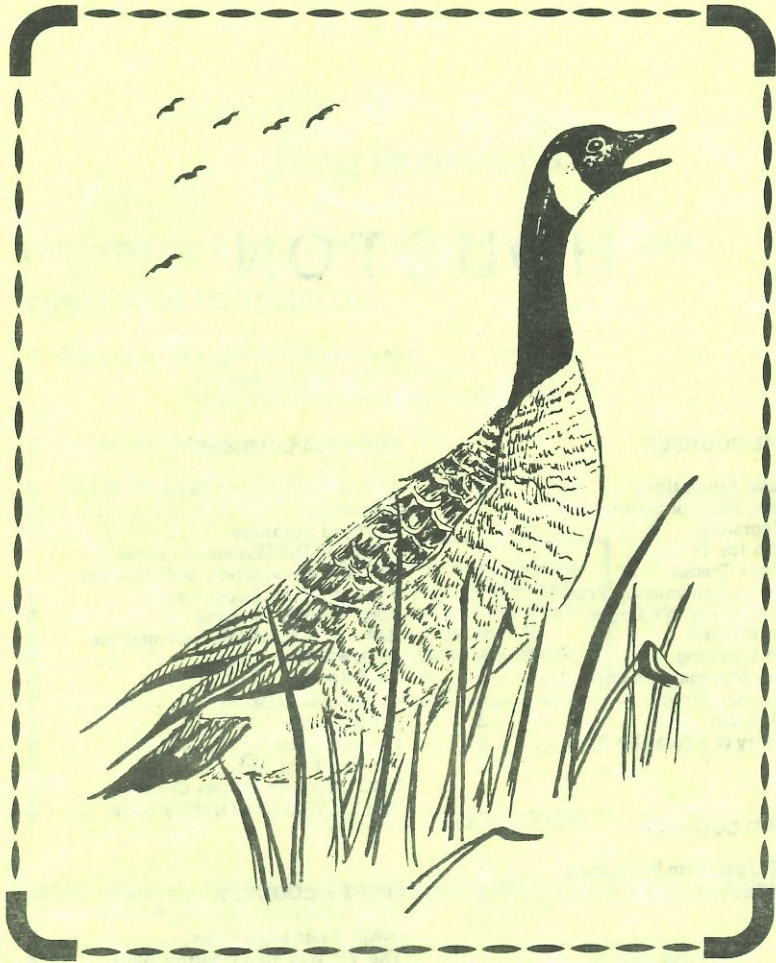


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Spring 1980

CONTINUING EDUCATION  
NORTHWEST COMMUNITY COLLEGE



HOUSTON

845-7266

TURN OVER FOR SMITHERS

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# HOUSTON

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Drawings and Cover by Jo-Anne Rebinsky

Typesetting and Printing by Hunter's Advertising, Houston

## Registration

PRE-REGISTRATION IS IMPORTANT FOR ALL COURSES.

**THREE WAYS TO REGISTER**

1. Come into the Houston College Centre  
 Corner of 10th and Poulton  
 Office Hours noon to 4 p.m. Mon. - Fri.
2. Phone 845-7266, noon - 4 p.m. Mon. - Fri.
3. Mail in the Registration Form.

**CLASS LIMITS - Some courses can only accomodate a limited number of people. Your place in these courses can only be held by pre-registering and pre-paying your fee.**

**MAIL-IN REGISTRATION**

NOTE: Please confirm by phone availability of space in courses WITH CLASS LIMITS before mailing registration fees.

NAME: ..... HOME PHONE:.....

MAILING ADDRESS: ..... WORK PHONE:.....

I wish to register for the following courses:

- 1) ..... FEE:.....  
 2) ..... FEE:.....  
 3) ..... FEE:.....

TOTAL = \$.....

Please make cheque or money order payable to Northwest Community College

Signature: .....

Mail to: NORTHWEST COMMUNITY COLLEGE  
 BOX 1277, HOUSTON, B.C. V0J 1Z0



## Important Information

**FEES** for courses that do not have class limits must be paid by the 2nd class of the course. People are welcome to sample first classes of non-limited long courses. Fees for courses that have class limits must be prepaid to ensure your place. Registration is free of charge to Senior Citizens but material costs, where applicable, still apply. Receipts totalling over \$25.00 are income tax deductible. Please retain fee receipts.

**REFUNDS** - A complete refund is made only when a course is cancelled. A percentage refund is made when students must withdraw from a course because of special circumstances. A no refund policy is imposed on a few courses that can only accomodate limited numbers and are heavily demanded. The College reserves the right to change fees with-out notice, to limit registrations in any program or to cancel or revise any of the courses listed.

Pre-registration is important for all courses. If we don't know you are planning to attend we may cancel your course because we think there will not be sufficient enrollment. Phone us at 845-7266.

**SHIFTY COURSES** - The course content is straight but the scheduling is flexible to allow shift workers to participate. Watch for courses that show both day and evening classes. You may attend the day sessions when you are working evenings and then change to the evening sessions when you are working days.

**COUNSELLING** The College Counsellor visits Houston of the first Tuesday of every month. He is available day or evening, to both secondary students and adults, to discuss any questions they may have regarding further education or career plans. Phone the College Centre in Houston to arrange an appointment.

**LEARNING RESOURCE MATERIALS** - Northwest Community College Library and Resource Materials are catalogued in the Houston College Centre and may be ordered by students. Microfiche listings of the Learning Resource Centres of other B.C. post-secondary institutions are also available in the Houston College Centre. Books and periodical articles may be ordered.

### SMITHERS COURSES

For information on courses available in Smithers, turn brochure over.

REMEMBER TO PRE-REGISTER



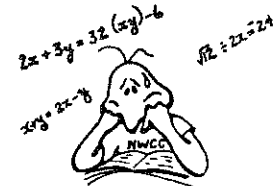
# HOUSTON

## Adult Basic Education

**START NOW - CONTINUE NEXT FALL**

Classes available from April 1 - May 31, 1980

October 1, 1980 - May 31, 1981



Ongoing Classes Are Available Day or Evening in

- \* ENGLISH, MATH AND SCIENCE UPGRADING FOR ENTRANCE TO VOCATIONAL SCHOOL - fee \$16.00 per month
- \* ENGLISH FOR TRADES - fee \$16.00 per month
- \* MATH FOR TRADES - fee \$16.00 per month
- \* GRADE 12 EQUIVALENCY PREPARATION - fee \$16.00 per month
- \* SPOKEN ENGLISH - free of charge
- BASIC READING, WRITING AND ARITHMETIC - fee \$16.00 per month

**SHIFT WORKERS** may alternate between day and evening classes to suit work schedules.

Each student begins at his own level and works at his own speed.

**GED EXAMINATIONS** will be held on May 9 and 10 in Houston. Applications are available at the College Centre. Applications must be made by April 12.



## Academic Program

DO YOU KNOW...

- that we offer a variety of first and second year university courses in Houston?
- that you can obtain transfer credit to the three B.C. universities by taking these courses?
- that you can study these courses part-time and continue working in your own

community?

- that we particularly welcome those of you who may have been out of formal schooling for quite some time?
- that you don't have to have a grade 12 education to attend?
- that tuition fees are low (\$26.50 for a course) and that no fees are charged to senior citizens?
- that you may take a course just for interest and determine your own workload?
- and that our library (with audio-visual services and a local history information bank) is open to all residents of the community?

## THIS IS YOUR COMMUNITY COLLEGE

## LET US KNOW YOUR INTERESTS

## WE WOULD LIKE TO PLAN COURSES TO SUIT YOUR NEEDS



# Vocational and Professional Development

### RETAIL SECURITY

Evening

For owner-managers and staff of retail outlets. This evening lecture and discussion will inform on how to deal with fraud, shoplifting, bad cheques and forgeries. Will also include how to provide adequate security for building premises. Planned for April.

Register your interest and you will be informed of details!

TIME: TBA DATE: TBA  
 PLACE: College Centre NO. OF SESSIONS: 1  
 INSTRUCTOR: Houston RCMP Staff FEE: Free

### AIRBRAKES

Evening

Prepares drivers for a written and practical test on the operation and maintenance of air brake systems for either on-highway or off-highway vehicles. Those taking off-highway exams will be required to pay to the Department of Transport a \$5.00 examination fee. This course can also include young persons who wish to drive air-equipped vehicles. Successful completion will give an air endorsement on the person's license.

Class Limit 16. Pre-register and prepay!

TIME: Tues. - Fri., 6:30 - 10:30 pm  
 and Sat. 9:30 am - noon DATES: April 8 - 12  
 PLACE: Houston Senior Secondary NO. OF SESSIONS: 5  
 INSTRUCTOR: Bud Hallock FEE: \$33.00

### SURVIVAL FIRST AID

Evening

Designed by the Workers' Compensation Board to give the injured a better chance for survival pending the arrival of more qualified help. Requisite for employees in many industries. Basic techniques for coping with emergencies involving breathing, bleeding, unconsciousness and crushed chests are taught. It is also a useful course for the outdoor recreationist. Successful students will receive a WCB Survival First Aid Certificate.

Class Limit 12. Pre-register and prepay!

TIME: Mon. & Wed., 6:30 - 10:30 pm

PLACE: Houston Secondary School

INSTRUCTOR: Larry Lyndahl

DATES: April 14 & 16 OR  
 April 28 & 30

NO. OF SESSIONS: 2

FEE: \$11.00



### FIRST AID UPGRADING WORKSHOP

Weekend

The Houston Community Emergency Care Services Committee will co-sponsor with local organizations and industry a full-day workshop on particular concerns of first aid attendants. Cardiac Problems (recognition and treatment) and Transportation of Patients with Special Needs and Problems (aggressive patients, drug overdoses, heart attack victims) will be the focus.

Register your interest in attending and you will be informed of full details when finalized.

### HAZARDOUS MATERIALS EMERGENCIES

A short course in identifying, handling and transporting hazardous materials, as well as planning for and controlling hazardous materials incidents and emergencies will be offered in May or June. The course will be of value to personnel employed in mines, sawmills, transportation industry, bulk plants, the Fire Department, RCMP, Ambulance, First Aid attendants and PEP.

Register your interest in attending and you will be informed of full details when finalized.

## General Interest

### ACCESS TO LEARNING

Morning

An informal series of discussions and activities of interest to women. Since we try to design the course content around the interests of participants, we cannot give you a detailed outline at this time. Past sessions have included: History of Houston, Cake Decorating, Sexism



in Advertising, Off-Loom Weaving and a look at Suffrage. Guest speakers, films and discussions will be the format. Child care is provided and transportation can be arranged. Sponsored by the Houston Health and Human Resources Centre, Northwest Community College and The Canadian Mental Health Association.

TIME: Mon., 10 am - noon 1ST CLASS: April 14  
 PLACE: Basement of Community Hall NO. OF SESSIONS: 16  
 INSTRUCTOR: Karen Erickson FEE: Free

### UBC CHAMBER SINGERS CONCERT Evening

A not-to-miss musical event in their northern tour this Spring. The University Chamber Singers is a select, twelve-voice à capella vocal ensemble made up of students from the UBC Dept. of Music under the direction of Prof. Cortland Hultberg. Since their establishment in 1974 the Chamber Singers have performed works that are either too intimate or too difficult for larger ensembles to perform well.

TIME: Mon., 8 - 10 pm DATE: April 28  
 PLACE: Twain Sullivan Gym FEE: \$2.00

### COMMUNITY ASTRONOMY SHOW Evening

An astronomer from the H.R. MacMillan Planetarium in Vancouver will present a slide show and talk on our galaxy and our galaxy's neighbours. He will show where we are in our solar system, what can be seen with the naked eye and with the aid of a small telescope. He will bring a powerful 12 1/2" Newtonian Telescope for people to view the stars (weather permitting) after the slide show.

TIME: Monday, 8 pm

DATE: April 21

PLACE: Houston Senior Secondary FEE: Free of charge

Check the Smithers Section of this brochure for one-session events you may wish to attend.



### SEPARATION AND GRIEF Day

The Process and Experience. This workshop is designed (a) to teach participants the stages of the process of separation and of grief, (b) to introduce some techniques the instructor has found useful in helping persons through the grieving process, and (c) to allow participants the opportunity to explore their own personal reactions to previous separations. (Outline available from College Centre).

Pre-register and prepay!

TIME: Fri., 9 am - 4 pm DATE: May 2  
 PLACE: College Centre NO. OF SESSIONS: 1  
 INSTRUCTOR: Thom Garfat (U. of Vic.) FEE: \$13.00

### C.O.R.E. (CONSERVATION AND OUTDOOR RECREATION EDUCATION) Evening

Developed by the B.C. Fish and Wildlife Branch, this course, successfully completed, qualifies applicants for their first hunting licence and will also be of interest to hikers and other outdoor recreationists. It includes ecology, outdoor ethics, gun handling and hunter safety, regulations, animal and bird identification, freshwater fish, survival, and first aid.

Class Limit 20. Pre-register and prepay!

TIME: Tues., Wed., Thurs., 7 - 10 pm DATES: May 6,7,8,13,14,15  
 Sat., 9 am - noon May 10 & 17  
 PLACE: College Centre NO. OF SESSIONS: 8  
 INSTRUCTOR: Tom McCaw FEE: \$16.00

### COACHING DEVELOPMENT - LEVEL 2 Evening

For coaches of all sports, (team and individual), Level 2 is the second course of 5 levels in the National Coaching Development Programme. It covers theory skills and drills and shows coaches how to teach these correctly in the sport of their choice. Full programme outlines available at the College Centre. Carries credit towards a National Coaching Development Certificate. Class dates will be set at first session to suit the convenience of the majority of participants.

Pre-register and prepay!

TIME: TBA INTRODUCTORY SESSION: May 7,  
 7:30 - 9:30 pm  
 PLACE: Houston Secondary School NO. OF SESSIONS: TBA  
 INSTRUCTOR: Dave Rasmus FEE: \$21.00

**CLASS LIMITS - Some courses can only accommodate a limited number of people. Your place in these courses can only be held by pre-registering and pre-paying your fee.**

### OUTDOOR EDUCATION Evening & Weekends

This course will encourage use of our surrounding natural recreation area and will include weekend outings to be arranged to suit participants. It will cover Basic Map and Compass work, an introduction to Mountaineering, Rock Climbing and Rope Work, Plant Identification, Outdoor Survival and 1st Aid.

Class Limit 12. Pre-register!

TIME: Thurs., 7:30 - 9:30 pm 1ST CLASS: May 15  
 PLACE: Houston Senior Secondary NO. OF SESSIONS: 6 plus field trips  
 INSTRUCTOR: Ralph Smith FEE: \$13.00

## THE Y'S WAY TO A HEALTHY BACK

Morning or Evening

## SHIFTY COURSE

An exercise program for people of all ages designed to relieve back pain. The exercises are easy and composed of movements that begin with relaxation, then flexibility, muscle strengthening and returning to muscle relaxation techniques. Approved by the U.S. medical committee of medical consultants. 88% of past participants in the YMCA program have obtained relief. Cassette tapes and manuals supplied for home use.

Pre-register!

TIME: Tues. & Thurs., 9 - 10 am OR  
7:30 - 8:30 pm

1ST CLASS: April 15

PLACE: Houston Health Centre

NO. OF SESSIONS: 13

INSTRUCTORS: Daphne Hart  
Sandy Lavallie and  
Brian Finnemore

FEE: \$21.00

## KEEP FIT WITH DANCE

Evening

A Keep Fit Dance Class. Exercise to music and learn some basic dance techniques while trimming your shape.

Pre-register!

TIME: Mon. &amp; Wed., 7 - 8 pm

1ST CLASS: April 14

PLACE: Twain Sullivan Elem. Gym

NO. OF SESSIONS: 20

INSTRUCTOR: Cherie Hanson

FEE: \$21.00

## Arts - Crafts - Hobbies

## PHOTOGRAPHY

Evening

A basic course that will include; action of single lens-reflex camera, technical problems of exposure, lenses, handling, focusing, exposure metering, filters and film, use of flash, indoor/outdoor lighting and developing colour reversal film.

Pre-register!

TIME: Wed., 7:30 - 9:30 pm

PLACE: Houston Senior Secondary

INSTRUCTOR: Dan Orienti

1ST CLASS: May 7

NO. OF SESSIONS: 6

FEE: \$13.00 plus \$10.00 film and developing



## BASICS OF SPINNING

Evening

Introduction to wheel spinning will include teasing, carding, and mixing wool, practice on wheels and troubleshooting student-owned wheels. Four different types of wool and spinning wheels will be supplied.

Class Limit 12. Pre-register and prepay!

TIME: Thurs., 7:30 - 9:30 pm

1ST CLASS: April 10

PLACE: College Centre

NO. OF SESSIONS: 4

INSTRUCTOR: Sheila Peters

FEE: \$17.00

## FOUR HARNESS WEAVING

Evening

A basic course that will show you how to set up a loom and start weaving. It will include a thorough knowledge of the techniques and materials of the craft, terminology and drafting weaver's recipes. Looms, manuals and warp yarn supplied. Students must supply additional yarn.

Class Limit 12. Pre-register and prepay!

TIME: Mon., 6:30 - 9:30 pm

1ST CLASS: April 21

PLACE: College Centre

NO. OF SESSIONS: 7

INSTRUCTOR: Helen Mardiste

FEE: \$30.00 plus materials

## OIL PAINTING

Evening

The artist-instructor has a lot to offer both the beginning and experienced painter. Instruction will include some basic design and composition, use of color and texture and encouragement of personal expression. Exercises will be taught to stimulate personal projects or solve problem areas. Will include outdoor workshops.

Pre-register!

TIME: Wed., 7 - 10 pm

1ST CLASS: April 9

PLACE: Houston Senior Secondary

NO. OF SESSIONS: 10

INSTRUCTOR: Yoka Loiseau

FEE: \$31.00 plus materials

