richey FEE: \$21.00

GET FIT

EVENING

For the out-of-shape who would like a general program of exercise to achieve personal fitness. Specialized exercises added for those preparing for particular sports.

TIME: Tues. & Thurs., 7 - 8 p.m.
 PLACE: Smithers Senior Secondary
 INSTRUCTOR: Jim Tayler
 1ST CLASS: Jan. 15
 NO. OF SESSIONS: 30
 FEE: \$21.00

**KEEP FIT**

EVENING

For past participants of the program and others in good shape who wish to maintain their personal fitness. Specialized exercises added for those preparing for particular sports.

TIME: Tues. & Thurs., 8 - 9 p.m. 1ST CLASS: Jan. 15
 PLACE: Smithers Senior Secondary NO. OF SESSIONS: 30
 INSTRUCTOR: Jim Tayler FEE: \$21.00