

CONTINUING EDUCATION NORTHWEST COMMUNITY COLLEGE KITIMAT 632-4766



TABLE OF CONTENTS

Airbrakes15 Accounting14	Learn to Relax19
Band, Beginners	Math - Grade 11
Band, Community25 Bookkeeping13	Nutrition, Exercise & Relaxation 24
Citizenship Class	Office Practice13
Correspondence Courses3	Painting22
Counselling Seminar	Painting Workshop22
Defensive Driving	Photography Workshop
Design, Art	Political Science
	Printmaking - Intaglia
Early Childhood Education 16	Printmaking - Relief
Effective Communication 24	Printmaking - Silkskreening23
inglish - For New Canadians 10	Psychology17
English - University Level16	
First Aid - Beginners	Typing - Beginners
First Aid - Industrial	Typing-Intermediate/ Advanced 13
French - Advanced 20	
French - Beginners 20	Upgrading
Grade 12 Equivalency (G.E.D.) 3	Veterinary First Aid24
dow to run a small business14	Welding
Hypothermia24	Wills and Estates21
mmigration Prc Hures	"Y's way to a healthy back 19
ncome Tax Refre : r	You and your Child24

ALL COURSES SUBJECT
TO SUFFICIENT ENROLMENT

REGISTRATION

HOW TO REGISTER

- In person days at 9 Drake Street from January 2nd on. Monday to Friday from 9:00 a.m. to 12:00 noon and from 1:00 to 4:30 p.m. No phone registrations accepted. All fees due when registering.
- 2. In person evenings M.E.S.S., Main Office. Monday to Thursday from 6:30 to 8:30 p.m. January 7 to 17th.
- 3. By mail use form supplied below.
- 4. Special Registration City Centre Mall.
 Saturday, January 12 from 12:00 noon to 4:30 p.m.

REGISTER EARLY Many classes have limited enrolment

MAIL-IN REGISTRATION

Name:
Home Phone: Local:
Address
Postal Code
I wish to register for the following courses:
1) Code: Fee: \$
2)
3)
TOTAL \$
TOTAL \$
Fees must be enclosed. Please make cheque or money order payable to Northwest Community

REFUNDS — MOST CLASSES

Withdrawal before class begins 100%
Withdrawal up to 2 weeks after classes start 80%
Withdrawal 2-4 weeks after start 50%
Withdrawal after 4 weeks NO REFUND

Apply for refunds at 9 Drake. Original receipt required.

INCOME TAX DEDUCTIBILITY

Receipts totalling over \$25.00 are income tax deductible. Please retain fee receipts.

CANCELLATION OF COURSES

We reserve the right to cancel any course for which registration does not reach the required minimum, or in which attendance or progress is unsatisfactory.

SENIOR CITIZENS

Free registration for senior citizens. Material costs still apply where applicable.

HOLIDAYS

Classes will not normally be held on Statutory holidays or when schools are closed.

TEXTBOOK SALES

Textbooks will be available at 9 Drake Street daily. Please purchase before classes begin.

LOCAL COLLEGE ADMINISTRATIVE STAFF

Nancy McDonald — Continuing Education Co-Ordinator
Barry Blix — Regional Health Programs Co-Ordinator
Helmut Brauer — Adult Basic Education Co-Ordinator

OFFICE STAFF

Lola Doering, Debbie Wilson, Carol Larsen

LOCAL COLLEGE REPRESENTATIVES

Hans Wagner Dave Mortimer

ADULT BASIC EDUCATION UPGRADING

How do you complete your high school education? Read below.

VOCATIONAL CLASSES (for trade or vocational school entrance)

- 1. Kitamaat Village up to Grade 12, Mon. & Wed. evenings.
- 2. Kitimat morning or evening classes up to Grade 12.
- Some correspondence courses available from Ministry of Education.
- 4. Return to M.E.S.S. as an adult day student for general courses.

GRADE 12 EQUIVALENCY EXAMS. (G.E.D.)

This examination program is for adults who have not completed grade 12, and who wish to earn a certificate stating they have the knowledge equivalent to a grade 12 graduate. The exam is actually a series of 5 tests, one in each of English Language, English Literature, Math, Social Studies and Science. This may assist you in qualifying for a better job or for a promotion. Many people challenge these tests for their own personal satisfaction. Students must prepare for these exams through home study. Texts are available for sale from the college office. Next testing dates in Kitimat, Feb. 15-16 and June 20-21. Pre-registration required. Call 632-4766 for an application.

HIGH SCHOOL CORRESPONDENCE COURSES

Sponsored through Ministry of Education, courses from Grade 1-12, and some vocational courses. Students pace their own work, but should schedule regular studying time. Cost: \$15 per academic course. Useful for adults who cannot attend school regularly and who require specific courses to complete their high school.

REGULAR HIGH SCHOOL

Mount Elizabeth has provisions for adults who wish to attend regular classes. Students must be fluent in written and oral English. Adults can complete their high school by completing English 12, Social Studies 11 and 5 other Senior High School subjects. Contact Mount Elizabeth 632-6174 for more information.

VOCATIONAL UPGRADING

COURSE DESCRIPTION

This program is designed for adults who wish to acquire a vocational equivalency standing. Students work on individualized programs in English, Math and Science. Each student begins at his own level and progresses at his own speed. College certificates are awarded on successful completion of course. Applicants must have been out of school for one (1) full year. Students may join anytime during the year as spaces become available. Please note: Due to the waiting list which usually develops for these classes, we are asking that a minimum attendance figure of 4 classes per month be maintained by registered students.

CLASSES AVAILABLE

Please choose the one schedule which fits your personal timetable best. Shiftworkers who enroll in evening classes are permitted to attend morning classes as well. New students should attend a placement interview.

BI KITAMAAT VILLAGE (Northwest College Kitimat) Adult Upgrading Classes towards Grade 8,10 or Grade 12 Level.

Individualized programs in English, Math and Sciences will enable the Adult Student to progress towards a Grade 10 or 12 equivalent certificate. Subject to adequate enrolment.

LOCATION: Band Council Office

INSTRUCTOR: Cliff Smith TIME: Monday & Wed.

DATE: Jan. 15 to April 24, 1980

from 7:00 to 10:00 p.m.

LENGTH OF COURSE: 14 weeks

FEE: \$25.50

B2 4 DRAKE STREET, KITIMAT - UPGRADING CLASSES

Upgrading classes for Adults working towards a Grade 12 equivalent certificate. English, Math and Science Classes will be conducted with emphasis on various sections as outlined below. Individualized programs will assist the student to study at his own pace. Study-hours are so designed that every shiftworker can participate.

LOACTION: 4 Drake Street, Kitimat DATES: Jan. 14 to April 24, 1980

INSTRUCTOR: Pat Dimsdale
TIME: Class 1 - Mon., Tues. & Thurs
mornings 9:00 to 11:45 a.m.

LENGTH OF COURSE: 14 weeks

Class 2: Mon. & Wednesday evenings 6:30 to 9:30 p.m.

FEES: \$36.00 per term or: \$15.00 per month.

Class 3: Tues. & Thursday evenings 6:30 to 9:30 p.m.

TOPICS COVERED:

VOCATIONAL MATH 10:

Basic Math as well as topics in Geometry, Graphing, Consumer Math, Payroll, Income Tax, and Algebra.

VOCATIONAL ENGLISH

Grammar, Spelling, Reading, Writing, Letters, Resumes, Job Reports, etc.

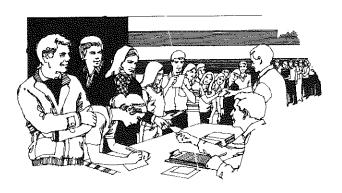
VOCATIONAL SCIENCE 10

First Aid, Accident Prevention, Health, Physiology, Drugs, Ecology, Chemistry, Physics, Psychology.

VOCATIONAL GRADE 12

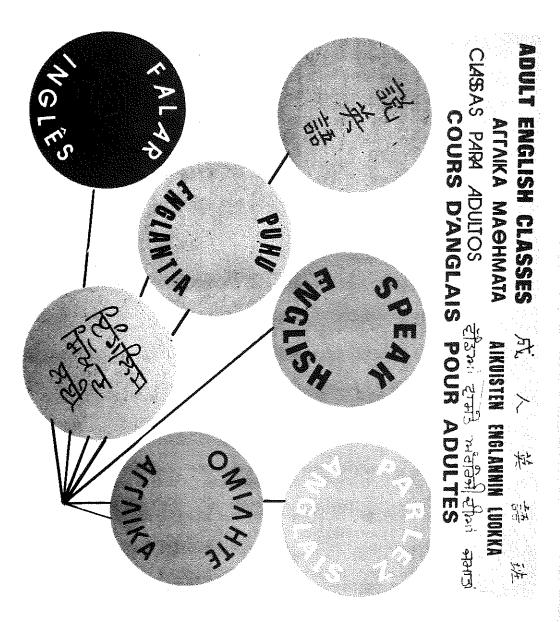
English, Math, Biology, Physics and Chemistry, covering practical topics relevant to student's occupation.

Example: Biology for Nurses; Math for Electricians, etc.



REGISTRATION STARTS JAN. 2nd

ENGLISH AS A SECOND LANGUAGE



FOR SPECIAL COURSES SEE FOLLOWING PAGES

Welcome to your Adult-School for English in Kitimat.

At the Northwest College we are pleased to offer you a variety of classes for English conversation, reading and writing skills and Canadian Citizenship.

Our classes are small and very informal. We invite you to join the students from last year and to bring a friend and meet other Newcomers who want to know more about the English language.

Please register your name at our office.

For further information call our language Co-ordinator:

Helmut Brauer in Kitimat, 9 Drake Street, Phone 632-4766.

Drake Street: in the morning from 8:45 to 11:45 and 12:30 to 3:00 p.m.

Nechako Centre & Riverlodge: This course is free for mothers with free babysitting services in the afternoon from 1:30 to 3:00.

St. Anthony's School & Kildala School: Evenings from 7:00 to 9:30 p.m.

For more information turn to the following pages please.



INGLÊS: SEU IDIOMA NÔVO

Seja bem-vindo á sua Escola para Adultos.

O Northwest College em Kitimat tem a prazer de oferecer uma variedade de classes de Inglês em conversação, escrita basica e Canadien Citizenship.

As classes seraò de natureza informal. Convidamo-lo a juntar-se aos alunos do ano passado ou trazer uma pessoa amiga e a conhecer novos alunos que desejam melhorar o seu Inglês.

Registese pessoalmente!

Para mais informação contacte o coodenador:

Helmut Brauer em Kitimat, 9 Drake Street, Telefone: 632-4766

अभिनेती: उगडी हरी वासा

र्हिंड मां हामडे विद्ये में र हिंच भीग के सी मबूहा र्हें आप हा मुला का बीड़ा सांदा है। तैक्य है कर बाह्य आप है भीका के सी हिंचें मेंह्र - चाउ बक्त, पत्रुह, हिसह भाडे हा गिक्क वा पूप्प उ बक्त हारी उड़ां व शिलां बहा कां पेत्र बक्त हिंचे पूक्ति हा अठिकूक बकरा है।

हिठ बसामां केरीमां भाडे मापावत उत्ता ।
पिक्त माम राम्न रिश्विमावधी हितां रे रेमड सां वेव
सरं भार मसह निवादे भीगावेसी राम्न सिमादा
साहबावी सावेद उत्त अभी हितां है मेरा रेपे जा।
बिपा बवरे मार्व रहता है मेरा रेपे जा।
राधम ववराही।
भिमारा साहबावी हामडे बिरीभेट हिंह भि: अस्तिर
रावारव है रेमिटेंस बेवे—
9 उवेब मरवरि - 632-4766

INGLESE: LA NOSTRA NUOVA LINGUA

Benvenuti alle classi d'inglese per adulti in Kitimat. Al Northwest College siamo contenti di offrirvi una varieta' di classi per la conversazione in inglese, per legere e scrivere e per la cittadinanza canadese.

Le nostre classi sono piccole e senza formalita'. Vi invitiamo ad incontrarvi con gli studenti dell'anno scorso e portate un amico e incontrate i nuovi membri che vogliono imparare l'inglese.

Per piacere registratevi al nostro ufficio.

Per ulteriori informazioni chiamate il coordinatore per le lingue: Helmut Brauer in Kitimat, 9 Drake Street, Telefono: 632-4766. Kajmaoprieoze sis to exojeior Envijumo ins ykyjunis

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tur y/useur: Helmut Braver eis to kitimat - 9 Drake St.

Th/: 632-4166.

·εάν χρειαζόσασθε μεταφραστών, τηλεφωνώστε στόν άριθμου 632 - 6174.

ENGLISH FOR NEW CANADIANS Morning Classes

B4 INTRODUCTIORY ENGLISH FOR BEGINNERS

Emphasis will be on oral practice of every day English which includes speaking and listening skills.

LOCATION: 4 Drake Street INSTRUCTOR: Mrs. Elisa Wagner TIME: Mon. - Thurs. 8:45 - 11:45 a.m. DATES: Jan. 14 - April 24, 1980

LENGTH OF COURSE: 14 weeks FEES: \$15.00/ course

B5 SPECIAL CLASSES FOR VIETNAMESE - INTRODUCTORY ENGLISH

Newcomers from Vietnam will be given special attention in order to learn their new language in a relative short time. Job-related vocabulary and oral practice shall prepare for work opportunity in our community.

INSTRUCTOR: Mrs. Maria Raposo LOCATION: 4 Drake Street TIME: Mon. to Thurs. 8:45 - 11:45 a.m. DATES: Jan. 14 - April 24, 1980

LENGTH OF COURSE: 14 weeks FEES: \$15.00/ course

B6 INTERMEDIATE ENGLISH

This class will provide an introduction to written skills, phonics, and spelling as well as oral and listenings skills, based upon the personal needs of the individual student.

LOCATION: 4 Drake Street INSTRUCTOR: Mrs. Kay Hall

TIME: Mon. - Fri. 8:45 to 11:45 a.m. DATES: Jan. 14 - April 25, 1980

FEES: \$20,00/ course LENGHT OF COURSE: 14 weeks

B7 ENGLISH FOR ADVANCED STUDENTS

Continuation of written and oral work with added emphasis on vocabulary development and job-oriented phraseology.

INSTRUCTOR: Mrs. Roberta Bowen LOCATION: 4 Drake Street TIME: Mon. to Fri. 8:45 - 11:45 a.m. DATES: Jan. 14 - April 25, 1980

FEES: \$20.00 LENGTH OF COURSE: 14 weeks

88 INDUSTRIAL ENGLISH

This course is especially designed for Alcan employees and takes place in the morning as well as in the evening to accommodate shift workers. Emphasis is on work-related English and every day needs for general communication.

INSTRUCTORS: Norman Dooley LOCATION: Nechako Centre & Christel Dooley (upstairs)

TIME: Mon. to Thurs, 9:00 - 12:00 a.m. DATES: Jan. 3 - March 31, 1980

Afternoon Classes

B9 INTERMEDIATE ENGLISH

During this course emphasis will be on developing oral fluency and writing skills. Some students will have the chance to upgrade their English within limited math, and science units.

LOCATION: 4 Drake Street DATES: Jan. 14 - April 24, 1980

INSTRUCTORS: Roberta Bowen & Kay Hall TIME: Mon. to Thurs. 12:30 - 3:00 p.m.

LENGTH OF COURSE: 14 weeks FEES: \$12.00/ course

BIO INTRODUCTORY ENGLISH

Understanding of Basic English and oral practice for daily needs around the house and at work is the main emphasis of this course.

LOCATION: St. Anthony's School INSTRUCTOR: Mrs. Farley Archer TIME: Tues, & Thurs, 12:45 - 3:15 p.m. DATES: Jan. 15 - April 24, 1980

LENGTH OF COURSE: 14 weeks FEES: \$15.00

B11 ENGLISH FOR MOTHERS AND TOTS, BASIC ENGLISH

This course of English is offered to mothers with their pre-school children. Free babysitting service is provided. Informal conversational practice is the main goal of this class.

INSTRUCTOR: Kay Hall LOCATION: Nechako Centre (upstairs)

BABYSITTER: Theresa Elsie

DATES: Jan. 15 - April 25, 1980

TIME: Tues. & Fri. 1:15 - 2:45 p.m.

LENGTH OF COURSE: 14 weeks

FEES: NO FEES

B12 MOTHERS AND TOTS, BASIC ENGLISH

The main goal of this course is an informal conversational practice of everyday

English, Babysitting service is free!

LOCATION: Riverlodge (Kildala) DATES: Jan. 15 - April 24, 1980 LENGTH OF COURSE: 14 weeks

INSTRUCTOR: Maria Raposo **BABYSITTER:** Marion Markwart TIME: Tues, & Thurs, 1:30 - 3:00 p.m.

FEES: This course if free!

Evening Classes

B13 ENGLISH FOR BEGINNERS (Introductory English)

The main emphasis of this course is oral practice of fundamental English with attention to work-oriented vocabulary for adults at work or at home.

LOCATION: St. Anthony's School DATES: Jan. 14 - April 23, 1980 LENGTH OF COURSE: 14 weeks INSTRUCTOR: Farley Archer
TIME: Mon. & Wed. 7:00 - 9:30 p.m.

FEES: \$15.00/ course

B14 INTRODUCTORY ENGLISH (for Beginners)

Oral practice of Basic English for daily needs around the house and at work is the main goal of this class.

LOCATION: Kildala School DATES: Jan. 15 - April 24, 1980

INSTRUCTOR: David Singh

TIME: Tues. & Thurs. 7:00 - 9:30 p.m.

LENGTH OF COURSE: 14 weeks

FEES: \$15.00/ course

B8 INDUSTRIAL ENGLISH

These special classes for Alcan employees are taking place in the evening (as well as in the morning) to accommodate shiftworkers. General emphasis of this course is on work-related English and needs for better oral communication.

LOCATION: Nechako Centre (upstairs)

INSTRUCTOR: Christel & Norman Dooley TIME: Mon. to Thurs, 7:00 - 10:00 p.m.

DATES: Jan. 3 - March 31, 1980

DATES: Jan. 3 - March 31, 1980



Business Courses see Pages 13, 14

BUSINESS OFFICE TRAINING

VI TYPING - BEGINNERS (Non-credit)

This course provides instruction for students who have not mastered the typewriter keyboard. This course is a prerequisite to college certificate typing course. Practice Tuesday evening.

LOCATION: M.E.S.S. - Room 108 DATE: Jan. 24 - March 27

LENGTH: 10 weeks

INSTRUCTOR: Pat Huntus

TIME: Thursday 7:00 - 9:00 p.m.

FEE: \$20.00 plus \$15 deposit for textbook (deposit refunded upon return of book)

V2 TYPING - INTERMEDIATE & ADVANCED

Students progress through individualized programs to improve speed with accuracy on electric typewriters and master the typing of letters, forms, reports and other business communication. Pre-requisite is basic keyboard skill. Assignments required. Successful completion carries credit towards N.W.C.C. business certificate.

Practice evening: Thursday

LOCATION: M.E.S.S. - Room 110 DATE: Jan. 15 - March 18

LENGTH: 10 weeks

INSTRUCTOR: Luella Froess - 632-2642

TIME: Tuesday 7:00 - 9:00 p.m. FEE: \$21, plus text- and workbook

V3 OFFICE PRACTICE

This course is designed to train students to recognize what is expected of them in an office. Content will include current methods of office procedures, along with a systematic approach to office operation standards, letters, purchase orders, etc. Successful completion carries credit toward N.W.C.C. business certificate.

LOCATION: M.E.S.S. - Room 107

DATE: Jan. 21 - March 12

LENGTH OF COURSE: 8 weeks

INSTRUCTOR: Hilda Capak

TIME: Mon. & Wed. 7:00 - 9:30 p.m.

FEE: \$41.00, plus text.

V4 BASIC BOOKKEEPING — BEGINNERS

A course covering thie complete cycle for small businesses — includes elements of accounting, journalizing postings, financial statements and ledgers. Home assignments required. Accounting 11 equivalency. College credit.

LOCATION: M.E.S.S. - Room 107 DATE: Jan. 15 - March 18 LENGHT OF COURSE: 16 lessons

(40 hrs.)

INSTRUCTOR: Shannon Underwood, RIA 632-3770

TIME: Tues. in January

Tues. & Thurs. in Feb. & March

7:00 - 9:30 p.m.

V5 PRINCIPLES OF ACCOUNTING

The conceptual framework of accounting; measurement of income and recording economic activity; journal entries, the accounting cycle and preparation of statements: accounting for assets, liabilities and owners' equity - proprietorships, partnerships and limited companies; introduction to funds, statements; generally accepted accounting principles.

Prerequisites: Accounting office experience or instructors permission (please call). Credit: N.W.C.C. accounting level 4 or R.I.A. transfer credit for registered society members. A minimum of 10 students required to offer this course. An

intensive course with extensive home assignment required.

LOCATION: M.E.S.S. - Room 131

INSTRUCTOR: Ron Coulter, RIA - 632-3657

DATE: Jan. 17 - May 1 TIME: Thursdays 7:00 - 9:30 p.m.

LENGTH OF COURSE: 15 weeks FEE: \$39, plus 2 texts.

V6 HOW TO RUN A SMALL BUSINESS

A 10 week course for anyone interested in starting a small business. Evening classes run concurrently and are supplemental to the 10 week television series on BCTV, entitled 'Operating a Small Business', beginning Sunday, Jan. 13th at 11:30 a.m. Course will cover the importance and construction of a business plan and provide an introduction to the preparation, use and importance of financial statements. Focus is on procedures and techniques for obtaining financing for a business. Limited enrolment, Co-sponsored with the Federal Business Development Bank.

LOCATION: M.E.S.S.

DATES: Jan. 16 - March 26 LENGTH OF COURSE: 10 weeks INSTRUCTOR: Detlef Beck TIMES: Wed. 7:00 - 10:00 p.m.

FEE: \$31.00, plus \$10 materials.

Attention: Kitimat Employers

A limited number of spaces are available for local employers to sponsor employees in a practical 3-part training program for supervisors entitled. "Supervisory Management".

Call the College Office - 632-4766 - for details.

Vocational training

V7 AIRBRAKES

Aim of course is to prepare drivers for a written and practical test on "Operation and Maintenance of Airbrakes Systems". Successful completion of course will qualify student to apply for an airbrake endorsement on his present licence. Class limited to 18 students. Tuesday to Friday nights, plus Saturday morning. Valid B.C. drivers licence required.

LOCATION: M.E.S.S. - Room 507

TIMES: 6:30 - 10:30 p.m., plus Sat. a.m.

INSTRUCTOR: Bud Hallock

FEE: \$32.00

Class 1 - Jan. 29 - Feb. 2 (M.E.S.S.)

Class 2 - Feb. 5 - Feb. 9 (M.E.S.S.)

Class 3 - March 31 - April 3 (4 Drake)

(Mon. - Thurs. evening & Sat. morning)

Class 4 - Late April if required.

V8 WELDING - BASIC AND UPGRADING

The College Mobile Welding Unit will be in Kitimat for the month of June. Beginner or upgrade students are welcome. This is a basic course to give students a working knowledge of oxy-acetylene and arc welding equipment. D.P.W. exams can be arranged in Terrace or at candidates place of work for those who meet requirements. Some theory included, Maximum 12 students, This is not a hobby welding class, Call to be placed on the existing waiting list.

Day Class

Time: Mon. - Thurs. 9:00 a.m. - 4:00 p.m.

June 2 - 26

FEE: \$52.00

Evenina Class

TIME: Mon. - Thurs. 7:00 - 10:00 p.m.

June 2 - 26.

FEE: \$26.50

V9 INDUSTRIAL FIRST AID

This course is now offered directly through St. John Ambulance. Please contact their local representative, Brenda Lavalle, 632-3191 for information concerning the next class in Kitimat.

UNIVERSITY TRANSFER COURSES

NEW STUDENTS 2nd SEMESTER

Interested persons can register for College courses starting in January. With a few exceptions, most classes can be taken without first term credit, as both halves can be taken independently.

LATE REGISTRATIONS

Students may be admitted to university transfer courses up to 3 weeks late. Registration after this time will only be permitted in exceptional circumstances.

AT FINE ARTS 102 - DESIGN FUNDAMENTALS

This course covers the fundamentals of design, drawing and painting, composition and colour theory. Designs will be developed from the study of nature, geometric and man-made forms. Media will include designers colours, coloured paper, pen and pencil. Designs may be applied to Batik, Lino-printing or Silkscreening. Students may take Fine Arts 101, along with students continuing from first term who are registered in Fine Arts 102.

LOCATION: M.E.S.S. - Room 124

INSTRUCTOR: Vivian Antoniw TIME: Tuesday 7:00 - 10:00 p.m. DATES: Jan. 8 - April

LENGTH: 45 hrs.

FEE: \$26.50, plus texts

A2 FINE ARTS 202 - PAINTING

Students will learn basic composition, colour mixing, brush handling, using watercolours, acrylics, or oils. Landscape and still life painting will be taught. This is a studio painting course. University transferable. Prerequisite: Fine Arts 201.

LOCATION: M.E.S.S. - Room 124

DATES: Jan. 9 - April

INSTRUCTOR: Vivian Antoniw

LENGTH: 45 hrs.

TIME: Wednesdays 7:00 - 10:00 p.m.

FEE: \$26.50, plus text.

A3 EARLY CHILDHOOD EDUCATION 122

This is a continuation of ECE 102 curriculum Development and program

planning for young children. Prerequisite: ECE 102.

LOCATION: M.E.S.S. - Room 109

INSTRUCTOR: Anna Scott - 635-6511 TIME: Tuesday 7:00 - 10:00 p.m.

DATE: Jan. 8 - April

FEE: \$26.50, plus texts

LENGTH OF COURSE: 45 hrs.

A4 ENGLISH 102 - ENGLISH COMPOSITION AND LITERATURE

This first-year English course will cover the development of syntax, study of an advanced vocabulary and its etymological background, based upon reading and discussion of modern English and Canadian biographies and poetry. Emphasis will be placed on composition skills, i.e.: the writing of letters,

reports, and essays. Written assignments have to be presented. The English 100 level course is required at most universitities and is transferable.

LOCATION: M.E.S.S. - Room 209 DATES: Jan. 9 - April

INSTRUCTOR: Helmut Brauer - 632-6652 TIME: Wednesdays 7:00 - 10:00 p.m.

LENGTH OF COURSE: 45 hrs.

FEE: \$26.50, plus text.

A5 GRADE 11 ACADEMIC MATH (Math 081)

This is a grade 11 equivalency program. The first 1-1 1/2 hours of class is formal lecture of material to be covered. The remainder of the class is devoted to helping individuals with their Math problems. A great number of home assignments are required to complete this course by April.

LOCATION: M.E.S.S. - Room 201

INSTRUCTOR: Ameer Khan - 632-3954

DATES: Jan. 8 - April

TIME: Tuesdays 7:00 - 10:00 p.m.

LENGTH OF COURSE: 45 hrs.

FEE: \$26.50, plus text.

A7 POLITICAL SCIENCE 102

This course is complementary to, and a continuation of Political Science 101. The course seeks to examine major political ideologies and theories of the modern world, such as nationalism, conservatism, liberalism, socialism, and democracy. In addition, students will have the opportunity to deal with basic issues such as freedom, alienation, authority and individual rights. Emphasis will be on class discussion, seminar presentations, and written assignments on topics students are interested in exploring. No prerequisite.

LOCATION: M.E.S.S. - Room 129

INSTRUCTOR: George Adams - 632-2321

DATES: Jan. 10 - April

TIME: Thursday 7:00 - 10:00 p.m.

LENGTH OF COURSE: 45 hrs.

FEE: \$26.50, plus text.

AS PSYCHOLOGY 102 - INTRODUCTORY

Topics for discussion this term include motivation, human consciousness, personality theories, clinical and social psychology. In addition to lectures and discussions, classtime will be devoted to demonstrations of hypnosis, relaxation techniques, and personality analysis, as well as films relating to course materials. This is a core course for most university programs. No prerequisite required.

LOCATION: M.E.S.S. - Room 129

INSTRUCTOR: Andre Klingner - 635-6511

DATES: Jan. 8 - April

TIME: Tuesday 7:00 - 10:00 p.m.

LENGTH OF COURSE: 45 hrs.

FEE: \$26.50, plus text.

A9 TERRACE COURSES

Ed. 414 - Group Process - 3 units. University of Victoria

Analysis of group decision-making, discovery and discussion methods in group learning; study of group interaction in classrooms, family life, counselling and mental health. 4 intensive weekends (Friday evening, Saturday and Sunday), starting Jan. 25-27, Sandman Inn. Please call to pre-register.

INSTRUCTOR: Dr. Bill Garrett

Ed. 417 Helping Relationships - 3 Units - University of Victoria

Participative seminar. Study of helping relationships in the classroom. Theories of personal effectiveness. DATES: weekends in May - June.

NEW BUILDING OPENING SOON

The new Northwest College Building in City Centre Expansion Ared (behind Overwaitea) will be open in the Spring of 1980. In addition to office space, it will have 5 classrooms for day and evening use.

GENERAL INTEREST COURSES

CI THE Y'S WAY TO A HEALTHY BACK

An exercise program for people of all ages, designed to relieve back pain. The exercises are easy and composed of movements that begin with relaxation, then flexibility and muscle strengthening. Techniques approved by the U.S. Medical Committee of Medical Consultants. 80% of past participants in the Y.M.C.A. programs have obtained relief. Cassette tapes and manuals supplied for home use. Bring pad to lie on.

LOCATION: M.E.S.S. - Teaching Kit. INSTRUCTOR: Barry Blix - 632-4231

DATES: Jan. 21 - Feb. 28 LENGTH OF COURSE: 6 weeks

(12 lessons)

TIMES: Mon & Thurs, 6:30 - 7:15 p.m.

FEE: \$25. includes materials.

C2 LEARN TO RELAX

Learn the skills to enable you to relax physically and mentally. Course covers breathing, muscle relaxation, and autogenics — mind relaxation. Why not participate in these 5 evenings, and help reduce the tension in your life. Bring pillow and foam pad to class.

LOCATION: M.E.S.S. - Teaching Kit. INSTRUCTOR: Barry Blix - 632-4231

TIMES: Thurs. 7:15 - 9:15 DATES: Jan. 31 - Feb. 28

LENGTH OF COURSE: 5 weeks FEE: \$13.00

C3 PERSONAL COUNSELLING SEMINAR

What do I want to do in my life? How to I go about doing it? What courses are available? College counsellor, Bert Seinen, will be available in Kitimat for day or evening personal appointments, to discuss and advise on career planning, vocational, university, correspondence courses and student loans. Call 632-4766 for an appointment.

LOCATION: 9 Drake Street

DATES: Wednesday Jan. 9, Feb. 13 and March 12.

FEE: Free service

C4 ADULT HIGH SCHOOL COMPLETION: PUBLIC INFORMATION EVENING

G.E.D.! Open Learning Institute! B.T.S.D.! VAST!

Ministry of Education correspondence courses! What are all these programs about? What's the difference? Which is the best for your personal needs? These programs will be explained, and your questions answered. Everyone welcome.

LOCATION: M.E.S.S. DATE: January 10

LENGTH: 1 evening only

HOSTS: N.W.C.C. staff TIME: Thurs, 7:00 p.m.

FEE: Free, but please pre-register

by phoning 632-4766

C5 BASIC FIRST AID

Beginners St. John Ambulance course. 8-hours of instruction, including par-

ticipation in practical lessons. Special St. John films will be shown. Certificate

issued upon completion.

LOCATION: M.E.S.S. - Room 111 DATES: Feb. 4, 11, 18, 25 LENGTH OF COURSE: 4 Classes

INSTRUCTOR: Esther Pretulac - 632-3060 TIMES: Mondays 7:00 - 9:00 p.m.

FEE: \$20, payable to St. John Ambulance. Includes all texts.

C6 CANADIAN CITIZENSHIP CLASSES

Are you wondering how to go about becoming a Canadian citizen? Register for classes which will help prepare you for your citizenship interview. Basic instruction given in historic, political and geographic study of Canada, Understanding of English necessary. Limited registration.

LOCATION: M.E.S.S. - Room 109 DATES: Feb. 18, 21, 25, 27

INSTRUCTOR: Hans Diesing

TIMES: Mon. & Wed. 7:00 - 9:00 p.m.

March 3 LENGTH OF COURSE: 5 classes

FEE: \$5.00

C7 DEFENSIVE DRIVING

This course deals with the development of a conscientious attitude towards driving, and how this can help prevent accidents. Learn to drive defensively, cope with adverse road conditions and avoid accidents caused by other drivers mistakes. Canada Safety course, approved by B.C. Motor Vehicle Branch. Certificate awarded for successful completion. Teenagers welcome.

LOCATION: M.E.S.S. - Room 105 DATES: Feb. 12, 14, 19, 21

INSTRUCTOR: Joe Faring

TIME: Tues. & Thurs. 7:00 - 10:00 p.m.

LENGTH OF COURSE: 4 classes

FEE: \$17, includes kit.

C8 BEGINNERS FRENCH CONVERSATION - Part 2

Instructor will use filmstrips, tapes and work sheets from the 'Voix et Images' program to help students improve their oral and written skills. A challenging course for people who have an elementary knowledge of French. For new students or those who were enrolled in Sept. Beginners French class.

LOCATION: M.E.S.S. - Room 212 DATES: Jan. 15 - March 18

INSTRUCTOR: Fay Peraya - 632-7566

TIME: Tues, 7:30 - 9:30 p.m.

LENGTH OF COURSE: 10 weeks FEE: \$21.00, plus text.

C9 FRENCH CONVERSATION - ADVANCED

A continuation of first semester French class. New students welcome, Please contact the instructor directly to determine if you should join the Beginners or Advanced level. A challenge for those who want to become fluent in Canada's second official language.

LOCATION: M.E.S.S. - Room 212

INSTRUCTOR: Fay Peraya - 632-7566

DATES: Jan. 17 - March 20

TIME: Thurs. 7:30 - 9:30 p.m.

LENGTH: 10 weeks

FEE: \$21, plus texts.

CIO WILLS AND ESTATES

Why make a will? What happens if you die without one? How to make a will; special problems and clauses; probation or administration of an estate. Listen to the law and the implications for you and your family. Information booklet provided. Limited registration.

LOCATION: M.E.S.S. - Room 120

INSTRUCTOR: Rick Wozney TIME: Monday 7:00 - 9:00 p.m.

DATES: Jan. 21 only LENGTH OF COURSE: 1 evening

FEE: Free of charge

Pre-registration required.

C11 IMMIGRATION PROCEDURES

Bill Hoogerdyke, a representative of the Canadian Immigration Office, will host a public lecture in Kitimat. Topics to be covered include: The New Immigration Act; Temporary or Permanent Entry into Canada; acquiring Landed Immigrant Status; appeals and sponsorships.

LOCATION: M.E.S.S.

DATE: Wed. Jan. 16 7:30 p.m.

FEE: Free, but please pre-register

(to be confirmed)

by calling 632-4766.

or Feb. 20 (alternate date).

C12 CONSUMER AFFAIRS SEMINAR

A representative of the Federal Consumer Affairs Office will be the host of a public information meeting, to inform residents of their rights and responsibilities under Federal Consumer legislation. Slide presentation and discussion on topics such as - Product and Food safety, patents, consumer fraud, packaging and labelling.

LOCATION: M.E.S.S.

HOST: Consumer Affairs, Canada.

DATE: Feb. 5 only

TIME: Tuesday 7:00 p.m.

LENGTH OF COURSE I evening

FEE: No charge, but please pre-register by calling 632-4766

C13 MINI-MARKETPLACE: HAZARDOUS PRODUCTS.

How can we be sure products on store shelves are safe? What standard does the Consumer Branch use to determine safety for cribs, car seats and toys? What about other potentially hazardous products? Join a representative of the Federal Consumer Branch for answers to these questions and others.

LOCATION: M.E.S.S.

HOST: Consumer Affairs, Canada TIME: Wednesday 7:00 p.m.

DATE: Feb. 6 only LENGTH OF COURSE: 1 evening

FEE: No charge, but please pre-register by calling 632-4766

C14 INCOME TAX BRUSH-UP

This one evening seminar is a general introduction to your income tax return. General information will be provided on exemptions and correct completion of forms and submission of documents.

LOCATION: M.E.S.S. DATES: T.B.A. (late Feb.)

LENGTH: 1 evening only

INSTRUCTOR: Carlyle Shepherd & Co.

TIME: 7:00 p.m. Monday

FEE: \$1.00. Please pre-register.

C15 PAINTING WORKSHOP WITH SAM BLACK

The Emily Carr Outreach Committee is pleased to announce that Sam Black. Canadian artist and educator, retired UBC art professor, will be coming to Kitimat for a special weekend Painting Workshop. Participants may work in the medium of their own choice: Water colours, acrylics or oils, Students will be encouraged to develop their own strengths, to explore and expand personal artistic possibilities and to enjoy artistic expression. A qualified workshop for northern residents. Intermediate level.

Feb. 22, Friday evening, 7:30 - 9:30 p.m. at M.E.S.S. there will be a free public lecture for registered students and other interested persons. Slide presentation: "The Artist as Painter and Printmaker: a personal View".

Feb. 23-24, Sat. and Sunday 9:00 a.m. - 5 p.m. at M.E.S.S. Art room, there will be a workshop for registered students only. Please bring your own art supplies.

C16 PAINTING WORKSHOP WITH ANNE BARRY

Anne Barry, artist-teacher who was recently in Kitimat with the Printmobile, will be returning to our community to host a weekend painting workshop for students who wish to examine and improve their artistic ability in oils and watercolours. There will be instruction and demonstration of various painting techniques and styles.

FEE: \$20.00 — Limit 15 students. DATES: March 14 - 16

FEE: \$20 - Enrolment limited to 15.

Sponsored by Emily Carr Outreach INSTRUCTOR: Anne Barry, Toronto

Program and N.W.C.C.

TIMES: Friday 7:00 - 10:00 p.m.

LOCATION: M.E.S.S.

Sat. & Sun. 9:00 - 5:00 p.m.

C17 WEEKEND WORKSHOP IN PHOTOGRAPHIC EXPRESSION

The Emily Carr Outreach Committee is sponsoring photographer Randy Brodley for a unique workshop.

An introduction to the history, aesthetics and vision of photography. Designed to promote individual growth. Students should have some basic knowledge of camera operation, film exposure and developing, and print production. Students may expect a 1/2 day field trip for individual and group projects to tax imagination and intellect. Includes viewing and discussion of historical and contemporary photographic work.

FEE: \$20.00 - Limit 15 students.

April 25 - Friday evening - free public lecture at 7:30 p.m. Artist will show and discuss examples of his work. He will discuss photography as an art form. Open to registered students and interested members of the public.

April 26-27 Critique of students work, technical lecture, demonstration, field excursion. Students require 2 rolls Kodak Panatomic X black and white film, exposure meter, tripod, selection of existing work (slides or prints)

C18 EMILY CARR WORKSHOPS IN TERRACE

- a) Pin hole Camera Workshop with Lynn Vardeman Jah. 25 - 27. Caledonia Sr. Sec. School. FEE: \$20 - Limit 15 students.
- b) Woodblock printmaking with Ron Eckert March 7-9, N.W.C.C. Terrace. FEE: \$20.00 - Limit 12 students. Pre-register through Terrace or Kitimat office.

C19 PRINTMAKING - INTRODUCTION TO INTAGLIO

Survey of traditional and contemporary techniques of drypoint, etching, aquatint, engraving and collagraph. Step-by-step instruction for beginners and opportunity to develop for students with experience in intaglia. Emphasis on basic processes of working the plate, printing and presentation. Maximum 10 students.

LOCATION: M.E.S.S. - Room 126

DATES: Jan. 28 - Feb. 18

LENGTH OF COURSE: 4 classes

INSTRUCTOR: Martin Honisch TIMES: Mon. 7:00 - 10:00 p.m.

FEE: \$13.00, plus approx. \$10 for material

C20 PRINTMAKING - INTRODUCTION TO RELIEF PRINTING

Exploration of black-and-white and multicolour techniques in lino cut and wood cut. Development of an image through several "states". Polychromatic printing techniques such as cut-again, multi-block and jig-saw. Maximum 10 students.

LOCATION: M.E.S.S. - Room 126

DATES: March 3 - March 24

LENGTH OF COURSE: 4 classes

INSTRUCTOR: Martin Honisch TIMES: Monday 7:00 - 10:00 p.m.

FEE: \$13.00, plus approx. \$10 for materials

C21 PRINTMAKING — INTRODUCTION TO SILKSCREENING

Fundamentals of stencil printing process. Step-by-step instruction for beginners as well as guidance for students interested in advanced work. Exploration of paper-cutting and stencil-cutting methods. Maximum 10 students.

LOCATION: M.E.S.S. - Room 126 INSTRUCTOR: Martin Honisch

DATES: April 14 - May 5

LENGTH OF COURSE: 4 classes

TIMES: Monday 7:00 - 10:00 p.m.

FEE: \$13.00, plus approx. \$10 for materials.

C22 HYPOTHERMIA AND BASIC WILDERNESS SURVIVAL

This one night workshop is a necessity for any outdoors man or woman who wants to ensure safe treks in the woods, or on the chuck. Instructor will explain the causes of, prevention and treatment of hypothermia, stressing the early warning signs. In addition, basic wilderness survival techniques, with a minimum of equipment will be discussed. Pre-registration requested.

LOCATION: M.E.S.S. DATES: Feb. 5 only

INSTRUCTOR: Steve Stevenson TIMES: Tuesday, 7:00 - 9:30 p.m.

LENGTH OF COURSE: 1 evening

FEE: \$1.00 Pre-registration required.

C23 YOU AND YOUR CHILD

This is a practical parenting program based upon the popular S.T.E.P. (Systematic Training for Effective Parenting) program. 18 hours of classroom involvement and aroup discussions will help parents to become active listeners; communicate with their children; understand why children are the way they are; and set goals and objectives for better family relations. Organized with the cooperation of Kitimat Mental Health Association.

LOCATION: M.E.S.S. - Room 112 INSTRUCTOR: Shelly Shannon - 632-7533

DATES: Jan. 21 - March 17

TIMES: Mondays 7:00 - 9:00 p.m.

LENGTH OF COURSE: 9 weeks FEE: \$8 single

\$10 per couple (includes text).

C24 EFFECTIVE COMMUNICATION

A 2-part workshop to help the participant understand the basics of communication; how to listen accurately and responsively, and how to express oneself clearly and effectively. Practice communication which could be helpful to you in home or work situations.

LOCATION: M.E.S.S. DATES: Feb. 5 & 12

instructor: Sara Collinson TIME: Tuesday 7:00 - 9:30 p.m. FEE: \$1.00. Please pre-register.

LENGTH OF COURSE: 2 classes

C25 VETERINARY FIRST AID

Learn to recognize and deal with emergencies for household animals. Topics will include general pet care, common animal problems, recognition of symptoms, parasites and first aid treatment for your pet in an emergency.

LOCATION: Parkside Veterinary Clinic, Kitimat

LENGTH OF COURSE: 4 classes INSTRUCTOR: Dr. Elorza, Vet. TIMES: Wed. 7:30 - 9:30 p.m.

DATES: Late March. Dates to be announced

FEE: \$13.00

C26 NUTRITION, EXERCISE AND RELAXATION FOR DAILY LIVING

Becoming aware of what you eat and why you eat, will be the emphasis of the first part of workshop. Second session will deal with proper maintenance of your body, giving you a chance to assess the state your body is in and to

practice appropriate tune-up methods. Session three will focus on thoughts accompanying states of stress, and participants will learn techniques for stress reduction. This workshop emphasizes "doing" rather than being a passive observer.

LOCATION: M.E.S.S. - Room 131 DATES: Feb. 27 - March 12

LENGTH OF COURSE: 3 weeks

INSTRUCTOR: Andre Klingner 635-4671 or 632-6511

TIMES: Wed. 7:00 - 9:00 p.m.

FEE: \$6.00

C27 ADULT BEGINNER BAND

A class for adults who have never played in a band, but would like to learn! No experience or previous musical knowledge necessary. Interested persons should contact Mike prior to first class for information about instrument rental or purchase, and instruction book. All welcome.

LOCATION: M.E.S.S. - Room 509 DATES: Jan. 16 - May/ June LENGTH: Approx. 4 months

INSTRUCTOR: Mike Eddy, Band Master Ph. 632-5250 Day or 632-6174 Evening TIMES: Wednesday 7:00 - 8:00 p.m. FEE: No cost, but please pre-register.

C28 COMMUNITY BAND

Open to any member of the community who has proficiency on a band instrument. Music will be from the Concert Band Literature - ranging from popular to traditional and classical. The difficulty of the music will be geared to the ability of the group. We will be starting out with very simple music to help people get back at it easily, and then will progress to more interesting music as the ability is increased. The primary aim is to play for enjoyment, but with the ultimate purpose being public performance. If you are interested, or have any questions, please contact Mike Eddy, 632-6174 at work, or 632-5250 at home.

LOCATION: M.E.S.S. - Room 509 DATES: Jan. 16 - May/ June. LENGTH: Approx. 4 months.

INSTRUCTOR: Mike Eddy, Band Master 632-5250 or 632-6174

TIMES: Wednesday 8:00 - 9:00 p.m. FEE: No cost, but please pre-register.



TURN BACK TO THE COURSE THAT INTERESTED YOU THE MOST

MIOL TON YHW THIS WEEK?