

**NORTHWEST  
COMMUNITY  
COLLEGE**

# **1982 WINTER PROGRAMS**



# NORTHWEST COMMUNITY COLLEGE

Office: 5331 McConnell Ave.

Telephone: 635-6511

Mailing Address: P.O. Box 726, Terrace, B.C. V8G 4C2

## REGISTRATION

### DAYS:

Monday - Friday at the College, 8 a.m. - 4 p.m. including lunch hour.

### EVENINGS:

Monday - Thursday only January 11 to 24 at the College 6 - 8 p.m.  
Bookstore will be open.

### SATURDAY:

Jan. 9 at the Arena, 10 a.m. - 1 p.m.  
Jan. 16 at Skeena Mall, 11 a.m. - 3 p.m.

### MAIL:

Use enclosed form or facsimile Fees must be enclosed.

### PHONE:

Sorry - registrations will not be accepted by phone. Do feel free to call for up to date information regarding available space.

Pre-registration is important for all courses. If we don't know you are planning to attend, we may cancel your course because we think there will not be sufficient enrolment.

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# TERRACE PARKS & RECREATION DEPARTMENT



## OFFICE:

Located in Arena — 3320 Kalum Street  
 Open Monday to Friday, 8:30 a.m. - 4:30 p.m.  
 Telephone: 638-1174

## YOUR RECREATION STAFF:

Superintendent of Parks & Rec.	Al McNiven
Head Arena Attendant	Dale McFadden
Head Pool Attendant	Cary Humphrey
Program Co-ordinator	Elaine Parmenter

## MAILING ADDRESS:

No.5-3215 Eby Street, Terrace, B.C. V8G 2X6

## REGISTRATION DATE

**Saturday: Jan. 9, from 10 a.m. - 1 p.m. — Arena Banquet Room**

### Registration Procedures:

All registrations are on a first-come, first-serve basis with no prior registration or registration accepted by mail. Many activities have a limited enrolment, therefore prompt registration is advised. Fees and registration will not be accepted at the program unless otherwise indicated. The Parks and Recreation Department reserve the right to cancel a program due to insufficient enrolment.

### Late Registration:

Will be accepted at the Recreation Office in the Arena from January 11 up until a few days before the specific program commences if enrolment space is still available in the class. The Recreation Office is open Monday to Friday from 8:30 a.m. to 4:30 p.m.

### Refunds:

Absolutely NO REFUNDS will be given without a Doctor's Certificate. However, full refunds will be given if a program is cancelled.

### Holidays:

Classes will not be held on Statutory Holidays.

### When Classes Start:

Most classes begin the week of January 18. However, a few classes do start at different times. Please check each writeup to be sure you come to the 1st class.

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# NORTHWEST COMMUNITY COLLEGE

5331 McConnell, P.O. Box 726, Terrace, B.C. V8G 4C2

Phone: 635-6511

## IMPORTANT INFORMATION FOR ALL STUDENTS

### FEES

TUITION FEES are due and payable at the time of registration. Fees normally only cover the cost of classroom instruction.

### RECEIPTS

Please present your receipt at your first class.

### REFUNDS

Withdrawal before class begins	100%
Withdrawal up to 2 weeks after classes start	80%
Withdrawal 2-4 weeks after start	50%
Withdrawal after 4 weeks	NO REFUND

### CANCELLATION

We reserve the right to cancel any course for which registration does not reach the required minimum, or in which attendance or progress is unsatisfactory.

### SENIOR CITIZEN TUITION WAIVER

The courses are normally FREE OF CHARGE TO SENIOR CITIZENS, but charges for texts and materials still apply.

### TEXTBOOK SALES

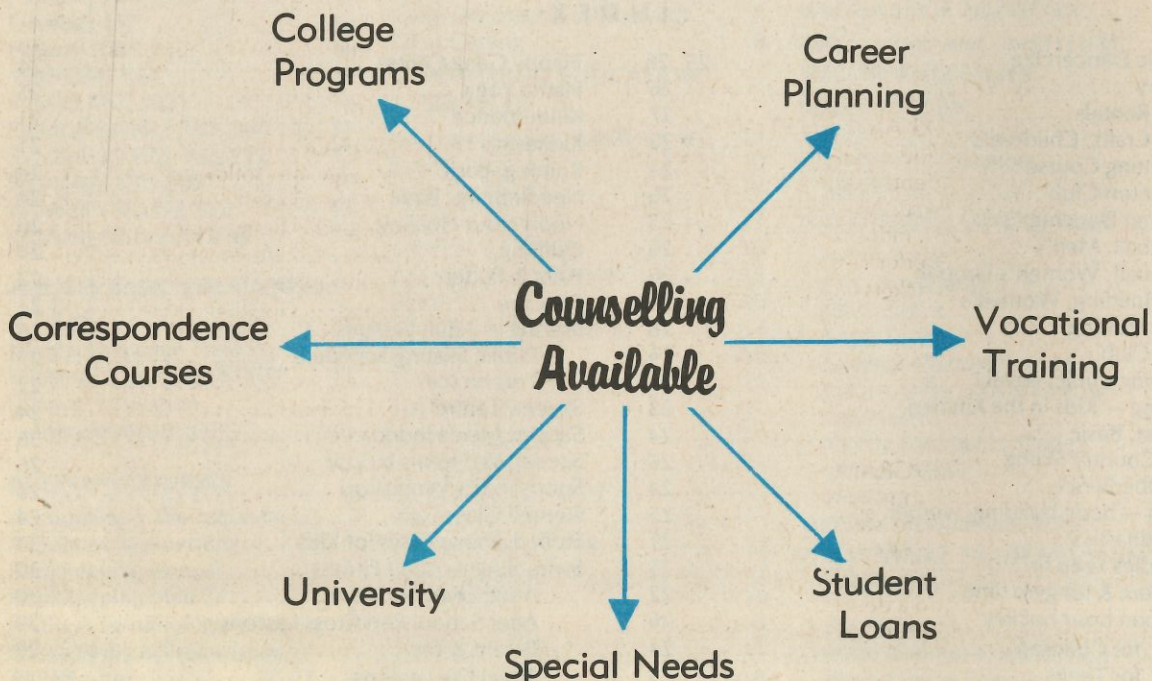
Textbooks are for sale at the College Bookstore. Phone 635-6511 for Bookstore hours.

### SERVICES TO STUDENTS WITH SPECIAL NEEDS

Any student, or potential student, who feels he/she may need consideration or a service for any sort of disability should contact the Adult Special Education Co-ordinator.

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College Counsellors Bert Seinen and Francis Sabine are available for appointments, to discuss and advise on the following matters:



Phone the Counselling Centre, 635-6511, for information

# Vocational and Trades Training

## FULL TIME COURSES

**FEES:** General structure for new entry courses —

Tool and Book Deposit	\$50.00 (refundable)
Student Association	\$ 1.00 per month
Tuition	\$22.50 per month.

**NEW DEVELOPMENTS IN VOCATIONAL TRAINING:** In response to meeting individual student needs by providing a more flexible training system, the Vocational Division is presently developing course materials into package modules to ensure maximum flexibility for individualized training. This new system will allow students to enter programs at various times to progress according to their abilities. To accommodate this versatility in training, it will be essential for students in vocational training to apply as early as possible so that they can be enrolled into the program.

Courses presently being offered are:

- Cook Training
- Welding
- General Mechanics (Starting in April)

### BUSINESS CAREERS PROGRAMS:

Courses begin on the first Monday of every second month beginning January 4, 1982. Courses are offered in:

Clerk-Typist	4-6 months
Clerk Bookkeeper	4-6 months
Accounting	9-11 months
Medical Steno	10 months
Legal Steno	10 months

### INDUSTRIAL RECORDS AND FIRST AID:

To provide instruction in the maintenance of industrial records and to enable students to obtain a Class 'C' certificate for Industrial First Aid. Opportunities are generally found in all industries which employ Timekeepers certified to perform first aid duties. Those holding industrial first aid tickets which require renewal may enroll.

Start Date: Feb. 1

Duration: 5 months

### COOK TRAINING PROGRAM:

Program will have continuous intake. The objective of Cook Training is to prepare students in all the basic skills necessary to gain employment in the Hospitality industry. For students who have an interest in working with the general public and a desire for permanent gainful employment. Opportunities are plentiful for graduates.

Professional Cook Training — 12 months.

Camp Cooking — 6 months.

Short Order Cooking — 3 months.

Start Date: Continuous intake.



### GENERAL MECHANICS:

This is a ten-month pre-employment program intended to prepare the student for employment in the mechanical field. On successful completion of this course, the student will have gained a basic knowledge of all phases of mechanics with training equal to pre-apprentice Heavy Duty Mechanics. Automotive Mechanics and pre-employment Marine Engine Mechanics.

Start Date: Continuous intake beginning in April approximately.

Duration: 10 months.

### GENERAL WELDING:

General Welding will be following the Provincial Outline closely. At the present time the 'C' Module Outline is complete and is being taught. The self-paced Module 'C' will take approximately eight months for the average student to complete.

Starting Date: Continuous intake.

Duration: 10 months.

### ELECTRONICS TECHNICIAN:

To prepare for a career in one of the following areas:

- Electronic Communications
- Industrial Electronics
- TV Servicing
- Digital Electronics
- Radio, Audio Electronics
- Video Tape Servicing
- Microcomputer/Microprocessors.

Start Date: This course will be offered in February if sufficient numbers enroll.

Duration: 10 months.

### MARINE EMERGENCY DUTIES (MED I):

A safety-oriented course for small vessel operators and crew. This course was designed by the Canadian Coast Guard (Ship's Safety Branch) specifically for the small boat operator and fishermen and consists of the practical and theoretical application of life saving, survival, fire fighting and seamanship. An MoT certificate will be issued on completion of the course. Note: This certificate is a requirement for the Fishing Master III-IV certificate of competency.

Fee: \$40.00

Duration: 4-5 days, offered dependent upon student registrations.

For further information, contact your local Centre or Captain Ben West, Prince Rupert, 624-6054.

### WILDERNESS GUIDING SKILLS:

This is a very intensive three week course designed to aid people planning to work in the guiding and hunting field. The student will learn Horse Use and Care, Hunting, Natural History and Non-Hunting uses, Emergency Training, Orienteering and Survival, Boating Skills, and Camp and Trail Cooking.

Course Date: June 14 - July 2 (Tentative)

Fee: To be announced.

### UPGRADING:

The Vocational Division also offers courses in upgrading.

- Welding
- Cook Training
- Industrial Electronics.
- Auto/Heavy Duty Electrical Refresher
- Truck Operator/Basic Maintenance

FOR MORE DETAILED INFORMATION ON ALL VOCATIONAL COURSES, PLEASE REFER TO THE COLLEGE CALENDAR OR CONTACT THE VOCATIONAL DIVISION.

## TRADES EVENING COURSES

**AIR BRAKES** — Prepares drivers for written and practical tests on the operation and maintenance of air-brake systems for either on- or off-road highway vehicles. Successful completion gives a driver's licence air endorsement. Those taking off-highway exams will pay the Ministry of Transport examination fee.

Starting Dates: 18, Jan, 15 Feb, 15 March 12 April, 10 May

Time: Mon. & Wed., 7:00 - 10:00 p.m.

Fee: \$38.00, plus \$1 for manual

Place: Room 111 Shops Building

Total Hours: 24 each course.

**BASIC WELDING** — For trades workers requiring some welding skills for their jobs. Both, oxy-acetylene and electric arc welding.

Starting Date: 18 January

Time: Mon. & Wed., 7:00 - 10:00 p.m.

Fee: \$144

Place: Room 107, Shops Building

Total Hours: 72

### BASIC CABINET CONSTRUCTION —

Covers the basic operations of hand and power tools as used in the construction of kitchen and bathroom cabinets. Also covers drawers and doors for cabinets and arborite materials.

Starting Date: 19 January

Time: Tues. & Thurs., 7:00 - 10:00 p.m.

Fee: \$37.50, plus supplies

Place: Carpentry Shop

Total Hours: 30

**BASIC HOUSE FRAMING** — Covers the theory of house framing and laying out floors, walls, rafters, stairs and concret forms. Mainly a classroom course plus limited shop time.

Starting Date: 19 January

Time: Tues. & Thurs., 7:00 - 10:00 p.m.

Fee: \$37.50, plus book

Place: Room 108, Shops Building

Total Hours: 30

**SMALL ENGINES** — Two and four cycle engines are covered, emphasizing boats. Includes engine components, lubrication, carburetors, ignition, storage of engines, charging systems and power transmission.

Starting Date: 18 January

Time: Mon. & Wed., 7:00 - 10:00 p.m.

Fee: \$75

Place: Marine Engine Shop

Total Hours: 60



**ELECTRONIC COURSES** — Hours listed for each course are averages, some students may require more or less time. Students work at their own rate and after payment of a basic fee of \$62.50 for 50 hours of instruction will be charged \$1.25 for each additional hour. Students may work consecutively through several courses at \$1.25 per laboratory hour after paying the basic fee.

These courses are Heath Continuing Education self-study programs containing numerous lab experiments and unit tests as well as 33 1/3 rpm introductory records, in some areas supplementary lessons have been added.

A pre-test for the above courses will establish prerequisites. The pre-test and the final exam for each course consists of 50 multiple choice questions and require a 60% score to pass. Courses are conducted concurrently and students may study at their highest level of qualifications.

### ALL ELECTRONICS COURSES

Start: January 18

Time: 7:00 - 10:00 p.m.

Days: Monday & Wednesday

Place: Electronics Lab, Shops Building.

**1. DC ELECTRONICS** - A knowledge of Algebra required. Discusses matter, atoms, current flow, voltage, drops, series and parallel circuits, magnetic fields, meters and their use, 20 lab experiments.

Total Hours: 50 Fee: \$62.50

**2. AC ELECTRONICS** - Prerequisites: Course 1 or equivalent knowledge. Discusses wave forms, period, frequency, AC meters, oscilloscope, series and parallel circuits, RC filters, phase shifts, reactance, vectors, transformers, trigonometry, resonance, 8 experiments. Supplementary lessons: vector algebra (complex numbers as applied to AC circuits).

Total Hours: 50 Fee: \$62.50

**3. SEMICONDUCTOR DEVICES** - Prerequisites: Courses 1 and 2 or equivalent knowledge. Discusses diodes, zener diodes, bipolar transistor operation, field effect transistor operation, thyristors, unijunction transistors, special diode circuits, integrated circuits, optoelectronic devices and applications, 11 experiments. Supplementary information - bipolar transistor parameters.

Total Hours: 50 Fee: \$62.50

**4. ELECTRONIC CIRCUITS** - Prerequisites: Courses 1 to 3 or equivalent knowledge. Discusses amplifier functions and configurations, classes of operation, audio, video, RF, IF amplifiers, voltage amplifiers, voltage regulation, power supplies, oscillators, RC wave shaping circuits, AM, FM, SSB, modulation, extensive

use of meters and oscilloscopes to perform 18 experiments.

Total Hours: 75 Fee: \$93.75

**5. ADVANCED DIGITAL TECHNIQUES** - Prerequisites: Courses 1-4 or equivalent knowledge. Discusses TTL, ECL, CMOS, PMOS, NMOS integrated circuits, SSI, MSI and LSI, ROM's, and PLA's microprocessors and microcomputers. Designing logic circuits through the use of truth tables, Boolean algebra and Karnaugh mapping. Also flip-flops and registers, sequential and combinational logic circuits, frequency counters. There will be 24 experiments.

Total Hours: 100 Fee: \$125

**6. MICROCOMPUTER AND MICROPROCESSOR** - Prerequisite: Advanced Digital Techniques. Contents are as follows: Number systems and Codes, Microcomputer Basics, Executing Programs, Addressing, Boolean Algebra, Computer Arithmetic, including Two's Complements. Introduction to Programming, Branching, Conditional Branching, Algorithms, the 6800 Architecture, Instruction Set, Addressing Modes, Stack Operation, Subroutines, Interrupts, Programming Experiments, Straight Line, Arithmetic and Logic Instructions, Address Modes, Stack Operations and Subroutines, Interfacing Experiments, include Memory Circuits, Clock Addressing, Decoding, Data Output, Data Input, Peripheral Interface Adaptor, Audio Output, Key Matrix and Parallel-to-Serial, D/A and A/D Conversions.

Total Hours: 150 Fee: \$187.50

## BUSINESS

**ACCOUNTING I PREREQUISITE:** Designed for people without previous Commercial training or experience, or for people who have been out of school for several years. Covers the ten key adding calculator, business arithmetic and record keeping. It is recommended students complete this course before taking ACC I.

Starting Date: 18 January  
Time: Mon. & Wed., 7:00 - 9:00 p.m.  
Fee: \$50.00, plus books  
Place: Room 113, Administration Building  
Total Hours: 40

**MEDICAL TERMINOLOGY AND TYPING:** This course will be helpful to future nurses, medical secretaries, medical technologists, medical librarians and medical assistants.

A credit transcript will be issued to all students completing the course. This module carries credit towards the Northwest College Medical Stenographer Certificate. Prerequisite: Grade 12 graduate or equivalent.

Starting Date: 19 January  
Time: Tues. & Thurs., 7:00 - 9:00 p.m.  
Fee: \$50, plus book  
Place: Room 111, Administration Building  
Total Hours: 40

**TYPING FOR BEGINNERS:** Students will be taught the keyboard and many specialized applications of typewriting. Speed development and timing will be emphasized.

Starting Date: 18 January  
Time: Mon. & Wed., 7:00 - 9:00 p.m.  
Fee: \$50.00, plus book  
Place: Room 111 Administration Building  
Total Hours: 40

**ADVANCED TYPENWRITING:** More complex routine typewriting functions. Students begin the Northwest College assignment requirements for T1. Completion carries credit towards a College Certificate and transcript card. Prerequisite: Typing for Beginners or considerable experience to be assessed by the Instructor.

Starting Date: 18 January  
Time: Mon. & Wed., 7:00 - 9:00 p.m.  
Fee: \$50  
Place: Room 109, Administration Building  
Total Hours: 40



## OFFICE SKILLS & PROCEDURES

**REFRESHER:** Instruction on typewriting, letter styles, dictating, electronic calculators, filing, office forms, resume preparation and office machines.

Starting Date: 19 January

Time: Tues. & Thurs., 7:00 - 9:00 p.m.

Fee: \$25, plus supplies

Place: Room 109, Administration Building,

Total Hours: 20

## PRINCIPLES OF BUSINESS MANAGEMENT

**REFRESHER:** Includes: Organizing; Budgeting; Planning; Scheduling; Motivation; Co-ordinating; Regulating; Deciding and Leadership. Completion of the course carries credit towards a Northwest College Business Certificate.

Starting Date: 19 January

Time: Tues. & Thurs., 7:00 - 10:00 p.m.

Fee: \$75, plus books

Place: Room 108, Administration Building

Total Hours: 60



## COOKING

**MEAT CUTTING:** The Fundamentals of meat cutting. Includes sharpening and maintenance of various knives, sanitation and the actual cutting of meat. Enrolment is limited to ten students.

Starting Date: 25 January

Time: Mon. & Wed., 7:00 - 10:00 p.m.

Fee: \$37.50

Place: Cafeteria

Total Hours: 30

## CAKE DECORATING, BEGINNER

**REFRESHER:** Covers all basic concepts of cake decorating. Border Design; Flowers; Tube Writing; Sugar Molds; fundamental Decorating Techniques; Special Techniques. Enrolment limit: 10 students.

Starting Date: 26 January, 2 March

Time: Tues. & Thurs., 7:00 - 10:00 p.m.

Fee: \$37.50, plus supplies

Place: Cafeteria

Total Hours: 30

## CAKE DECORATING, ADVANCED

**REFRESHER:** Prerequisite, Beginner Cake Decorating. Enrolment is limited to 10 students.

Starting Date: 6 April

Time: Tues. & Thurs., 7:00 - 10:00 p.m.

Fee: \$37.50

Place: Cafeteria

Total Hours: 30

**BOOKKEEPING (ACCI):** Introductory course in bookkeeping. Identical to day course and requires a considerable number of home assignments. Routine profit and loss, balance sheets and payroll calculations are included. Completion carries credit towards a Northwest College Business Certificate. Students should have access to a ten key adding machine.

Starting Date: 19 January

Time: Tues. & Thurs., 7:00 - 10:00 p.m.

Fee: \$75, plus book

Place: Room 113, Administration Building

Total Hours: 60

**BOOKKEEPING (ACC2):** Students previously completing ACC 1 may enroll for ACC 2. Also identical to our day programme. Includes: Accounts Payable; Accounts Receivable; Cash Flow; Bank Reconciliation; Promisory Notes and Adjustments. Completion of this module carries credit towards a Northwest College Business Certificate.

Starting Date: 19 January

Time: 7:00 - 10:00 p.m.

Fee: \$75, plus books

Days: Tuesdays & Thursdays

Place: Room 113, Administration Building

Total Hours: 60

## HEALTH

**SURVIVAL FIRST AID:** Emergency care of an injured person pending the arrival of qualified first aid or medical personnel. Courses offered on Saturdays when sufficient applications have been received, and are open to those employed where certification is relevant or to students in vocational courses.

Starting Dates: 23 January and each Saturday following to satisfy demand. 12 students maximum

Time: Saturdays, 9:00 a.m. - 6:00 p.m.

Fee: \$15.00, incl. examination

Place: Room 215, Administration Building

Total Hours: 8

**BASIC FIRST AID:** Instructional areas: W.C.B. Survival First Aid, pressure points, slings, transportation, poison, diabetes, epilepsy, heart attack (no C.P.R.), eye examination and obstructed airway. Successful students receive a W.C.B. Survival First Aid Certificate and a College First Aid Certificate.

Starting Dates: 19 January, 9 February

Time: Tues. & Thurs., 7:00 - 10:00 p.m.

Fee: \$20.00 12 students maximum

Place: Room 215, Administration Building

Total Hours: 15





## C.P.R. PROGRAMS

*Cardiopulmonary Resuscitation is one part of basic cardiac life support program developed by the Canadian Heart Foundation and directed in B.C. by Emergency Health Services Commission (E.H.S.)*

**HEARTSAVER-** This is a four hour (minimum) course for anyone who has never had cardiopulmonary resuscitation (C.P.R.) instruction. It includes:

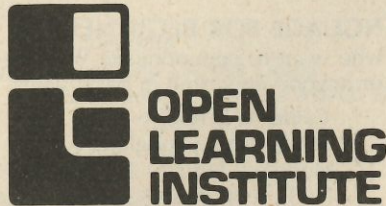
- Risk factors in Heart Disease.
- Signs and symptoms of heart attack and choking.
- The technique of one-person C.P.R.
- The technique of managing a conscious person who is choking.

Starting Date: Mondays, beginning January 18. Courses will be held as registrations accumulate.

Time: 6:00 - 10:00 p.m.

Fee: \$15 6 students maximum

Place: Room 215, Administration Building



3304 Kalum Street

Registration Mail Deadlines: **August 1**  
**December 1**  
**April 1**

Study at home with the Open Learning Institute! Now you can get your high school diploma, study towards an university degree, or start on a whole new career program. In Terrace, call the OLI Advisor 635-4961, or stop by the Downtown Centre. Information may also be obtained at Northwest Community College.

**C.P.R. BASIC I COURSE:** This is an eight hour (minimum) course for persons with previous C.P.R. training or health care workers. It will include:

- Heartsaver Content
- Two person C.P.R.
- Unconscious victim choking procedures.
- Infant C.P.R. and management of choking.
- Written exam.
- Prereading material given out at registration time.
- Students may certify at Basic II Level if the required tape is produced.

Starting Date: Tuesdays beginning January 19. Courses will be held as registrations accumulate.

Time: 6:00 - 10:00 p.m.

Days: Tuesdays and Thursdays

Fee: \$20 6 students maximum

Place: Room 208, Administration Building.

**C.P.R. BASIC I AND II RECERTIFICATION** Is it time to update and recertify your C.P.R. Skills? This four hour course is for persons certified in Basic I or II over the last 12 months, who need recertification. Please phone the College for additional information.



**MANY COLLEGES OFFER GUIDED EDUCATIONAL TOURS. CONTACT THE SPONSORING COLLEGE OR LOCAL 254 AT NWCC FOR THESE AND MORE!**

China in the Springtime (April) Camosun College  
Three Week Tour to Russia (May) Kwantlen College  
Japan (May) Douglas College  
Middle East (May) Douglas College  
East Coast Art Tour (May) Kwantlen  
China — 3 tours  
Peru — Land of the Incas (July) Cariboo College

# Community Education Services

## BASIC CAR CARE

Basic mechanical and electrical operations. Learn to troubleshoot problems, do a basic tune-up and take better care of a car.

Location: College Vocational Shop  
Instructor: John Rinaldi  
Dates: Thursdays, Feb. 4 - March 18  
Time: 7:30 - 9:30 p.m.  
Fee: \$15.00

## PHOTOGRAPHY

Learn more about your 35 mm camera and improve your photos. Includes a field trip, film and contact prints.

Location: Caledonia  
Instructor: Keith Alford  
Dates: Thursday, Jan. 21 - Feb. 25  
Time: 7:30 - 9:30 p.m.  
Fee: \$30.00



## PATTERN MAKING

Learn to modify commercial patterns or design your own. Includes practice plus information on fabrics, trims and other design details. (Please request supplies list when you register).

Location: NWCC  
Instructor: Patt Monkhouse  
Dates: Monday, Jan. 25 - March 29  
Time: 7:30 - 9:30 p.m.  
Fee: \$25.00

## DRAWING

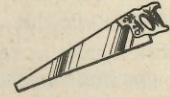
A weekend workshop. Emphasis on individual needs, personal awareness and skills. Drawing pads, newsprint, and a variety of pencils, charcoal, pens, pastels will be useful.

Location: Downtown Centre  
Instructor: Nora Blank, Emily Carr College of Art  
Dates: February 5 - 7  
Times: Friday, 7:30 - 10:30 p.m.  
Saturday & Sunday, 9:00 a.m. - 4:00 p.m.  
Fee: \$30.00

## BASIC CARPENTRY

Woodworking techniques in a project oriented course. Bring only your ideas and pencils to the first class.

Location: Thornhill Jr.  
Instructor: T.B.A.  
Dates: T.B.A.  
Time: 7:00 - 10:00 p.m.  
Fee: \$40.00



## QUIT SMOKING

Films, slides and discussion based on the "Five Day Quit Smoking Plan".

Location: 200-4619 Park Avenue  
Instructor: Dr. Burtch  
Dates: Mon. - Friday, Jan. 25 - Jan. 29  
Time: 7:00 - 9:00 p.m.  
Fee: \$10.00

## SIGN LANGUAGE FOR BEGINNERS

For those who want to communicate with the hearing impaired, or anyone interested in basic signing.

Location: Caledonia School  
Instructor: Sheilah McCullough  
Dates: Mondays, January 25 - March 15  
Times: 7:00 - 9:00 p.m.  
Fee: \$16.00

## DEFENSIVE DRIVING

A classroom course with films and discussion. Learn to avoid accidents!

Location: NWCC  
Instructor: George Brown, Roy Clifford  
Dates: Monday & Wedn., Jan. 11 - 20  
Time: 7:30 - 10:00 p.m.  
Fee: \$15.00

## MICROWAVE COOKING

Basic principles with different ovens used for preparation of various foods from meats to desserts.

Location: Foods Room Caledonia High  
Instructor: Julie Gaunt  
Dates: Thursdays, Jan. 28 - Feb. 18  
Time: 7:30 - 9:30 p.m.  
Fee: \$15.00

## VIDEO WORKSHOPS - Two Courses

### "VIDEO BASICS"

For anyone who wants to know what video is all about and how to use it.

Wednesday & Thursday, January 20 - 21  
7:00 - 9:30 p.m. at NWCC

Pre-registration is required.

Fee: \$16.00

Minimum 7, maximum 8 students.



### "GET IT ON VIDEO"

For anyone interested in production techniques. How to get your ideas, demonstrations, weddings, etc. on video!

Wednesday & Thursday, January 27 - 28  
7:00 - 9:30 p.m. at Caledonia (ETV Studio)

Pre-registration is required.

Fee: \$16.00

Minimum 7, maximum 8 students



## INDOOR PLANT CARE

Perk up your plants this winter. Discussion and information to take home.

Location: NWCC, Room 103a  
Instructor: Jack Atkinson  
Dates: Monday, January 25 (only)  
Time: 7:00 - 10:00 p.m.  
Fee: \$5.00



## SEWING (GENERAL)

For those who have never sewn before or desire assistance with more advanced projects.

Location: Caledonia (Sewing Room)  
Instructor: Carol Clark  
Dates: Thursdays, Jan. 21 - March 25  
Time: 7:30 - 10:00 p.m.  
Fee: \$25.00

## S.T.E.P. (Parent Effectiveness)

Building your child's self-confidence, responsibility and good behaviour. Develop an atmosphere of love and cooperation.

Location: Caledonia  
Instructor: Sean and Debbie Gregg  
Dates: Wednesday, Jan. 27 - March 24  
Time: 7:30 - 9:30 p.m.  
Fee: \$3.00, plus textbook

## MARRIAGE PREPARATION

An opportunity to share feelings and ideas as a couple, on a wide range of subjects: communication skills, conflict resolution, finances, leisure time, sexuality, etc.

Location: NWCC, Room 208  
Instructor: Vic and Marilyn Waram  
Fee: \$20.00 per couple

### Session I

January 30 - February 6,

Friday evenings 7:30 - 10:00 p.m.  
and Saturday, 9:00 a.m. - 4:00 p.m.

### Session II

February 22 - March 29,

Monday evenings, 7:00 - 10:00 p.m.

## INVESTING IN STOCKS

An overview of investments, including: stocks, bonds, capital markets, building a portfolio, blue chip stocks, Jr. Oil and Gas, tax considerations.

Location: NWCC  
Instructor: Bob Bogula  
Dates: Saturday, February 13  
Time: 11:00 a.m. - 5:00 p.m.  
Fee: \$15.00



## MEMORY DYNAMICS

Increase your concentration, imagination, observation and confidence. Improve your retention and recall.

Location: NWCC  
Instructor: Richard Michaels  
Dates: Mon. & Tues., March 22 & 23.  
Times: 7:30 - 10:00 p.m.  
Fee: \$30.00

## EFFECTIVE SPEEDREADING

An integrated approach to reading with emphasis on comprehension, retention, time management etc. The instructor teaches at UVic and Camosun College.

Location: NWCC  
Instructor: Sandi Clay  
Dates: Thurs. & Friday, January 28 & 29  
February 11 & 12  
Time: 7:30 - 10:00 p.m.  
Fee: \$30.00

## SPANISH CONVERSATION

Emphasizes the basic vocabulary and phrases required for travel purposes.

Location: Caledonia  
Instructor: Leydi Noble  
Dates: Tuesdays, January 26 - March 30  
Times: 7:30 - 9:30 p.m.  
Fee: \$29.00

## FRENCH CONVERSATION

Using "Voix et Images" audio-lingual method. The course will be arranged if there is a demand. Call 635-6511, local 254 for information.

## GERMAN CONVERSATION

Meet with instructor once a week. May be based on the Knowledge Network series.

## SO YOU WANT YOUR CHILD TO LEARN FRENCH

Information night, sponsored by Terrace chapter Parents for French. Speakers from preschool, cadre, immersion, school board and others. Of interest to parents, educators, and the general public.

Date: Feb. 3, Wednesday at 7:30 p.m. at the College, Room 208.

Information: 635-2151, 635-4681, 638-8358.

## HEALTH PROFESSIONAL DEVELOPMENT

Some of the courses planned for various centres of the college region include:

- (1) Dealing with the Depressed Client
- (2) Adolescent Sexuality
- (3) Drug Abuse
- (4) G.R.A.S.P. (Nursing Management Information System)
- (5) Systems Approach to Alcoholic Client
- (6) R.N. Refresher (possibly) - (please contact E. Rozee to indicate interest).

For further information, please contact Emily Rozee, Regional Coordinator, Continuing Health Education, N.W.C.C., 635-6511, local 277.

# KNOWLEDGE NETWORK

The following Tele-courses are offered as programs of self-study using televised lessons, student manuals, texts and tutors. Cablevision subscribers can view at home on Channel 12 or attend the College KNOW classroom. Fees for all courses are \$33.00 plus learning materials. Preview: Week of January 11.

## **MIND YOUR OWN BUSINESS**

An introductory course in how to operate a small business. Wednesdays from 11:30 - Noon; Sundays 12:30 - 1:00 p.m. (Repeated).

## **INTRODUCTION TO COMPUTERS - MAKING IT COUNT, Jan. 19 - April 11**

Provides a thorough understanding of the principles of computing.

Tuesdays & Thursdays, 9:00 - 9:30 p.m.  
Saturdays & Sundays, 4:00 - 4:30 p.m.(R)

## **APPLIED SKETCHING, Jan. 19 - May 2**

A sequel to our introductory Freehand Sketching course.

Tuesdays & Thursdays, 11:00 - 11:30 a.m.  
Saturdays & Sundays, 2:00 - 2:30 p.m.(R)

## **DESIGNING HOME INTERIORS, Jan. 18 - May 2**

A comprehensive introductory course on theory and applications in interior design.

Mondays & Wednesdays, 8:00 - 8:30 p.m.  
Saturdays & Sundays, 1:30 - 2:00 p.m. (R)

## **CONVERSATIONAL GERMAN, Jan. 18 - April 2**

Mondays & Wednesdays, 10:00 - 10:30 a.m.  
Saturdays & Sundays, 1:00 - 1:30 p.m. (R)

## **PROJECT UNIVERSE, Jan. 19 - June 2**

A basic, yet comprehensive introduction to the fascinating science of astronomy.

Tuesdays & Thursdays, 9:30 - 10:00 p.m.  
Wednesdays & Fridays, 12:30 - 1:00 p.m. (R)

## **VOYAGES, Jan. 18 - April 29**

This course explores areas of major interest and concern to students, career education instructors and counsellors.

Mondays & Wednesdays, 9:30 - 10:00 p.m.  
Tuesdays & Thursdays, 2:30 - 3:00 p.m. (R)

## **USE YOUR HEAD, Jan. 20 - March 31**

A study skills course which is designed to help you learn, to improve memory and to increase reading efficiency.

Wednesdays, 10:00 - 10:30 p.m.  
No repeats.



*The Federal Business Development Bank  
and Northwest College are co-sponsoring  
a series of evening seminars.*

## **How to start a Small Business**

In a step by step approach to starting your own business, you will learn how to develop a business plan using your own ideas.

Location: NWCC  
Instructor: John Campbell  
Dates: Tues. & Thurs., Jan. 19 - 28, 1982  
Time: 7:30 - 9:30 p.m.  
FEE: \$40.00

## **Bookkeeping for a Small Business**

How to maintain efficient records of your transactions. For the business owner who doesn't have time for "all that paperwork".

Location: NWCC  
Instructor: John Campbell  
Dates: Tues. & Thurs., Feb. 16 - 25, 1982  
Time: 7:30 - 9:30 p.m.  
Fee: \$40.00

## **How to approach your Banker for a Business Loan.**

Find out what a banker looks for when making a decision on a loan request. What kind of information to prepare and how to make your presentation more effective.

Location: NWCC  
Instructor: John Campbell  
Dates: Tues. & Thurs., March 16 - 25, 1982  
Time: 7:30 - 9:30 p.m.  
Fee: \$40.00



University of Victoria Extension Programs and Northwest Community College are pleased to offer three mini-courses:

*The Winter Sky at Night*  
*The Domestic Greenhouse*  
*Alternate Energy Systems (Woodstoves)*

Programs are subject to cancellation if minimum enrolment is not reached within ten days in advance. Call Kathy Mueller at the College for more information.

### **The Winter Sky at Night**

Emphasis will be on our own locale. What constellations do you see when you step outside? Presented in a classroom session with slides, stargazing if weather permits.

Location: NWCC  
Instructor: Dr. Colin Scarfe  
Date: Tuesday, February 9, 1982  
Time: 7:30 - 9:30 p.m.  
Fee: \$5.00  
Minimum Enrolment: 15      Maximum Enrolment: 30

### **The Domestic Greenhouse**

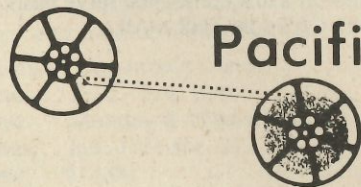
This workshop examines the variety of greenhouses available to the home gardener, including solar technology, and exploring the merits of each. Types of heating, overwintering plants, the range of plants that can be grown in a greenhouse environment, and more.

Location: NWCC  
Instructor: Gordon Monk  
Date: Saturday, March 6, 1982  
Time: 9:00 a.m. - 1:00 p.m.  
Fee: \$15.00  
Minimum Enrolment: 10      Maximum Enrolment: 20

### **Alternative Energy Systems (Woodstoves)**

A course designed for all those who don't think they're experts on woodstove heat! Includes selection, safety of installation and use, ecological concerns, fuel characteristics, and more.

Location: NWCC  
Instructor: Graydon Gibson  
Date: Saturday, January 30  
Time: 9:00 a.m. - 1:00 p.m.  
Fee: \$15.00  
Minimum Enrolment: 10      Maximum Enrolment: 20



## **Pacific Cinémathèque Film Series**

**Thursdays at 8:00 p.m.  
Admission \$2.50**

### **TERRACE**

**JANUARY 21 "Zazi dans Le Metro" — '60 France (R.E.M. Lee Theatre)**  
**FEBRUARY 4 "Newsfront" — '78 Australia (Caledonia High School)**  
**FEBRUARY 18 "The Handyman" — '80 Quebec (R.E.M. Lee Theatre)**  
**MARCH 4 "Thief of Bagdad" — '40 British (R.E.M. Lee Theatre)**  
**MARCH 18 "Bye Bye Brazil" — '79 Brazil (Northwest College)**  
**APRIL 1 "Moscow Does not Believe in Tears" — '80 Russia (R.E.M. Lee Theatre)**  
**APRIL 15 "A Time to Rise" — B.C. Farmworkers**  
**"Wilmar 8" — U.S. Women Bankworkers on strike (R.E.M. Lee Theatre)**

# Adult Basic Education

**"YOU NEVER STOP LEARNING"**

Improve your basic skills or start right from the beginning.

## ENGLISH, MATH & SCIENCE UPGRADING (B.T.S.D.):

For adults who did not complete secondary school these concentrated courses will allow you to acquire the necessary skills to gain grade 10 or 12 standing for entrance into vocational or trades training in the shortest possible time. Work on an individualized, tailored program to meet your goals. Each student begins at their own level and works at their own speed. College certificates are awarded for successful completion of Level 2 (grade 8), Level 3 (grade 10) and Level 4 (grade 12).

YOU MAY ENROLL AT ANY TIME AS SPACE PERMITS.

Monday to Friday: 8:00 - 3:00 p.m. at the College  
Fee: \$22.50 per month  
Book Deposit (refundable): \$25.00  
Student Association Fee: \$1.00 per month

## BASIC UPGRADING — EVENINGS

This is a BTSD program offered on a part-time basis for students who cannot attend during the day, or who wish to work on only one subject area.

Date: Jan. 11 - Mar. 31 Monday & Wednesday  
Time: 7:00 - 10:00 p.m. at the College  
Fee: \$18.00  
Instructor: T.B.A.

## GENERAL DEVELOPMENT (G.E.D.) TESTS:

G.E.D. is a series of tests which provide an opportunity for adults who did not graduate from secondary school to acquire an official document stating that they have a grade 12 secondary school equivalency standing. Costs of these tests are \$10.00 for the series. Applicants must be 19 years of age or older and out of school for one year. Applications are available at the College and must be sent to the Ministry of Education in Victoria.

**THE NEXT G.E.D. EXAM IN TERRACE IS APRIL 16-17, 1982. YOU MAY PURCHASE TEXTS AT THE COLLEGE BOOKSTORE PRIOR TO CLASS, OR FOR HOME STUDY.**

## G.E.D. ASSISTANCE COURSES:

Qualified teachers will assist you with your study and provide lessons on English, Math, Social Studies and Science.

Location: Caledonia High  
Instructor: Eila George and Lynn Turner  
Dates: Tuesdays, Jan. 19 - Apr. 13  
Time: 7:30 - 10:00 p.m.  
Fee: \$10.00, plus Books.

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## Registration

Registration fees are payable in full when registering. Registrations are accepted on a first come, first serve basis. Make cheque or money order payable to NORTHWEST COLLEGE. DO NOT SEND CASH IN THE MAIL.

Name: .....

Address: .....

Home Phone: ..... Work Phone ..... Local .....

I wish to register for the following courses:

1) ..... Fee: \$ .....

2) ..... Fee: \$ .....

3) ..... Fee: \$ .....

TOTAL FEES: \$.....

Mail to:  
NORTHWEST COLLEGE,  
P.O. Box 726, Terrace, B.C.  
Phone 635-6511

Signature: .....

# English Language Training

PLEASE REGISTER IN ADVANCE AT NORTHWEST COLLEGE OR THE DOWNTOWN CENTRE.

NEW STUDENTS MAY TAKE A PLACEMENT TEST WHEN THEY REGISTER.

## OPEN HOUSE

Meet your Teachers Wednesday, January 6, 1982

### DOWNTOWN CENTRE

1:00 - 2:00 p.m.

7:00 - 8:00 p.m.

Coffee & Doughnuts

### INFORMATION

### REGISTRATION

### ADDRESSES:

Downtown: 3304 Kalum Street

Northwest Community College: 5331 McConnell Avenue

Cassie Hall Elementary School: 2620 Eby Street.

No classes April 5 - 12, 1982

Further information: Kathy Mueller, 635-6511

### INTRODUCTORY ENGLISH:

Oral practice of everyday English. Includes listening and speaking skills, and some written practice.

Location: Cassie Hall School

Time: 7:30 - 9:30 p.m.

Days: Tuesdays & Thursdays

Dates: January 12 - Apr. 22

Fees: \$14.00

### INTERMEDIATE ENGLISH

Includes written and oral work, vocabulary development and pronunciation practice.

Location: Downtown Centre

Time: 7:30 - 9:30 p.m.

Days: Monday & Wednesday

Dates: Jan. 11 - Apr. 21

Fees: \$14.00

### ADVANCED ENGLISH:

Includes written and oral work, vocabulary development and pronunciation practice. "Geared to the students level and interest."

Location: Downtown Centre

Time: 7:30 - 9:30 p.m.

Days: Tuesday & Thursday

Dates: January 12 - April 22

Fees: \$14.00

### AFTERNOON ENGLISH:

Includes child care for pre-school children. Open to any adult who wants to attend a part-time course during the day. Level: Introductory.

Location: Downtown Centre

Time: 1:00 - 3:00 p.m.

Days: Tuesday & Thursday

Dates: Jan. 12 - Apr. 22

Fees: \$14.00

### FULL TIME ENGLISH;

#### Daytime Classes

Contact Canada Employment Centre if you want to study English full time. The next course, if funding is available, would begin in September 1982. You may apply to Manpower in January or February 1982.

### CITIZENSHIP:

ANY GROUP WHO WISHES TO INSTRUCT ITS MEMBERS IN CITIZENSHIP IS WELCOME TO CONTACT THE COLLEGE FOR ASSISTANCE. WE WILL PROVIDE FILMS, AND/OR AN INSTRUCTOR. PLEASE CALL 635-6511, LOCAL 254.

**ADULT ENGLISH CLASSES**

**ΑΓΓΛΙΚΑ ΜΑΘΗΜΑΤΑ**

**CLASAS PARA ADULTOS**

**COURS D'ANGLAIS**

**成人英語班**

**AIKUISTEN ENGLANNIN LUOKKA**

**ਦੋਡਮਾ ਦਾਸਤੇ ਅੰਗਰੇਜ਼ੀ ਦੀਆਂ ਜ਼ਮਾਤਾਂ**

**POUR ADULTES**

# Academic Program

## DO YOU KNOW . . . . .

- That we offer a variety of first and second year university courses?
- that these courses are open to anyone in the community?
- that you don't have to have a grade 12 education to attend?
- that we particularly welcome those of you who may have been out of formal schooling for quite some time?
- that you may take a course just for interest and determine your own workload?
- that tuition fees are low (\$34.50 for a course) and that no fees are charged to senior citizens?
- that Bursaries for individual course fees are available from the Faculty Union? (For information please contact the Academic Division or your instructor).
- that we also have special programs for workers, and women?
  - . . . and career-technical programs in Early Childhood Education, Human Service Work and Dental Assisting?
  - . . . and college preparatory courses, especially in Mathematics?
- and that our library (with audio-visual services and a local history information bank) is open to all residents of the community?

WE ENCOURAGE YOU TO ATTEND TWO OR THREE CLASSES IN A COURSE YOU MAY BE INTERESTED IN, JUST TO FIND OUT WHAT IT IS ALL ABOUT. YOU DON'T HAVE TO COMMIT YOURSELF IMMEDIATELY.

Further information about courses and programs can also be obtained from Instructors and Counsellors during

Registration '82  
at the Northwest Community College Campus.

Courses will start the week of January 11.



## HUMANITIES/SOCIAL SCIENCES

### ANTHROPOLOGY 102 (3)

**Friday 9 - 12 noon** - Paul Sneed

Introduction to Social and Cultural Anthropology.

In this general introduction, we will study how people around the world solve basic human problems of making a living, organizing, raising children and dealing with the supernatural. (3, 0, 0)

### ENGLISH 102 (3)

A) **Monday/Thursday, 10:30 - 12 Noon** - George Stanley

or

B) **Thursday, 1 - 4 p.m.** - Klaus Ohlhoff.

Literature and Composition II.

Reading and discussion of modern fiction, essay, drama, and poetry. Lectures on grammar and style. Introduction to the study of language. Written assignments based on analysis of the literature read, personal experience, and subjects of general interest. (3, 0, 0)

### ENGLISH 204 (3)

**Thursday 1 - 4 p.m.** - George Stanley  
Canadian Literature since World War II.

The English literature of Canada from World War II to the present (with some French literature in translation). Reading and discussion of works by Gabrielle Roy, Earle Birney, Margaret Laurence, Al Purdy, Margaret Atwood, and others. Written assignments based on the works read.

### FRENCH 102 (3)

**Mon./Wed./Fri., 9-10:30 a.m.** - Julienne Howard  
Introductory French II.

This course is a continuation of French 101 with introduction to some original French literature. (3, 1½, 0)  
Pre-requisite: French 101 or equivalent.

### HISTORY 106 (3)

**Wednesday evening, 7-10 p.m.** - Peter Weber  
Canada since the 1890's.

In this course we shall analyze the major themes in more recent developments: economic growth and its impact on society (workers, women and aboriginal people), the problem of foreign ownership and its domestic and international repercussions (from the depression in the 1930's to that of today).

Plus: The Patriation of the Constitution in its historical context of Federal-Provincial relations. (3, 0, 0)



**WOMEN'S STUDIES/HISTORY 222 (3)**

**Tuesday, 7-10 p.m.** - Gail Emmerson  
Tracing Our Roots — Women in Canadian History. Using primary and secondary sources and within traditional historical periodization, this course will analyze the complex and fascinating lives of women in New France, early Canada, pioneer and native women in the west and women of twentieth century Canada.

**SOCIOLOGY 102 (3)**

**Tuesday, 12:30 - 3:30 p.m.** - Stan Persky  
Introduction Sociology II

An examination of the major institutions of society and some of the major trends of modern society. Religion, law, education, politics, urbanization, industrialization and social movements will form the basis of the course. (3, 0, 0)

**SOCIOLOGY (WORKERS EDUCATION) 218 (3)**

**Tuesday, 7 - 10 p.m.** - Stan Persky  
Sociology of Labour

Analysis of how the Canadian working class has organized itself under capitalism in its various stages of development.

This course will familiarize the student with the impact of industrialization, uneven economic development, short and long term industrialization, uneven economic development, short and long term industrial growth. Quality of life, the Trade Union movement and political consciousness will also be discussed.

**ENGLISH 151**

**Thursday, 7 - 10 p.m.** - Klaus Ohlhoff  
Technical Writing I

Methods and forms of technical writing, including letters, resumes, short reports, and communications with media. Lectures and exercises in grammar, vocabulary, and style. Students will also read and discuss some modern literature. (3, 0, 0)

**POLITICAL SCIENCE 102 (3)**

**Monday 7 - 10 p.m.** - Stan Persky

Canadian Politics II  
A continuation of Political Science 101. Topics include federalism, foreign policy, provincial governments and politics, and municipal governments and politics (3, 0, 0)

**POLITICAL SCIENCE 204 (3)**

**Wednesday 1 - 4 p.m.** — Stan Persky

Public Service Policy Formation in Canada.

This course will provide students with an introduction to the study of public formation in Canada. It will introduce some basic concepts and approaches and explore the role and importance of a variety of factors in the formulation of Canada public policy. (3, 0, 0)

**PSYCHOLOGY 102 (3)**

**Tuesday, 9 - 12 noon** - Andre Klingner

Introduction Psychology II.

This is a continuation of Psychology 101. Selected topics include: perception; consciousness; motivation and human sexuality; emotion- and cognitive control; personality theory and assessment; deviance, pathology and madness; therapeutic modification of behaviour; social psychology. (3, 0, 0)

**PSYCHOLOGY 202 (3)**

**Monday 1 - 4 p.m.** - Andre Klingner

Developmental Psychology.

This course is a continuation of Psychology 201. Selected topics will include socialization, child rearing practices, effects of the school system, and personality. (3, 0, 0)

**PSYCHOLOGY 222 (3)**

**Thursday 7 - 10 p.m.** - Andre Klingner

Clinical Psychology and Intervention Methods.

The indications for, appreciation and evaluation of therapeutic interventions, techniques such as behavior and cognitive behavior, modification, neurolinguistic programming, group therapy, biofeedback, Psychopharmacology, and relaxation training techniques are the focus of this course. The wholistic approach to human life styling will be discussed. Pre-requisite: Psychology 101/102 or permission of instructor.

**MATHEMATICS/SCIENCES****BIOLOGY 102 (3)**

**Lecture Tuesday 3:30 - 5 p.m**

**Wednesday 10:30 - 12 noon** - Allen Gottesfeld

**Lab I Wednesday 1 - 4 p.m.** - Leslie Gottesfeld  
or

**Lab II Thursday 1 - 4 p.m.** - Allen Gottesfeld

A continuation of Biology 101. The course covers population genetics, evolution and adaption, anatomy and physiology, animal behaviour and ecology. The laboratory will cover higher invertebrates, genetics, vertebrate anatomy and histology, functional and comparative anatomy and ecology. At least one field trip will be included. Techniques will involve culturing of *Drosophila*, use of microscopes, dissection and

macrostudy of specimens, and use of field equipment. (3, 3, 0)

Pre-requisite: Biology 101 or consent of instructor.

**CHEMISTRY 102 (3)**

**Lecture Mon./Thurs. 1 - 3 p.m.** - Norm Webster

**Lab Tuesday 1 - 4 p.m.**

A continuation of Chemistry 101.

**TOPICS:**

Thermochemistry  
Redox Reactions and electrochemistry  
Acids and Bases  
pH hydrolysis, buffers  
Introduction to organic chemistry. (4, 3, 0)

Pre-requisite: Chemistry 101 or permission of the instructor.

### COMPUTER SCIENCE 121 (3)

Lecture Monday 7 - 9 p.m. Carolyn Williston

Lab I Wednesday 7 - 9:30 p.m. or

Lab II Thursday 7 - 9:30 p.m.

An Introduction to Computer Programming.

A one semester course for those who wish to learn to write programs in high level computer language. (Either Fortran or Pascal will be offered). Problem solving will be emphasized. Algori and flow charts will be prepared prior to the writing of programs. Programs will be run by students on an Apple II plus microcomputer. (2, 2½, 0)

Pre-requisite: Math 151, or Grade 12 Math or Math 083/084.

### GEOLOGY 157 (3)

Thursday 7 - 10 p.m. - Allen Gottesfeld

Introduction to Norstest Geology.

Introduction to the earth sciences with particular emphasis on the geology of the Northwest. Topics to be studied will include the history and structure of the Earth, rocks and minerals, ore deposits and economic minerals, fossils, volcanic geology, geology of the Northwest, glacial geology and origin of local landforms. Anticipated field trips may include some of the following: trips to the Tseax lava flow, a local glacier, one or more mineralized areas, and a historical geology/regional structure trip.

(3, 0, 0)

### MATH 102 (4½)

Mon/Wed./Fri., 9 - 10:30 a.m. - Carolyn Williston

Calculus II. A continuation of Math 101 in which the basic techniques of INTEGRAL calculus will be studied. The course is designed to meet the needs of Science and Engineering students at a first year university level.

(4½, 0, 1)

Pre-requisite: Math 101

### PHYSICS 102 (3) — Alec Cooper

Tuesday, 7:00 - 10:00 p.m.

Lab — Thursday 7:00 - 10:00 p.m.

Introductory Physics II

An introductory survey of electricity, magnetism and light; electrostatics; electric fields, capacitance, potential, currents, resistance, electric circuits, magnetic forces, magnetic fields, electromagnetic induction; alternating currents, waves and light; interference, diffraction; emission and absorption spectra, special relativity.

(3, 3, 0)

Pre-requisite: Physics 101.

## COLLEGE PREPARATORY COURSES

### MATHEMATICS 084

Tuesday/Thursday, 7 - 9 p.m. - Gary Tupper

Math 12 - II

A continuation of Math 083. (4, 0, 0)

Pre-requisite: Math 083 - A two semester course in which the class meets twice per week to cover the topic prescribed in the Algebra 12 course.

### PHYSICS 082

Monday 7:00 - 10:00 p.m. — John Toews

Lab — Wed. 7:00 - 10:00 p.m.

A basic introduction to Physics 11

Algebra: the language of Physics.

Motion: a) Kinematics, b) the watt,

c) dynamics (the how!)

d) special relativity - the wow!

Energy: a) mechanical, b) heat, c) electrical, d) nuclear.

Waves and Photons: a) wave phenomena,

b) particle phenomena, c) quantum and atoms.

## HUMAN SERVICE WORKER PROGRAM

The Human Service Workers (HSW) Program is directed at those people who wish to obtain training and skills in the social fields. This training will include university transfer courses and special courses to prepare students to work at a para-professional level in helping and caring for people with different needs (for example, families under stress, special needs children, low-income groups, etc.)

The full-time program commences in September. However, students may wish to begin the course on a part-time basis in January. For more information, please phone Sara Collinson at 635-6511, local 236.

### HSW 156

Wednesday 9 - 12 a.m. - Dora Fitzgerald

Community Services - Advanced.

This course focuses on the structure and process of community based human services. The student will survey current family and children's legislation with emphasis on fragmentation and the need for change. (3, 0, 0)

### HSW 162

Friday 9 - 12 a.m. - Sara Collinson

Communications II.

Further study and development of the processes of communication, especially as they relate to the helping field, e.g. giving support, interviewing, responding, empathically, confrontation, relation-building, etc. (3, 0, 0)

### HSW 164

**Monday 1 - 4 p.m.** - Sara Collinson  
Behaviour Management.

This course is an introductory study to the techniques used in managing behaviour. It will look at how behaviour is learned and there fore can be relearned for effective living. (3, 0, 0)

### HSW 166 (Political Science 204)

**Wednesday, 1:00 - 4:00** — Stan Persky  
Public Service Policy Formation in Canada.

This course will provide students with an introduction to the study of public formation in Canada. It will introduce some basic concepts and approaches and explore the role and importance of a variety of factors in the formulation of Canada public policy. (3, 0, 0)

### HSW 192 - Practicum II

**Thursday 9 a.m. - 4 p.m.** - Dora Fitzgerald

Supervised work experience in a related work setting during the month of April. In addition to the work time there will be regular seminars to discuss students' experience, exchange feedback, as well as regular on-site visits with instructor, supervisor and student. (3, 6, 0)

Pre-requisite: Permission of instructor.

### HSW 262

**Wednesday 9 a.m. - 12 noon** - Fred McDonald  
Alcohol and Drug Abuse.

This course will deal with the influence of alcohol and drug dependencies in institutional and community settings. Included will be the effects of alcoholism and the workplace. There will be substantial emphasis on practical approaches in working with abusers as well as theoretical development.

### HSW 292 PRACTICUM IV

**Thursday 9 a.m. - 4 p.m.** - Dora Fitzgerald

Supervised work experience, on-site visits and seminars, to further prepare the student as an effective helper.

Pre-requisite: Permission of instructor. (3, 6, 0)

## DENTAL ASSISTING ADVANCE NOTICE

**DENTAL ASSISTING** offers a challenging career in the health profession.

The Dental Assisting Program is intended to prepare persons (both male and female) for employment in private dental clinics, hospital dental clinics and community dental services programs.

The full-time program (Monday through Friday) extends over a period of nine months (mid-September to mid-July) and will again be offered in Terrace in 1982/83.

The program will be assigned to another college in the summer of 1983 and is not expected to return to Terrace before 1988 or 1989.

For additional information, please contact the Academic Division of the Registrar's office, 635-6511.

## Early Childhood Education

**Early Childhood Education** is a career option for both men and women. The course prepares people to work with young children in group settings such as Daycare Nursery Schools, Playschools and Special Education. We are now taking applications for the fulltime program in the Fall of 1982. In addition the winter offerings for part-time courses are listed below.

- ECE 121 Program Development II
- ECE 122 Curriculum Development II
- ECE 123 Human Relations
- ECE 126 Practicum II
- ECE 128 Models and Methods of Parent Involvement
- ECE 129 Work-Study Course.

For further information on the fulltime or part-time programs call the college - 635-6511 or 635-2194. or Commission members listed above.

**LEARNING RESOURCES  
CENTRE**

**Monday - Thursday**  
8:30 - 5:00; 6:00 - 10:00

**Friday**  
8:30 - 4:30

**Saturday**  
10:00 - 5:00

**Sunday**  
1:00 - 5:00

**WE ARE OPEN  
TO THE PUBLIC!**

- 16,000 Books
- Reading Area
- Audio Visual Study Carrels
- Knowledge Network/Seminar Room
- Information Bank
- Typing and Microcomputer Rooms

# TERRACE PARKS & RECREATION DEPARTMENT



OFFICE: Located in Arena - 3320 Kalum Street  
Open Monday to Friday, 8:30 a.m. to 4:30 p.m.

TELEPHONE: 638-1174

MAILING ADDRESS: No. 5-3215 Eby Street, Terrace, B.C. V8G 2X6

## PARKS & RECREATION COMMITTEE OF COUNCIL:

Molly Nattress (chairperson)  
David Gellately  
Marguerite Clarkson  
Gordon Galbraith

## TERRACE ADVISORY RECREATION COMMISSION:

Flavio Gervo  
Glenn Thomsen  
Mike Brady  
Julius Komlos  
Don Dunster

### District of Terrace Representative:

Molly Nattress

### School Board Representative:

Dennis Brewer

The Advisory Recreation Commission consists of a cross-section of community members and is appointed by Council to assist in the development and improvement of Recreation for our community.

Public meetings are held at **8:00 p.m.** on the 4th Wednesday of the month. For location call 638-1174. The main purpose of the Commission is to act as a sounding board for community opinion and then make suggestions to the District of Terrace Council. The Commission, through the District of Terrace Council is dedicated to facilitating, co-ordinating and providing a comprehensive system of leisure facilities and program opportunities for all citizens of the Terrace area.

If you have any suggestions or opinions regarding recreation in Terrace, please call one of your Committee of Council members or Commission members listed above.

## Program Announcements, Arena or Pool Events

Watch the local  
Newspapers!

NEWS ADVERTISER  
DAILY HERALD

Listen to Radio  
CFTK's Datebook

## Arena and Pool Schedules

Available at Arena Office  
or call our  
24-Hour  
recorded information line:  
**635-9212**

## INSTRUCTORS REQUIRED

The District of Terrace, Parks and Recreation Department is looking for the most talented and motivated people to teach a wide variety of subjects. Your hobby or special expertise can be the source of a part-time income, and a pleasant way to meet interesting new friends.

If you would like to offer a class under the auspices of the Recreation Department, send a prospective course description and your qualifications. Before listing your class, we'll want to meet you in a personal interview. If you are new to teaching but have a practical skill or craft to offer, we'll help you plan and organize your class.

If interested, phone 638-1174, or send your course description and qualifications to:

Recreation Program Division,  
District of Terrace,  
Parks & Recreation Department,  
No.5-3215 Eby Street, Terrace, B.C.  
V8G 2X6.

# PRE-SCHOOL PROGRAMS

## TIME FOR TOTS

3 - 5 years

This creative pre-school variety program includes arts, crafts, games, sing songs, story time and free play, with an emphasis on socialization. Please bring your child's birth certificate to pre-registration. Parents are asked to assist for one duty-day.

INSTRUCTOR: Lucy Silva Carrita

### SESSION I

TIME: Tues. & Fri. 9:30 - 11:30 a.m.  
DATES: January 12 - February 19  
LOCATION: Arena Banquet Room  
FEE: \$31.00

### SESSION II

TIME: Tues. & Fri., 9:30 - 11:30 a.m.  
DATES: February 23 - April 1  
LOCATION: Arena Banquet Room  
FEE: \$31.00

### SESSION III

TIME: Tuesdays, 1:00 - 3:00 p.m.  
DATES: January 19 - March 23  
LOCATION: Arena Banquet Room  
FEE: \$26.00

### SESSION IV

TIME: Thursdays, 1:00 - 3:00 p.m.  
DATES: January 21 - March 25  
LOCATION: Arena Banquet Room  
FEE: \$26.00



## TIME FOR TOTS

2½ - 3½ Years

This introductory program is for those who have never participated in a preschool recreation program before. Program includes free play, arts and crafts, games, sing song, story time and other socializing activities. Parents are asked to assist for one duty day.

Maximum — 12 children.

INSTRUCTOR: Lucy Silva Carrita

### SESSION V

TIME: Thursdays 9:30 - 11:30 a.m.  
DATES: January 21 - March 25  
LOCATION: Arena Banquet Room  
FEE: \$26.00

## KIDNASTICS — Beginners

For ages 4-5 only, this is a program for building strength, coordination, and flexibility. Through various exercises and tumbling, balance will be emphasized. An excellent program to start a youngster off into any sport.  
INSTRUCTOR: Eva Komlos

### SESSION I

TIME: Mon. & Wed., 1:00 - 2:00 p.m.  
DATES: January 11 - February 17  
LOCATION: Arena Banquet Room  
FEE: \$16.00

### SESSION II

TIME: Mon. & Wed., 1:00 - 2:00 p.m.  
DATES: February 22 - March 31  
LOCATION: Arena Banquet Room  
FEE: \$16.00

## KIDNASTICS - Intermediate

For those 4 and 5 year olds who have taken 2 or more kidnastics classes and want a more in-depth class: Maximum of 10.  
INSTRUCTOR: Eva Komlos

### SESSION I

TIME: Mon. & Wed., 2:15 - 3:15 p.m.  
DATES: January 11 - February 17  
LOCATION: Arena Banquet Room  
FEE: \$16.00

### SESSION II

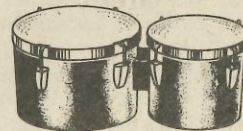
TIME: Mon. & Wed., 2:15 - 3:15 p.m.  
DATES: February 22 - March 31  
LOCATION: Arena Banquet Room  
FEE: \$16.00

## KINDERDANCE

An introduction to movement, music and rhythm through dance and musical games. For 4 & 5 year olds.

INSTRUCTOR: Pat Stone

TIME: Friday, 1:00 - 2:00 p.m.  
DATE: January 22 - March 12  
LOCATION: Arena Banquet Room  
FEE: \$10.00



## TOTS ON ICE

A very popular program for pre-schoolers with the emphasis on learning the basic skills of skating through fun. Parents are encouraged to be spectators only during this session.

### SESSION I: Intermediate Level

TIME: Mon. & Wed., 9:00 - 9:30 a.m.  
DATES: January 18 - February 10  
LOCATION: Terrace Arena  
FEE: \$6.00

### SESSION II: Intermediate Level

TIME: Mon. & Wed., 9:30 - 10:00 a.m.  
DATES: January 18 - February 10  
LOCATION: Terrace Arena  
FEE: \$6.00

### SESSION III: Beginner Level

TIME: Mon. & Wed., 10:30 - 11:00 a.m.  
DATES: January 18 - February 10  
LOCATION: Terrace Arena  
FEE: \$6.00



## PAINT & PUTTER

A variety of art and craft experiences for the 4-6 year olds.

INSTRUCTOR: Pat Stone  
TIME: Wednesday, 1:00 - 2:00 p.m.  
DATE: January 20 - March 24  
LOCATION: Terrace Arena Kitchen  
FEE: \$13.00



## MOM & TOT GYM TIME

Gym fun for 2 and 3 years old. An opportunity to explore movement skills, co-ordination, balance, and strength building exercises through fun activities and games. Parents must attend each session.

INSTRUCTOR: Eva Komlos

### SESSION I

TIME: Mon. & Wed., 9:00 - 10:00 a.m.  
DATES: January 11 - February 17  
LOCATION: Arena Banquet Room  
FEE: \$16.00

### SESSION II

TIME: Mon. & Wed., 10:15 - 11:15 a.m.  
DATES: January 11 - February 17  
LOCATION: Arena Banquet Room  
FEE: \$16.00

### SESSION III

TIME: Mon. & Wed., 9:15 - 11:15 a.m.  
DATES: February 22 - March 31  
LOCATION: Arena Banquet Room  
FEE: \$16.00

### SESSION IV

TIME: Mon. & Wed., 10:15 - 11:15 a.m.  
DATES: February 22 - March 31  
LOCATION: Arena Banquet Room  
FEE: \$16.00

# YOUTH

## CHILDREN'S ARTS & CRAFTS

**For 6 - 8 year olds.** Includes drawing, painting, cartooning, papermache, mask making, etc.

INSTRUCTOR: Tony Bec  
TIME: Thursday, 3:30 - 5:00 p.m.  
DATES: January 21 - March 25  
LOCATION: Arena Banquet Room  
FEE: \$18.00



**For 9 - 12 year olds.** Includes drawing, painting, cartooning, papermache, mask making, cardboard construction, etc.

INSTRUCTOR: Tony Bec  
TIME: Friday, 3:30 - 5:00 p.m.  
DATES: January 22 - March 26  
LOCATION: Arena Banquet Room  
FEE: \$18.00

## BEGINNER GUITAR

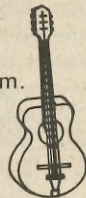
**For 9 - 12 year olds.** Come and learn to play the guitar -chords, picking, strumming, and note playing. Music will be Pop, Folk, Country and Western and Rock.

INSTRUCTOR: Tony Bec  
TIME: Tuesdays, 4:00 - 5:30 p.m.  
DATES: January 19 - March 23  
LOCATION: Terrace Arena Banquet Room  
FEE: \$18.00

## BEGINNER GUITAR FOR TEENS

Bring your own guitar and learn skills in picking, strumming, chords, and note playing. Music includes Pop, Folk, Country and Western and Rock.

INSTRUCTOR: Tony Bec  
TIME: Wednesdays, 6:30 - 8:00 p.m.  
DATES: January 20 - March 24  
LOCATION: Caledonia Sr. Sec., Rm. 103  
FEE: \$20.00



## BABYSITTING COURSE

The Red Cross Babysitting Program, sponsored by the Terrace Kinettes will be offered at Skeena Jr. Secondary School on Wednesdays from 4:00 - 5:00 p.m. This course for students 12 years of age and older will include child behaviour, care, safety and First Aid, Recreation and Art Ideas, etc. For more information call Brenda Hourie at 635-4449. Registration will be Wednesday, February 10th at Skeena Jr. Secondary. Please bring your birth certificate.

Fee: \$2.00

## TERRACE PEAKS GYMNASTIC CLUB

Coaches offer youths 6-16 years an opportunity to improve physical fitness through the enjoyment of gymnastics. Sessions are held Saturday morning at Clarence Michiel School with registration on Saturday, January 16, 9:00 a.m. at Clarence Michiel School. Talented gymnasts are selected from the Saturday club to train at advanced or competitive levels. Call Joan Brady at 638-1884 for information and registration details.

## HAND PUPPETRY FOR CHILDREN

Create your own puppets from cloth, papermache, styrofoam, etc., and then learn the technique of hand puppetry. You will be able to make at least 2 puppets and participate in writing and performing short puppet shows. For 8 - 12 year olds.

INSTRUCTOR: Chris Poole  
TIME: Saturday, 1:00 - 2:30 p.m.  
DATES: January 23 - March 6  
LOCATION: Terrace Pool Board Room  
FEE: \$13.00

## KIDS IN THE KITCHEN

Learn all about mixing ingredients, baking, nutrition and best of all, eating your own creations. Different recipes are used in each class. For ages 8 - 12.

INSTRUCTOR: Cathy Van Dyk

### SESSION I

TIME: Wednesday, 6:30 - 8:30 p.m.  
DATES: January 20 - February 17  
LOCATION: Skeena Jr. Secondary,  
Home Ec. Room  
FEE: \$15.00 plus \$10.00 lab fee

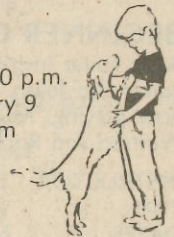
### SESSION II

TIME: Wednesday, 6:30 - 8:30 p.m.  
DATES: February 24 - March 24  
LOCATION: Skeena Jr. Secondary,  
Home Ec. Room  
FEE: \$15.00, plus \$10.00 lab fee.

## PET CARE

For 8 - 12 year olds, this will be an introduction to pet care, for dogs, cats and pet store variety rodents. Course will cover feeding and housing requirements, health and basic training.

INSTRUCTOR: Garth Webber  
TIME: Tuesdays, 6:30 - 8:00 p.m.  
DATES: January 19 - February 9  
LOCATION: Arena Banquet Room  
FEE: \$7.50



## STUFFED ANIMAL TOYS FOR KIDS

8-12 year olds will enjoy making a 12-inch stuffed animal in class. All sewing is done by hand and materials are provided. Choices include a skunk, beaver or elephant. Tell us your choice at registration.

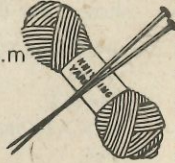
INSTRUCTOR: Cathy Van Dyk  
TIME: Mondays, 6:30 - 8:00 p.m.  
DATES: February 15 - March 22  
LOCATION: Skeena Jr. Sec. - Home Ec.  
Room  
FEE: \$11.00, plus \$5.00 lab fee.

# CULTURAL, SOCIAL & GENERAL INTEREST

## BASIC KNITTING

Instruction on basic stitches, increasing and decreasing. Bring one ball of light colored, knitting worsted weight wool and No. 5 knitting needles to the first class.

INSTRUCTOR: Susan Halfpenny  
TIME: Wednesday, 7:30 - 9:30 p.m.  
DATES: February 17 - March 24  
LOCATION: Caledonia Sr. Sec., Rm. 3  
FEE: \$16.00



## STAINED GLASS FOR BEGINNERS

Make your own project under the guidance of an expert. Cost of materials ranges from \$30.00 upwards depending on materials chosen. Bring a 12" ruler to the first class. Proper glass cutter are provided.

INSTRUCTOR: Matt Ehes  
TIME: Thursdays, 7:30 - 9:30 p.m.  
DATES: January 21 - March 11  
LOCATION: 4820 Halliwell  
FEE: \$25.00, plus cost of supplies

## BASIC CROCHET

Learn the basic crochet stitches — chain, double, half-double, treble and single as well as increasing and decreasing. Bring one ball of light colored, knitting worsted weight wool and a size 5 crochet hook to the first class.

INSTRUCTOR: Susan Halfpenny  
TIME: Wednesday, 7:30 - 9:30 p.m.  
DATES: January 13 - February 10  
LOCATION: Caledonia Sr. Sec., Rm. 3  
FEE: \$13.50

## BASIC NEEDLEPOINT

Learn needlepoint by making a pillow including 14 basic stitches. We will take you from choosing material through to the finishing techniques. No supplies are necessary for the first session.

INSTRUCTOR: Susan Halfpenny  
TIME: Monday, 7:30 - 9:30 p.m.  
DATES: January 18 - March 22  
LOCATION: Caledonia Sr. Sec., Rm. 3  
FEE: \$27.00

## BEGINNER GUITAR

Basic guitar instruction for beginners. Bring your own guitar and learn skills in picking, strumming, chords, note playing. Music includes Pop, Folk, Country and Western and Rock.

INSTRUCTOR: Tony Bec  
TIME: Wednesday, 8:15 - 9:45 p.m.  
DATES: January 20 - March 24  
LOCATION: Caledonia Sr. Sec., Rm. 103  
FEE: \$20.00



## SKEENA CENTRE

*The Skeena Centre is open Monday to Friday from 9:00 a.m. to 3:00 p.m. to all Senior Citizens in the area who want to drop in and enjoy the handicraft program free of charge. A complimentary meal is provided as well.*

**Transportation can be provided by calling 635-2265, local 36.**

## TRADITIONAL QUILTING

Enjoy designing and making patch work quilts. Practice with doll sized quilts, cushions, or wall hangings and finish with a large size quilt.

INSTRUCTOR: Sue Nelson

### SESSION I

TIME: Thursdays, 7:30 - 10:00 p.m.  
DATES: January 21 - March 25  
LOCATION: Thornhill Jr. Secondary  
FEE: \$33.00

### SESSION II

TIME: Wed., 1:00 - 3:30 p.m.  
DATES: January 20 - March 24  
LOCATION: Terrace Library Basement  
FEE: \$33.00

## CHESS CLUB

The club extends an open invitation to anyone interested in learning to play chess and challenges chess players to drop in for a game or two at the Terrace Swimming Pool Board Room, Tuesdays at 7:00 p.m. Call Joe Mandur Sr. for further information at 635-5419. NO CHARGE.

## DOG OBEDIENCE

Do you want a more obedient dog? Are you interested in obedience trial work? This course will be of interest to you. Classes held Wednesday evenings at the Thornhill Community Centre. Pre-register by calling Lynn Perrin at 638-1226. First Class is January 13th.

FEE: \$25.00

## HAPPY GANG CENTER

The B.C. Old Age Pensioners Organization 'Happy Gang Center', located at 3226 Kalum Street, offer all Senior Citizens of our community a variety of activities that any senior may enjoy who drops into the centre. A television and stereo are also there for entertainment. Tea and coffee are served and sandwiches, soups and desserts are available for \$1.50 from 12 noon to 1:00 p.m. The centre is open Monday - Friday from 10:00 a.m. to 4:00 p.m. Visitors are always welcome.

Outside activities include bowling, skiing, curling, etc.

Call the centre at 635-9090 if you have any questions.



# FITNESS AND SPORTS

## AEROBIC DANCERCIZE

You don't have to be a dancer to dance your way to fitness in this 6 week session. Learn 12 basic dances while stretching and strengthening muscles, increasing your endurance and strengthening your heart. Aerobic dancercize . . . . the ultimate experience.

INSTRUCTOR: Colleen Lucas  
TIME: Mon. & Wed., 7:30 - 8:30 p.m.  
DATES: February 1 - March 10  
LOCATION: Uplands Elementary School  
FEE: \$15.00

## WOMEN'S BODY BUILDING

Your personal goals and abilities will be considered in this program which will start with theory and technique and work into a body building program that can give you a certain type of fitness, weight loss, increase your confidence and make your chores a breeze.

INSTRUCTOR: Linda Lee  
TIME: Mon. & Wed., 7:30 - 8:30 p.m.  
DATES: January 18 - February 24  
LOCATION: Caledonia Sr. Sec., Univ. Gym Room  
FEE: \$15.00



## BALLROOM DANCING

Join our expert dance instructor, John Reitz, for lots of fun while learning the tango, waltz, foxtrot and polka. Time permitting, other dances will be taught upon request. It's advisable to sign up the course with a partner, but not necessary.

INSTRUCTOR: John Reitz

### SESSION I

TIME: Tues. & Wed., 8:00 - 9:30 p.m.  
DATES: January 19 - February 17  
LOCATION: Arena Banquet Room  
FEE: \$20.00

### SESSION II

TIME: Tues. & Wed., 8:00 - 9:30 p.m.  
DATES: February 23 - March 24  
LOCATION: Arena Banquet Room  
FEE: \$20.00

## HATHA YOGA

Open to both men and women this program is designed to promote relaxing, rejuvenating and energizing of the body.

INSTRUCTOR: Sue Springer

### SESSION I

TIME: Tuesdays, 9:30 - 11:00 a.m.  
DATES: January 19 - March 23  
LOCATION: Skeena Health Unit Auditorium  
FEE: \$19.00

### SESSION II

TIME: Monday, 8:00 - 9:30 p.m.  
DATES: January 18 - March 22  
LOCATION: Clarence Michiel Elem. School, Rm. 16  
FEE: \$19.00

### SESSION III

TIME: Wed. 8:00 - 9:30 p.m.  
DATES: January 20 - March 24  
LOCATION: Clarence Michiel Elem. School, Rm. 16  
FEE: \$19.00

## LADIES KEEP FIT

(Formerly Women's Fitness to Music)

All exercise programs involve continuous exercise to taped music and a variety of strength, flexibility, muscle toner and relaxation exercises. One free class will be held before each session starts. Call the Recreation Office at 638-1174 for the date and time.

### SESSION I

INSTRUCTOR: Kathy Samuel  
TIME: Mon. & Thurs., 7:30 - 8:30 p.m.  
DATE: January 18 - March 25  
LOCATION: Thornhill Primary School  
FEE: \$25.00

### SESSION II

INSTRUCTOR: Colleen Lucas  
TIME: Mon. & Wed., 6:30 - 7:30 p.m.  
DATE: January 18 - March 24  
LOCATION: Uplands Elementary School  
FEE: \$25.00

### SESSION III

INSTRUCTOR: Sue Springer  
TIME: Monday, 6:30 - 7:30 p.m.  
DATE: January 18 - March 22  
LOCATION: Thornhill Primary School  
FEE: \$12.50

### SESSION IV

INSTRUCTOR: Sue Springer  
TIME: Thursday, 6:30 - 7:30 p.m.  
DATE: January 21 - March 25  
LOCATION: Thornhill Primary School  
FEE: \$12.50

## BASIC FIGURE SKATING for Adults

Learn balance, spins, dance steps, turns and skating backwards — all at your own speed.

TIME: Mon. & Wed., 10:00 - 10:30 a.m.  
DATES: January 18 - February 10  
LOCATION: Terrace Arena  
FEE: \$15.00

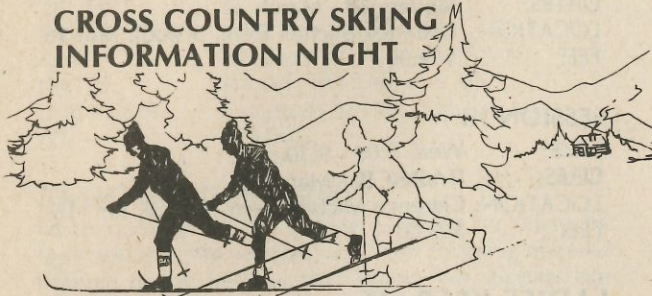
## MEN'S DROP-IN BASKETBALL AND VOLLEYBALL

Fun, fitness and exercise limited to the first 15 who show up.

CO-ORDINATOR: Jerry De Kerf

TIME: Mondays, 7:00 p.m.  
DATES: January 11 - March 29  
LOCATION: Cassie Hall Elementary School  
FEE: No Charge

## CROSS COUNTRY SKIING INFORMATION NIGHT



Gary Baker, who possesses an extensive background in cross country skiing will cover equipment required for ski touring and mountaineering (skis, poles, boots, survival, etc.) as well as show films on skiing techniques — Diagonal Stride, Double poling, Climbing and Downhill, Turning, Waxing and Trail Sense.

INSTRUCTOR: Gary Baker  
TIME: Wednesday, 7:00 - 10:00 p.m.  
DATES: January 6th  
LOCATION: Caledonia Sr. Sec. - Lecture Theatre  
FEE: No Charge

## WORKSHOPS AND CLINICS

### AEROBIC DANCERCIZE WORKSHOP

For fitness instructors, teachers or interested participants, this 9 hour introductory workshop will give you an understanding of aerobic exercise and introduce you to basic aerobic dance. You will not only learn 6 basic dances but learn a new fun way to fitness.

INSTRUCTOR: Colleen Lucas  
TIME: Friday 7:00 - 9:00 p.m.  
Saturday 10:00 - 4:00 p.m.  
DATES: January 29 & 30  
LOCATION: Terrace Arena Banquet Rm.  
FEE: \$12.00

## NOON HOUR HOCKEY

An opportunity to drop in at noon for a game of informal hockey. A lightweight puck is used and all business people are encouraged to come out on their lunch hours for some fun and exercise. Change rooms and showers are available.

TIME: Mon., Wed. & Fri., 11:30 - 12:45 p.m.  
DATES: January - May  
LOCATION: Terrace Arena  
FEE: \$1.50 a session. Pay at Arena Office.

## ARCHERY

The Skeena Archers invite all archers to their informal shoot nite, Tues. & Thurs., 7:00 p.m. at Copper Mountain Elementary School.

## BADMINTON CLUB

The Badminton Club meets for informal practice and play Tuesdays and Thursdays at Thornhill Jr. Secondary, 7:30 p.m. Adults are welcome to come, play and eventually join the club if they wish.

## MEN'S INDOOR SOCCER

Off season skill and fitness training for adult soccer players.

CO-ORDINATOR: Peter Simpson  
DATE: Wednesday, January 13 - March  
TIME: 9:00 - 10:30 p.m.  
LOCATION: Caledonia Sr. Secondary  
FEE: No Charge

## WOMEN'S DROP-IN BASKETBALL

Fun and exercise for women 17 and up. Includes warm-up exercises, practice drills, and games.

LOCATION: Caledonia Sr. Secondary Gym  
DATE: Tues. & Thurs., January 11 - May  
TIME: 8:30 - 10:00 p.m.  
FEE: No Charge

## WOMEN'S INDOOR SOCCER

For all women 17 and up. This program will include off season skill and fitness training. Call Gail at 635-4754 for more information.



## SPORTS INJURY WORKSHOP

This weekend workshops will cover the prevention and treatment of sports injuries that are common to many sports: hockey, soccer, jogging, etc. This clinic will be taught by Dr. Schamberger of the Department of Rehabilitation Medicine at Shaughnessy Hospital. Feb. 19 & 20 Terrace Arena Banquet Room

*To find out more about these and other clinics call 638-1174. Clinics include Candy Making, Level I Coaching Clinic and more. Pre-registration is required.*

# TERRACE ARENA

3320 Kalum Street

## Public Skating Schedule

MONDAY:	11:30 a.m. - 12:45 p.m.	Noon Hockey
	2:00 p.m. - 3:00 p.m.	Public Skate
TUESDAY:	11:30 a.m. - 12:45 p.m.	Noon Skate
	7:00 p.m. - 8:00 p.m.	Public Skate
WEDNESDAY:	11:30 a.m. - 12:45 p.m.	Noon Hockey
	6:30 p.m. - 7:30 p.m.	Family Skate
THURSDAY:	11:30 a.m. - 12:45 p.m.	Noon Skate
	6:30 p.m. - 7:30 p.m.	Public Skate
FRIDAY:	11:30 a.m. - 12:45 p.m.	Noon Hockey
SATURDAY:	1:00 p.m. - 2:00 p.m.	Public Skate
SUNDAY:	1:00 p.m. - 2:00 p.m.	Family Skate
	7:00 p.m. - 8:00 p.m.	Public Skate



## Admission

### PUBLIC SKATING FEES:

CHILD:	.60
STUDENT:	.80
ADULT:	1.50
SENIOR CITIZEN:	.60
FAMILY:	2.25

### STRIP TICKETS

CHILD:	10/ 4.75
STUDENT:	10/ 6.50
ADULT:	10/12.00
SENIOR CITIZEN:	10/ 4.75

### SEASONS PASSES:

CHILD:	14.50
STUDENT:	19.25
ADULT:	36.00
SENIOR CITIZEN:	14.50
FAMILY:	54.00

COST OF SEASONS PASSES DECREASE  
EVERY TWO MONTHS

## Times Available For Private Bookings

MONDAY	12:15 a.m. to 5:00 a.m.
TUESDAY	12:15 a.m. to 5:00 a.m.
WEDNESDAY	12:45 a.m. to 5:00 a.m.
THURSDAY	1:00 a.m. to 5:00 a.m.
SATURDAY	8:15 p.m. to 10:15 p.m.
	1:00 a.m. to 5:00 a.m.
SUNDAY	2:15 p.m. to 5:15 p.m.
	12:45 a.m. to 5:00 a.m.

### PRIVATE ICE RENTAL RATES:

12:00 noon to 12:00 midnight	\$55.00 per hour
12:00 midnight to 2:00 a.m.	\$41.25 per hour
2:00 a.m. to 5:00 a.m.	\$27.50 per hour

**BANQUET ROOM** is available for bookings. Rates are as follows:

LOCAL NON-PROFIT	Evenings (6:00 p.m. - 2:00 a.m.)	\$110.00
	Other times	\$10.00 per hour
COMMERCIAL OR OUT OF TOWN	Evenings (6:00 p.m. - 2:00 a.m.)	\$250.00
	Other times	\$10.00 per hour

FOR MORE INFORMATION APPLY AT THE ARENA OFFICE OR PHONE 638-1174  
MONDAY TO FRIDAY 8:30 a.m. — 4:30 p.m.

# Terrace Pool Programs

3320 Kalum Street, 638-1177

**General Philosophy** - The philosophy of the Lesson Program here at the Terrace Pool is to provide you, the participants, an opportunity to learn swimming skills, to help develop a good attitude toward fitness and to make it all an enjoyable experience. With this in mind, wholesome and pleasurable aquatic experiences can be pursued for a lifetime.

Our objective at the Terrace Pool is to introduce as many people as possible to the fun and fitness that can be derived from swimming. We keep a well balanced ratio of pupils to qualified Instructors and emphasize the joy of swimming as you learn the skills.

During each six week session Blue level to White level will be introduced to Spring Board Diving and Synchronized Swimming. Through this we hope that your child will develop skills in other leisure lifetime opportunities.

## ROYAL LIFESAVING SOCIETY PROGRAMS

**What can these programs do for you -**  
Lifesaving I . . . . . Junior Resuscitation  
Lifesaving II . . . . . Senior Resuscitation  
Lifesaving III . . . . . Bronze Medallion  
Bronze Cross



LIFESAVING implies the saving of life through the acquisition of three major skills — knowledge of prevention, self rescue, and the rescue of others.

The RLSS programs teach prevention of water accidents by teaching good swimming skills, water safety knowledge, and safe habits and attitudes in, on and around the water.

The participant is also taught how to protect and rescue himself from water hazards. In this way the students own safety is increased.

**Lifesaving I** - This award introduces principles of self-rescue and basic techniques in the rescue of others.

**Lifesaving II** - This award emphasizes basic rescues involving minimum risk to the rescuer.

**Lifesaving III** - This award is designed to give candidates experience in dealing with the rescue of various types of victims.

**Bronze Medallion/Bronze Cross** - This award extends the candidates capacity to respond to a variety of aquatic emergencies. The difference between lifeguarding and lifesaving is discussed, along with accident prevention, use of bystanders during emergencies and principles of emergency procedures.

### Springboard Diving -

The Canadian "Learn to Dive" program will be introduced at our pool. Qualified instructors will teach basic diving skills including the 3-step hurdle, front and back dives, front and back somersaults.

This program established the basic fundamental skills which lead up to more complex diving.



### Synchro Swim British Columbia -

Synchronized Swimming is the performance, in water, of a series of movements, including stylized figures, strokes, scullings and combinations or hybrids practised separately or arranged into a sequence or routine which may be swum by one or more swimmers and synchronized to music.

The sport can be enjoyed by women, men, girls and boys, of all ages. Inclusion of synchronized swimming enhances every aquatic program — providing variety, challenge, physical fitness, and creative opportunity to aquatic enthusiasts.



## NEW WATER SAFETY PROGRAM

### COLOUR-CODED LEVELS

The eight levels in the new program are identified by colour. This approach is more conducive to smooth progress from level to level. Safety is stressed throughout. It becomes such a logical, integral part of the learning that it adds to the students enjoyment of water and related activities.

**Yellow Level** - Your child will explore and familiarize himself with shallow water. Focuses on enjoyment and basic water safety.

**Orange Level** - The student is taught the basic principles of propulsion in shallow water. Water safety is further emphasized.

**Red Level** - Here the student begins simple exercises in deep water. The student is shown how to use lifejackets and P.F.D.'s.

**Maroon Level** - Student is introduced to basic techniques of front crawl, rescue breathing, personnel assists and H.E.L.P. position.

**Blue Level** - Student will improve front crawl, back crawl is introduced. Student must also demonstrate awareness of personnel safety.

**Green Level** - Elementary back stroke is introduced, while improving strokes already learned.

**Grey Level** - Student is now ready for breast stroke introduction and continues to perfect other strokes. Students are taught shallow and surface dives.

**White Level** - At this level the student achieves competence in all areas, safety, strokes and survival.

## PRE-SCHOOL WATER ORIENTATION PROGRAM

Ages 3 to 5 years only. Fee: \$16.00

Set I Jan. 11 - Feb. 19

TUESDAY/THURSDAY  
2:30 - 3:00 p.m. 3:00 - 3:30 p.m.  
3 yrs (Yellow) 4/5 yrs (Yellow)  
4/5 yrs (Yellow) 4/5 yrs (Orange)

Set II Feb. 22 - April 2

WEDNESDAY/FRIDAY  
2:30 - 3:00 p.m. 3:00 - 3:30 p.m.  
3 yrs (Yellow) 3 yrs (Yellow)  
4/5 yrs (Orange) 4/5 yrs (Orange)

## RED CROSS NEW WATER SAFETY PROGRAM

6 - 16 years only

12 - 1/2-hour Lessons \$16.00; 12 45-min. Lessons \$18.00; 12 1-hr. Lessons \$20.00

SESSION I January 11 - February 19

TUESDAY/THURSDAY AFTERNOON  
3:30 - 4:00 p.m. Yellow, Red, Orange  
4:00 - 4:30 p.m. Lifesaving I, Maroon, White (1 hour)  
4:30 - 5:00 p.m. Blue, Survival

WEDNESDAY/FRIDAY AFTERNOON  
3:30 - 4:00 p.m. Maroon, Yellow  
4:00 - 4:30 p.m. Red, Orange, Green (45 minutes)  
4:30 - 5:00 p.m. Synchronized Swim, Blue.

SESSION II February 22 - April 2

TUESDAY/THURSDAY AFTERNOON  
3:30 - 4:00 p.m. Maroon, Red, Yellow  
4:00 - 4:30 p.m. Springboard, Orange, Grey (1-hr)  
Diving (45 min.)  
4:30 - 5:00 p.m. Red, Yellow

WEDNESDAY/FRIDAY AFTERNOON  
3:30 - 4:00 p.m. Yellow, Maroon, Orange  
4:00 - 4:30 p.m. Orange, Red, Lifesaving II & III (1 hr)  
4:30 - 5:00 p.m. Blue, Survival

## NEW CHALLENGING AQUATIC PROGRAMS

Canadian Amateur Diving Association

"Learn To Dive Program"



Set II February 22 - April 2 Fee \$18.00  
Tuesday/Thursday 4:00 p.m. - 4:45 p.m.

Synchro Swim British Columbia

SESSION I

January 11 - February 19  
Wed./Fri. 4:15 p.m. - 5:00 p.m.  
Fee: \$18.00



Royal Lifesaving Society Programs



SESSION I

Lifesaving I  
January 11 - February 19  
Tues./Thurs. 4:00 - 4:30 p.m.  
Fee: \$16.00

SESSION II

Lifesaving II & III  
February 22 - April 2  
Wed./Fri. 4:00 - 5:00 p.m.  
Fee: \$20.00

BRONZE MEDALLION

Set I Jan. 11 - Feb. 19

Mon./Wed. 5:30 - 7:00 p.m. Fee: \$35.00

Pre-requisite: LS III, or Red Cross White Level or equivalent and 14 yrs. of age.

BRONZE CROSS

Set II Feb. 22 - April 2

Mon./Wed. 5:30 - 7:30 p.m. Fee: \$35.00

Pre-requisite: Current Bronze Medallion and Sr. Resuscitation.

### BIRTHDAY PARTIES

Enjoy your Birthday party by renting the Terrace Swimming Pool. We will lead you in Fun and Games in the Pool for one hour, then retire to our Board Room for party favors.

Total cost of the party will be \$45.00, maximum limit of people is 16.

For further information contact the Terrace Pool at 638-1177.

### NEW RED CROSS LEVEL GAME

ONCE each week we will phone the home of a registered child in swimming lessons. IF the mother or father of the household can recite the New Water Safety Program Color Levels they will win one free strip ticket good towards a public swim.

SO KIDS - IT'S UP TO YOU, teach your parents the new level of progression and you too can be a Winner.

### PARENT & TOT PROGRAM

From six months to three years of age youngsters learn best from Mom and Dad or perhaps from Grandma or Grandpa. In this series of lessons, one of the BIG FOLKS, and a SMALL FRY becomes adjusted to the fun

of water together, under the guidance of a skilled Water Safety Instructor. Fee: \$16.00

SESSION I

January 11 - February 19  
Wed./Fri. 11:00-11:30 a.m.

SESSION II

February 22 - April 2  
Tues./Thurs. 10:15-10:45 a.m.

# Adult Aquatic Program

## FITNESS PROGRAM

**SWIM AND TRIM** - An excellent class for women who can spare 3 mornings a week to work out. 45 minutes in fitness room, followed by dip in pool. Pre-registration is advised. Minimum registration is 8.

**Swim and Trim AM** 10:30 - 11:30 a.m.  
Mon/Wed/Fri  
Session I Jan. 11 - Feb. 19  
Session II Feb. 22 - April 2  
Fee \$35.00 Drop-in Fee \$3.00

**AQUASIZES** - This program format has changed. The class will be held entirely in the water. 45 minutes of exercising to music. Warm-up, strength and cardiovascular exercises.

**Aquasizes AM** 10:30 - 11:30 a.m.  
Session II only Feb. 22 - April 2  
Fee \$25.00

**Aquasizes PM** 8:30 - 9:30 p.m.  
Session I Jan. 11 - Feb. 19  
Session II Feb. 22 - April 2  
Fee \$25.00 Drop-in Fee \$3.00

**Pre-Natal Program — Terrace Pool**  
Mon/Wed. 7:30 - 8:30 p.m.  
Session I Jan. 11 - Feb. 19  
Session II Feb. 22 - April 2  
Fee \$28.00 Drop-in Fee \$2.50

Program consists of exercises to music and follow-up sessions in the water. Recommended to all mothers wishing to shape-up.

## Water Safety Education for Adults, Teens

This course does not require any swimming ability. Therefore we encourage non-swimmers and swimmers alike to enroll. The main focus of the course will be on BASIC WATER SAFETY and emergency procedures. This will include prevention of water accidents and how to deal effectively with emergency situations. TOPICS TO BE COVERED: Basic First Aid, Boating Safety, Water Rescue, Artificial Respiration.

Tues./Thurs. Evening 8:00 - 9:00 p.m. Fee: \$24.00

## ADULT LEARN TO SWIM PROGRAM

### MONDAY/WEDNESDAY EVENING

Set I Jan. 11 - Feb. 19 Fee: \$24.00

8:00 - 8:40 p.m. Yellow through Red Level  
8:45 - 9:25 p.m. Maroon through Green Level

Set II Feb. 22 - April 1 Fee: \$24.00

8:00 - 8:40 Yellow through Red Level  
8:45 - 9:25 Green through White Level

### TUESDAY/THURSDAY MORNING

Set II Only Feb. 22 - April 2 Fee: \$24.00

10:15 - 10:55 Yellow through Red Level  
11:00 - 11:40 Maroon through Green Level



## Join the Pineapple Club -Swim to Hawaii-

Join the club, socialize with friends through fun and fitness and swim to Hawaii in the Terrace pool. Each 25 metre lap equals 5 kilometres. 5100 km to Hawaii. Starts Monday, January 18, 1982. Fresh pineapple, orchids, fun and fitness.

It's easy to join, for just five dollars you can sign up at our Front Desk and put your name on an individual mileage marker. Upon completion of the swim you will receive a free T-shirt commemorating your achievement.

## Aquatic Program Registration

Saturday, January 9th from 10 a.m. to 1 p.m.  
at the Terrace Arena Banquet Room

### REGISTRATION PROCEDURES:

If your child was registered in our fall Learn To Swim program, or if they took lessons through their school, they will have received a Personal Record Card. You **MUST** bring this card to registration in order to proceed quickly to our registration table.

If you forget to bring this card or happen to lose it, it will be necessary for you to proceed to our Master File Table where we fill out a new Personal Record Card.

If you have not had your child in the new Red Cross Learn To Swim program or you have lost your card, come to the pool **before** January 9th and we will transfer your child's information onto a new Evaluation Card.

**REMEMBER** not having a new Red Cross Personal Record Card will only further increase your time spent at registration and increase the chance of your child not being registered for the class you desire.

# COMMUNITY ORGANIZATIONS

## SPORTS & FITNESS

TERRACE BADMINTON CLUB, Diane Jenion	638-1678	NORTHERN CHAPTER OF STEELHEAD ASSOCIATION OF B.C., Jim Culp	635-9471
BLUEBACK SWIM CLUB, Myra Philpot	635-6441	NORTHWEST TRAPPERS ASSOC., Otto Lindstrom	635-2489
TERRACE YOUTH BOW CLUB, c/o Bow Alley	635-5911	RECREATIONAL CANOEING ASSOC.	
TERRACE FIVE PIN BOWLING, June Norby	635-4508	OF CANOE SPORTS, Fred Philpot	635-6441
TERRACE BOXING CLUB, Ken Doll	635-6820	TERRACE ROD & GUN CLUB, Bob Garrett	635-7438
BUSHLEAGUERS, Jerry Martin	635-6158	TERRACE NORTHMEN RUGBY CL., B. Kormendy	635-9528
COMMERCIAL HOCKEY, Joe Mandur	635-5419	SKEENA ARCHERS, Bill Coburn	635-6994
TERRACE CURLING ASSOC., Gordon Duplisse	635-4229	SKEENA HANG GLIDERS, Dave Toop	635-2723
TERRACE CONTACT BRIDGE CL., Bonnie Shaw	635-6970	SKEENA VALLEY MARATHONERS CL., P. Stewart	635-9676
FIELD HOCKEY, Permender Gill	635-5280	SKEENA VALLEY SNOWMOB CLUB, Eug. Thomas	635-6760
FIGURE SKATING CLUB, Cathy Lambright	635-2903	TERRACE LADIES SOFTBALL, Lynn Boulé	638-0281
GOLDEN AGE BOWLERS, Giselle Rioux	635-2161	GIRLS MINOR SOCCER, Gail Sheasby	635-4754
TERRACE PEAKS GYMNASTICS CL., Joan Brady	638-1884	WOMEN'S SR. SOCCER LEAGUE, Gail Sheasby	635-4754
TERRACE HIKING CLUB, Elinor Kustas	635-3303	YOUTH SOCCER, Rick Terleski	635-9606
TERRACE MINOR HOCKEY ASS., Dick Kilborne	635-6511	TERRACE SKY DIVERS CLUB, Tom Simpson	635-7738
	635-3661	TERRACE STOCK CAR CLUB, B. A. Woocock	635-9245
TERRACE GIRLS MINOR SOFTBALL, Vic Buteau	635-7389	TERRACE TENNIS CLUB, Chuck Cey	635-3564
TERRACE KARATE CLUB, Roland Legace	635-3516	TIMBERLINE CYCLE ASSOC., Dr. D. Fisher	635-7806
YELLOWHEAD KARATE CLUB, Joe Vienneau	635-5692	TERRACE LADIES WATER POLO, Ans Hendry	635-5269
KERMODE FOURWHEELERS, W. Thickett	635-5867	TERRACE MEN'S WATER POLO, Barry Davis	635-2485
KITSUMKALUM SKI CLUB, Gordon Watmough	635-6989	WESTERN MARTIAL ARTS ASSOC., Don Hong	635-4583
CO-ED VOLLEYBALL, Donna Lindsay	635-3648	SPRING BOARD DIVING CLUB, Bob Garrett	635-7438
MEN'S BASKETBALL LEAGUE, Mark Wilcox	635-2982	MASTER SWIM CLUB, John Dando	635-6316
LADIES DROP-IN BASKETBALL, Rhonda Haagen	635-7639	N.W. SCUBA DIVING CLUB, Bill Webster	635-6316
MEN'S FASTBALL, Glen Thomsen	638-1854	TERRACE B.M.X. CLUB, Roy Long	635-2861
TERRACE BOYS MIN. BASEBALL, B. Vandergucht	635-5339		
NORTH ACADEMY OF SELF-DEFENSE, Jean Galli	635-5313		

## CULTURAL GROUPS

TERRACE & DIST. ARTS COUNCIL, Ken Morton	635-7507
TERRACE LAPIDARY CLUB, Karl Schulte	635-5191
TERRACE MACHINE KNITTERS, Pat Colongard	638-1409
TERRACE MODEL AIRPLANE CLUB, J. Greaves	635-6480Wk 635-2442Hm
PAC. N.W. MUSIC FESTIVAL SOC., Norah Ferguson	798-2424
TERRACE PIPES & DRUMS, John Halley	635-2456
NORTHWEST REG. ARTS COUNCIL, Val George	635-4751
TERRACE ARTS ASSOCIATION, Rod Taylor	635-2744
TERRACE COFFEE HOUSE SOC., Andy Maikapar	635-9409
TERRACE CONCERT SOCIETY, Mr. & Mrs. N. Hope	635-4228
TERR. LITTLE THEATRE ASSOC., Don McLeod	635-2964
TERR. -THORNHILL BAND PARENTS, Irma Brewer	635-3744
CHESS CLUB, Joe Mandur	635-5417
TERRACE & KITIMAT AMAT. RADIO, Don Morehouse	635-3655

## GENERAL INTEREST GROUPS

GOAT OWNERS ASSOC., Ed Chapplow	635-5740
MORGAN HORSE CLUB, Laurie Forbes	635-7448
SKEENA VALLEY FAIR ASSOC., Marg Waldbauer	635-5615
TOTEM SADDLE CLUB, Jean Hamer	635-2665
4-H CLUB, c/o Skeena Valley Fair	635-5615
KERMODE FIRNDSHIP CENTRE, Viola Thomas	635-4906
TERRACE DOG CLUB, June Kozlowski	638-1720
CANDY STRIPERS, Marg Petrick	635-2211
747 ROYAL CANAD. AIR CADETS, Derek R. Hales	635-5455
SCOUT DISTRICT COMMISSIONER, c/o F. Martin	635-7955
BROWNIES & GUIDES	
SKEENA DISTRICT, Reggie Balabanov	635-4890
KITSUMGALLUM GUIDE DIST., Ethel Jackson	635-5046

## NEW ORGANIZATIONS

### TERRACE COFFEE HOUSE ASSOCIATION

This group, a member of the Northern Music Circuit, organizes and promotes Coffee Houses at least once a month. Coffee Houses are light entertainment at a nominal charge featuring the best in local and Canadian music in all styles from Traditional Folk to hard driving Blues. For more information contact Andy Maikapar at 635-9409.

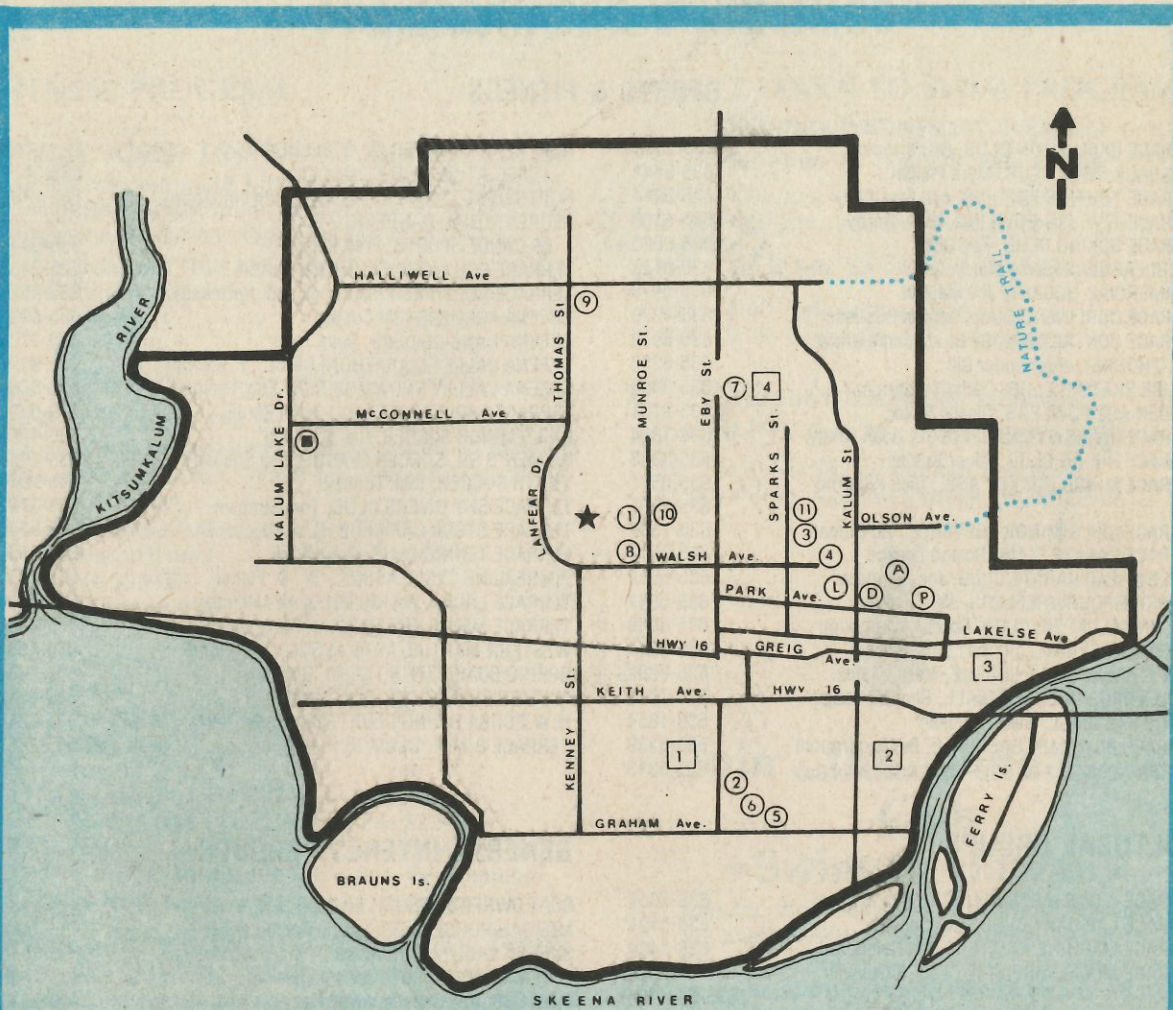
MEMBERSHIP FEE: \$3.00

### TERRACE BOXING CLUB

Open to all males 12 years and older this organization plans to establish a boxing club for young men that will train them for amateur competition.

The club meets Thursday and Sunday from 7:00 to 9:00 p.m. in the Terrace Arena Banquet Room.

Bring your own skipping rope, handwraps and mouth piece.



### SCHOOLS

- ① Caledonia Sr. High, 3605 Munroe St.
- ② Cassie Hall Elem., 3430 Sparks St.
- ③ Clarence Michiel Elem., 3430 Sparks St.
- ④ E. T. Kenney Primary, 4620 Loen Ave.
- ⑤ Jack Cook, 4720 Graham Ave.
- ⑥ Kiti K'Shan Primary, 4730 Graham Ave.
- ⑦ Parkside Elementary, 3824 Eby St.
- ⑧ Skeena Jr. High, 3411 Munroe St.
- ⑨ Uplands Elementary, 4110 Thomas St.
- ⑩ Veritas, 4836 Straume Avenue
- ⑪ Centennial Christian School, 3602 Sparks St.

### OTHERS

- Ⓐ Arena, 3320 Kalum Street
- Ⓟ Swimming Pool, 4540 Park Ave.
- ⓓ Downtown Centre, NWCC-OLI, 3304 Kalum St.
- Ⓛ Library, 4610 Park Ave.
- ① Agar Park, 4800 Block, Agar Ave.
- ② Rotary Park, 2800 Cramer St.
- ③ Riverside Park, 3216 Bonspiel Cresc.
- ④ Christy Park, 3824 Eby Street
- Northwest Community College, 5331 McConnell Ave.
- ★ R.E.M. Lee Theatre, 4902 Straume Ave.