A L L 1 9 8 0

Northwest Community College

**SMITHERS** 847-4461

TURN OVER FOR HOUSTON

## INDEX

# **SMITHERS**

ACADEMIC	Mixed Choir 18
Criminology (self study)6	Recorder Lessons (Beginning) 17
Finite Math (Math 130) 6	PROFESSIONAL DEVELOPMENT
Women in Literature	Children's Hospital Diagnostic Centre
(English 224) 6	Workshop
ADULT BASIC EDUCATION	Financial Management for B.C. Cattle-
English, Math, and Science	men - Course II
Upgrading3	Financial Management for B.C. Dairy-
English and Math (Level 1)4	men 8
English for Trades	RECREATION
Grade 12 Equivalency Preparation 3	Cross Country Skiing 21
Math for Trades 4	Get Fit 21
Preparation for Motor Vehicle	Keep Fit 22
Written Exams 5	Keep Fit with Dance21
Spoken English5	Ladies Keep Fit22
	Round Dancing21
ARTS/CRAFTS/HOBBIES	Weight Training for Women
Art for Young People19	and Men 22
Cake Decorating20	SELF RELIANCE
Ceramics Show and Talk18	Cabinet Construction for
Ceramics (handbuilding & wheel	Beginners13
throwing) 18	CPR - Heartsaver12
How to Draw19	Designing Home Interiors I
Off Loom Weaving 20	Know Your Car12
Photography, Basic	Planning your Home to Conserve
Photography Techniques	Energy12
Sewing20	Safety Oriented First Aid (SOFA) 11
Water Colour and Printmaking	TECHNICAL
Show and Talk18  GENERAL INTEREST	Communication Skills (HSW 151) 6
Astrology, introduction to	Early Childhood Education
Children's Hospital Diagnostic	(ECE 122) 7
Centre Workshop14	Human Service Worker Program 7
C.O.R.E15	VOCATIONAL
Defensive Driving14	Airbrakes10
German conversation - beginning 15	Bookkeeping (Accounting I)9
Local Government, Your13	Bookkeeping (Accounting II)9
Mosses, Liverworts, and Lichens 15	Homemaker's Training Program 8
Parenting in Today's World 14	Medical Terminology (self study) 10
Public Interest Advocacy Training 13	Office Procedures10
Scrutineering Technique14	Retail Sales Training 8
Selection and Care of Dogs15	Safe Use of Explosives
Shiatsu16	(Advanced)11
Total Beauty for Teens16	Safe Use of Explosives
Total Beauty for Women17	(Beginning)11
MUSIC	Survival First Ald
Classical Guitar18	Typing (Beginning)9
Beneral Guitar (Level 1)17	Typing (Intermediate and
General Guitar (Level 2)17	Advanced)9
Drawings by Jo-Anne Rebinsky	

Drawings by Jo-Anne Rebinsky
Printing by Country-Wide Printing, Houston
Typesetting by Hunter's Advertising, Houston

# Registration

PRE-REGISTRATION IS IMPORTANT FOR ALL COURSES. IF WE DO NOT KNOW YOU ARE COMING, WE MAY CANCEL YOUR COURSE BECAUSE WE THINK THERE WILL NOT BE SUFFICIENT ENROLLMENT.

# THREE WAYS TO REGISTER

- 1. Come into the Smithers College Centre
  1070 Main St. (corner of Main & Alfred)
  Office hours 8:30 4:30, Mon. Fri.
- 2. Phone 847-4461, 8:30 4:30, Mon. Fri.
- 3. Mail in the Registration Form.

CLASS LIMITS - Some courses can only accommodate a limited number of people. Your place in these courses can only be held by preregistering and pre-paying your fee.

#### MAIL IN REGISTRATION

Total years and a second day of a second day o	
NOTE: Please confirm by phone availability of space in courses WITH CLASS LIMITS before mailing registration fees.	
NAME	HOME PHONE
MAILING ADDRESS	WORK PHONE
I wish to register for the following courses:	
1	FEE
2	FEE
3	, FEE
	TOTAL = \$
Please make cheque or money order payable to Northwest Community College.	
Signature	

Mail to: NORTHWEST COMMUNITY COLLEGE BOX 3606, SMITHERS, B.C. VOJ 2NO

# IMPORTANT INFORMATION

FEES for courses that do not have class limits must be paid by the 2nd class of the course. People are welcome to sample first classes of non-limited long courses. Fees for courses that have class limits must be prepaid to ensure your place. Registration is free of charge to Senior Citizens but material costs, where applicable, still apply. Receipts totalling over \$25.00 are income tax deductible. Please retain fee receipts.

**REFUNDS** - A complete refund is made only when a course is cancelled. A percentage refund is made when students must withdraw from a course because of special circumstances. A no refund policy is imposed on a few courses that can only accommodate limited numbers and are heavily demanded. The College reserves the right to change fees without notice, to limit registrations in any program or to cancel or revise any of the courses listed.

MOTHERS - Please note that babysitting can be arranged through a co-operative exchange with other mothers. Phone the Smithers Volunteer Bureau, 847-9515 for further information.

SHIFTY COURSES - The course content is straight but the scheduling is flexible to allow shift workers to participate. Watch for courses that show both day and evening classes. You may attend the day sessions when you are working evenings and then change to the evening sessions when you are working days.



**COUNSELLING** - The College Counsellor visits Smithers on the first Wednesday afternoon and Thursday morning of each month. He is available to both secondary students and adults to discuss any questions they may have regarding further education or career plans. Phone the College Centre at 847-4461 to arrange an appointment.

SMITHERS ROTARY ANNS BURSARY FUND A fund of \$400.00 has been established by Smithers Rotary Anns to assist full-time or part-time mature women students of the College during 1980-81. Preference will be given to single parents who require financial assistance for child care and/or transportation expenses to attend classes and who wish to enroll in courses offered in Smithers. Application deadline is September 15. Application forms are available at the College Centre.

**LEARNING RESOURCE MATERIALS** - Northwest Community College Library and Resource Materials are catalogued in the Smithers College Centre and may be ordered by students. Microfiche listings of the Learning Resource Centres of other B.C. post-secondary institutions are also available in the Smithers College Centre. Books and periodical articles may be ordered.

# **SMITHERS**

# **ADULT BASIC EDUCATION**

# ENGLISH, MATH, & SCIENCE UPGRADING MORNING, AFTERNOON OR EVENING

For adults who did not complete secondary school these concentrated courses will allow them to acquire the necessary skills to gain grade 10 or grade 12 standing for entrance into vocational or trades training in the shortest possible time. Adults work on individualized programs tailored to their goals. Each student begins at his own level and works at his own speed. College certificates are awarded for successful completion of Level 2 (grade 8), Level 3 (grade 10) and Level 4 (grade 12). You may enroll at any time as space permits and attend all-day, morning, afternoon, or evening classes.

FULL TIME COURSE: Mon. - Fri.,

9 a.m. - 4:30 p.m.

(Canada Employment Sponsorship available for full-time course)

MORNING COURSE: Mon. - Fri.,

9 a.m. - 12:30 p.m.

AFTERNOON COURSE: Mon. - Fri., 1:00 - 4:30 p.m.

EVENING COURSE: Mon. & Wed.,

7 - 9 p.m.

DATES: Oct. 6 - April 30

INSTRUCTORS: Alec Deas & John Young

2x+3y=32(xy)-6  $\sqrt{12} \div 2x=-24$ 

PLACE: College Centre FEE: \$15.00 per month

Shift workers - Please note that you may alternate between Adult Basic Education day and evening classes to suit your work schedule.

# GRADE 12 EQUIVALENCY PREPARATION MORNING, AFTERNOON OR EVENING

For adults who did not complete secondary school and wish to acquire a Ministry of Education Grade 12 Equivalency Certificate under the General Education Development Programme. Adults are required to pass five tests: English Literature, English grammar, science, social studies, and mathematics. A GED testing session will be held in Smithers in December. These classes will help you to prepare for the tests. You may enroll at any time as space permits and attend morning, afternoon, or evening classes.

MORNING COURSE: Mon. - Fri., 9 a.m. - 12:30 p.m. AFTERNOON COURSE: Mon. - Fri., 1 - 4:30 p.m. EVENING COURSE: Mon. - Wed., 7 - 9 p.m.

DATES: Oct. 6 - April 30

INSTRUCTORS: Alec Deas & John Young

PLACE: College Centre FEE: \$15.00 per month

G.E.D. Examinations will be held on Dec. 12 & 13 in Smithers. Applications are available at the College Centre. Application must be made by November 11.

#### **ENGLISH AND MATH LEVEL 1**

For adults who wish to learn basic reading, writing and arithmetic skills. They will work on individualized programs designed to meet their needs. Each student begins at his own level and works at his own speed.

TIME: Mon. & Wed., 7 - 9 p.m. PLACE: College Centre INSTRUCTOR: John Young DATES: Oct. 6 - April 30 FEE: \$15.00 per month



#### **MATH FOR TRADES**

## MORNING, AFTERNOON OR EVENING

Applied Mathematics for those taking pre-apprenticeship or apprenticeship training. Courses and texts are designed for each particular trade so that students need to learn only the mathematical skills required for the trade they are entering. You may enroll at any time as space permits and attend morning, afternoon or evening classes. (Shift workers may alternate).

MORNING COURSE: Mon. - Fri.,

9 a.m. - 12:30 p.m.

AFTERNOON COURSE: Mon. - Fri... 1 - 4:30 p.m.

EVENING COURSE: Mon. - Wed.,

DATES: Oct. 6 - April 30

**INSTRUCTORS: Alec Deas &** 

John Young

PLACE: College Centre

FEE: \$15.00 per month

7 - 9 p.m.

# **ENGLISH FOR TRADES**

# MORNING, AFTERNOON OR EVENING

Applied English for those taking pre-apprenticeship or apprenticeship training. Courses and texts are designed for each particular trade so that students need to learn only the communication skills required for the trade they are entering. You may enroll at any time as space permits and attend morning, afternoon or evening classes. (Shift workers may alternate).

MORNING COURSE: Mon. - Frl.,

9 a.m. - 12:30 p.m.

AFTERNOON COURSE: Mon. - Frl.,

1 - 4:30 p.m.

EVENING COURSE: Mon. - Wed... 7 - 9 p.m.

DATES: Oct. 6 - April 30

**INSTRUCTORS: Alec Deas &** 

John Young

PLACE: College Centre

FEE: \$15.00 per month

S-4

#### SPOKEN ENGLISH

## MORNING, AFTERNOON OR EVENING

Beginning and advanced classes for foreign-born students who wish to learn to speak English fluently. Reading and writing skills are also taught. If you know someone who could benefit from this course please pass the word along.

FULL TIME COURSE: Mon. - Fri., 9 a.m. - 4:30 p.m. (Canada Employment Sponsorship available for fulltime course)

MORNING COURSE: Mon. - Fri., 9 a.m. - 12:30 p.m. AFTERNOON COURSE: Mon. - Fri., 1 - 4:30 p.m.EVEN-EVENING COURSE: Beginners - Mon. & Wed., 7 - 9 p.m. Advanced - Tues. & Thurs., 7 - 9 p.m.

INSTRUCTORS: Mary Ann Tlerney and Anjali Agarwal PLACE: College Centre

DATES: Sept. 8 - April 30

NO FEE

# PREPARATION FOR MOTOR VEHICLE WRITTEN EXAM AFTERNOON OR EVENING

Assistance to foreign-born students to understand and express sufficient English to successfully complete the written examination required to operate a motor vehicle in B.C. If you know someone who can benefit from this course, please pass the word along.

TIME: Tues. & Thurs., 2 - 3 p.m.

OR 8 - 9 p.m.

INSTRUCTORS: Anjall Agarwal and

Mary Ann Tierney

DATES: Oct. 7 - April 30

NO FEE

PLACE: College Centre

# **Academic Program**

# DO YOU KNOW...

- that we offer a variety of first and second year university courses in Smithers?
- that you can obtain transfer credit to the three B.C. universities by taking these courses?
- that you can study these courses part-time and continue working in your own community?
- that we particularly welcome those of you who may have been out of formal schooling for quite some time?
- that you don't have to have a grade 12 education to attend?
- that tuition fees are low (\$25.50 for a course) and that no fees are charged to senior citizens?
- that you may take a course just for interest and determine your own workload?
- and that our library (with audio-visual services and a local history information bank) is open to all residents of the community?

# FINITE MATH (MATH 130)

**EVENING** 

A course designed for those who need a science/math elective and who are planning to take courses in economics, business, sociology, political science, psychology, or biology. This course will also prepare the student for more specialized courses in the social sciences such as statistics and econometrics. Topics will include: linear equations, linear programming, matrices, set theory, probability combinations. Prerequisite: Algebra 11 or equivalent. Carries university transfer credit.

TIME: Wed., 7 - 10 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Norm Webster 1ST CLASS: Sept. 17 NO. OF SESSIONS: 15

FEE: \$25.50 plus text

Academic courses may be audited for general interest or may be taken for university transfer credit.

# **WOMEN IN LITERATURE (ENGLISH 224)**

EVENING

An investigative reading course in which fiction written by women will be examined from a feminist perspective. Discussions will employ techniques of literary criticism to establish themes and stylistic patterns developed by women. Will survey selections from the 14th century to the present. No prerequisite. Carries university transfer credit.

TIME: Thurs., 7 - 10 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Maureen Bostock 1ST CLASS: Sept. 18

NO. OF SESSIONS: 15

FEE: \$25.50 plus texts

# CRIMINOLOGY (GENERAL CERTIFICATE PROGRAM)

**SELF STUDY** 

A certificate degree program in criminology is offered by Simon Fraser University through correspondence courses. A variety of university transfer courses in philosophy, sociology, and psychology may be taken through N.W.C.C. and applied towards this certification. Ask your College Centre for further information.

Bursaries for individual course fees are available from the Faculty Union. Please contact your instructor or the Academic Division (Terrace 635-6511).

# **Technical**

# **COMMUNICATION SKILLS (HSW 151)**

**EVENING** 

The basics of communication in interpersonal relationships, especially in terms of helping relationships. Effective communication is seen as an essential foundation to the helping process. Key aspects studied in the course include: attending, responding, empathy, sincerity, respect, concreteness, immediacy, feedback, confronta-

tion, self-disclosure and non-verbal communication. Carries credit towards Human Service Worker Diploma.

TIME: Mon., 7 - 10 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Margot Lakoduk

1ST CLASS: Sept. 15 NO. OF SESSIONS: 15 FEE: \$25.50 plus text

HUMAN SERVICE WORKER PROGRAM
The Human Service Worker (HSW) Program is
directed at those people who wish to obtain
training and skills in the social service fields.
This training includes university transfer
courses and special courses to prepare the
student to work as a paraprofessional in the
field of helping and caring for people with different needs. While the full-time program is
available at the Terrace Campus, part-time
courses are offered at other College campuses.

# **EARLY CHILDHOOD EDUCATION (ECE 122)**

A continuation of the curriculum elements taught in ECE 102 with an emphasis in the curriculum areas of music, science and social studies. Prerequisite: ECE 102 or permission of the instructor. Carries credit towards ECE certification.

TIME: Tues., 7 - 10 p.m.

PLACE: Smithers Senior Secondary

INSTRUCTOR: Kathy Whipp

1ST CLASS: Sept. 16 NO. OF SESSIONS: 15 FEE: \$25.50 plus text



# **Professional Development**

# CHILDREN'S HOSPITAL DIAGNOSTIC CENTRE WORKSHOP

AFTERNOON AND EVENING

**EVENING** 

For community professionals and paraprofessionals (public health, social workers, nurses, doctors, teachers, and child-care workers). A team (pediatrician, psychologist and social worker) from the Vancouver Children's Hospital Diagnostic centre will present information on utilizing the services of the Diagnostic Centre for Special-needs Children. Discussion will focus on improving communication and in-

tegrated service between local community organizations and the Diagnostic Centre.

TIME: Wed., 3:30 - 9:30 p.m. with dinner break

PLACE: College Centre

INSTRUCTOR: Dr. Dorgelo & Diagnostic Centre Team

DATE: Oct. 15

NO. OF SESSIONS: 1

FEE: \$12.00

## FINANCIAL MANAGEMENT FOR DAIRYMEN

WEEKDAY

For dairymen and their wives, includes investment for profit, proper handling of cash, tax management, estate planning, financial statements, borrowing funds and what production factors will affect financial success. Co-sponsored with B.C. Financial Management Project, Ministry of Agriculture. Class limit 20. Pre-register!

TIME: Mon., Tues., Wed., & Thurs.

10 a.m. - 4 p.m.

PLACE: College Centre INSTRUCTORS FROM: B.C. Financial

Management Project

DATES: Nov. 24 - 27 NO. OF SESSIONS: 4

FEE: \$12.00

FINANCIAL MANAGEMENT FOR B.C. CATTLEMEN - COURSE II

WEEKDAY

DAY

A continuation of Course I offered last winter will be held Feb. 24 - 27 at the College Centre.

# **Vocational**

## **RETAIL SALES TRAINING**

Basic training will cover professional ethics, personal appearance and grooming, personality and attitudes, salesmanship, personnel relations, cashiering, display and housekeeping, stock control and records, complaints and adjustments, safety, handling customers, security and liability and telephone courtesy. For those with or without sales experience who would like employment in local stores. Class limit 16. Pre-register!

TIME: 8:30 a.m. - 4 p.m. PLACE: College Centre -INSTRUCTOR: Bey Davidson

DATES: Oct. 14 - 24 NO. OF SESSIONS: 10

FEE: \$15.00

## **HOMEMAKER'S TRAINING PROGRAM**

DAYTIME

Designed for those who wish to work as professional homemakers. Topics will include an overview of the Homemaker Service, responsibilities and role of a trained homemaker, personal care, nutrition, home safety, first aid, home management, community services, child care and home nursing. Canada Employment Sponsorship available. Class limit 16.

TIME: Mon. - Frl., 8:30 a.m.

- 4 p.m.

PLACE: College Centre INSTRUCTOR: Marie Parker DATES: Sept. 8 - Dec. 5 FULL TIME - 13 week course

FEE: \$50.00 plus text

# **TYPING (BEGINNING)**

**EVENING** 

Provides instruction for students who have not mastered the typewriter keyboard and is a prerequisite to college certificate typing courses. Students should have access to typewriter for practice homework. Class limit 16. Pre-register!

TIME: Mon., 7:30 - 9:30 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Diane Calhoun

1ST CLASS: Sept. 15

NO. OF SESSIONS: 13 FEE: \$26.00 plus text

## TYPING (INTERMEDIATE AND ADVANCED)

**EVENING** 

Students progress through a series of assignments designed to improve speed with accuracy and master typing of letters, forms, reports, tables and other business communication. Prerequisite is basic keyboard skill. The availability of a typewriter for home practice and completion of assignments is helpful. Successful completion carries credit towards a Northwest College Business Certificate. Class limit 16. Preregister!

TIME: Tues., 7:30 - 9:30 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Diane Calhoun

1ST CLASS: Sept. 16 NO. OF SESSIONS: 13 FEE: \$26.00 plus text

## **BOOKKEEPING (ACCOUNTING I)**

**EVENING** 

An introductory course into the fundamentals of bookkeeping. Routine profit and loss, balance sheets and payroll calculation are included. Home assignments required (5 - 7 hours weekly). Completion of this course carries credit towards a Northwest College Business Certificate. Class limit 16. Pre-register!

TIME: Tues. & Thurs., 7 - 9 p.m. PLACE: Smithers Senior Secondary NO. OF SESSIONS: 20 INSTRUCTOR: Bey Davidson

1ST CLASS: Sept. 23

FEE: \$40.00 plus text



#### **BOOKKEEPING (ACCOUNTING II)**

**EVENING** 

An advanced course dealing with cash receipts, cash payments, banking, inventory and the full accounting cycle. Home assignments required (5 - 7 hours weekly). Completion of this course carries credit towards a Northwest College Business Certificate. Prerequisite Accounting I or permission of the instructor. Class limit 16. Preregister!

TIME: Mon. & Wed., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Terrie McCreary 1ST CLASS: Sept. 22 NO. OF SESSIONS: 20 FEE: \$40.00 plus text

## **OFFICE PROCEDURES**

**EVENING** 

Essential training for those seeking stenographic, receptionist or secretarial positions. The course covers general procedures used in all types of offices and is also of benefit to the employed who wish to develop their careers. Includes office standards and ethics, styles of business letters, stenographic and receptionist duties, postal service, banking procedures, transportation of goods and foreign trade, filling systems and procedures, business organization, purchasing and sales routines, correspondence and reports. Homework required (5 - 7 hours weekly). This module carries credit towards a Northwest College Business Certificate. Class limit 16. Preregister!

TIME: Wed., 7 - 10 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Bev Davidson 1ST CLASS; Sept. 24 NO. OF SESSIONS: 13 FEE: \$40.00 plus text

A 5 month full-time Business Office Training Program will begin in Smithers in February. Canada Employment sponsorship available. Class limit 18.

#### **MEDICAL TERMINOLOGY**

**SELF STUDY** 

A self study course to assist health care receptionists and stenographers to understand and spell medical terms. Includes practice in preparing medical reports, case histories, and correspondence. Self study text and audio-casette tapes. Tests may be completed in Smithers but students should spend one or two days at the Terrace campus near the completion of the course.

FEE: \$40.00 per semester plus text

## **AIRBRAKES**

**EVENING** 

Prepares drivers for a written and practical test on the operation and maintenance of airbrake systems for either on-highway or off-highway vehicles. Those taking off-highway exams will be required to pay a \$5.00 examination fee to the Department of Transport. This course can also include young persons who wish to drive airequipped vehicles. Successful completion will give an air endorsement on the person's license. Class limit 16. Pre-register!

TIME: Tues. - Fri, 6:30 - 10:30 p.m. & Sat., 9:30 a.m. - noon INSTRUCTOR: Bud Hallock DATES: Nov. 18 - 22 NO. OF SESSIONS: 5 FEE: \$32.00

# SAFE USE OF EXPLOSIVES (BEGINNING) SATURDAY

A six-hour workshop with 4 hours in classroom and 2 hours field demonstration will identify explosives, their hazards and uses. Will include proper techniques for using explosives, legal requirements and new types of explosives. It will provide background material for those wishing to apply for blasting certificates. A must for stump farmers. **Pre-register!** 

TIME: Sat., 8.30 - 3:30 p.m. PLACE: College Centre INSTRUCTOR: Brian Brown ATE: Sept. 20

DATE: Sept. 20 NO. OF SESSIONS: 1 FEE: \$10.00

# SAFE USE OF EXPLOSIVES (ADVANCED)

SATURDAY

Preparation to qualify for WCB blasting certificate. Includes information on electrical blasting calculations. Prerequisite: Safe Use of Explosives (beginning) and 6 months cumulative blasting experience. **Pre-register!** 

TIME: Sat., 8:30 - 12:30 p.m. PLACE: College Centre INSTRUCTOR: Brian Brown

DATE: Nov. 1 NO. OF SESSIONS: 1 FEE: \$8.00

#### SURVIVAL FIRST AID

SATURDAY

Designed by the Workers' Compensation Board to give the injured a better chance for survival pending the arrival of more qualified help and is requisite for employees in many industries. Basic techniques for coping with emergencies involving breathing, bleeding, unconsciousness, and crushed chests are taught. It is also a useful course for the outdoor recreationist. Successful students will receive a WCB Survival First Aid Certificate. Class limit 12. Pre-register!

TIME: Sat., 9 a.m. - 5 p.m. PLACE: College Centre INSTRUCTOR: Ray Garcia

DATE: Oct. 4 **OR** Nov. 1 NO. OF SESSIONS: 1 FEE: \$12.00

# **Self Reliance**

# SAFETY ORIENTED FIRST AID (SOFA)

WEEKEND

A one-day multi-media program of particular use to parents, teachers and child-care workers. Carries St. John Ambulance certification. Class limit 12. Pre-register!

TIME: Sat., 9 a.m. - 5 p.m. PLACE: College Centre INSTRUCTOR: from St. John Ambulance DATE: Sept. 27 NO. OF SESSIONS: 1 FEE: \$25.00

## C.P.R. - HEARTSAVER

SATURDAY

For anyone who has never had cardiopulmonary resuscitation (C.P.R.) instruction. Includes factors which help and hurt our hearts, signs and symptons of heart attack and choking, the technique of one-person CPR, the technique of managing a consclous or unconscious person who is choking. Class Limit 6. Pre-register!

TIME: Sat., 9 a.m. - 1 p.m. **OR** 2 p.m. - 6 p.m.

DATES: Sept. 27 OR Oct. 4 NO. OF SESSIONS: 1

FEE: \$15.00

PLACE: College Centre INSTRUCTOR: Elizabeth Weaver

**KNOW YOUR CAR** 

**EVENING** 

Basic things you should know about the operation of your vehicle and routine small repairs you can undertake to save money. Emergency repairs you should know how to handle. Classroom and shop work. For women and men.



TIME: Mon., 7:30 - 9:30 p.m.

PLACE: Smithers Senior Secondary

**INSTRUCTOR: Mark Hanley** 

1ST CLASS: Oct. 20 NO. OF SESSIONS: 5

FEE: \$11.00

#### **DESIGNING HOME INTERIORS I**

**EVENING** 

Attention will be given to space planning, use of materials, colour, lighting, accessories and decorating on a budget. Illustrated lectures, discussion, and work assignments used. This is a general interest course for homemakers. Those who wish a more intensive course for professional development can supplement the classes with guided independent study material.

TIME: Tues., 7 - 9 p.m. PLACE: College Centre **INSTRUCTOR:** Lise Karelis

1ST CLASS: Sept. 23 NO. OF SESSIONS: 8 FEE: \$19.00 plus study guide

#### PLANNING YOUR HOME TO CONSERVE ENERGY

**EVENING** 

Recognize and reduce heat and energy loss through efficient planning for new homes and treatment methods for better efficiency in old homes. Inexpensive ways to carry out energy functions in your home. Are alternate sources of energy (such as solar and wind power) feasible?

TIME: Tues., 7 - 10 p.m.

PLACE: Smithers Senior Secondary

**INSTRUCTOR: John Mintz** 

1ST CLASS: Oct. 21 NO. OF SESSIONS: 2

FEE: \$2.00

# **CABINET CONSTRUCTION FOR BEGINNERS**

Learn to use the table saw and other woodshop power tools by constructing a small plywood cabinet (e.g. bedside stand). Although the basic size and shape of each cabinet will be the same, the addition of shelves, drawers, or doors will allow each project to have individual design. Arrangement for materials and supplies will be made during the first class. Class limit 12. Prerealster!

TIMES & DATES: Sat. Nov. 1, 9 a.m. - 12 noon Nov. 8 & 15, 8 a.m. - 5 p.m.

PLACE: Chandler Park School **INSTRUCTOR:** Gary Buchfink

NO. OF SESSIONS: 3 FEE: \$30.00 plus materials

# General Interest

#### PUBLIC INTEREST ADVOCACY TRAINING

WEEKEND

SATURDAY

How to present your views confidently and effectively before boards, commissions and regulatory tribunals. Includes your rights as an intervener, how to present motions, prepare interrogatories, find and present expert witnesses, cross-examine other witnesses, how to preserve your right to appeal decisions of the tribunal, dealing with the media. Written materials, exercises, videotapes, and "mock hearings" will be used. For members of public interest groups. Class limit 30. Pre-register!

TIME: Fri., 7 - 10 p.m. Sat. & Sun., 9 - 4 p.m.

PLACE: College Centre INSTRUCTOR: Team from West Coast **Environmental Law** 

DATE: Sept. 26 - 28 NO. OF SESSIONS: 3 FEE: \$11.00

#### YOUR LOCAL GOVERNMENT

**EVENING** 

For all who are interested in their community and its municipal affairs these seminars will inform on the formation and theory of local government, the interrelation of community elements (such as the media and municipal government) and the practical application of municipal mechanisms. It will include politics at the grass roots level, personal conviction vs. public responsibility and the role of public pressure in local politics.



TIME: Tues., 7 - 10 p.m.

PLACE: Smithers Senior Secondary INSTRUCTORS: Theresa Kerin & Harry Kruisselbrink

DATES: Oct. 28 & Nov. 4 NO. OF SESSIONS: 2

FEE: \$9.00

## **SCRUTINEERING TECHNIQUE**

**EVENINGS** 

Candidates for positions in municipal, school board, provincial or federal elections should have scrutineers to protect their interests; but there is a lack of trained people. This non-partisan course will cover the purpose of scrutineering, protecting your candidate's interest, municipal, federal, and provincial election acts, poll procedures, ballot counting procedures and routes of appeal in case of questionable procedures.

TIME: Mon., 7 - 10 p.m.

DATE: Nov. 3

PLACE: Smithers Senior Secondary INSTRUCTOR: Joan Warmerdam

NO. OF SESSIONS: 1

FEE: \$3.00

#### CHILDREN'S HOSPITAL DIAGNOSTIC CENTRE WORKSHOP

**EVENING** 

For parents of children with Special Needs. A team (pediatrician, psychologist, and social worker) from the Vancouver Children's Hospital Diagnostic Centre will discuss the assessment and programming services they offer for children who may have physical, mental, or learning disabilities. All interested persons welcome.

TIME: Thurs., 8 - 10 p.m.

DATE: Oct. 16

PLACE: Smithers Senior Secondary INSTRUCTOR: Dr. Dorgelo & Diagnostic NO. OF SESSIONS: 1

FEE: \$2.00

Centre Team

#### PARENTING IN TODAY'S WORLD

**EVENING** 

Would you like to help your children become more responsible and co-operative? understand your children's behaviour and misbehaviour? communicate with your children more effectively? This course is for parents and others who want their relationships with children to be more satisfying.

TIME: Thurs., 7:30 - 9:30 p.m.

1ST CLASS: Oct. 2 NO. OF SESSIONS: 9

PLACE: College Centre

INSTRUCTORS: John & Flora Stokes

FEE: \$8.00

#### **DEFENSIVE DRIVING**

TIME: Mon., 7 - 9 p.m.

**EVENING** 

A must for all licensed drivers and those about to apply for their first license. Learn to drive defensively, cope with adverse road conditions and avoid accidents caused by other driver's mistakes. Canada Safety Course approved by B.C. Motor Vehicle Branch, DDC certificate awarded for successful completion. Expert instructor

trains annually at performance driving school in Germany. Teenagers welcome.

> 1ST CLASS: Sept. 15 NO. OF SESSIONS: 4 FEE: \$15.00

INSTRUCTOR: Don Beddows

PLACE: Smithers Senior Secondary

C.O.R.E. (CONSERVATION and OUTDOOR RECREATION EDUCATION) **EVENING** & SATURDAY

Developed by the B.C. Fish and Wildlife Branch, this course, successfully completed, qualifies applicants for their first hunting license and will also be of interest to hikers and other outdoor recreationists. It includes ecology, outdoor ethics, gun handling, and hunter safety, regulations, animal and bird identification, freshwater fish, survival and first aid. Class limit 20. Pre-register!

TIME: Mon. & Wed., 7:30 - 9:30 p.m.

Sat., 9 a.m. - noon

PLACE: Smithers Senior Secondary

1ST CLASS: Sept. 8 NO. OF SESSIONS: 9

INSTRUCTOR: Les Cox

FEE: \$21.00

## **MOSSES, LIVERWORTS AND LICHENS**

**EVENING & SUNDAY** 

Learn to identify and explore the intricate details of these beautiful non-flowering plants. The course will include the ecological and economic importance of each group and the use of lichens as a source of natural dyes. Classroom discussion with visual material and all day field trip.

TIME: Wed., 7:30 - 9:30 p.m. &

Sun., 9 a.m. - 5 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Rosamund Polar

DATES: Sept. 24, Oct. 1, Oct. 5

NO. OF SESSIONS: 3

FEE: \$13.00

# **SELECTION AND CARE OF DOGS**

**EVENING** 

To get the most out of your dog, it must be chosen to suit your purpose, personality, and lifestyle and trained towards your objectives and the capability of the breed. This short course offers expert advice on both selection and training.

TIME: Wed., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Bob Haslett

1ST CLASS: Oct. 8 NO. OF SESSIONS: 4

FEE: \$10.00

#### **GERMAN CONVERSATION - BEGINNING**

**EVENING** 

This basic course will help you to learn to communicate in German and will provide you with sufficient opportunities to learn how to continue learning and using German after you have completed the course.

TIME: Mon., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary **INSTRUCTOR:** Hans Faeh

1ST CLASS: Oct. 6 NO. OF SESSIONS: 10 FEE: \$22.00 plus text

A series of outstanding documentary films related to Canadian Literature. Will include Ladies and Gentlemen, Mr. Cohen, The Red Kite (Hugh Hood), Paddle to the Sea (Holling C. Holling), A Bird in the House (M. Lawrence), Baptising (Alice Munro), Lucy Laud Montgomery, Margaret Laurence, First Lady of Manawaka, and W.O. Mitchell. Co-sponsored with Smithers Public Library. Bring your lunch.

TIME: Wed., noon - 1 p.m. PLACE: College Centre

DATES: Oct. 8 - Nov. 19

FEE: Free

## SHIATSU ACUPRESSURE WORKSHOP

**EVENING** 

"Shiatsu" is a Japanese word, composed of "shi" (finger) and "atsu" (pressure) and is the name of a 4000-year-old Oriental touch technique, applied to basic acupuncture points and meridians, designed to promote the flow of Ki or vital Life Force. Done through the clothing, its revealing effect leaves one sensitive to energy force fields while sharpening perception and alleviating fatigue. Students will learn a full body technique in a technical course presentation and will leave with a practical ability to touch and inspire those around them. Class limit 20. Pre-register!

TIME: Mon. - Wed., 6:30 - 10:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Len Walker of North

DATES: Oct. 20 - 22 NO. OF SESSIONS: 3

FEE: \$40.00 American Shlatsu Society

# INTRODUCTION TO ASTROLOGY

SUNDAY

This workshop is for those who have little or no experience in Astrology and for those who have read a few books but find the subject confusing. There will be many explanations, complete with visual aids and keywords to simplify memorizing. A thorough understanding of the twelve basic principles will be gained through discussion and participation.

TIME: Sun., 9 a.m. - 4 p.m. PLACE: College Centre

INSTRUCTOR: Marilyn Waram (Terrace)

DATE: Nov. 2 NO. OF SESSIONS: 1 FEE: \$15.00

# **TOTAL BEAUTY FOR TEENS**

**EVENING** 

How to achieve co-ordinated make-up, hairstyles, fashions, poise and health that enhance your individuality. Skills and home remedies to fit your budget.

TIME: Thurs., 7 - 10 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Carol Mollerup

1ST CLASS: Oct. 9 FEE: \$13.00

NO. OF SESSIONS: 4

## **TOTAL BEAUTY FOR WOMEN**

How to achieve co-ordinated make-up, hairstyles, fashions, poise, and health that enhance your individuality. Healthy skin, good and garbage cosmetics, make-up application, shading and co-ordination with fashion and lighting and proper exercise for poise and health included. Bring bag lunch.

TIME: Mon. - Wed., 10 a.m. - 3 p.m.

PLACE: College Centre **INSTRUCTOR: Carol Mollerup**  DATES: Nov. 3 - 5 NO. OF SESSIONS: 3

FEE: \$16.00

# Music

# RECORDER LESSONS (BEGINNING)

**EVENING** 

The basic techniques of recorder playing, the history of the recorder and how to read music. On completion of this course, the student will be able to play most of the folksongs of any country as well as easy-to-intermediate pieces of "classical" music. A Soprano recorder (wood if possible) with baroque finger-

ing is required. Class limit 16. Pre-register!

TIME: Wed., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Hans Faeh

1ST CLASS: Oct. 8 NO. OF SESSIONS: 10

FEE: \$25.00

# GENERAL GUITAR (LEVEL 1)

**EVENING** 

**EVENING** 

A basic course dealing with sound principles, use of pick, notes, octaves, chords. chord patterns, rhythm, playing songs, timing and arranging. Bring your guitar to first lesson. If you do not own one ask for advice on selection. Not for classical students. Class limit 16. Pre-register!

TIME: Tues., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Bob Walker

1ST CLASS: Oct. 7 NO. OF SESSIONS: 9 FEE: \$20.00

# **GENERAL GUITAR (LEVEL 2)**

A continuation of the above course for those who have taken it or other basic guitar instruction. Class limit 16. Pre-register!

TIME: Wed., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary **INSTRUCTOR: Bob Walker** 

1ST CLASS: Oct. 8 NO. OF SESSIONS:

FEE: \$25.00

## **CLASSICAL GUITAR**

An evening course in Classical Guitar will be arranged. Register your interest and you will be informed of details of time, dates, and place,

## **MIXED CHOIR**

**EVENING** 

For everybody interested in singing classical music with a mixed choir. Male and female voices are needed. Previous musical knowledge is not required. Course will help to train the voice, to learn some sacred and secular choir music and to prepare a few pieces for a concert.

TIME: Thurs., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Hans Faeh

1ST CLASS: Oct. 9 NO. OF SESSIONS: 15 FEE: \$35.00

# Arts/Crafts/Hobbies

#### **CERAMICS SHOW AND TALK**

**EVENING** 

Walter Dexter, well-known ceramic artist, will present a slide show and talk on his own work and the pottery and sculpture of various countries in which he has worked and exhibited. Open to all interested persons at no charge. Co-sponsored with Emily Carr College of Art.

TIME: Frl., 7 - 10 p.m. PLACE: College Centre INSTRUCTOR: Walter Dexter (Victoria)

DATE: Sept. 26 NO. OF SESSIONS: 1 FEE: Free



# CERAMICS (HANDBUILDING AND WHEEL THROWING)

WEEKEND

Walter Dexter has had extensive experience in teaching clay building and firing, wheel throwing, hand building, Raku and pit firing, kiln building, glaze calculations and design. This workshop will be developed to meet the specific needs of the students. Co-sponsored with Emily Carr College of Art. Class limit 15. Pre-register!

TIME: Fri., 7 - 10 p.m. Sat. & Sun., 9 a.m. - 4 p.m. INSTRUCTOR: Walter Dexter (Victoria)

DATES: Sept. 26 - 28 NO. OF SESSIONS: 3 FEE: \$20.00 plus materials

# WATER-COLOUR AND PRINTMAKING SHOW AND TALK

**EVENING** 

A slide show and talk on the development of outstanding Canadian artist, Don Wright, his own work in water-colour and printmaking and its relation to the particular setting where he lives and works in Newfoundland. Reference will be made to

various ways of handling medium. Open to all interested persons at no charge. Cosponsored with Emily Carr College of Art.

TIME: Fri., 7 - 10 p.m. PLACE: College Centre INSTRUCTOR: Don Wright (Newfoundland)

DATE: Oct. 17 NO. OF SESSIONS: 1 FEE: Free

#### ART FOR YOUNG PEOPLE

WEEKEND

For students ages 9 - 13. A well-known Canadian artist/teacher will present a creative program in a variety of art activities, including drawing, painting and printmaking. The objective of this workshop will be to stimulate young people to develop their artistic expression. Most materials provided. Class limit 15. Co-sponsored with Emily Carr College of Art.

TIME: Sat. & Sun. 9 a.m. - 4 p.m. PLACE: College Centre INSTRUCTOR: Don Wright

DATES: Oct. 18 & 19 NO. OF SESSIONS: 2 FEE: \$20.00 plus materials

(Newfoundland)

## **HOW TO DRAW**

**EVENING** 

For beginners and those who wish to improve their technique. Includes construction of shape, perspective, proportion, composition, balance and design, texture and shading. Learning to draw well is important for all arts and crafts.

TIME: Thurs., 7:30 - 9:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Pat Hunter

1ST CLASS: Oct. 23 NO. OF SESSIONS: 10 FEE: \$21.00 plus materials

#### **BASIC PHOTOGRAPHY**

**EVENING** 

How cameras, films and different lenses work; care and maintenance of equipment, explanation of exposure, depth of field, film speed, lighting and composition will be covered. Techniques of night photography, time exposures, color correction, using filters and macro photography, also explained. Basic darkroom procedures and a practical demonstration on developing film and making prints included. If you don't have a camera, one can be supplied. Class limit 20. Pre-register!

TIME: Thurs., 8 - 10 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Bill Kent

1ST CLASS: Nov. 6 NO. OF SESSIONS: 5 FEE: \$15.00 plus 2 rolls B & W film

# PHOTOGRAPHY TECHNIQUES

**EVENING** 

For those who have taken basic photography or who have experience using a camera. Will include the zone system for obtaining consistently perfect exposures, picture composition and framing, some advanced dark room techniques, displaying, matting, and framing of pictures. Class limit 12. Pre-register!

TIME: Thurs., 8 - 10 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Mark Hanley

1ST CLASS: Nov. 6 NO. OF SESSIONS: 5

FEE: \$15.00 plus materials

#### OFF LOOM WEAVING

**EVENING** 

An introductory course that will include techniques in coil basketry, inkle weaving, frame weaving. Ideas for woven Christmas gifts and decorations. Use of colour and design in weaving. Equipment and some materials supplied by College. Class limit 12. Pre-register!

TIME: Mon., 7 - 9:30 p.m.

PLACE: Smithers Senior Secondary INSTRUCTOR: Daphne Moser

1ST CLASS: Sept. 22 NO. OF SESSIONS: 8

FEE: \$26.00 plus materials

**SEWING** EVENING

Designed for both beginning and experienced sewers. Beginning students should enroll for the complete program. Those with experience may attend one or more sessions that focus on the particular skill they wish to learn. In depth individual instruction.

Session 1 - Fully utilizing your machine; making its accessories work for you. Maintenance to keep repair costs down.

Session 2 - The right fabric for the style you choose, techniques you need to know to successfully use different fabrics; how to sew some of the new fabrics (e.g. velour); and fabric care.

Session 3 - Those finishing touches - seam finishes, use of interfacings, applying trims.

Session 4 - Zipper applications - centred, lapped, fly-front, and invisible.

Session 5 - Buttonholes - machine-made and bound.

Session 6 - How to alter patterns to fit your figure.

Session 7 - Collars, cuffs, and waistbands - different applications and methods.

Class limit 10. Pre-register!

TIME: Wed., 7 - 9:30 p.m.
PLACE: Smithers Senior Secondary
INSTRUCTOR: Karen Sanderson

1ST CLASS: Oct. 8 NO. OF SESSIONS: 7

FEE: Complete course: \$18,00 plus

materials

Single session; \$4.00

#### **CAKE DECORATING**

**EVENING** 

A practical course in decorating cakes for special events. Supplies included; students must purchase simple tools.

Class limit 16. Pre-register!

TIME: Tues., 7:30 - 9:30 p.m.
PLACE: Smithers Senior Secondary
INSTRUCTOR: Linda Anderlini

1ST CLASS: Oct. 7 NO. OF SESSIONS: 8

FEE: \$22.00

# Recreation

#### **CROSS COUNTRY SKIING**

**EVENING & WEEKEND** 

One Indoor evening session for discussion of equipment, techniques, demonstration of waxing methods and film. Three outdoor day snow sessions for instruction of practical skiing techniques. Conducted by Canadian Association Nordic Ski Instructor.

TIME: Mon., 7:30 - 9 p.m., Sat. OR Sun. 10 a.m. - noon OR 1 - 3 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Olav Skjelbred

DATES: Nov. 3 (waxing session)
Snow sessions to be arranged

NO. OF SESSIONS: 4

FEE: \$23.00

# County

#### **ROUND DANCING**

**EVENING** 

Generally associated with square dancing, round dancing differs by using ballroom dance steps and is performed in round groups rather than square groups. This course will teach basic round dance steps with emphasis on various two steps and waitzes. Join in for fun, exercise and to learn basic dance steps. Class limit 40. Pre-register!

TIME: Thurs., 7:30 - 9:30 p.m. PLACE: Muheim School INSTRUCTOR: Ken Awmack 1ST CLASS: Oct. 2 NO. OF SESSIONS: 10 FEE: Singles \$20.00 Couples \$30.00 Family \$40.00

# **KEEP FIT WITH DANCE**

**EVENING** 

Exercise for fitness and trim your shape using jazz, modern dance and ballet movements.

TIME: Mon. & Wed., 7 - 8 p.m. PLACE: Walnut Park School INSTRUCTOR: Marilyn Richey

1ST CLASS: Oct. 6 NO. OF SESSIONS: 20 FEE: \$21.00

#### **GET FIT**

**EVENING** 

For the out-of-shape who would like a general program of exercise to achieve personal fitness. Specialized exercises added for those preparing for particular sports.

TIME: Tues. & Thurs., 7 - 8 p.m.
PLACE: Smithers Senior Secondary
INSTRUCTOR: Jim Taylor

1ST CLASS: Sept. 23 NO. OF SESSIONS: 24

FEE: \$20.00

## **KEEP FIT**

**EVENING** 

For past participants of the program and others in good shape who wish to maintain their personal fitness. Specialized exercises added for those preparing for particular sports.

TIME: Tues. & Thurs., 8 - 9:30 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Jim Taylor

1ST CLASS: Sept. 23 NO. OF SESSIONS: 24

FEE: \$20.00

# **WEIGHT TRAINING FOR WOMEN AND MEN**

**EVENING** 

To increase strength and fitness through proper lifting of weights in balanced program to develop strength. Individual programs tailored to meet various athletic needs of participants. Class limit 15. Pre-register!

TIME: Tues. & Thurs., 5 - 6 p.m. PLACE: Smithers Senior Secondary INSTRUCTOR: Mike Richey 1ST CLASS: Oct. 21

FEE: \$16.00

NO, OF SESSIONS: 16



## **LADIES KEEP FIT**

MORNING

A great way to keep fit for women of all ages. Rhythmic exercises will be used to improve heart and lungs, abdominal strength, hamstring flexibility and general toning of the body. Class will progress from a beginners level. Class limit 15. Pre-register!

71ME: Tues. & Thurs., 9:30 - 10:30 a.m.

PLACE: Central Park Bidg. INSTRUCTOR: Ida Avey 1ST CLASS: Sept. 23 NO. OF SESSIONS: 26

FEE: \$27.00

THIS IS YOUR COMMUNITY COL-LEGE. LET US KNOW YOUR IN-TERESTS. WE WOULD LIKE TO PLAN COURSES TO SUIT YOUR NEEDS. NEEDS.
THIS IS YOUR COMMUNITY COL.
TEGES. LET US KNOW YOUR IN.
TEGES. LET US KNOW YOUR IN.
TEGES. LET US KNOW YOUR IN.



TIME: Tues., 8 - 9:30 p.m.
PLACE: College Centre
INSTRUCTOR: Virginia Southwick
1ST CLASS: Sept. 30
NO. OF SESSIONS: 12
NO. OF SESSIONS: 12

relaxation, flexibility, general body rehabilitation and maintenance of good health. Dress in loose or unlimiting stretch clothes. Class limit 12. Pre-register!

Through controlled exercise and theoretical discussion, gain mental and physical relaxation, flexibility, departs body, separation, fle

EVENING

YOGA - MEN AND WOMEN

15T CLASS: Sept. 30 NO. OF SESSIONS: 12 FEE: \$17.50 TIME: Tues., 7 - 8 p.m. PLACE: College Centre INSTRUCTOR: Virginia Southwick

inelt 12. Pre-register!

A novel way to get in shape! Learn rhythm and creativity of movement while toning A novel way to fitness. Dress in loose or unlimiting stretch clothes. Class

EVENING

**BELLY DANCING**