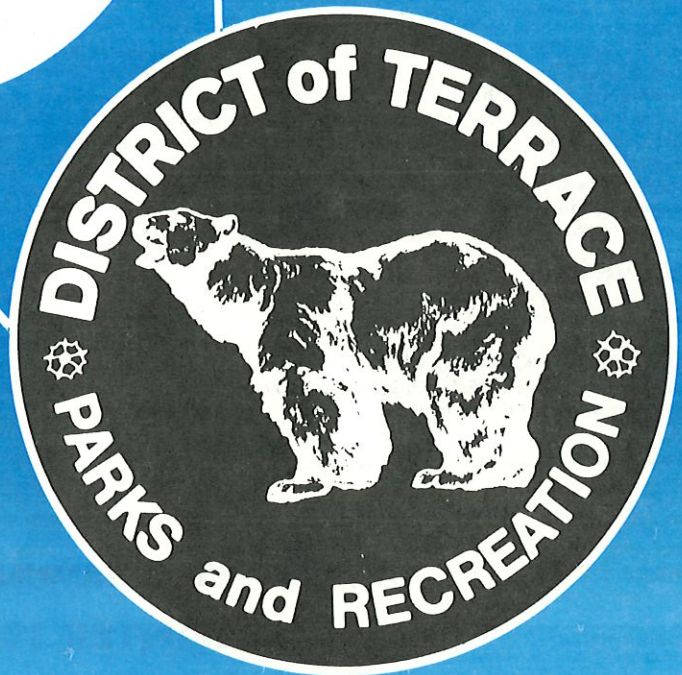




**NORTHWEST
COMMUNITY
COLLEGE**



1981 WINTER PROGRAMS



NORTHWEST COMMUNITY COLLEGE

Academic classes start the week of January 12th
Part-Time Vocational Classes start the week of January 26
Full-Time Vocational classes start each month
Community Education classes start the week of January 26

DAYTIME REGISTRATION will take place at the College from January 5, Monday to Friday during regular office hours: 8:00 a.m. - 4:00 p.m.

EVENING REGISTRATION will take place at the College, 6:00 - 8:00 p.m., Monday to Thursday, January 12 - 27.

SATURDAY - Arena Banquet Room, Saturday, January 10, 11:00 a.m. - 3:00 p.m. Skeena Mall, Saturday, January 17, 11:00 a.m. - 3:00 p.m.

For Further Information: Phone 635-6511
Northwest Community College
5331 McConnell
P.O. Box 726
Terrace, B.C.
V8G 4C2

ADMISSION POLICY

Northwest Community College has an 'open door' policy. You do not have to be a high school graduate to enter college courses. Courses are designed for adults who wish to further their intellectual interests and who may have long since been out of formal schooling, as well as for recent high school graduates. The College promotes the concept of 'lifelong learning' and is sensitive to the particular educational needs of women, workers, and native people.

FEES AND REFUNDS

TUITION FEES are due and payable at the time of registration. Fees normally only cover the cost of classroom instruction.

SENIOR CITIZEN TUITION WAIVER

The courses are normally **FREE OF CHARGE TO SENIOR CITIZENS**, but charges for texts and materials still apply.

INCOME TAX DEDUCTION

Retain your fee receipts for your Income Tax Return. Receipts totalling over \$25.00 in any 12 month period may be deducted.

REFUNDS

A complete refund is made **ONLY** when a course is cancelled. Classes require a minimum number of participants, usually ten, to be self-supporting. Lack of enrollment or withdrawals can result in cancellation of a course.

COLLEGE SERVICES

The Counselling centre - The Counselling Centre offers free confidential services to all students and prospective students. Assistance with course and program selection is available. The Centre also provides assistance in finding solutions to questions one may have in educational, career, vocational, personal and financial concerns. The Counselling Centre is also a good source of information on career and educational opportunities.

Regular hours are 8:30 a.m. - 4:30 p.m. Extended evening hours Monday to Thursday from January 12 - 17. Appointments at other times can be made by calling 635-6511 and asking for the Counselling Centre.

Bookstore - The College bookstore sells textbooks for all college courses and programs. Books and magazines for general interest reading are also sold.

Learning Resources Centre - The college library is on the ground floor of the Administration building. Lending privileges are extended to all members of the community. It has a growing collection of approximately 14,000 books, 200 periodicals and other bibliographic items on all courses taught at the college, as well as a good collection for reading entertainment. It is also possible to borrow books from the library holdings of the University of Victoria, U.B.C., Simon Fraser and B.C.I.T. The information bank has historical documents, maps, photos and microfilms.

NORTHWEST COMMUNITY COLLEGE WINTER 1981

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Community Education Services

In this section you will find a wide variety of short courses, workshops and special events in Art, Business, Home Skills, Parenting and other General Interest topics.

Community Education responds to community requests. Instructors are chosen because of their willingness to share a skill with others. Fees are based on costs.

Arctic Summer Games (SLIDE PRESENTATION) - A fun and informative evening for all ages. Learn about the Inuit culture and the summer games at Holman, Victoria Island, Northwest Territories.

Location: R.E.M. Lee Theatre
Guest Speaker: Tess Brousseau
Date: Saturday, January 17
Time: 7:30 - 9:00 p.m.
Fee: No fee / silver collection for the Happy Gang Centre.

Astrology II - For those who have completed the Astrology I course or who know the meanings of the planets, signs and houses. The emphasis will be on in-class practice in delineation, with lots of examples. Includes Aspects, synthetic angles, nodes, element combinations.

Location: Caledonia
Instructor: Marilyn Waram
Dates: Tuesdays, January 27 - March 31
Time: 7:30 - 9:30 p.m.
Fee: \$20.00 / no books required.

NOTE: A chart construction class will be offered later.
Prerequisite: Completion of Astrology II or equivalent recognized training.

Astrology Workshop - For anyone working on their own, this is a chance to get questions answered, guidance and evaluation. New ideas, new techniques and supervised practice for those who want it. Bring in all your books, charts and questions. Tapes of lectures by well known astrologers also available.

Location: Northwest Community College
Instructor: Marilyn Waram
Date: Saturday, February 21
Time: 9:30 a.m. - 4:30 p.m.
Fee: \$8.00

Astrology for the General Public - What it's all about: conceptions and misconceptions, its uses and relevancy. An astrologer from Québec, founder of the fraternity for Canadian astrologers, and with a background in psychology, presents this talk.

Location: Northwest Community College
Instructor: Stase Mikal
Date: Thursday, March 26
Time: 7:30 - 9:30 p.m.
Fee: \$3.00

Children's Charts - How much of the adult is reflected in a child? Does an astrologer read a child's chart differently? From a parent's point of view, what are practical pointers from a chart to bring out the best in a child? A professional astrologer draws on her background in child psychology and astrology to present this special workshop.

Location: Northwest Community College
Instructor: Stase Mikal
Date: Saturday, March 28
Time: 9:30 a.m. - 12:30 p.m.
Fee: \$5.00

Breadmaking with Yeast - A variety of bread recipes and techniques in making yeast breads and buns.

Location: Caledonia
Instructor: Betty Stewart
Dates: Mondays, February 2 - 16
Time: 7:00 - 9:30 p.m.
Fee: \$15.00

Basic Carpentry - Woodworking techniques in a project oriented course. Bring only your ideas and pencils to the first class.

Location: Caledonia
Instructor: Ian Gordon
Dates: Tuesdays, January 27 - March 31
Time: 7:00 - 10:00 p.m.
Fee: \$36.00 / limited to ten students

Boating Safety and Navigation - The Canadian Mobile Power Squadron course which trains you in map and compass reading, radio control and other requirements to operate your boat confidently.

Location: Caledonia
Instructor: To be announced
Dates: To be announced
Time: 7:30 - 9:30 p.m.
Fee: \$20.00 / instruments to be provided by students.

Citizenship - Courses will be arranged for eight or more students. Call 635-6511, local 254, to put your name on a wait list.

Fee: \$8.00

Community Legal Education Workshops - Seminars and Workshops on justice, public safety and law for the layperson can be held in response to requests. Both the Justice Institute of B.C. and the People's Law School have outreach programs. These are available to professionals, private agencies or the general public. For information or requests, call Kathy Mueller, 635-6511.

Defensive Driving - No matter how good a driver you are, you can always become a better one. A short but effective course from the B.C. Safety Council.

Call 635-6511, loc. 254, and you will be notified of the next course.
Time: 7:00 - 10:00 p.m. / 3 evenings
Fee: \$13.00

English Language Training - See page 4.

Fashion Arts - Fashion retailing and merchandising. Includes knowledge of design and styling, display, salesmanship and grooming.

Location: Caledonia
Instructor: Mary Daunt
Dates: Mondays, January 26 - March 30
Time: 7:30 - 10:00 p.m.
Fee: \$35.00

French - An intermediate course for those who wish to practice more conversational skills and review their grammar.

Location: Caledonia
Instructor: To be announced
Dates: Tuesdays, January 27 - March 31
Time: 7:30 - 9:30 p.m.
Fee: \$25.00

G.E.D. and Adult Upgrading - See page 4.

German - A continuation of the introductory course offered in the Fall.

Location: Caledonia
Instructor: Ing Andrews
Dates: Tuesdays, January 27 - April 7
Time: 7:30 - 9:30 p.m.
Fee: \$25.00

Marriage Preparation - The B.C. Council For the Family, supported by churches and community agencies, has developed a marriage preparation course to help couples learn how they can develop a strong marriage relationship. In Terrace, courses are being planned which will begin in January or February. If you are interested in taking this course or in learning how to instruct future courses please call 635-6511, local 254.

Educational Tours - a wide range of study tours are being offered in '81 - '82 by B.C. Colleges. The proposed list includes areas such as California Vineyards, Historical Greece, and equestrian tour of England. For information on the tours and the organizing college, call 635-6511, local 254.

Memory Dynamics - Increase your concentration, imagination, observation and confidence. Learn to absorb more material, improve your retention and recall.

Location: Northwest Community College
Instructor: Graham Best, Memory Dynamics, Vancouver
Dates: Tuesday & Wednesday, February 17 - 18
Time: 7:30 - 10:00 p.m.
Fee: \$26.00 / advance registration required.

Metrication - Conquer the metric confusion. What measurements and abbreviations will be used in the '80's? How is it important to you in your everyday business or home life? Learn how to visualize quantities, distances, etc., as well as how to do some basic conversions.

Location: Northwest Community College
Instructor: Joe Vanderkwaak
Dates: Tuesdays, February 17 - March 10
Time: 7:30 - 9:30 p.m.
Fee: \$12.00

Microwave cooking - Basic principles of microwave cookery. Various foods will be cooked in different ovens displayed.

Location: Skeena Foods Room
Instructor: Julie Gaunt
Dates: Thursday, Session 1: January 29 - February 12
Session 2: February 19 - March 5
Time: 7:30 - 9:30 p.m.
Fee: \$14.00

Papermaking Workshop - Instruction and practice in the building of papermaking equipment, making various kinds of pulp and pressing and drying it. On the second day, the theme will be paper as art including paper sculpture, castings and molds.

Location: Northwest Community College, Room 211
Instructor: Ryan Murraygreen, Emily Carr College of Art
Dates: Friday OPEN HOUSE, February 13, 7:30 - 10:00 p.m.
Saturday & Sunday, February 14-15, 9:00 a.m. - 4:00 p.m.
Fee: \$20.00 + supplies / information to be mailed to students.
Pleasure register by January 30.

Photography - Understand your 35mm camera and improve those photos! A basic course with a four hour field trip on the Saturday following the third class.

Location: Caledonia
Instructor: Keith Alford
Dates: Mondays, Session 1: January 19 - February 16
Session 2: February 23 - March 23
Time: 7:30 - 9:30 p.m.
Fee: \$25.00 / includes film and developing.

Pottery Open House - Corinne Boychuk will show slides, the films "In Praise of Hands" and "Earthenware" and give a short talk, discussing examples from Chinese work to the Martin Bros.

Location: Northwest Community College, Room 202
Dates: Friday, March 27
Time: 7:30 - 10:00 p.m.

Pottery Weekend - Wheel throwing and handbuilding work and demonstrations. For new beginners or those with some experience.

Location: 4542 Park Avenue
Instructor: Corinne Boychuk, Emily Carr College of Art
Dates: Friday, March 27, 7:30 - 10:00 p.m. (at N.W.C.C.)
Saturday & Sunday, March 28-29, 9:00 a.m. - 4:00 p.m.
Fee: \$20.00 + supplies / list will be mailed in advance.

Public Speaking - Develop your self-confidence and other speaking skills. Includes use of video-tape to see yourself as others do.

Location: Northwest Community College
Instructor: David Phillips
Dates: Wednesdays, February 4 - March 25
Time: 7:30 - 9:30 p.m.
Fee: \$18.00 / limited to 12 students

Quit Smoking - A ten day course to help you keep that New Year's Resolution! Films, slides and group discussion. Valuable information for better health.

Location: Park Avenue Dental Clinic
Instructor: Dr. Burtch
Dates: Session 1, January 12 - 23
Session 2, March 9 - 20
Session 3, April 23 - 29
Time: 7:00 - 9:00 p.m.
Fee: \$10.00

Retail Business Workshops - There are tentative plans for one evening workshops for small business owners, managers or employees. They are practical, skills oriented programs. The possibilities range from selecting computers, promotional ideas, to constructing window displays, etc. For information or requests, call Kathy Mueller, 635-6511

Sewing for Everyone - For those who have never sewn or who require assistance with more advanced projects.

Location: Caledonia
Instructor: Angele Rowe
Dates: Mondays, February 2 - March 23
Time: 7:30 - 10:00 p.m.
Fee: \$26.00

Sexuality Workshop - To provide participants with an opportunity to understand their sexuality. Topics include: What sexuality means to us, what kinds of sexual information we learned and how we learned them, where our values and attitudes came from, our sex-role concepts and expectations of men and women; as well as how our style of communication and inter-personal relating and our self image can help or hinder us in our expression of ourselves as sexual being.

Location: Northwest Community College
Instructors: Sara Collinson and Pat Parsons
Dates: Saturday, February 7
Time: 9:00 a.m. - 4:00 p.m.
Fee: \$7.50

Sign Language I - Learn to communicate with the hearing impaired.

Location: Parkside School
Instructor: Joan Schmidt
Dates: Wednesdays, February 4 - April 8
Time: 7:00 - 9:00 p.m.
Fee: \$20.00

Sign Language II - For anyone with some experience or prior instruction.

Location: Parkside School
Instructor: Joan Schmidt
Dates: Mondays, January 26 - March 30
Time: 7:00 - 9:00 p.m.
Fee: \$20.00

S.T.E.P. (Parent Effectiveness) - Learn ways of building your child's self-confidence, responsibility, and good behaviour. How to develop an atmosphere of love, cooperation and mutual respect.

Location: Caledonia
Instructors: Sean and Debbie Gregg
Dates: Wednesdays, Session 1: February 4 - March 11
Session 2: March 18 - April 29
Time: 7:30 - 9:30 p.m.
Fee: \$8.00

Time Management - What are your time wasters? How can you deal with them effectively and become more productive? This one day workshop will cover the basics of proven time management concepts.

Participants: Business people (managers, secretaries, clerks, etc.) homemakers, teachers, students, etc.

Location: Northwest Community College
Instructor: Neil Jones
Date: Thursday, February 12
Time: 8:30 a.m. - 4:30 p.m.
Fee: \$40.00 / includes supplies and lunch

NOTE: Early registration required so that pre-work materials can be mailed to you.

Explorations in Creativity - This weekend workshop is an opportunity to work - and play - with Michael Asti-Rose, an accomplished artist, writer, film-maker and actor, in a variety of media. Produce a collage mural together, create a short play, and write a collective poem and story. Individuals can opt to watch rather than participate at any time. Materials are supplied - but notebooks, sketchbooks and cameras will be useful as additional tools. No previous skill or experience is required - only a desire to explore one's own creativity at whatever level. Couples are encouraged to attend together.

Location: Northwest Community College

Dates: February 5 - 7

Time: Friday, 7 - 10 p.m., Saturday & Sunday 9 a.m. - 5 p.m.

Fee: \$15.00 / register by January 17, please.

Video Workshop - For representatives of businesses or community groups interested in video-tape recording and techniques. A one or two evening course will be offered if there is sufficient interest. It could include applications, equipment operation, preventative maintenance, production techniques and video access. If you are interested, please call Nancy Patrick or Kathy Mueller at 635-6511.

Hazardous Children's Products - Is the crib your child sleeps in safe? Are the toys or car seat safe? Questions like these will be answered by a representative from Consumer and Corporate Affairs.

Location: To be announced

Date: Wednesday, March 11

Time: 7:30 - 9:00 p.m.

Health Programs

Northwest Community College employs a half-time regional Health Programs Coordinator, Emily Rozee, R.N.

The role of the Health Programs Coordinator is to administrate, coordinate, and help develop continuing education (professional development) workshops for health professionals defining health holistically, thus including not only nursing but the related social sciences. Preventive health programs for the public are also offered. In Terrace, the following courses are in the planning stages for early 1981.

Burnout - A Time For Positive Change - Target population - Health & Human Service Workers who experience excessive stress in their jobs, and supervisors who would like to understand burnout and develop strategies for reducing and preventing it.

Resource person, cost, date and location to be announced.

Film Series on Child Abuse - A series of films designed for training the professions in the recognition and reporting of child abuse. One film is directed toward lay audiences as well. A discussion, facilitated by local resource persons will follow viewing of the film.

Cost, dates, locations to be announced.

Target population - interprofessional health and human service workers.

Care of the Elderly - A one day workshop designed for those individuals who provide care for the elderly, including the topics 'the process of aging', 'medications', 'nutrition', and 'death and dying'.

Cost, dates, resource persons, location to be announced.

Pre-Retirement Workshop - The importance of planning for retirement, financial expectations and plans, health concerns, the aging process.

Costs, dates, resource people and location to be announced.

Other health and health related workshops are planned for the remaining communities in the college region. For further information on any of the health program workshops, contact Emily Rozee, Health Programs Coordinator, 635-6511, Local 277, Monday - Thursday mornings.

Adult Basic Education

Northwest Community College offers a number of upgrading programs for adults at various grade levels. Some adults wish to learn to read and write; some desire education for entry into a trade; and some wish to acquire Grade 8, 10, or 12 equivalency. Whatever the case may be, we can help you take advantage of the opportunity to continue your education.

You may phone the Student Services Office (635-6511) for more information.

COUNSELLING is available weekdays from 8:30 a.m. - 4:30 p.m. in the Administration building, Northwest Community College.

Basic Training and Skills Development (B.T.S.D.) -

Would you like to acquire Grade 8, 10 or 12 equivalency in order to gain entrance to trade or vocational training? You begin at your own level and work at your own speed. The instructor will design a program to suit your individual needs. YOU MAY ENROLL AT ANY TIME.

FULL-TIME STUDENTS: Five days per week, six hours per day.

Monday to Friday, 8:00 a.m. - 3:00 p.m.

PART-TIME EVENING COURSE: This new program will be held two evenings per week and will be continued if there is sufficient interest.

Location: Northwest Community College

Instructor: To be announced

Dates: Mondays & Wednesdays, January 26 - March 25

Time: 7:30 - 9:30 p.m.

Fee: \$18.00

General Education Development (G.E.D.) Tests -

G.E.D. is a series of tests which provide an opportunity for adults who did not graduate from secondary school to acquire an official document stating that they have a grade 12 secondary school equivalency standing. Costs of these tests are \$5.00 for the series. Applicants must be 19 years of age or older and out of school for one year. Applications are available at the College and must be sent to the Ministry of Education in Victoria.

The next exam in Terrace is April 24/25, 1981. You may purchase texts at the College Bookstore prior to class, or for home study.

G.E.D. Assistance Courses - Qualified teachers will assist you with your study and provide lessons on English, Math, Social Studies and Science.

Location: Caledonia

Instructor: Eila George and Lynn Turner

Dates: Wednesdays, January 28 - April 22

Time: 7:30 - 10:00 p.m.

Fee: \$15.00

Basic Skills for the Handicapped - This course for the mentally handicapped stresses everyday math and written skills.

Location: Northwest Community College

Instructor: Tina Anderson, Beth Leroux

Date: Tuesdays & Thursdays, January 6 - March 26

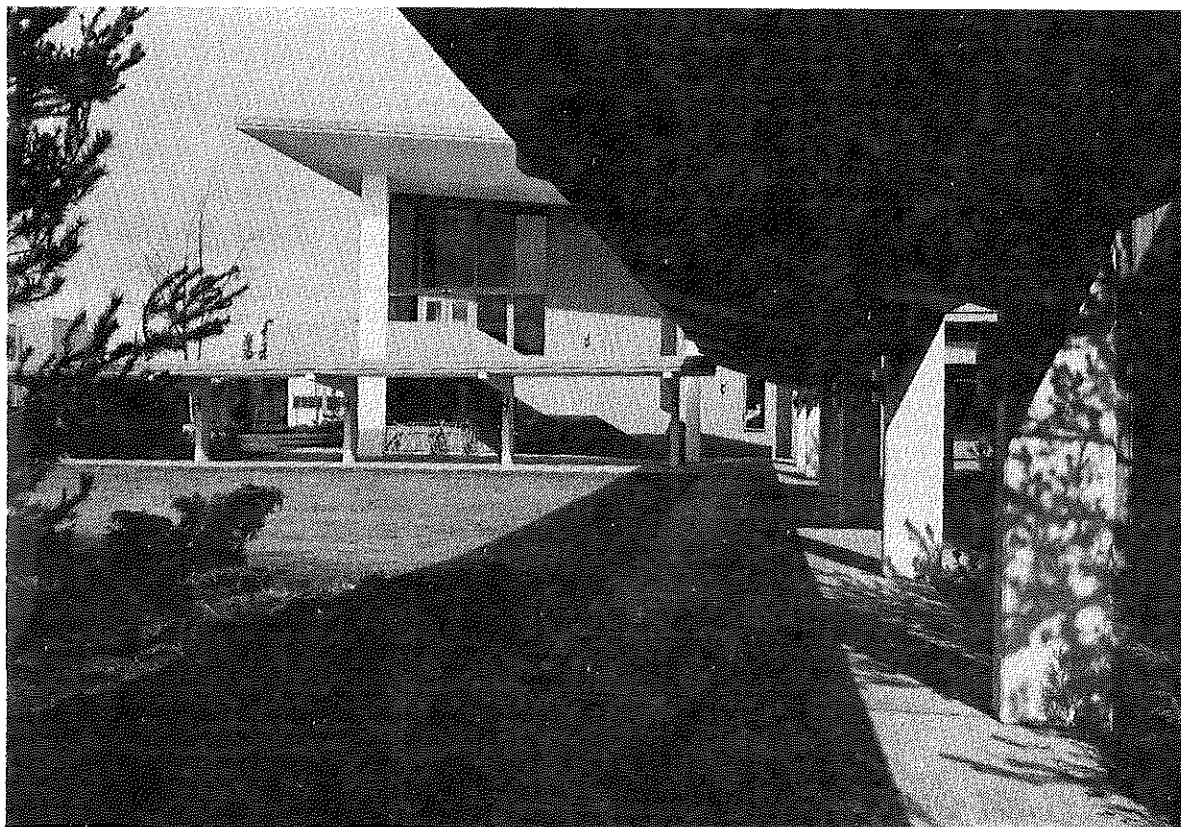
Time: 7:30 - 9:00 p.m.

Fee: none

English Language Training

These classes will help you improve your listening, speaking, reading and writing skills. Beginning January 5 and 6.

COURSE	TIME	DAYS	PLACE
Introductory	1:00 - 3:00 p.m.	Tues./Thurs.	Anglican Church
Introductory	7:30 - 9:30 p.m.	Tues./Thurs.	Caledonia School
Intermediate	7:30 - 9:30 p.m.	Tues./Thurs.	Cassie Hall School
Advanced	7:30 - 9:30 p.m.	Mon./Wed.	Caledonia School



Academic Division

Do You Know...

- That you can start in January not just in September?
- That we offer a variety of first and second year university courses?
- That these courses are open to anyone in the community?
- That you don't have to have a grade 12 education to attend?
- That we particularly welcome those of you who may have been out of formal schooling for quite some time?
- That you may take a course just for interest and determine your own workload?
- That tuition fees are low (\$26.50 for a course) and that no fees are charged to senior citizens?
- That Bursaries for individual course fees are available from the Faculty Union? (for information please contact the Academic Division or your instructor).
- That we also have special programs for workers, women, and the aboriginal population?
- ...and career-technical programs in Early Childhood Education, Human Service Work, and Dental Assisting?
- ... and college preparatory courses, especially in Mathematics?
- and that our library (with audio-visual services and all local history information bank) is open to all residents of the community?

This is Your Community College

If you want to find out about it....ASK US,

The Academic Division, N.W.C.C.
Box 726
5221 McConnell Avenue
Terrace, B.C. Phone 635-6511

Further information about courses and programs can also be obtained from Instructors and Counsellors during
REGISTRATION '81: January 5 - January 18
(at the Northwest Community College Campus)

COURSES WILL START THE WEEK OF JANUARY 12

Academic and General Interest Program

Anthropology 102: Introduction to Social and Cultural Anthropology - In this general introduction, we will study how people around the world solve the basic human programs of making a living, organizing, raising children and dealing with the supernatural. (3,0,0)

Section: S101

Lecture: Tuesday, 7:00 - 10:00 p.m.

Instructor: Paul Sneed

Biology 102: Introductory Biology II - A continuation of Biology 101. The course covers population genetics, evolution and adaptation, anatomy and physiology, animal behaviour and ecology. The laboratory will cover higher invertebrates, genetics, vertebrate anatomy and histology, functional and comparative anatomy and ecology. At least one field trip will be included. Techniques will involve culturing of 'drosophila', use of microscopes, dissection and macrostudy of specimens, and use of field equipment. (3,3,0)

Pre-requisite: Biology 101 or consent of instructor.

Section: S102

Lecture: Thursday, 9:00 a.m. - 12 noon

Laboratory: Wednesday, 1:00 - 4:00 p.m.

Instructors: Allen Gottesfeld (Lecture), Leslie Gottesfeld (Lab)

Chemistry 102: Introductory Chemistry II - A continuation of Chemistry 101.

TOPICS:

Thermochemistry
Redox Reactions and
Electrochemistry
Acids and Bases
pH, Hydrolysis, buffers
Intro. to organic chemistry
(3,3,1)

Section: S103

Lecture: Monday & Thursday,
1:00 - 3:00 p.m.

Laboratory: Tuesday, 1:00 - 4:00 p.m.

Instructor: Norm Webster

Computer Science: (Math 151) - An introduction to basic programming using a micro computer.

- intended for College Credit only.
- appeal is both to full-time students and to a large segment of the community who would like to know WHAT a computer can do and be taught HOW to use it.
- would include methods of programming using one of the BASIC languages, calculating (scientific uses), data processing, editing, plotting graphs, etc.
- students would have direct contact with the computer and get immediate feedback as to correctness of procedure.

Section: S104

Lecture: Monday, 7:00 - 10:00 p.m.

Laboratory: Wednesday, 7:00 - 8:30 p.m.

Instructor: Carolyn Williston

English 102(A): Literature and Composition II - Reading and discussion of modern fiction, essays, drama, and poetry. Lectures on grammar and style. Introduction to the study of language. Written assignments based on analysis of the literature read, personal experience, and subjects of general interest. (3,0,0)

Section: S105

Lecture: Monday & Wednesday, 10:30 a.m. - 12 noon

Instructor: George Stanley

English 102(B): Literature and Composition II - Reading and discussion of modern fiction, essays, drama, and poetry. Lectures on grammar and style. Introduction to the study of language. Written assignments based on analysis of the literature read, personal experience, and subjects of general interest. (3,0,0)

Section: S106

Lecture: Tuesday, 1:00 - 4:00 p.m.

Instructor: Maureen Bostock

English 204: Canadian Literature since World War II - The English literature of Canada from World War II to the Present (with some French literature in translation). Reading, and discussion of works by Gabrielle Roy, Earle Birney, Margaret Laurence, Al Purdy, Margaret Atwood, and others. Written assignments based on the works read. (3,0,0)

Section: S107

Lecture: Monday, 1:00 - 4:00 p.m.

Instructor: George Stanley

French 102: Introductory French II - This course is a continuation of French 101 with introduction to some original French literature. (3,1½, 0)

Section: S108

Lecture: Monday & Friday, 9:00 - 10:30 a.m.

Laboratory: Wednesday, 9:00 - 10:30 a.m.

Instructor: Elaine Fleischmann

Geography 102: Social Geography - Social Geography 102 will focus upon those forces that shape the cultural landscape and provide a conceptual framework through which man-induced processes can be analyzed. Socio-cultural norms will be examined in terms of their impact upon the physical environment. (3,0,0)

Section: S109

Lecture: Thursday, 1:00 - 4:00 p.m.

Instructor: Ian Anderson

Geography 241: Physical and Cultural - This course is designed to promote a broader understanding of the physical geography of Canada in terms of how peoples have responded to its characteristics. Emphasis will be placed on the pre-Confederation period. (3,0,0)

Section: S110

Lecture: Wednesday, 1:00 - 4:00 p.m.

Instructor: Ian Anderson

Geology 157: Introduction to Northwest Geology - Introduction to the earth sciences with particular emphasis on the geology of the Northwest. Topics to be studied will include the history and structure of the Earth, rocks and minerals, ore deposits and economic minerals, fossils, volcanic geology, geology of the Northwest, glacial geology and origin of local landforms. Anticipated field trips may include some of the following: trips to the Tseax lava flow, a local glacier, one or more mineralized areas, and a historical geology/regional structure trip.

Section: S111

Lecture: Monday, 7:00 - 10:00 p.m.

Instructor: Allen Gottesfeld

History 202: Fascism - An in-depth look at the origins, conceptions and nature of socio-political developments in Central and Southern Europe from 1918 to 1945 (and beyond). We shall study source material and interpretations of National Socialism in Germany, Fascism in Italy and Spain, similar movements in Western Europe and various forms of dictatorship. The origins and the political history of the Second World War will be examined in some detail. (3,0,0)

Section: S112

Lecture: Wednesday, 7:00 - 10:00 p.m.

Instructor: Peter Weber

Math 082: College Prep. II - This is a continuation of Math 081. Topics to be covered include Systems of Linear Sentences, Relations and Functions and Quadratic Sentences. Students who complete 081-082 will have the equivalent of Math 11. (3,0,0)

Section: S113

Lecture: Monday, 7:00 - 10:00 p.m.

Instructor: Walt McIntyre

Math 102: Calculus II - A continuation of Math 101 in which the basic techniques of INTEGRAL calculus will be studied. The course is designed to meet the needs of Science and Engineering students at a first year university level. (4½, 0, 1) Pre-requisite: Math 101

Section: S114

Lecture: Monday, Wednesday & Friday, 9:00 - 10:30 a.m.

Instructor: Carolyn Williston

Math 131: Introduction to Statistics - A course developed for those who wish to be able to evaluate and analyze data. Topics will include: The basic language of statistics, sampling, descriptive analysis, probability, sample variability, estimation of parameters and hypothesis testing. (3,0,0) Pre-requisite: Algebra II or equivalent. (Students also are advised that it would be an advantage to have taken Math 130).

Section: S115

Lecture: Tuesday, 7:00 - 10:00 p.m.

Instructor: Norm Webster

Physics 102: Introductory Physics II - An introductory survey of electricity, magnetism and light; electrostatics; electric fields, capacitance, potential, currents, resistance, electric circuits, magnetic forces, magnetic fields, electromagnetic induction; alternating currents, waves and light; interference, diffraction; emission and absorption spectra, special relativity. (3,3,0)

Section: S116

Lecture: Tuesday, 7:00 - 10:00 p.m.

Laboratory: Thursday, 7:00 - 10:00 p.m.

Instructor: Alec Cooper

Political Science 102: Canadian Politics II - This course is a continuation of Political Science 101. The goal of this course is, to introduce students to the major theoretical approaches to the study of government and politics through an examination of the Canadian political system. Topics include federalism, foreign policy, provincial government and politics, and municipal government and politics.

Section: S117

Lecture: Thursday, 9:00 a.m. - 12 noon

Instructor: Randall Potts

Political Science 203: International Politics - This course is an introduction to the study of international politics. It aims to develop a broad understanding of the current international system through in-depth study of topics such as international organizations, alliance systems, the arms race, international finance and underdevelopment, OPEC, and the Group of 77.

Section: S118

Lecture: Thursday, 7:00 - 10:00 p.m.

Instructor: Randall Potts

Psychology 102(A): Introductory Psychology II - This is a continuation of Psychology 101. Selected topics include: perception; consciousness; motivation and human sexuality; emotion and cognitive control; personality theory and assessment; deviance, pathology and madness; therapeutic modification of behaviour; social psychology. (3,0,0)

Section: S119

Lecture: Monday, 7:00 - 10:00 p.m.

Instructor: Andre Klingner

Section: S120

Lecture: Monday, 1:00 - 4:00 p.m.

Instructor: Lawrence Dickerson

Psychology 202: Developmental Psychology - This course is a continuation of Psychology 201. Selected topics will include socialization, child rearing practices, effects of the school system, and personality. (3,0,0)

Section: S121

Lecture: Wednesday, 1:00 - 4:00 p.m.

Instructor: Andre Klingner

WOMEN'S STUDIES

What are Women's Studies? - Women's Studies are female perspectives, on all traditional (male) academic disciplines. Women's Studies focuses on Women's history, their work - paid and unpaid, women's psychology, their socialization and social roles, their creativity and their political ideas and activities. Women's Studies examines the impact of religion, institutions, particularly educational and language on the female psyche. Women's Studies analyzes issues of current interest to everyone in our society. These issues include daycare, aging, violence.

Who takes Women's Studies? - Everyone who's interested in critically analyzing the question of 'male and female' in our society, takes Women's Studies.

Will Women's Studies get me a job? - While Women's Studies 'per se' will probably not get you a job, they will help you to keep one. You will better understand who you are, why you're doing what you're doing and how to cope with sexism in our society. For men, Women's Studies will provide a basis for understanding women in the 1980's.

Sociology (Women's Studies) 106: Women in other Countries - This course will pay particular attention to women's role in the paid labour force. Women's Status at all levels of society will be examined and North American conditions will be contrasted with those in other cultures particularly in Europe and Asia.

Section: S122

Lecture: Monday, 1:00 - 4:00 p.m. or 7:00 - 10:00 p.m. depending on enrollment.

Instructor: Gail Emmerson

WORKERS EDUCATION PROGRAM - John Jensen - John has 25 years of active involvement of the trade union movement with theoretical and practical skills in a number of areas of interest to workers.

The Workers Education Program is designed to serve the needs of the trade union organizations and workers in general. The program offers material useful to those engaged in all aspects of practical trade union work: bargaining, grievance procedures, steward training, etc. The program also provides unorganized workers interested in trade unionism with an introduction to labour rights. The program further provides courses which will develop an understanding of the economic, social, and political environment in which trade unions operate.

Workers Education Program 136: Sexual Harassment In the Workplace.

Section: S123

Lecture: Monday, 7:00 - 10:00 p.m.

Instructor: John Jensen

NOTE: This 5 - week course will be offered March 23 - April 20, 1981.

EARLY CHILDHOOD EDUCATION - Learning in the child's formative years is increasingly seen as an area of vital significance. Throughout the Northwest Community College region there is a need for trained men and women to participate in this education process. This program is a three semester full-time course, however, people may take the courses individually for credit and, or interest.

FEES AND COSTS:

Fees will be \$130.00 per semester. Books and other supplies will cost approximately \$100.00 per semester. Plus a trip to Vancouver in second semester which will entail some expense. Also when students enrol in ECE 104, Health and Nutrition, they will be expected to pay \$12.50 for the Survival First Aid portion of the course.

Early Childhood Education 104: Health and Nutrition - Methods of fostering sound health and nutrition practices in the young child. Special emphasis on day care and menu planning. Introduction to first aid and common childhood disorders. (3,0,0)

Section: S124

Time: To be offered in April 1981

Instructor: Kathleen Whip

Early Childhood Education 121: Program Development II - History of Early Childhood with emphasis on modern theorists. (Piaget, Montessori, Erikson, Skinner, etc). (6,0,0)

Section: S125

Time: Thursday, 9:00 a.m. - 12 noon; 1:00 - 4:00 p.m.

Instructor: Rhena Gardiner

Early Childhood Education 122: Curriculum Development II - A continuation of 102 with an emphasis in the curriculum areas of music, science and social studies. (3,3,0)

Section: S126

Time: Monday, 1:00 - 4:00 p.m.; Tuesday, 9:00 a.m. - 12 noon

Instructor: Rosemarie Goodwin

Early Childhood Education 126: Practicum II - Two three week practicums as an assistant in a variety of child care settings.

Section: S128

Time: Friday, 8:30 a.m. - 4:30 p.m.

Instructor: Rosemarie Goodwin

HUMAN SERVICE WORKER PROGRAM - This program is directed at those HSW's such as home-school coordinators, child care workers, teacher aides, etc. In general, anyone interested in learning more about skills in the social services will benefit from this program. Opportunities of graduates from this program include: child care worker, social work aids, financial assistance workers; homemaker supervisor; community service worker; home-school coordinator; family workers; youth workers, etc.

Human Service Worker 156: Community Services, Advanced - This course focuses on the structure and process of community based human services. The student will survey current family and children's legislation with emphasis on fragmentation and the need for change. (3,0,0)

Section: S129

Time: Tuesday, 1:00 - 4:00 p.m.

Instructor: Jake Muller

Human Service Worker 162: Communications II - Further study and development of the processes of communication, especially as they relate to the helping field, e.g. giving support, interviewing, responding emphatically, confrontation, relation-building, etc. (3,0,0)

Section: S130

Time: Tuesday, 7:00 - 10:00 p.m.

Instructor: Sara Collinson

Human Service Worker 164: Behaviour Management -

This course is an introductory study of the techniques used in managing behaviour. It will look at how behaviour is learned and therefore can be relearned for effective living. (3,0,0)

Section: S131

Time: Monday, 9:00 a.m. - 12 noon

Instructor: Sara Collinson

Human Service Worker 166: Working in Community Service -

This course teaches the student about working in community and social service organizations. The student will learn about structure and process or organizations, how to work in and with committees and how organizations and agencies relate to the larger community. (3,0,0)

Section: S132

Time: Thursday, 1:00 - 4:00 p.m.

Instructor: John Jensen

Human Service Worker 192: Practicum II - Supervised work experience in a related work setting during the month of April. In addition to the work time there will be regular seminars to discuss students' experience, exchange of feedback, as well as regular on-site visits with instructor, supervisor and student. (3,6,0)

Section: S133

Time: April 1981

Instructor: Sara Collinson

Dental Assisting Program - This program is intended to prepare persons for employment in private dental offices, community dental services and hospital dental clinics. Graduates will have received a good background in the dental sciences, dental materials, laboratory methods and will be proficient in the taking of dental radiographs and other intraoral procedures. They will become eligible for licensing by the B.C. College of Dental Surgeons as certified Dental Assistants (Registered Dental Auxiliary One).

NOTE: Persons interested in taking this program in the fall of 1981 are advised to contact the Academic Division at the College (Terrace 635-6511); application forms may be obtained from the Registrar's Office, Northwest Community College, Box 726, Terrace, B.C.

University Extension Courses

Joint N.W.C.C./S.F.U. General Certificate in Criminology - The Department of Criminology at Simon Fraser University will offer a sequential certificate-degree program through directed independent studies (Disc) after September 1980.

The program is designed to provide students with a general theoretical foundation in Criminology and consists of a combination of S.F.U. correspondence courses (Disc) and a variety of university transfer courses in Philosophy, Sociology and Psychology which can be taken from N.W.C.C. This program would be of importance to persons employed in the criminal justice system and of interest to members of the community who wish to have a basis for continuing development in a study area that is relevant to their life goals and interests.

For further information, please contact: 635-6511.

Faculty of Education - U.B.C. (For more information, call N.W.C.C., Local 254).

Modern Theories of Early Childhood Education Ed. 336 - (3 units) A critical examination of the sources and impacts which are reflected in present educational practice.

Location: Northwest Community College

Instructor: Glen Dixon

Start Date: January 9 - 10

Time: Fridays, 7:00 - 9:00 p.m.; Saturdays, 9:00 a.m. - 3:00 p.m.

Fee: \$138.00, registration at first class

The Library in the School-Ed 382 - (1.5 units) - The role, philosophy, and administration of libraries in elementary and secondary schools; an examination of school library development and staffing patterns.

Location: Clarence Michiel School

Instructor: Mel Rainey

Start Date: January 31

Time: Saturdays, 9:00 a.m. - 3:00 p.m.

Fee: \$69.00

Full-Time Vocational Programs in Terrace

Did you know that a number of full-time Vocational Programs begin in January and February? The following programs are offered in Terrace:

Industrial Records & First Aid - (5 months - Start Date: 2 February) - Students enrolled in this program will receive training in general clerical skills such as business machines, office procedures, typing, payroll and timekeeping, accounting and accident prevention. A large portion of the program is in preparing students to be examined for the Industrial "C" First Aid Ticket. Graduates will find employment as camp clerks, payroll departments, industrial relations officers, safety officers in combination with first aid duties. (For more information contact Mr. R.P. Kilborn, Northwest Community College, Terrace).

General Welding - (10 months - Start date: 2 February) - This course covers areas such as safety trade theory and practices, oxyacetylene welding and cutting procedures and arc welding techniques with emphasis on metallurgy blue print reading, sketching and layout in plate and structural fabrication. Practical projects are designed and involve layout, assembly and welding to specific measurements and tolerances. The shop work is designed to simulate working conditions and training equipment is kept current to meet industrial standards. Upon successful completion of the 10 month General Welding program, the student will receive a diploma with eligibility to test to a D.P.W. #3 and D.P.W. #4. (For further information contact Mr. E. Marchand, Northwest Community College, Terrace).

Marine Engine Repair - (10 months - Start date: 2 February) - This program provides training on current equipment used in the marine engine mechanics field. It will include training in two and four stroke gasoline and diesel engines as well as in major propulsion systems. Upon completion of this course, the student will be able to diagnose and repair all major components of marine engine systems as well as other small engines such as snowmobiles, chain saws, lawnmowers, etc. (For further information contact Mr. T. Kenna, Northwest Community College, Terrace).

Cook Training Programs - (begin 5 January and weekly thereafter) - Three Cook Training programs are offered for full-time students in the well-equipped College Cafeteria. The 12-month General Cooking program covers all phases of basic cooking including the preparation and serving of soups, salads, sandwiches, meat cooking and vegetable preparation. Kitchen management, cost and inventory control and menu planning form an integral part of the full program. The 6-month Camp Cooking program uses components of the General Cooking program as they relate to quantity cooking and menu planning for those planning to seek employment as camp cooks. The 3-month Short Order Cooking program instructs students in the College's short order kitchen specifically for employment in fast food industry. (For further information contact Mr. R.P. Kilborn, Northwest Community College, Terrace).

Electronics - (10 months - Start date: 2 February) - Students obtain training on modern electronic training systems. Theories include basic AC & DC, semi conductor devices, electronic circuitry, digital techniques and micro processors in the first part of the course. Specific training in communications systems, home entertainment systems and maintenance. Micro processor programming and interfacing is also included. The student will be able to perform a wide range of duties at the technician level within the electronics industry. Emphasis on bench work and trouble shooting with hands on experience using up-to-date test equipment with practical applications. (For further information contact Mr. E. Marchand, Northwest Community College, Terrace).

Homemaker Training - (12 January - 3 April) - This course is designed to train responsible persons in home management and personal and health care skills. The homemaker's role involves close consultation with professionals and may involve directing or performing routine home management tasks, meal planning, shopping, etc. Graduates may find full-time or part-time employment through local Community Homemaker Association, or become employed in nursing or retirement homes. (For further information contact Mr. F. Hislop, Northwest Community College, Terrace).

Upgrading - For those with previous experience, the cooking, electronics and welding programs offer upgrading programs.

For more information regarding these courses please contact:

Cook Training - Mr. R.P. Kilborn, N.W.C.C., Terrace

Electronics / Electrical - Mr. E. Marchand, N.W.C.C., Terrace

Welding - Mr. E. Marchand, N.W.C.C., Terrace

Entrance Requirements - Students must have an aptitude for the program. For most programs grade 10 is the minimum educational background. Students who have obtained grade 12 graduation generally are more successful in the program and in finding employment upon completion.

How to Apply - Application forms are available from Terrace College Centre, or by writing to Northwest Community College, Box 726, Terrace, B.C. V8G 4C2.

What does it Cost? - Students who pay their own fees pay \$16.00 per month in tuition. Costs for books, supplies and Student Association are kept to a minimum.

Sponsorship - Sponsorship may be available. Contact the College Centre or the Canada Employment Centre for further information.

Dormitory - Facilities are available on campus.

Northwest Community College Part-Time Vocational Programs

The following evening programmes will be offered at the Terrace Campus during the Winter semester.

Registration is at the College office between the hours of 8:00 a.m. and 4:00 p.m. beginning 5 January. The College will also be open from 6:00 p.m. to 8:00 p.m., 12 - 27 January for registration and payment of fees. Further information may be obtained from the Vocational Night School Coordinator at 635-6511. Suggestions for additional courses are welcome.

- 1 Air Brakes** - This is a course to prepare drivers for a written and practical test on the operation and maintenance of air-brake systems for either on-highway or off-highway vehicles. Those taking off-highway exams will be required to pay the Ministry of Transport a five dollar examination fee.
Successful completion will give a driver's license air endorsement.
Starting dates: 19 January, 16 February, 16 March, 20 April, 18 May
Time: 6:00 - 9:00 p.m. Total hours: 72
Fee: \$72.00
Days: Mondays and Wednesdays
Place: Room 107, Shops Building.

Time: 6:00 - 9:00 p.m. Total Hours: 24
Fee: \$30.00 + \$2.00 for manual
Days: Mondays and Wednesdays
Place: Room 111, Shops Building
- 2 Basic Welding** - This course is intended to assist persons working in trades which require welding, but do not warrant the employment of a full time welder. Both oxy-acetylene and electric arc welding are taught.
Starting date: 19 January
Time: 6:00 - 9:00 p.m. Total hours: 72
Fee: \$72.00
Days: Mondays and Wednesdays
Place: Room 107, Shops Building
- 3 Basic Cabinet Construction** - This programme covers the basic operations of hand and power tools as used in the construction of kitchen cabinets.
Instruction during the course includes:
Base or lower kitchen cabinets
Upper kitchen cabinets
Upper and base bathroom cabinets
Drawers and doors for above cabinets
Application of arborite materials
Starting date: 20 January
Time: 7:00 - 10:00 p.m. Total hours: 30
Fee: \$30.00 + Supplies
Days: Tuesdays and Thursdays
Place: Carpentry Shop
- 4. Blueprint Reading for Carpentry** - This course is to assist those presently working in the carpentry trade. The programme will include:
Reading drawings Structural information
Elevator drawings Detail drawings
Floor plans The plot plan
Symbols and notations Trade information
Scaling Evaluation
Starting date: 20 January
Time: 7:00 - 10:00 p.m. Total hours: 30
Fee: \$30.00 + books
Days: Tuesdays and Thursdays
Place: Room 105, Shops Building

- 5 Basic House Framing** - This course covers the basic theory of house framing and includes the knowledge required to layout floors, walls, rafters and stairs.

This is mainly a classroom course and includes limited shop time.

Starting date: 20 January
Time: 7:00 - 10:00 p.m. Total hours: 30
Fee: \$30.00 + book
Days: Tuesdays and Thursdays
Place: Carpentry Shop

- 6 Survival First Aid** - The purpose of this course is to provide an individual with knowledge and skills that are necessary for the emergency care of an injured person pending the arrival of qualified first aid or medical personnel. Courses will be offered on Saturdays when sufficient applications have been received, and are open to those employed in industry or business where certification is relevant or to students in trades and vocational courses.

Starting date: Saturday, 24, 31 January; 14, 21 February

Time: 9:00 a.m. - 6:00 p.m., Saturdays

Fee: \$15.00, including examination

Place: Room 202, Administration Building

12 students maximum. Each course is completed in one day.

- 7 Accounting I Prerequisite** - A course designed for those people who have not had Commercial training in High School or who have not had business experience or who have been out of school for several years. The course covers the operation of a ten key adding machine, business arithmetic and record keeping. It is recommended that students complete this course before taking ACC. I.

Starting date: 19 January

Time: 7:00 - 9:00 p.m.

Fee: \$40.00 + books

Days: Mondays and Wednesdays

Place: Room 113, Administration Building

Total hours: 40

- 8 Bookkeeping (ACC I)** - This is an introductory course into the fundamentals of bookkeeping. It is identical to our regular day course and requires a considerable number of home assignments. Routine profit and loss, balance sheets and payroll calculations are included. Completion of this module carries credit towards a Northwest College Business Certificate.

Students who have previously completed ACC I may enroll for ACC 2 since both classes will be conducted by the instructor at the same time. ACC 2 is also identical to our day programme.

Students should have access to a ten key adding machine. Areas of study will include:

Accounts Payable; Accounts Receivable; Cash Flow; Bank Reconciliation; Promissory Notes and Adjustments. Completion of this module carries credit towards a Northwest College Business Certificate.

Starting date: 20 January

Time: 7:00 - 10:00 p.m.

Fee: \$60.00 + book

Days: Tuesdays and Thursdays

Place: Room 113, Administration Building

Total hours: 60

- 9 Principles of Supervision** - The content of this course is specifically designed for the first line supervisor who has to cope with the responsibilities of handling people. It should also be of benefit to managers of small businesses and to those who are preparing themselves for advancement. Topics studied will include: Human Relations and the Individual; Communicating with the Public; The Art of Leadership; Organization; Accident Prevention; How to Give Instruction; How and When to Discipline; Handling Grievances; Planning Work Schedules and Rating Yourself. Completion of this course carries credit towards a Northwest College Business Certificate.

Starting date: 19 January

Time: 7:00 - 9:00 p.m.

Fee: \$40.00 + books

Days: Mondays and Wednesdays

Place: Room 106, Administration Building

10 Typing for Beginners - This is a course for persons who have never used a typewriter before. Students will be taught the keyboard and begin learning the many specialized applications of typewriting. Speed development and timing will be emphasized.

Prerequisite: None

Starting date: 19 January

Time: 7:00 - 9:00 p.m.

Fee: \$40.00 + books

Days: Mondays and Wednesdays

Place: Room 109, Administration Building

Total hours: 40

11 Advanced Typewriting - More complex typewriting functions are studied in this course. Students will begin the Northwest College assignment requirements to T1. Completion carries credit towards a College Certificate. A transcript card will also be issued to successful students.

Prerequisite: typing for Beginners or considerable experience to be assessed by the Instructor.

Starting date: 19 January

Time: 7:00 - 9:00 p.m.

Fee: \$40.00

Days: Mondays and Wednesdays

Place: Room 109, Administration Building

Total hours: 40

12 Commercial Law - This course will examine the law related to every day business situations. Topics for study include: Introduction to Law; Contracts; Sale of Goods and Consumer Protection; Secured Transactions and Creditor's Rights; Agency and Partnership; Corporations; Torts and Insurance; Real Property; Labour Law, tax Legislation. Completion of this course carries credit towards a Northwest College Business Certificate and the Society of Management Accountants.

Starting date: 20 January

Time: 7:00 - 9:00 p.m.

Fee: \$40.00 + books

Days: Tuesdays and Thursdays

Place: Room 106, Administration Building

Total hours: 40

13 Office Skills & Procedures Refresher - Students in this course should be experienced office workers who have been out of the labour market for several months and wish to regain their skills. There will be instruction on typewriting, letter styles, dictating, electronic calculators, filing, office forms, resume preparation and office machines.

Starting date: 20 January

Time: 7:00 - 9:00 p.m.

Fee: \$20.00 + Supplies

Days: Tuesdays and Thursdays

Place: Room 111, Administration Building

Total hours: 20

14 Vocational Mathematics - This course is oriented towards pre-vocational and trades people. It is designed to help those who have specific problems with shop mathematics. It will cover fractions, decimals, percentage, measurement, problem solving and metrication.

Starting date: 10 February

Time: 3:00 - 5:00 p.m.

Fee: \$40.00 + books

Days: Tuesdays and Thursdays

Place: Room 205, Administration Building

Total hours: 40

15 DC Electronics - No prerequisite required other than a knowledge of algebra. Discusses matter, atoms, current flow, voltage, drops, series and parallel circuits, magnetic fields, meters and their use, 20 lab experiments.

Starting date: 19 January

Time: 7:00 - 10:00 p.m.

Fee: \$50.00

Days: Mondays and Wednesdays

Place: Electronics Lab., Shops Building

Total hours: 50

16 AC Electronics - Prerequisites - Course 15 or equivalent knowledge. Discusses wave forms, period, frequency, AC meters, oscilloscope, series and parallel circuits, RC filters, phase shifts, reactance, vectors, transformers, trigonometry, resonance, 8 experiments. Supplementary lessons - vector algebra (complex numbers as applied to AC circuits).

Starting date: 19 January

Time: 7:00 - 10:00 p.m.

Fee: \$50.00

Days: Mondays and Wednesdays

Place: Electronics Lab., Shops Building

Total hours: 50

17 Semiconductor Devices - Prerequisites - Courses 15 and 16 or equivalent knowledge. Discusses diodes, zener diodes, bipolar transistor operation, field effect transistor operation, thyristors, unijunction transistors, special diode circuits, integrated circuits, optoelectronic devices and applications, 11 experiments. Supplementary information - bipolar transistor parameters.

Starting date: 19 January

Time: 7:00 - 10:00 p.m.

Fee: \$50.00

Days: Mondays and Wednesdays

Place: Electronics Lab., Shops Building

Total hours: 50

18 Electronic Circuits - Prerequisite - Courses 15 to 17 or equivalent knowledge. Discusses amplifier functions and configurations, classes of operation, audio, video, RF, IF amplifiers, voltage amplifiers, voltage regulation, power supplies, oscillators, RC wave shaping circuits, AM, Fm, SSB modulation, extensive use of meters and oscilloscopes to perform 18 experiments.

Starting date: 19 January

Time: 7:00 - 10:00 p.m.

Fee: \$75.00

Days: Mondays and Wednesdays

Place: Electronics Lab., Shops Building

Total hours: 75

19 Advanced Digital Techniques - Prerequisites - Courses 15 to 18 or equivalent knowledge. Discusses TTL, ECL, CMOS, PMOS, NMOS integrated circuits, SSI, MSI, LSI, ROM's and PLA's microprocessors and microcomputers. Designing logic circuits through the use of truth tables, Boolean algebra and Karnaugh mapping. Also includes flip-flops and registers, sequential and combinational logic circuits, frequency counters. There will be 24 experiments.

Starting date: 19 January

Time: 7:00 - 10:00 p.m.

Fee: \$100.00

Days: Mondays and Wednesdays

Place: Electronics Lab., Shops Building

Total hours: 100

20 Microcomputer and Microprocessor - Prerequisite - Course 19 - The contents are as follows: Number Systems and Codes, Microcomputer Basics, Executing Programs, Addressing, Boolean Algebra, Computer Arithmetic, including Two's Complements. Introduction to programming, Branching, Conditional Branching, Algorithms, the 6800 Architecture, Instruction Set, Addressing Modes, Stack Operation, Subroutines, Interrupts, Programming Experiments, Straight Line, Arithmetic and Logic Instructions, Address Modes, Stack Operations and Subroutines, Interfacing Experiments, include Memory Circuits, Clock, Addressing, Decoding, Data Output, Data Input, Peripheral Interface Adaptor, Audio Output, Key Matrix and Parallel-to-Serial, D/A and A/D Conversions.

Starting date: 19 January

Time: 7:00 - 10:00 p.m.

Fee: \$150.00

Days: Mondays and Wednesdays

Place: Electronics Lab., Shops Building

Total hours: 150

NOTE:

Courses 15 - 20 are Heath Continuing Education self-study programmes containing numerous lab experiments and unit tests as well as 33 1/2 rpm introductory records, in some areas supplementary lessons have been added.

A pre-test for any of the above courses will establish prerequisites. The pre-test and the final exam for each course all consist of 50 multiple choice questions and require a 60% score to pass. Courses are conducted concurrently and students may study at their highest level of qualifications.

21 Meat Cutting - This is a short course in the fundamentals of meat cutting. It will include sharpening and maintenance of the various types of knives, sanitation and the actual cutting of meat. Enrollment is limited to ten students.

Starting date: 26 January

Time: 7:00 - 10:00 p.m.

Fee: \$30.00

Days: Mondays and Wednesdays

Place: Cafeteria

Total hours: 30

22 Cake Decorating, Beginner - This course is designed to cover all basic concepts of cake decorating. Content: Border Design; Flowers; Tube Writing; Sugar Molds; Fundamental Decorating Techniques; Special Techniques. Enrollment is limited to ten students.

Starting date: 27 January, 10 March

Time: 7:00 - 10:00 p.m.

Fee: \$30.00

Days: Tuesdays and Thursdays

Place: Cafeteria

Total hours: 30

23 Cardiopulmonary Resuscitation (C.P.R.) - This is a course in Basic Life Support for Health Professionals, Paramedics and First Aiders and may also be of value to Police Officers, Firemen and other public employees. Instruction will include one and two man C.P.R. and infant C.P.R. Successful students will receive certification through the Canadian Heart Foundation.

Starting date: 5 February

Time: 6:00 - 10:00 p.m. (2 sessions)

Fee: \$20.00 including book

Days: Tuesday and Thursday

6 students maximum. Courses will run each week as students are available.

Total hours: 8

Distance Education



ANIK—B Satellite

**Interactive
Instructional
Tele—
Vision**

Distance Education - As we go to press, programs using ANIK-B interactive instructional television have not yet been confirmed. ANIK-B and other Distance Education courses will be announced early in the new year. For information call 635-6511, local 228.



Study at home with the Open Learning Institute! Now you can get your high school diploma, study towards an university degree, or start on a whole new career program. In Terrace, call the OLI Advisor 635-4961, or stop by the Downtown Centre, 3304 Kalum Street. Information may also be obtained at Northwest Community College.

Management Skills for Supervisors - Northwest College offers this three module, practically based program designed to increase supervisor effectiveness. It will be held at the College in Terrace.

Part I - February 2, 3, 4, 1981

Effective Communication and Problem Solving.

Part II - March 2, 3, 4, 5, 1981

Understanding and motivating the employee.

Part III - April 27, 28, 29, 30, 1981

Creative Leadership and maximizing employee potential.

NOTE: Canada Employment Centre (Manpower) may subsidize ¼ of registration for private sector supervisors.

For further information, please call Audun Birkedal, 635-6511, local 212.

Pacific Cinematheque Film Series

The following films are presented by Community Education Services of Northwest Community College and the R.E.M. Lee Theatre. These films are shown every second Wednesday at 8:00 p.m. The cost is \$2.00 at the door. There is something for everyone's interest, so please read on. A brochure will be mailed on request. 635-6511, Local 254. Posters and the media will give dates and location.

'MY BRILLIANT CAREER' (Australia, 1980) Director Gillian Armstrong's lavishly produced film about a spirited girl from a poor farming family. One of the year's most enjoyable films. For adults and children from age ten.

'THE ORPHANS' (Russia, 1977) Childhood memories in a beautiful film that strikes the right note of nostalgia and maturing wisdom in its depiction of a boy's learning experiences. The film is 50% autobiographical. Director Nicolai Goubenke plays the teacher. The children live or have lived in orphanages.

'THE MARRIAGE OF MARIA BRAUN' (Germany, 1980) The film, which has been critically well received, tells of Maria's struggles to rebuild her life at the end of World War II. One of the most dynamic screen performances and Director Fassbinder's most popular film to date in this country.

'ORPHEUS' (France, 1949) Director: Jean Cocteau. A narrative treatment of the legend of Orpheus in a modern Parisian setting. Inventive and enigmatic as a dream, the film gives the violence and mystery of the story a contemporary meaning.

'OUTRAGEOUS' (Canada, 1977) Original, alive, rebaldy, funny, but also very sensitive. The film, directed by Richard Benner, documents the relationship of a pair of self-acknowledged 'crazies'.

'I VITELLONI' (Italy, 1953) Considered by many to be Fellini's finest film. An evocation of his youth in a small provincial town. The 'Vitelloni' are the sons of lower middle-class families who feel they are too good for manual labour, but not rich enough or poor enough to be bums.

'THE WAGES OF FEAR' (France/Italy, 1953) An existential thriller. The most original and shocking French melodrama of the fifties which depicts a South American company town and the Europeans trapped there. A Grand Prix winner at Cannes.



TERRACE PARKS & RECREATION DEPARTMENT

REGISTRATION AND GENERAL INFORMATION

Office:

located in Arena. Open Monday to Friday, 8:30 a.m. - 4:30 p.m.

Phone 638-1174

Mailing Address: #5, 3215 Eby Street, Terrace, B.C. V8G 2X6

Your Recreation Staff

Superintendent of Parks & Recreation Mr. Allan McNiven
 Head Arena Attendant..... Mr. Dale McFadden
 Head Pool Attendant..... Mr. Cary Humphrey
 Program Co-Ordinator..... Mary-Margaret Smith-Sneed

PROGRAM DIVISION

Registration Date:

Saturday, January 10, from 11:00 a.m. to 3:00 p.m.

Location: Arena Banquet Room

Registration Procedures:

All registrations are on a first come first serve basis with no prior registration or registration accepted by mail. Many activities have a limited enrollment, therefore prompt registration is advised. Fees and registration will not be accepted at the program unless otherwise indicated. The Parks and Recreation Department reserve the right to cancel a program due to insufficient enrollment.

Late Registration:

Will be accepted at the Recreation office in the Arena from January 12 up until a few days before the specific program commences if enrollment space is still available in the class. The Recreation office is open Monday to Friday from 8:30 - 4:30 p.m.

Refunds:

Absolutely, NO REFUNDS will be given without a Doctors Certificate. However, full refunds will be given if a programme is cancelled.

Holidays:

Classes will not be held on Statutory Holidays.

AQUATICS DIVISION

Registration was held December 17th 1980.

Set I Begins January 5 Finishes February 13

Set II Begins February 16 Finishes March 27

Set III Begins March 30 Finishes April 10*

* Set III only will run Monday to Friday with 1 class each day.

Late Registration will be accepted any time at the pool for any program that still has enrollment space available.

Pool - 638-1177

ARENA & POOL SCHEDULES

Available at Arena Office or call our 24 hour recorded information line:

635-9212

PROGRAM ANNOUNCEMENTS, ARENA OR POOL EVENTS

Watch the local newspapers!

Advertiser: "Terrace Recreation News" weekly column
 Bargain Finder: "Recreation News" weekly column
 Daily Herald: Fridays "Around Town" Column
 Northern Times: "Northwest Calendar" column

Listen to Radio:

CFTK's "Datebook"
 CBC's "Community Affairs"

Terrace Recreation Advisory Commission

The Terrace Recreation Advisory Commission is a group of 'volunteers' that represent a cross section of community members. A city by-law established the commission in 1977.

The main PURPOSE of the Commission is to act as a sounding board for community opinion and then make suggestions to the appropriate committee of City Council.

Recreation is a major contribution to a high quality of life which is important to us all. The success of community recreation activities depends on the support of everyone.

Use your commission; make them work for you to help produce better recreation for us all.

Chairman: To be announced

Secretary: Mr. Flavio Cervo 635-7445
 Mr. Doug Inglis 635-3412
 Mr. Clyde Inouye 635-9451
 Mrs. Lois Parry 638-1248
 Mrs. B. Barber 638-1293

District of Terrace Rep. to be announced

School Board Rep.

Mrs. Diana McKay 635-7426 or 635-2521

If you have any suggestions or opinions regarding recreation in Terrace please let your views be known by calling one of your Commission Members.

**DISTRICT OF TERRACE
 PARKS & RECREATION DEPARTMENT
 WINTER 1981
 Recreational Opportunities**

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Fitness Programs

Morning Exercises - You may drop into one free class Wednesday, January 7 before deciding whether to sign up for the class on registration day; Saturday, January 10th. Lose inches as well as increase your strength and flexibility through this vigorous exercise program that will also include relaxing and stress relieving exercises and all important motivation techniques for maintaining an exercise program. Bring an exercise mat or something to support you from head to ankles and 2 plastic bags filled with sand or material equal to 5 lbs. that can be easily held.

Instructor: Debra Webb
Location: Arena Banquet Room
Dates: Mondays, Wednesdays and Fridays, Jan. 19 - April 8
Time: 10:30 - 11:30 a.m.
Fee: \$45.00 for 35 classes / 35 hours

Women's Fitness to Music - This fitness program will involve continuous exercise to taped music. A variety of strength, flexibility, muscle toner and relaxation exercises are included. The pace will vary from slow to medium warm-ups and relaxation movements to fairly vigorous strength exercises including some light running. You may drop into one free class on Wednesday January 7 before deciding whether to register on Saturday, January 10. This free class will be held in Uplands School Gym at 6:30 p.m.

Location: Uplands School Gym
Instructor: Debra Webb
Date: Monday & Wednesday, January 19 to April 8
Time: 6:30 - 7:30 p.m.
Fee: \$25.00 for 25 classes / 25 hours

Ladies Keep Fit - Exercises for strength, flexibility and cardiovascular fitness. Wear loose clothing.

Location: Thornhill Elementary School Gym on Monday and Thornhill Primary School Gym on Thursday.
Instructors: Betty Maier ; Marlene Moore
Date: Mondays & Thursdays, January 5 to April 9
Time: 6:30 - 7:30 p.m.
Fee: No charge

Hatha Yoga - This program is open to both men and women. It is designed to promote flexibility, relaxation and over all fitness resulting in a feeling of general well-being. Mrs. Redmond has taught yoga in the Terrace-Kitimat area for 11 years. Bring your own exercise mat and pillow.

Location: Library Arts Room
Instructor: Frances Redmond, 635-9468
Date & Session I: Tuesday, 9:30 - 11:30 a.m., Jan. 20 - Mar. 10
Time: Session II Tuesday, 7:30 - 9:30 p.m., Jan. 20 - Mar. 10
Session III Thursday, 7:30 - 9:30 p.m., Jan. 22 - Mar. 12
Fee: \$20.00 for 8 classes/16 hours

Women's Body Building - You may drop into two free classes at Caledonia Schools Universal Gym Room on Monday, January 5 and Wednesday, January 7 before deciding whether to register on January 10th. Your personal goals and abilities will be considered in this program which will start with theory and technique and work into a body building program that can give you a certain type of fitness, weight loss, increase your confidence and make your chores a breeze. If you have any questions call the instructor at 635-2163.

Instructor: Debra Webb
Location: Caledonia High School Universal Gym Room
Dates: Mondays & Wednesdays, January 19 to April 8
Time: 8:00 - 9:00 p.m.
Fee: \$36.00 for 24 classes/24 hours

Karate - An ongoing course in the art of Chito-Ryu (style) Karate for both beginners and more advanced students. This style is affiliated with the National Karate Association of Canada. The instructor is a fifth degree black belt who trained in Japan under Dr. Chitose - a 10th degree master of Chito-Ryu. The program is open to adults only. Mr. Akutagawa has also been running a Karate Program in Kitimat.

Instructor: Dave Akutagawa
Location: Terrace Arena Banquet Room
Dates: Mondays & Thursdays, January 19 - April 9
Time: 7:00 - 9:30 p.m.
Fee: \$30.00 for 24 classes/60 hours

Terrace Martial Arts Association - A Ju-Jitsu and Judo training program by a 2nd degree black belt. Drop in twice free of charge before deciding to join the club. Call Larry or Ellen Smith for further information at 638-1343 (Judo for children only age6-12)

Location: The Oddfellows Hall
Instructor: Joseph Dugay
Dates: All year round
Times: Monday to Friday, 6:30 - 8:30 p.m.

Sports Programs

CROSS COUNTRY SKIING

Orientation Evening - Gary Baker, who possesses an extensive background in cross country skiing will give an orientation session including discussion on types of skis, ski boots, clothing various waxing systems and their uses and waxless skis. Equipment will be on display. Participants in the practical cross country sessions SHOULD attend. The distinguished and excellent local skier, Eric Brorup will also be on hand to answer questions.

Instructors: Gary Baker and Eric Brorup
Location: Northwest Community College Room 202
Date: Thursday, January 8
Time: 7:00 - 9:30 p.m.
Fee: No charge

Cross Country Ski Film - An excellent series of five 30 minute films on 1) Dignol Stride, 2) Double Poling, 3) Climbing and Downhill, 4) Turning, 5) Waxing and trail sense. These Sun Life films are some of the best there are on the subject. Don't miss them!

Gary Baker and Eric Brorup will be on hand to answer questions. Participants in the practical session SHOULD attend.

Instructor: Gary Baker and Eric Brorup
Location: Northwest Community College Room 202
Date: Thursday, January 15
Time: 7:00 - 9:30 p.m.
Fee: No charge.

Cross Country Skiing Lessons - An intensive one morning class for beginners in the basics of cross country skiing. Includes basic stride, double poling and uphill and downhill techniques, etc. Given by two avid and excellent skiers. Participants are required to supply their own equipment, however, wax will be available.

Instructors: Gary Baker and Eric Brorup
Location: On a set track at Northwest Community College (meet in parking lot)
Date: Saturday, January 17
Time: 9:00 a.m. - 12 noon
Fee: \$2.50

You MUST pre-register at the arena office.

Cross Country Ski Tour - Anyone is welcome to join Eric Brorup who will lead an informal tour down the Scenic Zymagotitz Trail at Kitsumkalum Ski hill. Participants should bring extra clothing and a lunch in a daypack. Bring your camera too, the scenery is beautiful!

Leader: Eric Brorup
Location: Meet at Kitsumkalum Ski Hill Entrance Gate
Time: at 10:00 a.m.
Date: on Sunday, January 18th
Fee: No charge

Noon Hour Hockey - An opportunity to drop in at noon for a game of informal hockey. A light weight foam puck is used. Business people are encouraged to come out on their lunch hours for some fun and exercise. Change rooms and showers are available.

Location: Ice Arena
Date: Tuesday & Thursday, Sept. 16 - March 26
Time: 11:30 a.m. - 12:45 p.m.
Fee: \$1.50 drop in fee MUST BE PAID at upstairs arena office on way in.

Men's Drop-In Floor Hockey - Plastic sticks and running shoes are mandatory. No spectators please.

Location: Skeena Jr. Secondary School Gym, Mon. 8:30 - 10:00 p.m.
Uplands Elementary School Gym, Fridays, 6:00 - 9:00 p.m.
Co-Ordinator: Jeff Davidson 635-9416
Date: January 5 - April 6
Fee: No charge

Art/Craft & General Interest

Women's Drop-in Basketball - Fun and exercise for women 17 and up. Includes warm-up exercises practice drills, and games.

Location: Caledonia School Gym, Tuesdays
Veritas School Gym, Wednesdays

Coach: Dave Langton

Date: January 6 - April 8

Time: 8:00 - 10:00 p.m.

Fee: No charge

Men's Drop-in Basketball & Volleyball - Fun, fitness and exercise. Limited to the first fifteen who show up.

Location Cassie Hall

Co-Ordinator: Jerry De Kerf

Date: Mondays, January 5 - April 6

Time: 7:00 p.m.

Fee: No charge

Co-Ed Volleyball - Workouts and games for everyone age 17 and over with previous playing experience. Call Donna at 635-3648 for further information.

Location: Caledonia School Gym

Co-Ordinator: Donna Checkley

Dates: Mondays & Thursdays, January 5 - April 9

Time: 9:00 - 10:30 p.m.

Fee: No charge

Scrub Volleyball League - Volleyball for men and women from October to April. An excellent opportunity to have fun and exercise at the same time. Call Co-ordinators Carol marcellin at 635-2627 or Audrey Blishen at 635-3784 for further information.

Women's Indoor Soccer - For all women 17 and up. This program will include off season skill, and fitness training. Call Gail at 635-4754 for more information.

Location: Clarence Michiel School Gym

Co-Ordinator: Gail Sheasby

Date: Mondays, January 5 - April 6

Time: 8:00 - 9:00 p.m.

Fee: No charge

Men's Indoor Soccer - Off season skill and fitness training for adult soccer players.

Location: Caledonia School Gym

Co-Ordinator: Mark Chester

Date: Wednesdays, January 7 - April 8

Time: 9:00 - 10:30 p.m.

Fee: No charge

Badminton Club - The badminton club meets for informal practice and play every Tuesday, Thursday and Sunday from 7 - 10 p.m. Any adult is welcome to join in and eventually join the club if they wish. Call Club President Dave Langton at 635-4642 for further information.

Archery - The Skeena Archers invite all archers to their informal shoot night.

Location: Copper Mountain Elementary School

Co-Ordinator: Dave Ramsey

Date: Tuesdays & Thursdays, September to May

Time: 7:00 - 10:00 p.m.

Fee: No charge

Dog Sledding - Anyone interested in dog sledding is invited to call Wilfred Jephson who is forming a dog sledding club, in the evenings at 635-3162 after 7 p.m.

Leagues - The Terrace Parks and Recreation Department would like to assist sport and recreational groups in promoting and developing their interest throughout the community. Contact us at 638-1174.

Coaching & Instructional Clinics - In co-operation with Sports B.C. and the Canadian Coaching Association, the Terrace Parks and Recreation Department would like to assist any local group or individual in obtaining the various coaching and instructional clinics that are available. Contact us at 638-1174.

Exploration of Form and Function of the

Thrown Pot - In this intensive 8 day workshop students will compile a series of drawings of forms and shapes of pots, handle, knob, spout, and decorative details using photographs from books and magazines. Discussions on function form and shape will result. Students will then draw a theme series of pots and throw the series, which will be photographed. The drawings will be photocopied and compiled into booklets. The most successful pot of each series will be glazed and fired. There will be weekend studio time with the instructor. Registrants must be able to throw a pot and be familiar with the basics of pottery. Wheels, clay, glazes, firing and photographic materials will be provided. Students must provide their own throwing tools.

Instructor: Jan McLeod

Location: 4542 Park Avenue (District House)

Dates & Times: Feb. 17, 18, 19, 24, 25, 26 from 7 - 10 p.m.
Feb. 21, 22 (weekend) from 11 a.m. - 3 p.m.

Fee: \$42.00

NOTE: YOU MUST REGISTER BY JANUARY 30th AT THE LATEST!

Beginners Pottery - The Recreation Department has the use of 8 electric pottery wheels from January to April inclusive and would like to offer classes for beginners during the day and/or evening in the District House as soon as we find a qualified and willing instructor(s) to teach the classes. If you are an experienced pottery instructor and would like to teach please call the arena at 638-1174 immediately! When an instructor is found, dates and times of classes will be announced through the media.

Spinning, Dying and Weaving - A beginners course in spinning, dying and weaving. Transform fleece to spun fibers. Discover a world of soft and subtle nature dyes. Create your own design, and using an off loom technique weave a wall hanging or even a garment. Participants will be supplied with spinning wheels, carder, frame looms, wool and basic dyes etc. You may be asked to bring your own onion skins, used coffee grounds and rusty nails, they make wonderful dyes.

Instructor: Stephanie Mann

Location: Caledonia High School's Food Lab

Dates: Tuesdays, January 20 - March 24

Time: 7:00 - 9:30 p.m.

Fee: \$30.00 for 10 classes/25 hours, plus a \$12.00 lab fee to be paid at registration.

Beginners Basket Weaving - A brief course for people who have never done basket weaving. It will consist of a brief background of basketry, what materials can be used, where to obtain them, how to prepare the material and the actual making of at least four baskets.

The course will contain enough information so that the student can carry on at home experimenting with a variety of materials and make larger and more complex baskets. A discussion on how to collect and prepare cedar strips for the basket making will also be included. The first lessons material will be provided, however the student will purchase some materials after the 1st class at approximately \$15.00

Instructor: Betty Stewart

Location: Arena Senior Citizens Room

Dates: Tuesdays, March 3 - 24

Time: 7:30 - 9:30 p.m.

Fee: \$15.00

Basic Macrame - This short program is for those who have never macramed. You will learn preparation, seven knots, short cuts and how to incorporate beads and rings into your work. You will complete two small hangers. Materials will be provided. Bring a wire brush and scissors.

Instructor: Nancy Briand

Location: Skeena Jr. Secondary School (Woodworking Shop R. 10)

Dates: Wednesdays, February 4 - 25

Times: 7:00 - 9:00 p.m.

Fee: \$19.00 / 4 classes / 8 hours

Traditional Quilting - Enjoy designing and making patchwork Quilts. Practice with doll sized quilts, cushions or wall hangings and finish with a large size quilt.

Location: Wed. Mornings: Senior Citizens Room

Thurs. evenings: Caledonia School Sewing Room

Dates : Times: Session I: Wednesdays, Feb. 4 - Apr. 8, 9 - 11 a.m.

Session II: Thurs., Feb. 5 - Apr. 9, 7:30 - 10:00 p.m.

Fee: \$25.00 for 10 classes/20 hours

Centreplace Making - Spend delightful afternoons learning to make your own beautiful centerpieces in this short course. During the first two classes you will make two special occasion centerpieces - Valentines and Spring/Easter with materials that you will purchase yourselves from a list that will be handed out at registration. Cost of these materials will be approximately \$15.00. During the last two classes materials will be supplied for an elaborate dried flower centerpiece and a wall decoration with dried flowers. Considering that you will have 4 lovely centerpieces of your own at the end of the course fee is quite reasonable.

Instructors: Barbara Hoveland (first two classes)

Marlene Keeping (second two classes)

Location: Senior Citizens Room

Dates: Tuesdays, February 3 - 24

Time: 1:00 - 3:00 p.m.

Fee: \$36.00 for 4 classes/8 hours

Basic Leathercraft - Learn all of the basics of leathercraft from a highly skilled "old world master". Proper preparation of the leather, freehand and inverted carving, 3 dimensional work and various lacing patterns and colouring will be some of the things learned by making your own projects. If you do not have tools the cost of materials will be approximately \$50.00 (including leather). Students may purchase their leather at 1st class from instructor or purchase their own after 1st class. A list of tools needed will be given out at registration.

Instructor: Gunther Holtz

Location: Skeena Junior High School Room 15

Dates: Tuesday & Thursday, January 20 - February 12

Times: 7:30 - 9:30 p.m.

Fee: \$20.00 for 8 classes/16 hours

Stained Glass - Make your own project under the guidance of an expert. Cost of materials ranges from \$30.00 upwards depending on materials chosen. Bring a 12" ruler to first class. Proper glass cutters provided.

Location: 4820 Halliwell (instructors own studio)

Instructor: Matt Ehses

Dates & Times: Beginners - Tues. Jan. 20 - Mar. 10, 7:30 - 9:30 p.m.

or Thurs. Jan. 22 - Mar. 12, 7:30 - 9:30 p.m.

Advanced - Wed., January 21 - March 11

Fee: \$20.00 for 8 classes/16 hours

The Finishing Touch - This course is suitable for the contemporary woman who wishes to feel better about herself, those who wish to polish their looks and those considering a career in modeling or fashion design. Skin care, cosmetics, hair care and styling, using the elements of design to choose cloths to suit your figure and colouring, wardrobe planning and use of accessories will be covered. Poise, posture, etiquette along with nutrition for a healthy complexion and better figure will also be covered. Individual exercise programs will be designed for each student. The instructor is a professional fashion co-ordinator with extensive background in all aspects of "Fashion Arts". This course is geared to people age 15 and up.

Instructor: Mary Daunt

Location: Thornhill Jr. Secondary School Room 12

Dates: Wednesdays, January 21 - April 8

Time: 7:00 - 9:00 p.m.

Fee: \$29.00 for 12 classes/24 hours

Come Travel in China With Me - A fascinating audio-visual "people accented" presentation of a 2,000 mile trip through five major Chinese cities. The speaker travelled with a medical group through China last fall. Don't miss this very special and entertaining evening with "Nadine" who is a well known local freelance broadcaster and journalist.

Instructor: Nadine Asante

Location: Library Arts Room

Date: Wednesday, February 11

Time: 7:00 - 10:00 p.m.

Fee: \$2.50 single/\$4.00 couple

NOTE: Please pre-register on registration day or at arena office any Monday - Friday, 8:30 a.m. - 4:30 p.m.

Ballroom Dancing - Come on out for an enjoyable evening of Ballroom Dancing under the patient guidance of Mr. Reitz. Learn to waltz, tango, fox trot and polka properly to classical music. Time permitting other dances will be taught upon request. Advisable to sign up with a partner but not necessary.

Instructor: John Reitz.

Location: Arena Banquet Room

Dates: Session I, Tuesday and Wednesday

January 13 - February 11

Session II, Tuesdays and Wednesdays

February 17 - March 18

Times: Tuesdays, 8:30 - 10:00 p.m.

Wednesdays 8:00 - 9:30 p.m.

Fee: \$15.00 for 10 classes/15 hours

Women's Self Defense - Any woman is welcome to drop into this no charge program anytime. In this informal group you will learn how to defend your self both physically and psychologically. Related discussions will include overcoming fears, avoiding dangerous situations and assertiveness training. This program is a continuation of the one offered in the Fall. For further information call Maureen at 635-3487 or Jenette at 638-1034.

Location: Arena Senior Citizens Room

Leaders: Maureen Bostok & Jenette Miyagawa

Date: Starts Feb. 2 and continues the 1st and 3rd Monday of each month to April 6

Time: 7:00 p.m.

Fee: No charge

Dog Obedience - Have you always wished your dog would obey you or perhaps you would like to prepare your dog for the ring. Then this is the class for you. Call Lyn Perrin at 638-1226 for details regarding the first class this winter.

Chess Club - The club extends an open invitation to anyone interested in learning to play chess and otherwise challenges chess players to drop in for a game or two to the Terrace Swimming Pool Board Room, Tuesdays at 7:00 p.m. Call Joe Mandur Sr. for further information at 635-5419. No charge.

HERBAL WORKSHOPS

Workshop I - Will be given by Norma Myers, a Mohawk Native Medicine woman, and Joy Gardner an instructor from Greenville Herbal College. It will encompass, holistic healing, colour healing, box flower remedies, diet herbs and herbal nutritional counselling. It will be given April 18 and 19 by and at Kermodie Friendship Center and is open to everyone in the community.

Workshop II - Will be given by the Bear Tribe Medicine Society and will focus on Traditional Medicines used by the Society. Tentatively: May 16 and 17 by and at Kermodie Friendship Society. Open to everyone.

Kermodie Friendship Society will also be giving other programs in Tsimshian weaving, cedarbasket weaving, blanket making and environmental workshops this winter. Call them at 635-4906 if you wish to get involved.

Instructors Needed - Ideas Welcome! - We are already lining up your Recreation Programs for the Spring session, April to June inclusive. If you would like to instruct a program on a part-time basis, lead a sports program or even teach one or two workshops, please call us before the end of February. Also feel free to call us with any ideas or requests for programs that you would like to see offered this winter so we can serve the community's needs in recreation programming. Share your ideas and skills! Call Mary-Margaret at the Arena Office 638-1174.

Senior Citizens Activities

Happy Gang Centre - The B.C. Old Age Pensioners Organization New Happy Gang Centre, located at 3226 Kalum Street, offer all senior citizens of our community a variety of activities. Handcrafts, pool, shuffle board, cards are some of the activities that any senior may enjoy who drops into the centre. A T.V. and stereo are also there for entertainment. Tea and coffee are served and sandwiches, soups and deserts are available for \$1.50 from 12 noon to 1 p.m.; visitors are always welcome. The centre is open every day of the week from 10:00 a.m. - 4:00 p.m.

Outside activities include bowling, skiing, curling and a cribbage club. Call the centre at 635-9090 if you have any questions.

Skeena Centre - Skeena Centre is open Monday to Friday 8:00 a.m. - 3:30 p.m. to all Senior Citizens (and not so senior) in the community who wishes to drop in and enjoy the handcraft program free of charge. Complimentary meals are provided as well. Transportation can be provided during the day by calling the centre at 635-2265, local 26. Cribbage night is every Thursday at 7:30 p.m. and again all seniors are welcome.

Pre-School Programs

Mini Mixers - In this program a different story will be presented each week. The children will then cook and taste the particular food described in the story. This will be a stimulating social experience, giving the pre-schooler (ages 3 - 5) an opportunity to interact, and be exposed to the basic concepts of cooking.

Location: Arena Kitchen
Instructor: Dorthea Hines
Dates: Saturdays, January 24 - April 4
Time: 10:30 - 11:30 a.m.
Fee: \$16.00 for 11 classes/11 hours

Time for Tots - An excellent educational and creative program for 3 - 5 year olds, with arts and crafts projects, active and quiet games, sing song, story time, free play and occasional field trips.

Location: Arena Banquet Room
Instructors: Lucy Silva Carrita and Olga Wrubel
Dates: Session I, Jan. 20 - Mar. 5, Tues. & Thurs.
Session II, Mar. 10 - Apr. 9, Tues. & Thurs.
Times: 9:30 - 11:30 a.m.
Fee: \$30.00 for 14 classes/28 hours, for Session I
\$21.00 for 10 classes/10 hours for Session II

Kidnastics - For ages four and five only, this will be an excellent program for building strength, co-ordination and flexibility. Through various exercises and tumbling, balance will be emphasized. A good program to start a youngster off into any sport.

Location: Arena Banquet Room
Instructors: Eva Komlos and Lucy Silva Carrita
Date: Session I, Tues. & Thurs., Jan. 20 - Mar. 5
Session II, Tues. & Thurs., Mar. 10 - Apr. 9
Time: 1:00 - 3:00 p.m.
Fee: \$30.00 for 14 classes/28 hours for Session I
\$21.00 for 10 classes/20 hours for Session II

Youth Programs

Beginners Guitar - Instruction in various classical styles by a very capable young guitarist. These classes are for children ages 6 to 10 years of age. There will be seven children per class. Practice is necessary for progress. Books are provided. Bring your own guitar.

Instructor: Debbie Varga
Location: Senior Citizens Room
Dates: Saturdays, January 31 - April 4
Times: Class I - 1:00 p.m.
Class II - 2:00 p.m.
Class III - 3:00 p.m.
Fee: \$15.00 for 10 classes/20 hours

Ringette - "The Girls Game On Ice" - Ringette is the girls answer to boys hockey. Ringette is an active team sport played on ice with skates. It is uniquely designed for females and was invented in Ontario in 1965. Over 60,000 girls and young women play the sport in Ontario now. Over 600 play in B.C. now with teams in Kitimat, Vanderhoof and Prince George and the lower mainland.

Ringette consist of 11 to 18 per team with 6 players on the ice at a time. A straight stick is used to shoot, carry and pass a rubber ring. A main safety factor in ringette is the ring. It is air filled and made of rubber so that the girls will never be hurt or injured by it. There can be no body contact and all rules are designed with safety of the participants in mind.

Girls may wear boys or girls skates, must wear a helmet and mouth guard. No other protective equipment is necessary except for the goalie.

Every Sunday from Feb. 22 to March 22 from 4:45 - 5:45 p.m. girls in Terrace will have an opportunity to learn and play ringette on a drop in basis at the Terrace arena for a minimal fee of 50¢ per drop in. A qualified coach will be on hand to coach the girls. Hopefully girls and parents will then decide if they like the game and wish to register in September at the full season fee of \$30.00 - \$40.00 per girl. It is open to girls age 6 to 18.

There will also be a "Ringette Exhibition Game" between the two Kitimat Girls Ringette teams on Sunday Feb. 15th at 4:45 in the Terrace Arena. The Kitimat teams have been practicing and playing since last fall, it should be a good game! Drop by the Exhibition Game free of charge and the other drop-ins and see what the game is all about. The Kitimat girls would like someone to play against so lets get out there and get Ringette started in Terrace. Call the Recreation office at 638-1174 if you have any questions.

Snow Vehicle Instruction - This course is set up by the Provincial Government and the B.C. Snowmobile Association and run throughout the province through local organizations like the Skeena Valley Snowmobile Association. Topics covered include machine safety, how machines operate mechanically, bush safety (getting lost) proper riding procedures, safety within the law etc. Outside demonstrations will be given along with certificates of completion. For people age 12 - 16.

Instructor: Eugene Thomas, President Skeena Valley Snowmobile Association
Location: Senior Citizens Room
Dates: Tuesday, January 13 - February 17
Times: 7:30 - 9:30 p.m.
Fee: Free
NOTE: You MUST PRE-REGISTER as class is limited to 15.

Hand Puppetry - This course will provide an introduction to the techniques of hand puppetry for children age 8 - 12. Participants will create their own puppets from a variety of materials including cloth, papier mache' and styrofoam. Each child will make at least 2 puppets and will participate in writing and performing short puppet shows. Children must bring sharp scissors, suitable for cutting cloth. They will also be encouraged to bring some scrap materials. Gillian is a professional puppeteer.

Instructor: Gillian Campbell
Location: 4542 Park Avenue (District House)
Dates: Saturdays, January 24 - April 4
Times: 10:00 - 11:00 a.m.
Fee: \$15.00 for 11 classes/11 hours

Majorettes: Beginners & Advanced - This course for girls age 6 and up offers an introduction to basic baton twirling skills and drill team marching procedures with progression into more detailed technique according to individual abilities. Older girls with or without formal experience will have an excellent opportunity to move into leadership positions. Majoretting includes a certain amount of discipline and is beneficial in helping to develop or improve co-ordination, posture, timing and co-operation with others as a team member. It is fun and rewarding with the ultimate goal being to combine the skills as definite routines and to perform them at public events. Those in the fall beginners class will move to the advanced class. Length of arm measurement from armpit to tip of third finger for batons "required" at registration. \$10.00 (price of baton) "must" be paid at registration as well unless you already have one.

Class I - Thornhill Elementary: Mon. Feb. 16 - June 15
(minus Easter Break and Victoria Day)
Class II - Thornhill Primary Gym: Thurs. Feb. 19 - June 4
Time: 7:30 - 8:30 p.m.
Instructor: Maureen Therrion
Fee: \$15.00 for 15 classes/15 hours

Highland Dancing: Beginner & Advanced - During the course participants (ages 7 to 12) will learn basic foot and arm positions of Highland Dancing and basic understanding of theory. They will be taught several warm-up exercises and some dances. By completion of the course the dancers will be able to dance to music two Highland Dances, 4 steps each. Those in the fall beginners program will go on to more advanced steps. This class will be instructed by a member of the Scottish Dance Teachers Alliance. Classes divided by age and ability after registration.

Location: Arena Banquet Room
 Instructor: Kandy Cameron
 Date: Tuesdays, January 20 - April 7
 Times: 6:00 - 8:30 p.m.
 Fee: \$15.00 for 12 classes/¾ hour

Babysitting Course - This very popular and useful course will be offered in two locations this winter in order to give as many young people, age 11 and up, in various areas of the community, a chance to take this valuable Canadian Red Cross Course and receive their certificate of completion. Course includes child behavior, care, safety and first aid, recreation and art ideas and much more!

Location: Session I Thornhill Jr. Secondary School, Wednesdays
 Session II Skeena Jr. Secondary School, Mondays, Room 12
 Instructor: Lucy Silva Carrita
 Dates: Session I Wednesdays, Jan. 21 - Feb. 18
 Session II Mondays, Jan. 19 - Feb. 16
 Session III Wednesday, Mar. 4 - Apr. 1
 Session IV Mondays, Mar. 2 - Mar. 30
 Time: 7:00 - 9:00 p.m.
 Fee: \$10.00 for 5 classes/10 hours

Kids in the Kitchen - An opportunity for children ages 9 - 12 to experience and gain an understanding of the principles of cooking and taste their results as well. Aside from the techniques of measuring, mixing, baking etc. they will learn the hows and whys of cooking. The last class will enable the children to show their culinary talents off to parents and friends at a mini-buffet.

Location: Skeena High School Kitchen
 Instructor: Dorthea Hines
 Dates: Session I Wednesdays, Jan. 21 - Feb. 25
 Session II Wednesdays, Mar. 4 - Apr. 1
 Time: 6:30 - 8:30 p.m.
 Fee: \$19.00 for 6 classes/12 hours

Terrace Peaks Gymnastics Club - Volunteer coaches offer girls and boys, age 6 to 16, an opportunity to improve physical fitness through enjoyment of basic gymnastics training. Gym sessions are held at Clarence Michiel School on Saturday mornings, with registration on Sat. Jan. 10 at the Clarence Michiel School Gym at 1:00 p.m. Badges from the Canadian Gymnastics Federation can be won as skills progress and talented gymnasts are selected from the Saturday club to train at advanced or competitive levels. Call club president Joan Brady at 638-1884 for further information.

Arena Events

Public Skate

Monday 2:00 - 3:00 p.m.
 Tuesday 7:00 - 8:00 p.m.
 Wednesday 11:30 a.m. - 12:45 p.m.
 Thursday 7:00 - 8:00 p.m.
 Sunday 6:00 - 7:00 p.m.

Family Skate

Sunday 12:30 - 1:30 p.m.
 Noon Hour Hockey
 Tuesday & Thursday 11:30 a.m. - 12:45 p.m.

Public Skating Fees

ADMISSION
 Child .60
 Student .80
 Adult 1.50
 Senior Citizen .60
 Family 2.25

Strip Tickets

Child 10/4.75
 Student 10/6.50
 Adult 10/12.00
 Senior Citizen 10/4.75

Seasons Passes

Child 14.50
 Student 19.25
 Adult 36.00
 Senior Citizen 14.50
 Family 54.00

Cost of Seasons Pass decreases every 2 months.

Private Rentals - \$45.00 per hour

12:00 midnight - 2:00 a.m. \$33.75 per hour
 2:00 a.m. - 5:00 a.m. \$22.50 per hour

Skate Sharpening

Hockey Skates \$1.00
 Figure Skates \$1.25

If you have any questions regarding arena programs or bookings contact the Recreation Office at 638-1174, Monday - Friday, 8:30 - 4:30 p.m.

Terrace Pool

1981 SCHEDULE EFFECTIVE JANUARY 5, 1981

Monday 7:00 - 9:00 a.m. Early Bird Swim
 11:45 - 1:00 p.m. Adult Noon Hour Swim
 7:00 - 8:00 p.m. Public Swim
 8:00 - 9:00 p.m. Adult Swim

Tuesday 7:00 - 9:00 a.m. Early Bird Swim
 11:30 - 1:00 p.m. Adult Noon Hour Swim
 8:30 - 9:30 p.m. Nifty Fifties
 9:30 - 10:30 p.m. Adult Swim

Wednesday 7:00 - 9:00 a.m. Early Bird Swim
 11:45 - 1:00 a.m. Adult Noon Hour Swim
 6:30 - 8:00 p.m. Family Swim

Thursday 7:00 - 9:00 a.m. Early Bird Swim
 11:30 - 1:00 p.m. Adult Noon Hour Swim
 9:00 - 10:00 p.m. Teen Swim
 10:00 - 11:00 p.m. Adult Swim

Friday 7:00 - 9:00 a.m. Early Bird Swim
 11:45 - 1:00 p.m. Adult Noon Hour Swim
 6:30 - 8:00 p.m. Public Swim
 8:00 - 9:00 p.m. Adult Swim
 9:00 - 10:00 p.m. Teen Swim

Saturday 12:00 - 1:00 p.m. Adult Noon Hour Swim
 1:00 - 3:00 p.m. Public Swim
 3:30 - 5:00 p.m. Family Swim
 6:00 - 7:30 p.m. Public Swim
 7:30 - 9:00 p.m. Adult/Teen Swim

Sunday 1:00 - 3:00 p.m. Public Swim
 3:30 - 5:00 p.m. Family Swim
 6:00 - 7:30 p.m. Public Swim
 7:30 - 9:00 p.m. Adult Swim

Six Months Passes Strip Tickets (10/book)

Adult	\$31.25	Adult	10/ \$12.00
Family	46.75	Student	10/ 6.50
Student	16.75	Children	10/ 4.75
Children	12.50	Sr. Citizen	10/ 4.75
Sr. Citizen	12.50		

AVAILABLE at Arena Office, Monday - Friday, 8:30 a.m. - 4:30 p.m.

Other Pool Facilities:

SAUNA: open Monday - Friday, 7:00 a.m. - 10:00 p.m.
Saturday - 12 noon - 9:00 p.m.
Sunday - 1:00 p.m. - 9:00 p.m.

WEIGHT AND EXERCISE ROOM: Open Monday - Friday, 7 a.m. - 9 p.m.
Saturday & Sunday
12 noon - 9:00 p.m.

For swim lessons and fitness programs see page 1.

Community Groups

The following list of various community groups comprises a portion of the active organizations in Terrace. For information regarding the activity you are interested in, phone the corresponding contact person. IF YOUR GROUP IS NOT REPRESENTED ON THIS LIST, OR IF YOUR GROUP NAME OR CONTACT PERSON HAS CHANGED, PLEASE CALL US AT 638-1174 TO LET US KNOW.

Blueback Swim Club	Myra Philpot 635-6441 Don Highe 635-7562 or 635-3227
Chess Club	Joe Mandur 635-5417
Terrace Contract Bridge Club	Bonnie Shaw 635-6970 May McFarland 635-2875
Field Hockey	Permender Gill 635-5280 or 635-5485
Figure Skating Club	Cathy Lambright 635-2903
Golden Age Bowlers	Giselle Rioux 635-2161
Terrace Hiking Club	Harry Blodgett 635-7875
Kermode Fourwheelers	Albert Reynolds 635-5659
Kitsumkalum Ski Club	Gordon Watmough 635-6989
Ladies Volleyball	Donna Checkley 635-3648
Mens Basketball League	Mark Wilcox 635-2982
Mens Fastball	Glen Thomsen 638-1854
Mens Soccer	Mark Chester 638-1672
Terrace Boys Minor Baseball	Bruce Vandergucht 635-5339
Terrace Girls Minor Softball	Lynn Tubbs 635-9651
Minor Soccer	Doug Inglis 635-3412
Boys Minor Soccer	Mike Brady 638-1884
Morgan Club	Laurie Forbes 635-7448
Northwest Chapter of Steelhead Society of B.C.	Jim Culp 635-9471
Northwest Trappers Association	Otto Lindstrom 635-2489
Quarter Horse Club	Leo DeJong 635-5288
Recreational Canoeing Assoc. of Canoe Sports	Fred Philpot 635-6441
Skeena Archers	Bill Coburn 635-6994
Skeena Hang Gliders	Dave Toop 635-2723
Skeena Valley Snowmobile Club	Eugene Thomas 635-6760
Terrace Badminton Club	Dave Langton 635-4642
Terrace Curling Association	Gordon Duplisse 635-4229
Terrace Five Pin Bowling	Norma La Francois 635-4077
Terrace & District Amateur Radio Club	Don Moorehouse 635-3655
Terrace Ladies Softball	Bernice Patterson 635-5603
Terrace Ladies Waterpolo	Fraser Sutherland 635-9290 Ans Hendry 635-5269
Terrace Mens Waterpolo	Barry Davis 635-2485
Terrace Minor Hockey Association	Dick Kilborne wk. 635-6511 hm. 635-3661
Terrace Peaks Gymnastics Club	Joan Brady 638-1884
Terrace Rod and Gun Club	Bob Garrett 635-7438
Terrace Sky Divers Club	Tom Simpson 635-7738
Terrace Tennis Club	Chuck Cey 635-3564
Bushleaguers	Jerry Martin 635-9793
Terrace Youth Bowling Club	Marg Mumford 635-9561 Diane Francis 635-6696
Terrace Northmen Rugby Club	Brian Kormendy 635-9528 Neil Fleishmann 638-8206
Totem Saddle Club	Jean Hamer 635-2665 Yvonne Johnson 635-7826
Yellowhead Karate Club	Joe Vienneau 635-5692

Goat Owners Association of Terrace	Ed Chapplow 635-5740 Kent Taylor 635-4314
Skeena Valley Fairs Association	Mary Waldbauer 635-5615 Ed Chapplow 635-5740
Timberling Cycle Association	Tom Staebell 635-7564
Skeena Valley Marathoners Club	Ed Ansems 635-4670 Phil Stewart 635-9676
Girls Minor Soccer	Gail Sheasby 635-4754
Womens Senior Soccer League	Gail Sheasby 635-4754
Commercial Hockey	Cary Humphrey 635-9328
Western Martial Arts Association	Larry Smith 638-1343 Don Hong 635-4583
Dog Sledding Club	Wilfred Jephson 635-3162

Social Activities

Kermode Friendship Centre	Viola Thomas 635-4906
Thornhill Community Centre	Jim Piper 638-1466
Italian Canadian Club	Joe Durando 635-2643
1st Terrace Beavers (Downtown)	Hilda Mercer 635-2377
1st Terrace Cub Pack (Downtown)	John Colongard 638-1409
2nd Terrace Cub Pack (Thornhill)	Carol Glen 635-2122
4th Terrace Cub Pack (Parkside)	Murray Robbins 635-9484
6th Terrace Cub Pack (Uplands)	Frank Martin 635-7955
7th Terrace Cub Pack (Thornhill)	Jim Robson 635-3360
7th Thornhill Beaver Colony	Rika Stephenson 638-1927
Scout District Commissioner	Russell Mercer 635-2377
1st Terrace Scout Troupe (Downtown)	Dave Stewart 635-9297
2nd Terrace Scout Troupe (Thornhill)	Jim Langstaff (call Carol Glen 635-2122)
Brownies and Guides - Skeena District	Mavis Wardrop 635-3553
Kitsum-Kalum Guide District	Ethel Jackson 635-5046

Arts & Cultural and Other Activities

R.e.M. Lee Theatre	Stefan Cieslik 635-2101
Terrace & District Arts Council	Stefan Cieslik 635-2101
Northwest Regional Arts Council	Val George 635-4751
Terrace Arts Association	Barbara Highe 635-7562
Pacific N.W. Music Festival Society	Olga Power 635-3833
Terrace Concert Society	Mr. & Mrs. Neville Hope 635-4228
Terrace Pipes and Drums	John Halley 635-2456
Terrace Lapidary Club	Carl Schulte 635-5191
Terrace Little Theatre Association	Don MacLeod 635-2964
Terrace Model Airplane Club	Jack Graeves wk. 635-6480 hm. 635-2442
The Terrace Machine Knitters	Pat Colongard 638-1409
Terrace Cerebral Palsy	Joyce Krause 635-9388
Terrace Childbirth Education Assoc.	Marianne Weston 635-2942

January 1981

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February 1981

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March 1981

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April 1981

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RECREATION DEPARTMENT REGISTRATION

Programs Division: Saturday, Jan. 10, 1981
11 a.m. - 3 p.m. - Arena Banquet Room

Aquatics Division: was December 17, 1980
You may however register at pool any time for
lessons and programs that still have enrolment
space available.

COLLEGE PROGRAM REGISTRATION

Beginning January 5, Monday - Friday at the College office - 5331 McConnell
plus Saturday, January 10, 11 a.m. - 3 p.m. at the Arena
plus Saturday, January 17, 11 a.m. - 3 p.m. at Skeena Mall