



Community Education Services Program

**SECOND SEMESTER
January - March
1977**

**Northwest Community College
School District No. 88 (Terrace)**

*UNIVERSITY TRANSFER COURSES
VOCATIONAL UPGRADING
HIGH SCHOOL COMPLETION
ARTS & CRAFTS
PERSONAL IMPROVEMENT
GENERAL INTEREST*

NORTHWEST COMMUNITY COLLEGE

Winter Semester

January 10 - April 30, 1977

ADMISSION REQUIREMENTS:

The College does not require high school graduation to enter University Transfer courses, although students who undertake these courses with the specific intent of transferring to a University are advised to make themselves aware of the admission requirements of that institution. Information of this nature is available at the College.

The courses at Northwest College have been designed primarily to serve the needs of Mature Students who wish to further their intellectual interests and, at the same time, provide the first and second year levels of University Degree Programs.

REGISTRATION

University Transfer Courses:

Winter semester classes begin the week of January 10. Registrations for these classes will be accepted in the Administration Office at the College from 8:30 am to 4:30 pm beginning January 3. Students enrolling in evening classes may register at the first meeting of the class.

Tuition Fees:

\$25.50 per course is required at the time of registration. Students taking three or more courses will be assessed an additional \$4.00 Student Association Fee.

No fees are assessed students are sixty years of age or over.

Textbooks might average \$20.00 per course.

Vocational Evening Program:

Courses will begin as noted in that section of this booklet. Tuition fees will vary according to the course and payment will be required at registration. In general, registration will be at the first class or before the first class in the Administration Office.

Counselling:

Counselling and program advice is available at the College. Persons wishing to discuss their educational goals or interests are invited to contact the Registrar.

COURSE OFFERINGS

NEW STUDENTS with or without previous post-secondary courses are welcome to enroll in most of the following courses.

BIOLOGY 102 - "Introduction to Biology" 3 credits

A continuation of BIOL 101 with emphasis on micro aspects of the life science including cell biology, molecular genetics and other related topics. (3 hrs. lecture, 3 hrs laboratory)

Prerequisite: BIOL 101 or equivalent
Transferability: U. Vic: BIOL 150 (3) with BIOL 101
U. B. C.: BIOL 102 (3) with BIOL 101
S. F. U.: BIOL 101 (3)

Tues/Thurs. 7:00 - 10:00 pm Room 210
Instructor: Lynn Turner

CHEMISTRY 102 - "Introduction to Chemistry "" 3 credits

A continuation of CHEM 101, covers thermodynamics and thermochemistry; redox reactions and electrochemistry; acids, bases, and salts; some organic chemistry.
(3 hrs. lecture, 3 hrs. laboratory)

Prerequisite: CHEM 101 or equivalent
Transferability: U. Vic: CHEM 124 (3) with CHEM 101
U. B. C.: CHEM 110 (3) with CHEM 101
S. F. U.: CHEM 105 (3)

Mon/Thurs. 2:30 - 4:00 pm Room 206
Wed. 7:00 - 10:00 pm Room 210
Instructor: Norm Webster

ECONOMICS 102 - "Introduction to Economics II" 3 credits

Topics include a study of wage and price controls, inflation, and resource development.

Transferability: U. Vic: ECON 100 (3) with ECON 101
U. B. C.: Equivalent to be determined
S. F. U.: ECON 205 (3)

Tues. 7:00 - 10:00 pm Room 206
Instructor: Andrew Whitaker

ENGLISH 102 - "English Literature and Composition" 3 credits

Emphasis in this course will be on prose forms (novels and drama). Students will be required to submit critical essays on 20th Century works.

Transferability: U. Vic: ENGL 122 (1½)
U. B. C.: ENGL 100 (3) with ENGL 101
S. F. U.: Equivalent to be determined

Mon/Wed. 9:00 - 10:30 am Room 204
Instructor: George Stanley

ENGLISH 202 - "English Lit. 18th & 19th Centuries" 3 credits

Emphasis will be on the literature of the 18th & 19th Centuries including poetry, drama, short stories, and representative novels.

Transferability: U. Vic: ENGL 200 (3) with ENGL 201
U. B. C.: ENGL 201 (3) with ENGL 201
S. F. U.: Equivalent to be determined

Mon. 7:00 - 10:00 pm Room 206
Instructor: George Stanley

GEOGRAPHY 102 - "Introduction to Geography II" 3 credits

An examination of selected topics on the physical and cultural environment.

Transferability: U. Vic: GEOG 200 (3) with GEOG 101
U. B. C.: GEOG 200 level (1½)
S. F. U.: Equivalent to be determined

Thurs. 10:00 am - 1:00 pm Room 204
Instructor: Ian Anderson

HISTORY 102 - "European & World History" 3 credits

Topics include European conditions after World War I, advent of World War II, the rise of Communism, the emergence of the U. S. as a world power and the spread of nationalism.

Transferability: U. Vic: HIST 242 (1½)
U. B. C.: Equivalent to be determined
S. F. U.: Equivalent to be determined

Tues/Thurs. 2:30 - 4:00 pm Room 204
Instructor: Peter Weber

MATHEMATICS 102 - "Calculus" 3 credits

A continuation of MATH 101, differential calculus with an introduction to the basic methods of integral calculus.

Prerequisite: MATH 101 or equivalent
Transferability: U. Vic: MATH 130 (3) with MATH 101
U. B. C.: MATH 101 (1½)
S. F. U.: MATH 152 (3)

Mon/Wed/Fri. 10:30 - 12:00 am Room 206
Instructor: Norm Webster

PSYCHOLOGY 102 - "Introduction to Psychology II" 3 credits

A continuation of PSYC 101, topics include memory and cognition, motivation, personality theories, psychopathology and mental health.

Prerequisite: PSYC 101 or equivalent
Transferability: U. Vic: PSYC 100 (3) with PSYC 101
U. B. C.: PSYC 100 (3) with PSYC 101
S. F. U.: PSYC 100 level (3)

Tues. 9:00 - 12:00 am Room 204
Instructor: Barrie Wood

PSYCHOLOGY 202 - "Developmental Psych. II" 3 credits

A continuation of PSYC 201, topics include socialization and family structure, child rearing practices, effect of school systems, problems in identity and adolescence.

Prerequisite: PSYC 201 or PSYC 101/102 or equivalent
Transferability: U. Vic: PSYC 220 (3) with PSYC 201
U. B. C.: PSYC 301 (3) with PSYC 201
S. F. U.: Gen. Elec. PSYC (3)

Tues. 7:00 - 10:00 pm Room 204
Mon. 7:00 - 10:00 pm Room 204 - this section for
fulltime and parttime Early Childhood Ed program
students.

Instructor: Barrie Wood

SOCIOLOGY 102 - "Introductory Sociology II" 3 credits

An examination of the major institutions of society - religion, law, education, politics, urbanization, industrialization, and social movements.

Transferability: U. Vic: SOCI 100 (3) with SOCI 101
U. B. C.: SOCI 200 level (1½)
S. F. U.: S.A. 150 (3)

Wed. 1:00 - 4:00 pm Room 204
Instructor: Joanne Nakonechny

SOCIOLOGY 206 - "Sociology of the Family II" 3 credits

Emphasis will be placed on cross-cultural aspects of the family: sexual practices, marriage styles, living arrangements, and child rearing practices. (This course is also good for credit in the Early Childhood Education Program)

Transferability: U. Vic: SOCI 200 level (1½)
U. B. C.: SOCI 200 level (1½)
S. F. U.: Equivalent to be determined

Wed. 7:00 - 10:00 pm Room 202
Instructor: Joanne Nakonechny

EARLY CHILDHOOD EDUCATION PROGRAM

Students who successfully complete this nine month program will be registered as having met provincial requirements for Preschool Supervisors by the Provincial Child Care Facilities Licensing Board. Space is available for both fulltime and part-time students in this program. Persons interested in registering in these courses are invited to contact either Larisa Tarwick or the Registrar at 635-6511.

FULLTIME VOCATIONAL PROGRAMS at Northwest College begin throughout the year. Persons who are interested in any of the following programs should contact the Administration Office at the college for more information.

Automotive Mechanical Repair
Basic Training for Skill Development
Business Careers Programs
Carpentry & Joinery
Cook Training
Electronics Technician
Heavy Duty Mechanics
Marine Engine Repair & Maintenance
Welding General
Welding Upgrade

FACULTY OF NATIVE STUDIES

NATIVE STUDIES 102 - "Aboriginal Peoples and the Land"

In a series of fourteen lectures, beginning on Monday, January 10, 1977 and continuing until April 18, 1977, this course proposes to explore the effects of European contact on the aboriginal peoples of North America with emphasis on Canada and B.C. Relationships will be drawn to aboriginal peoples in others parts of the world, specifically Asia and Africa.

The course will emphasize the role of social and economic institutions in the early colonization of aboriginal peoples, progressing to discussions of modern day attempts on the part of Native peoples to gain control of their hereditary land and its resources.

Guest speakers, relevant movies and a progressive reading list should continue to make this an exciting weekly event.

Program Developer: Jeff Marvin

NATIVE STUDIES 103 - "Community Workshops"

A series of ad hoc workshops designed with and for groups responding to need expressed by Native peoples. These can vary in length and content is developed flexibly to meet the needs of the group concerned. Some examples: counselling sessions for interested peoples in the Nishga School District, "Explorations into Housing" in the upper Skeena area, Band Council orientation in Kitamaat.

Contact: Jef Marvin

TRADES TRAINING DIVISION COURSE OFFERINGS

(1) AIR BRAKES -

This is a course to prepare drivers for a written and practical test on the operation and maintenance of air-brake systems for either on-highway or off-highway vehicles.

Those taking off-highway exams will be required to pay the Department of Transport a \$5.00 examination fee.

This course can also include young persons who wish to drive air equipped vehicles. Successful completion will give an air endorsement on your Driver's License.

Starting Date - January 17, 1977
Completion Date - February 9, 1977
Time - 7:00 - 10:00pm Total hrs. - 24
Fee - \$30.00 + \$2.00 for manual
Instructor - Tom Kenna
Days - Mondays & Wednesdays

(2) SMALL ENGINE REPAIR -

This course will cover outboard motors, lawn mowers, chain saws, etc., and is intended to improve the skills of persons maintaining and working with small motors.

Starting Date - January 17, 1977
Completion Date - April 27, 1977
Time - 7:00 - 10:00pm Total hrs. - 90
Fee - \$90.00
Instructor - William Walters
Days - Monday & Wednesdays

(3) SHOP MATHEMATICS -

This course is oriented towards Trades People. It is designed to help those who want a refresher course or who have specific problems with shop mathematics.

Starting Date - January 17, 1977
Completion Date - March 16, 1977
Time - 7:00 - 9:30pm Total Hrs. - 45
Fee - \$15.00
Instructor - R. Sullivan
Days - Monday & Wednesdays

(4) BASIC WELDING - 2 COURSES

This course is intended to assist persons working in Trades which require welding, but do not warrant the employment of a full time welder.

Starting Date - January 17, 1977 &

January 18, 1977

Completion Date - April 6, 1977 &

April 7, 1977

Time - 7:00 - 10:00pm Total hrs.-72

Fee - \$72.00

Instructor - E. Marchand & M. Custodio

Days - Monday & Wednesdays or

Tuesday & Thursdays

(5) ANALYSIS OF LATEST COLOUR T.V. CIRCUITS -

This course is designed for technicians presently in the T.V. field, and for students who have graduated from a college or vocational electronics program.

Starting Date - January 17, 1977

Completion Date - April 6, 1977

Time - 7:00 - 10:00pm Total hrs.-72

Fee - \$72.00

Instructor - F. Woodward

Days - Monday & Wednesdays

(6) BASIC CABINET CONSTRUCTION -

This program covers the basic operations of Band and Power tools as used in the construction of kitchen cabinets.

Instruction during the course includes:

- Base or Lower Kitchen cabinets
- Upper Kitchen Cabinets
- Upper & Base Bathroom Cabinets
- Drawers & Doors for the above cabinets
- Application of arborite materials

Starting Date - January 17, 1977

Completion Date - February 16, 1977

Time - 7:00 - 10:00pm Total Hrs.-30

Fee - \$30.00

Instructor - J. Peters

Days - Monday & Wednesdays

(7) BLUEPRINT READING FOR CARPENTRY -

This course is to assist those presently working in the Carpentry Trade.

The program will include:

- Reading Drawings
- Elevator Drawings
- Floor Plans
- Symbols & Notations
- Scaling
- Structural Information
- Detail Drawings
- The Plot Plan
- Trade Information
- Evaluation

Starting Date - January 17, 1977

Completion Date - February 16, 1977

Time - 7:00 - 10:00pm Total Hrs.-30

Fee - \$30.00

Instructor - Don Gallager

Days - Monday & Wednesdays

(8) BASIC HOUSE FRAMING -

This course is designed to assist those who would like a refresher or introduction into house framing procedures.

The course contains instruction in

- Floor framing
- Wall framing
- Framing of openings for door & windows
- Simple stair construction
- Simple roof framing (gable style only)

Note - This course does not include concrete forming.

Starting Date - January 17, 1977

Completion Date - February 16, 1977

Time - 7:00 - 10:00pm Total hrs.-30

Fee - \$30.00

Instructor - William Todd

Days - Monday & Wednesdays.

(9) INDUSTRIAL FIRST AID -

This program leads to Workers Compensation Board Certification. Applicants will be required to have a medical examination at their own expense. We are offering two courses but they will be subject to receipt of sufficient enrollment.

Starting Dates - January 17, 1977

February 8, 1977

Completion Dates - March 30, 1977

April 21, 1977

Time - 7:00 - 9:30pm Total hrs.-55

Fee - \$100.00 Includes Instruction,

Text Books, & Examination-

Does not include medical

examination.

Instructors - to be appointed

Note - Additional courses will be offered if we receive sufficient enrollment.

Days - Monday & Wednesday or Tuesday &

Thursdays - Students should

state preference on their

application.

(10) SURVIVAL FIRST AID -

The purpose of this course is to provide an individual with knowledge and skills that are necessary for the emergency care of an injured person pending the arrival of qualified first aid or medical personnel. It must be stressed that the purpose of this course is, not to train a person to maintain vital body functions until qualified personnel arrive.

Courses will be offered on Saturdays when sufficient applications have been received.

Total hours of this course is covered during the one day of instruction and examination.

Cost - \$7.50 - Includes Instruction & Examination.

REGISTRATION

Please note that registration for all College Courses -- University Transfer and Vocational Trades Courses - must be done in person at the Administration Building or at the first class session. FEES MUST BE PAID AT TIME OF REGISTRATION!! For further information about these courses phone the Northwest Community College at 635-6511.

COLLEGE FILM SERIES

Northwest Community College is offering the following film series. The films will be shown in the Administration Building of the College at 5330 McCormell. The program will take place on every second Saturday beginning January 15 at 8:00 P. M. The fees are: \$2.00 per showing for adults; \$1.50 for students; or a season ticket for 10 films for \$15; senior citizens are free. For further information contact Janet Webster at 635-3126. The schedule for the first 8 films is as follows:

January 15. . . . Far from the Madding Crowd
January 29. . . . Sleuth
February 12 . . . Night at the Opera
February 26 . . . Blow Up
March 12 Zorba the Greek
March 26 Citizen Kane
April 9 Elvira Madigan
April 23 Cat Ballou

The films for May 7 and May 21 have not yet been confirmed and will be announced as soon as this is done.

SCHOOL DISTRICT NO. 88 (TERRACE)
CONTINUING EDUCATION PROGRAM

JANUARY - MARCH, 1977

PRE-REGISTRATION NIGHT

Thursday, January 13, 1977

Time: 7:30-9:30 p.m.
Terrace Arena Banquet Room

Come and join us for a pleasant evening. Most of the instructors will be present. Even if you do not plan to take any courses, here is an opportunity to meet many interesting persons. Sit down for a cup of coffee and tell us what YOU would like to see offered in the way of courses and programs!

**FEEES WILL NOT BE COLLECTED ON PRE-REGISTRATION NIGHT,
BUT WILL BE COLLECTED AT THE FIRST CLASS SESSION!**

**NOTE: REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS,
SO IT IS IMPORTANT TO REGISTER AS EARLY AS POSSIBLE
FOR COURSES! REGISTRATIONS WILL BE ACCEPTED OVER THE
PHONE AFTER JANUARY 13!**

FEEES

Fees vary according to the length and importance of the course. They are payable not later than the second class session. Fees are refunded if a class is cancelled. Other refunds will be given only when a WRITTEN request is sent giving the reasons for the request.

For School District courses make cheques payable to School District No. 88.

**FOR FURTHER INFORMATION
CONTACT:**

Hugh Power at 635-4931 or 635-3833.

If you have any suggestions for a course not listed, please do not hesitate to call. A course can be offered in almost any subject, provided there is a competent instructor, the necessary equipment, and sufficient interest.

**IF YOU WOULD LIKE TO TEACH A CLASS,
PLEASE CONTACT HUGH POWER!**

ACADEMIC CLASSES

BASIC MATHEMATICS

This is an introductory course in mathematics and is for people with very little formal education in math, or who have been out of school for many years. The course will begin with a review of arithmetic and advance to elementary algebra.

Nights: Mondays and Wednesdays
7:30-9:30 p.m.

Place: Caledonia Secondary

Instructor:

Fee: \$20 No. of sessions 20

BASIC ENGLISH

This is an introductory course in English and is for people who have had very little formal education in English, or who have been out of school for many years. The course will cover basic grammar, spelling, reading, and writing.

Nights: Tues. and Thurs. 7:30-9:30 p.m.

Place: Northwest Community College

Instructors: Eila George and Janet Webster

Fee: \$20 No. of sessions 20

MATH XI

This is the basic mathematics course in secondary school and is usually required to qualify for university or college courses. The course goes into advanced algebra and students must have completed Grade 9 Math, or its equivalent, before attempting this course.

Nights: Mon. and Wed., 7:30-9:30 p.m.

Place: Caledonia, Room 6

Instructor: Hans Segelken

Fee: \$30 No. of sessions 35

CORRESPONDENCE COURSES

The Department of Education offers correspondence courses in almost every school course. Fees for adults are \$15 per course. For application forms contact Hugh Power.

GENERAL EDUCATIONAL DEVELOPMENT TESTS (GED)

Under this program an adult writes five tests (English, Science, Social Studies, and Mathematics) and if the candidate reaches a set standard, he is issued with a certificate from the Department of Education in Victoria stating that he has the equivalent of a Grade 12 education.

Candidates who wish to write the GED tests must meet the following requirements: be nineteen years of age, been out of school for one full academic year, and lived in B. C. for six months.

People who are interested in writing these tests may obtain application forms and further information by contacting Hugh Power at 635-4931 or 635-3833. If there is sufficient interest, refresher courses will be organized.

The fee to write the GED tests is \$5.

ENGLISH AS A SECOND LANGUAGE (ENGLISH FOR NEW CANADIANS)

These courses are for people who speak little or no English. If you know of anyone who could benefit from these courses, please encourage them to attend.

BEGINNER'S CLASS

Nights: Mon. and Wed., 7:30-9:30 p.m.

Place: Cassie Hall School

Instructor: Mrs. Stradeski

Fee: \$5 No. of sessions 20

ADVANCED CLASS

Nights: Mon. and Wed., 7:30-9:30 p.m.

Place: Cassie Hall School

Instructor: Mrs. Ford

Fee: \$5 No. of sessions 20

BUSINESS COURSES & GENERAL INTEREST COURSES

PERSONAL INCOME TAX FORMS

This course will assist in understanding and filling out personal income tax forms. Students will be aware of deductions he may overlook, and of resources to help solve the most complicated return. Each student will fill out his own tax return.

Nights: Tuesdays & Thursdays, 7:30-9:30
Place: Skeena
Instructor: Ed Papais
Fee: \$5 No. of sessions 5

NOTE: BEGINS FEBRUARY 21!

ACCOUNTING FOR SMALL BUSINESSES

This course is for persons who keep books for small businesses. The complete book-keeping cycle will be covered.

Nights: Mondays & Wednesdays, 7:30-9:30
Instructor: Ed Papais
Place: Skeena, Room 108
Fee: \$20 No. of sessions 20
Textbook is \$7.00

BEGINNING TYPING

This course is for those people who wish to learn to type by touch or to improve their typing skills.

Nights: Tuesdays & Thursdays, 7:30-9:30
Place: Skeena, Room 108
Instructor: Bev Delyea
Fee: \$20 No. of sessions 20
Textbook is \$2.15

ADVANCED TYPING

This is for people who can type but who wish to improve their speed and typing skills.

Night: Wednesday, 7:30-9:30 p.m.
Place: Thornhill Junior Secondary
Instructor: Sue Materi
Fee: \$15 No. of sessions 10

TAXATION (RELATING TO SMALL BUSINESSES)

The purpose of this course is to provide owner-managers with assistance in understanding the effects of taxation on small businesses. Some of the topics are: Capital Gains Tax, Partnerships, Corporations, Farmers, Federal Sales Tax, Succession Duties and Estate Planning.

This course has been developed by the Federal Business Development Bank and uses the case study approach.

Night: Thursday, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Al McAlpine
Fee: \$20 No. of sessions 10

FAMILY FINANCE & PROTECTION AWARENESS

The Debt Counsellor of Terrace will talk about budgetting, and the general uses and abuses of credit. Also included is the area of false or deceiving advertising, metric measure, and the Trades Practices Act.

Night: Wednesdays, 7:30-9:30 p.m.
Place: Thornhill Elementary School
Instructor: Bill Godden
Fee: \$10 No. of sessions 6

STRETCHING YOUR CLOTHING DOLLAR

This course is to help you to save money on your wardrobe! The course includes: wardrobe planning, how to mix and match, use of accessories, scarf tying, and cosmetics. Elements of Design will be discussed on how to select clothing to suit your figure! Garment Construction for beginner or advanced students is also included.

Night: Tuesday, 7:30-9:30 p.m.
Place: Thornhill Junior Secondary
Instructor: Mary Daunt
Fee: \$20 No. of sessions 10

GENERAL INTEREST COURSES - *ALL NEW*

BASIC PROSPECTING

Material to be covered will include rock and mineral identification, map and air photo interpretation, application of geochemical and geophysical techniques, and staking and recording of mineral claims. The following equipment will be found useful: Jackknife, Magnifying Glass, Magnet, and Streak Plate (unglazed ceramic tile).

Night: Wednesdays, 7:00-10:00 p.m.
Place: Caledonia
Instructor: Tom Schroeter (District Geologist)
Fee: \$20 No. of sessions 8
Rock and mineral set \$4.00

AVALANCHE CONTROL!!

This is a one evening presentation of the Avalanche Control Program of the Department of Highways. The presentation includes coloured slides taken from helicopters of the avalanche areas between Terrace and Prince Rupert and of the Bear Pass near Stewart. A representative of the Avalanche Control Program will explain the program including methods of detecting and preventing avalanches, etc. He will be willing to answer any questions you have about this program. A film on avalanches may also be shown.

THIS PRESENTATION IS FREE AND EVERYONE IS WELCOME TO ATTEND. WATCH FOR THE DATE AND PLACE OF THIS PRESENTATION IN THE LOCAL MEDIA!!

BACKSTAGE SECRETS OF THE R.E.M. LEE THEATRE

This course is especially valuable to service clubs and community organizations planning to use the theatre. Topics include: sound, lighting, staging, advertising, etc.

Night: Mondays, 7:30-9:30 p.m.
Place: R.E.M. Lee Theatre
Instructor: Stephan Cieslik
Fee: NIL No. of sessions 3

PARENTS ARE TEACHERS

The purpose of this course is to help parents become more effective teachers of their children. The course will have readings, assignments, and discussions, designed to assist parents to acquire child management skills. IT IS HIGHLY RECOMMENDED THAT BOTH PARENTS ATTEND!!

Night: Thursdays, 7:30-8:30 p.m.
Place: Caledonia
Instructor: Stephen Lustig
Fee: \$10 per family (includes textbook)
No. of sessions 10

PET CARE

This course will cover general preventative health care for small animals. Anyone under 15 taking this course MUST be accompanied by a parent!

Night: Monday, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Dr. Hays (Veterinarian)
Fee: \$5 per family (Maximum of 3 people)
No. of sessions 3

HEALTH CARE FOR HORSES (LARGE ANIMALS)

This course will cover general preventative health care for large animals. Anyone under 15 years of age taking this course MUST be accompanied by a parent!

Night: Mondays, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Dr. Hays (Veterinarian)
Fee: \$5 per family (Maximum of 3 people)
No. of sessions 2

ASTROLOGY

This course is designed to give the student a start in understanding of self and others. The course will teach the basic meaning of the planets, signs, houses, etc. in relation to a birth chart.

Night: Monday, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Tom Knox
Fee: \$20
No. of sessions 10

SELF-IMPROVEMENT COURSES

CONSERVATION AND OUTDOOR RECREATION EDUCATION (CORE)

Includes game laws and regulations, wildlife management principles, land-owner-sportsman relations, identification of fish and game. Also includes firearm handling and safety, bush survival, and first aid. The Conservation and Outdoor Recreation certificate is mandatory for all residents applying for their first hunting licence.

Courses are arranged throughout the year; contact Bob Garrett at 635-7438 to register for courses and for further information.

SELF-HELP WEEKEND WORKSHOPS ASSERTIVENESS TRAINING

For those people who have one or more difficulties: lack self-confidence; who let people impose or "walk all over them"; can't say "no" to others; who are afraid to ask favors; who are afraid to disagree with others, even if they are right; who have trouble standing up for themselves.

We will explore and practice how to become more self-assertive, self-respectful, and self-confident, in an intensive workshop.

Dates: January 28-30
Place: Skoglund Hotsprings
Fee: \$65.00

ENERGY AWARENESS, CENTERING & MEDITATION

For those interested in getting in touch with what's happening within themselves. We will explore our sense of self and our sense of personal space. We will practice relating to the world from our centre, and will re-discover our own sense of being "grounded".

Dates: January 14-16
Place: Skoglund Hotsprings
Fee: \$65.00

REGISTER FOR THESE WORKSHOPS BY PHONING
NEIL ROSENTHAL AT 635-9753 AS SOON AS
POSSIBLE!

BEGINNING YOGA

This course is for people who have never studied Yoga. Topics include: Breathing, Physical Education, Relaxation, and Concentration.

Night: Wednesday OR Thursday, 7:30-9:30
Place: Cassie Hall School Library
Instructor: Mrs. Redmond
Fee: \$20 No. of sessions 10

ADVANCED YOGA

Night: Tuesday, 7:30-9:30 p.m.
Place: Cassie Hall School Library
Instructor: Mrs. Redmond
Fee: \$20 No. of sessions 10

NUTRITION WITH A DIFFERENCE

This course teaches the basics of good nutrition. It is NOT a cooking course. Make sure YOUR family eats right for better living!

Night: Monday, 7:30-9:30 p.m.
Place: Caledonia Foods Room
Instructor: Mrs. Redmond
Fee: \$20 No. of sessions 8

METRIC MADE EASY

Don't be confused by the metric system! Take this course which covers all aspects of the metric system.

Night: Monday, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Bob Belcher
Fee: \$10 No. of sessions 6

TEACHING READING

Would you like to help someone learn to read? This course is designed to show both teachers and parents a highly successful phonics approach to reading. Can be used to teach children or adults of all ages. It is an integrated approach combining reading, spelling and writing.

Night: Tuesday, 7:30-9:30 p.m.
Place: Caledonia, Room 8
Instructor: Mr. Mills
Fee: \$5 No. of sessions 5

PERSONAL IMPROVEMENT

CONVERSATIONAL FRENCH (BEGINNER'S)

This course is for people who have no knowledge of French, but who would like to learn to converse in French.

Night: Tuesday, 7:30-9:30 p.m.
Place: Skeena, Room 117
Instructor: Jacqueline Le Floch
Fee: \$20 No. of sessions 10

CONVERSATIONAL FRENCH (ADVANCED)

This is a continuation of the course begun in the Fall. People taking this course should have some knowledge of French.

Night: Wednesdays, 7:30-9:30 p.m.
Place: Skeena, Room 117
Instructor: Jacqueline Le Floch
Fee: \$20 No. of sessions 10

CONVERSATIONAL GERMAN (ADVANCED)

This is a continuation of the course begun last Fall. People taking this course should have some knowledge of German.

Night: Tuesdays, 7:30-9:30 p.m.
Place: Caledonia, Room 6
Instructor: Ingeburg Andrews
Fee: \$20 No. of sessions 10

HOW TO IMPROVE YOUR BRIDGE

This course is for people who have a basic knowledge of Bridge, but would like to improve their game. Effective bidding, playing, offensive and defensive tactics will be shown by analysis of games played during the course!

Night: Tuesdays, 7:30-9:30 p.m.
Place: Caledonia, Room 2
Instructor: May McFarland
Fee: \$20 No. of sessions 10

CAR MAINTENANCE FOR LADIES

This course is designed to help women to take better care of their car.

Night: Wednesdays, 7:30-9:30 p.m.
Place: Caledonia Industrial Power Shop
Instructor: Doug Brewer
Fee: \$15 No. of sessions 7

DEFENSIVE DRIVING COURSE

This is the Canada Safety Council's course in safe driving, and is recognized throughout the world as one of the best courses in safe driving. Special arrangements can be made for groups, firms, or other organizations that would like to have a separate class.

Nights: Tuesdays and Thursdays, 7:30-9:30 p.m.
Place: Caledonia Lecture Theatre
Instructor: Pat Savage
Fee: \$15 No. of sessions 4
NOTE: WILL BEGIN LATER IN THE YEAR

IMPAIRED DRIVING COURSE

The purpose of this course is to provide information about combining drinking and driving in regard to the social, physical, legal, and financial effects of this activity.

Nights: January 25, 26, and 27th
Place: Caledonia Lecture Theatre
Co-ordinator: Deirdre Bartlett
Fee: Nil

COOKING - CHINESE STYLE

This is a basic course in Chinese Cooking with all materials available in the local stores. Students will cook easy but economical meals!

Night: Thursdays, 7:30-9:30 p.m.
Place: Skeena Foods Room
Instructor: Anne Hepburn
Fee: \$20 No. of sessions 8
Fee includes materials.

HOBBIES - ARTS & CRAFTS COURSES

FLY TYING FOR FISHERMEN

Here is the course for the fisherman! Learn how to make your own fishing ties, not only can you save money, but you will be able to have custom-made ties!

Night: Tuesdays, 7:30-9:30 p.m.
Place: Skeena, Room 5
Instructor: Roy Chapplow
Fee: \$20 No. of sessions 10

MAKE YOUR OWN FISHING ROD

Another course for fishermen! Learn to design and build a fishing rod to suit your own needs!

Night: Thursday, 7:30-9:30 p.m.
Place: Skeena, Room 5
Instructor: Roy Chapplow
Fee: \$20 No. of sessions 10

WOODWORKING FOR LADIES

This is a beginning course for ladies who wish to learn woodworking. This course has a very limited enrollment, which is on a strictly first-come, first served basis!

Night: Thursday, 7:30-10:00 p.m.
Place: Skeena Woodwork Shop
Instructor: Frank Williams
Fee: \$25 No. of sessions 10

SEWING FOR BEGINNERS

Learn the fundamentals of sewing. All students will make at least one item during the course.

Night; Monday, 7:30-9:30 p.m.
Place: Caledonia, Room 114
Instructor: Angele Rowe
Fee: \$20 No. of sessions 10

HORSEMANSHIP

The course will cover nutrition, stabling & bedding, training problems, anatomy, etc.

Night: Tuesday, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Elizabeth Murdoch
Fee: \$10 No. of sessions 5

INDIAN CARVING

Learn Indian design and craftsmanship from an expert. Mr. Robertson has a wide selection of carvings which include: totem poles, boats, brooches, etc.

Night: Thursdays, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Henry Robertson
Fee: \$20 No. of sessions 10

UPHOLSTERY COURSE

This course is limited to people who have taken the Upholstery Workshop and who wish to do the Upholstery Course or to complete a project. Contact Hugh Power if you wish to take the course so that a date may be set.

Day: Saturday
Place: Caledonia Woodwork Shop
Instructor: Claudette Sandecki
Fee: \$15 No. of sessions 3

BATIK

This unique Japanese art of wax painting and dyeing requires no previous training or experience. Learn to make colourful scarves, wall hangings, and other projects of your own design and colour.

Night: Tuesday
Place: Caledonia, Room 115
Instructor: Lorraine McFarland
Fee: \$20 No. of sessions 10

GARDENING

This is a basic course in gardening. The course will cover all topics necessary to start a successful garden.

Night: Wednesdays, 7:30-9:30 p.m.
Place: Caledonia
Instructor: Helen Watson
Fee: \$15 No. of sessions 8

ARTS & CRAFTS

PRINTMAKING

This course will deal with basic print-making techniques such as lino-cuts, woodcuts, lift prints, mono-prints, and stencil work.

Night: Wednesday, 7:30-9:30 p.m.
Place: Skeena, Room 3
Instructor: Tony Bosello
Fee: \$20 No. of sessions 10

OIL PAINTING

This course is for either the beginner or anyone who wishes to improve their skills. The instructor has had many art exhibitions in Terrace.

Night: Tuesdays, 7:00-10:00 p.m.
Place: Caledonia, Room 106
Instructor: Rebecca Mailloux
Fee: \$25 No. of sessions 10

LIFE DRAWING

This course involves drawing life forms with the use of models.

Night: Thursday, 7:30-9:30 p.m.
Place: Caledonia, Room 115
Instructor: Maureen Bostock
Fee: \$30 No. of sessions 10

MACRAME

Macrame is creating design in knotting, using string, twine, yarn, rope, etc.

BEGINNING CLASS

Night: Mondays, 7:30-9:30 p.m.
Place: Caledonia, Room 2
Instructor: Denyse Giroux
Fee: \$20 No. of sessions 10

ADVANCED CLASS

Night: Wednesday, 7:30-9:30 p.m.
Place: Caledonia, Room 2
Instructor: Denyse Giroux
Fee: \$20 No. of sessions 10

LAPIDARY FOR BEGINNERS

The course will include: Tumbling, Rock Cutting, Polishing, Simple Stone Setting. Each student will be required to set two stones in Sterling Silver or Gold (extra cost).

Night: Thursday, 7:30-9:30 p.m.
Place: Thornhill Junior Secondary
Instructor: Lou Haselmeyer
Fee: \$20 No. of sessions 10
Materials: \$8.00

QUILTING

Both courses will give instruction primarily on the patchwork method of making the quilt top, preparation to quilt, i.e. quilting designs and quilting. Other methods of making the quilt top will also be taught.

QUILTED NOVELTIES

For the purpose of this course, articles such as place mats, pillows, toaster covers, and wall hangings will be made with the objective of experiencing the methods of making a full-sized quilt.

Night: Tuesday, 7:30-9:30 p.m.
Place: Caledonia, Room 114
Instructor: Pauline Whyte
Fee: \$20 No. of sessions 10

TRADITIONAL QUILTS

This course is for those who want to make baby quilts, coverlets or full quilted bedspreads. The class will consider the concept, colour, design, and drafting of the top. A very inexpensive frame can be built for this.

Night: Wednesday, 7:30-9:30 p.m.
Place: Caledonia, Room 114
Instructor: Pauline Whyte
Fee: \$20 No. of sessions 10

ARTS & CRAFTS CLASSES - THE CENTERING PLACE

Terrace is very fortunate in the establishment of a new business which will cater to the needs of people who want to develop their skills and talents in various arts and crafts. There is provision for people who want a place where they can work on projects.

The Centering Place will have equipment for pottery, jewellery making, leather craft, and work areas for many arts and crafts.

THE CENTERING PLACE IS LOCATED AT #102 - 4622 GREIG AVENUE
(Across from the Co-op Store).

BEGINNING JEWELLERY

Learn the basics of small metal work--sawing, filing, silver soldering, stone setting, buffing, polishing, and finishing processes. Most projects will run \$5 or under for silver.

Night: Tuesdays, 7:30-9:30 p.m.
Place: The Centering Place
Instructor: Eva Bebington
Fee: \$20 No. of sessions 10

INDIVIDUAL PROJECTS

Individual instruction can be arranged for people whose schedule does not permit attendance in regular classes. Arrangements can be made for people who would like to use the facilities for their own projects. For further information contact Eva Bebington at 635-2431.

OFF-LOOM WEAVING

Learn the basics of weaving on the simplest kinds of looms. Students will be taught to make their own looms, French Tapestry, Simple Patterns, textual techniques, and technology.

Night: Monday, 7:30-9:30 p.m.
Place: CALEDONIA
Instructor: Elizabeth Murdoch
Fee: \$20
No. of sessions 10

POTTERY 1 (BEGINNER'S)

Learn the basics of working with clay. Several hand-building processes will be taught as well as use of the wheel. Probable material costs will be up to \$15.

Night: Wednesdays, 7:30-9:30 p.m.
Place: The Centering Place
Instructor: Eva Bebington
Fee: \$20 No. of sessions 10

POTTERY 2 (ADVANCED) / SCULPTURE

This class is for people who have learned the basics of pottery. There is also an opportunity for people who wish to learn sculpture-modelling and carving. Students will do a modelling project in clay and a carving project in plaster.

Night: Thursdays, 7:30-9:30 p.m.
Place: The Centering Place
Instructor: Eva Bebington
Fee: \$20 No. of sessions 10
Materials are extra.

POTTERY (DAYTIME)

This course is for people who would like to have a pottery class during the day. The class can accommodate beginners and advanced students.

Day: Tuesdays, 9:15-11:15 a.m.
Place: The Centering Place
Instructor: Eva Bebington
Fee: \$20 No. of sessions 10
Materials are extra.
